Embodiment Proyect

Por: David Alsina

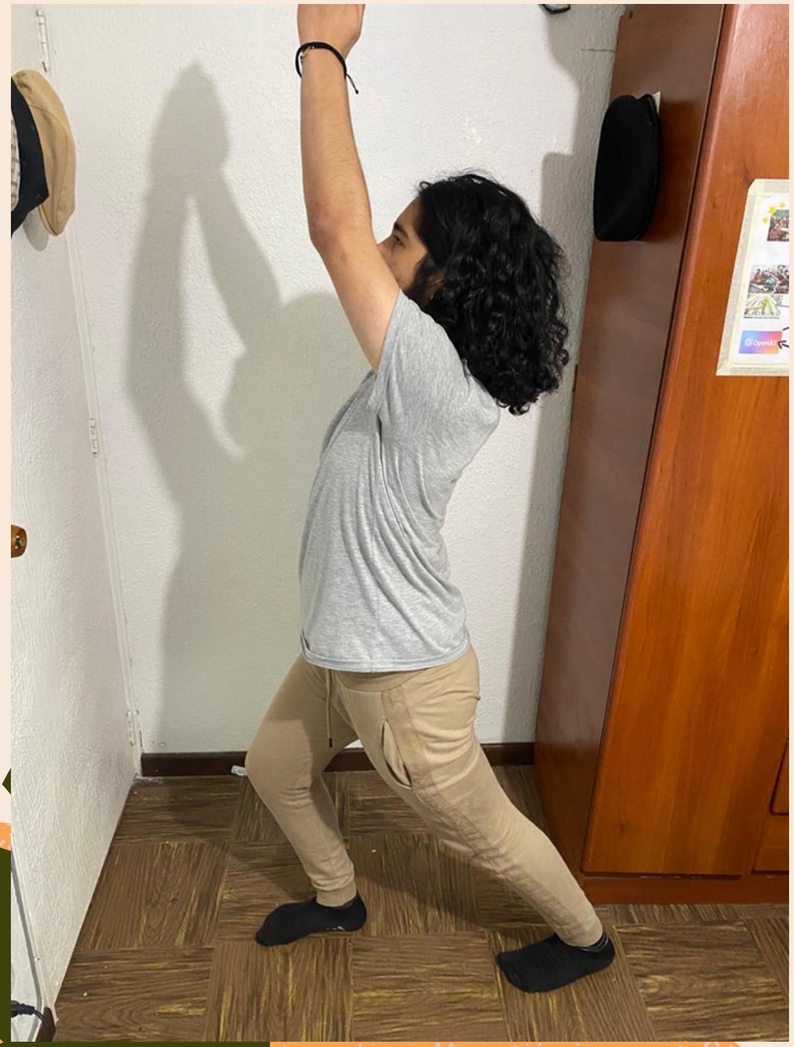
TADASANA

UTTANASANA

UTKATASANA

ADHO MUKA SVASANA

BHUJANGASANA



VIRABHADRASANA I

UTTHITA PARSVAKONASANA