

Self Assessment Questionnaire

Confidential

This questionnaire will not be used as any part of any academic assessment and is entirely confidential. It is solely for the purpose of providing an initial indicator of dyslexia, dyspraxia or dyscalculia, and nothing else.

Please answer each question as accurately as possible.

Personal Details: Please complete all of the following before submitting:

Today's date: _____

Name: _____

School: _____

Course: _____

Student Number: _____

Email Address: _____

Disclaimer: National College of Ireland takes reasonable care. However, we cannot guarantee that we will identify all cases of dyslexia, dyspraxia or dyscalculia by this screening process. We use a process that is generally considered to be best practice, but which cannot always provide a totally accurate result. Accordingly, not all cases of SpLD will be identified. NCI does not accept responsibility in any such cases where there is a subsequent diagnosis.

Please tick YES, NO or DON'T KNOW to each question.

Do not miss any questions out.

1. Educational History

	Yes	No	Don't know	Office use
Have you ever been diagnosed with dyslexia / dyspraxia / dyscalculia?				
Has anyone in the past suggested to you that you might have dyslexia / dyspraxia / dyscalculia?				
Did you receive extra learning support at school or college?				
Did you get extra time for exams at school or college?				

2. Sight, Hearing Speech and Language

	Yes	No	Don't know	Office use
Have you ever used a coloured overlay or had tinted lenses to help you with reading?				
Do you find looking at black print on white paper uncomfortable to read?				
Do you have any current or past problems with your hearing?				
Did you have speech problems as a child or ever see a speech therapist?				
Do you sometimes forget words or use the wrong word when speaking aloud?				

3. Coordination and Organisation

	Yes	No	Don't know	Office use
Do you consider yourself to be accident prone or clumsy?				
Do you have problems playing team sports, hand eye coordination or dancing?				
Do you have difficulty knowing left from right?				
Do you struggle with directions / finding your way to places?				
Do you feel generally disorganised or muddled?				
Do you easily lose track of time?				
Do you find it difficult to concentrate for periods of time?				

4. Memory

	Yes	No	Don't Know	Office use
Do you find it hard to listen to and retain verbal information / spoken instructions?				
Do you get confused over dates and times and sometimes miss appointments?				
Do you feel that you have general problems with your memory?				

5. Past and Current Difficulties

	Yes	No	Don't know	Office use
As a child, did you find it difficult to learn to read?				
Do you have difficulties with reading now?				
Do you have difficulties with spelling accurately?				
As a child, did you find it difficult to learn your multiplication tables?				
Is your handwriting untidy or difficult to read?				
Do you find it hard to make notes in lectures?				
Do you always have enough time to finish in exams?				
Do you always manage to meet deadlines for assignments?				
Do you have difficulty with planning and structuring your written work?				
Do you often feel like you know what you want to say, but can't get it down on paper?				
Do you have difficulty proofreading and spotting mistakes in your written work (without a spellchecker)?				
Do you have difficulty expressing yourself verbally?				

6. Family History

	Yes	No	Don't know	Office use
Do any of your family members have dyslexia, dyspraxia or dyscalculia?				

	Yes	No	Don't know	Office use
<u>7. Reading</u>				
-				
When reading do you -				
find reading difficult and tiring?				
read more slowly than others?				
often not finish set reading tasks?				
sometimes forget what you have just read?				
have to read text more than once to make sense?				
accidentally add in words from another line?				
sometimes change lines?				
miss out words (especially little ones)?				
sometimes read words backwards (on for no)?				
lose the place?				
panic and make a mess of reading aloud?				
find it hard to keep your eyes on the right place?				
misread or misunderstand text?				
always have to start reading from the beginning?				
have difficulty finding information in text?				
forget the beginning in longer questions?				
find it hard to use a dictionary or index?				
find black print on white paper hard to see clearly?				
get headaches or sore eyes?				
Does anything else about reading bother you?				
What?				
	Yes	No	Don't know	Office use
<u>8. Writing</u>				
-				
When writing, do you -				
have illegible handwriting?				
set out your work poorly?				
write very slowly?				
grip a pen/pencil so tightly your hand hurts?				
put your head down to watch the tip of the pencil?				
have difficulty getting letters to "sit" on the lines?				

mix up capital and lower case letters?				
need to rest when writing at length?				
find it easier to print than do 'joined up' writing?				
have poor spelling?				
write letters or words in the wrong order?				
find it hard to write ideas clearly?				
find it hard to listen & take notes at the same time?				
struggle to copy accurately?				
find it hard to keep up with the rest of the class?				
struggle to find the exact word you want to use?				
have difficulty finding errors and redrafting your work?				
always write as little as possible?				
forget what you want to write next or write things in the wrong order?				
Does anything else about writing bother you?				
What?				
	Yes	No	Don't know	Office use
<u>9. Maths/Numbers</u>				
-				
Maths/number work: do you -				
find you are much slower than others to finish?				
copy numbers incorrectly?				
write numbers the wrong way round (e.g. 23 for 32)?				
start working from the wrong end (e.g. adding from the left)?				
sometimes carry a number the wrong way?				
have problems understanding place value?				
find it hard to write numbers correctly in columns?				
find it hard to get a series of steps in the right order every				
time?				
do something right one day but wrong the next day?				
find it hard to estimate size etc?				
mix up symbols e.g. + and x ?				
have problems writing formulae correctly?				
struggle to remember the names of shapes?				
have problems understanding scale?				

have problems reading figures in the right order?				
have difficulty counting backwards?				
struggle to find information in graphs/charts?				
have some difficulty telling time on a round clock?				
find it hard to guess how long it takes to do something?				
mix up direction words e.g. above/below?				
struggle to get information from timetables?				
find it hard to use a ruler to draw straight lines or measure?				
struggle to hold numbers in your head while doing calculations?				
have problems remembering multiplication tables?				
struggle to copy an answer accurately from one place to another?				
sometimes start a Maths problem at the wrong place?				
Is there anything else that makes Maths hard for you?				
What?				
	Yes	No	Don't know	Office use
In general, do you...				
avoid reading if you can				
avoid writing if you can				
find it hard to finish work in time allowed				
forget or lose books and equipment				
find it hard to follow instructions				
lose answers because your work is messy				
find it hard to remember names and messages				
often put things in the wrong order				
have problems judging speed and distance				
have difficulty entering phone numbers in the right order				
find you are easily distracted				
miss deadlines, appointments etc				
tend to bump into things/people				
feel confused when you find simple tasks hard				
try to hide your difficulties from others				

