

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
09:00-09:45 Aqua Aerobics Ania	9:30 - 10:15 Tabata Ania	9:30 - 10:15 Stretch Richard	09:30-10:15 Body Tone Kim	09:30-10:15 Aqua Aerobics Lina	
		10:30-11:15 HIIT KIM		10:30-11:15 Body Tone Anjette	10:00-10:45 Piloxing Natalie
		12:15-13:00 Pilates Lina			
13:15 - 14:00 Core & Cardio Ania	13:15-14:00 Booty & ABS Ania	13:30-14:15 TABATA Lina	13:15-14:00 Body Busters Ania	13:15-14:00 Pilates Lina	
14:15 - 15:00 HIIT Janis					
	17:30-18:15 TABATA Lubo		17:15-18:00 Yogalates Ania	17:00 - 17:45 Fit Ball Lina	
18:30 - 19:15 Weight & Core Lubo	18:15 - 19:00 Piloxing Erica	18:15 - 19:00 Strong Nation Erica	18:15-19:00 Functional Step Anjette		
19:30 - 20:15 Zumba Rita	19:30 - 20:15 Zumba Rita	19:30 - 20:15 Zumba Rita			

