

# **National Clinical and Insurance Integration Guidelines (NCIIG) – 2025 Edition**

*Issued by the fictional Department of Integrated Health Policy and Systems Management (DIHPSM)*

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## **1. Introduction and Scope**

The 2025 edition of the National Clinical and Insurance Integration Guidelines (NCIIG) establishes unified standards for the assessment, management, and coverage of medical services within accredited healthcare systems. These guidelines aim to ensure equitable access, promote evidence-based interventions, and harmonize clinical practices with insurance reimbursement frameworks. The document applies to all public and private insurers, hospital networks, and registered healthcare professionals operating under the National Health Access Framework (NHAf).

The scope includes preventive care, diagnostic evaluations, chronic disease management, surgical procedures, and post-acute rehabilitation services. It also outlines reimbursement methodologies, preauthorization requirements, and patient eligibility verification procedures. The principles of transparency, accountability, and continuity of care underpin every section of this guideline.

## **2. General Principles of Coverage Eligibility**

Coverage eligibility is determined by the insured individual's policy tier, the clinical appropriateness of the requested service, and the facility's accreditation status. Patients must hold an active insurance policy at the time of service delivery, and providers must submit claims through the National eClaims Portal (NeCP). All diagnostic and therapeutic interventions must comply with the "Medically Necessary and Appropriate Use Criteria" established by the DIHPSM Clinical Review Board.

For tiered plans, Level I (Basic Care) includes emergency stabilization, general practitioner consultations, and essential pharmaceuticals. Level II (Comprehensive Care) extends coverage to specialist consultations, imaging procedures, and limited surgical interventions. Level III (Enhanced Care) encompasses advanced diagnostics, elective surgeries, and complex rehabilitation programs. Premium and enterprise tiers may include international coverage and extended telehealth services.

### **3. Preventive and Primary Care Guidelines**

Preventive care remains the cornerstone of sustainable healthcare delivery. Insurers are mandated to cover a minimum of one annual comprehensive health evaluation per policyholder, inclusive of biometric screening, cardiovascular risk assessment, and standard laboratory testing. Immunizations must align with the National Immunization Schedule (NIS), and no copayments may be applied for mandated vaccines.

Primary care physicians are required to maintain an updated Preventive Services Record (PSR) accessible through the NeCP. Referrals for secondary or tertiary care should be evidence-based, guided by standardized referral algorithms. Providers are encouraged to adopt digital health monitoring tools, especially for chronic conditions such as diabetes, hypertension, and asthma, which qualify for ongoing telemonitoring coverage under section 10.

### **4. Diagnostic Testing and Imaging Services**

Coverage for diagnostic services depends on adherence to the Diagnostic Appropriateness Framework (DAF-2025). Routine blood tests, urinalysis, and plain radiographs are automatically covered under all plan levels, provided that physician justification is recorded. Advanced imaging—such as CT, MRI, and PET scans—requires preauthorization for non-emergency cases, with approval based on clinical necessity scoring.

Insurers are authorized to apply utilization caps on certain modalities, such as multiple scans within a 90-day window, unless a clinical exception is documented. Diagnostic centers must be certified under the National Quality Assurance Registry (NQAR) and maintain image retention for a minimum of seven years for audit compliance.

### **5. Pharmacological Management and Prescription Coverage**

Drug coverage policies are governed by the National Formulary of Therapeutic Agents (NFTA). Tiered cost-sharing applies based on generic, preferred brand, and specialty medication categories. Insurers must provide at least one clinically equivalent generic option without substitution barriers.

Physicians prescribing non-formulary medications must complete a Form D-12 “Clinical Justification for Exception” prior to dispensing. Specialty biologic agents and gene therapies are eligible for coverage under the High-Cost Medication Framework (HCMF), pending independent pharmacoeconomic review. Pharmacy

Benefit Managers (PBMs) are required to disclose rebate structures annually to maintain transparency.

## **6. Surgical and Procedural Coverage**

Surgical procedures are stratified into three coverage classes: Class A (emergency and life-saving), Class B (medically indicated elective), and Class C (cosmetic or lifestyle-enhancing). Only Classes A and B are eligible for reimbursement. Pre-surgical authorization must be completed through the Surgical Coverage Interface (SCI) within five business days of planned admission.

Surgeons are encouraged to adopt minimally invasive techniques when clinically appropriate, as procedures meeting the “Enhanced Recovery and Cost Efficiency” (ERCE) criteria qualify for expedited claim processing. Hospitals performing elective surgeries must maintain post-discharge monitoring compliance rates above 85% to retain coverage eligibility.

## **7. Chronic Disease Management**

Patients diagnosed with chronic conditions—such as Type 2 diabetes, chronic obstructive pulmonary disease (COPD), or heart failure—qualify for the Chronic Condition Care Pathway (CCCP). Enrollment in this pathway grants access to multidisciplinary care coordination, medication adherence monitoring, and annual wellness reviews.

Insurers must cover remote monitoring equipment, such as glucose sensors or digital spirometers, under the Assistive Technology Support Benefit (ATSB). Providers are required to submit quarterly reports summarizing outcomes against standardized metrics, including hospitalization rate reduction and medication compliance percentages.

## **8. Mental Health and Behavioral Services**

Mental health services receive parity with physical health coverage under the Mental Health Access Equity Act (fictional). All insurance plans must cover outpatient psychotherapy, psychiatric evaluations, and prescribed psychopharmacological treatments.

Group therapy and telepsychiatry sessions are recognized as billable encounters. Insurers must provide access to at least one 24-hour crisis intervention hotline per covered region. For inpatient psychiatric admissions exceeding seven days, a

clinical reassessment and continued-stay justification must be submitted to the payer.

## **9. Maternal and Reproductive Health**

Comprehensive maternity benefits are available under all coverage tiers. Prenatal visits, routine ultrasounds, and laboratory assessments are fully reimbursable when performed by licensed obstetric providers. Coverage extends through delivery and postpartum follow-up within 60 days.

Assisted reproductive technologies (ART), including in vitro fertilization (IVF), are partially reimbursable under Level III and above, subject to a lifetime maximum of three cycles. Genetic counseling prior to ART procedures is covered when indicated by hereditary risk factors. Contraceptive counseling and sterilization procedures are deemed essential benefits and are not subject to deductibles.

## **10. Telemedicine and Digital Health Services**

Telemedicine consultations are covered equivalently to in-person visits, provided that sessions occur through approved, encrypted platforms. Insurers must ensure that network providers receive reimbursement within 15 business days of claim submission for verified telehealth encounters.

Coverage includes remote patient monitoring, asynchronous medical evaluations, and virtual multidisciplinary conferences. Special provisions exist for rural or mobility-limited patients, allowing for extended telecare sessions and remote diagnostic review at no additional cost.

## **11. Rehabilitation and Physical Therapy**

Rehabilitation coverage encompasses inpatient, outpatient, and home-based services. Physical, occupational, and speech therapy sessions are reimbursable when linked to acute injury recovery or chronic disability management. Prior authorization is required beyond 20 sessions per benefit year.

Facilities must adhere to the Rehabilitation Quality Standards Code (RQSC-2025), and therapists must document measurable progress at each review interval. Durable medical equipment (DME) associated with rehabilitation—such as braces or mobility aids—is covered at 80% of the allowable charge.

## **12. Palliative and End-of-Life Care**

Palliative care is recognized as an essential benefit across all policy levels. Coverage includes pain management, symptom control, psychosocial counseling, and hospice support. Providers must document patient-centered care planning discussions and shared decision-making outcomes.

In-home hospice care is reimbursable up to 60 days, extendable upon clinical review. Bereavement support for immediate family members may be offered for up to six months following a covered individual's passing, subject to benefit caps.

## **13. Emergency and Urgent Care Services**

Emergency care must be covered without prior authorization regardless of network status. The "Prudent Layperson Standard" determines emergency qualification: if an average person would believe immediate care was necessary, coverage must apply.

Ambulance transport is reimbursable for medically necessary transfers only, with mileage limits defined by regional insurance agreements. Urgent care facilities are classified separately from emergency departments and require pre-set copayments or coinsurance based on plan design.

## **14. Out-of-Network and Cross-Border Care**

Out-of-network care is subject to reduced reimbursement unless deemed medically necessary or geographically unavoidable. Patients receiving treatment outside the country may submit claims within 90 days of service, accompanied by certified translation and itemized invoices.

Certain premium-tier plans offer global assistance programs that coordinate direct settlement with international hospitals under reciprocal agreements. Currency conversion and administrative processing fees may apply.

## **15. Medical Recordkeeping and Data Protection**

All entities governed by this guideline must comply with the Health Information Privacy and Security Act (HIPSA–2025). Patient data must be stored in encrypted databases with access limited to authorized personnel. Audit trails must record all data access events for a minimum of ten years.

Electronic Health Records (EHRs) must integrate seamlessly with the National Health Interoperability Standard (NHIS) to facilitate secure data exchange between providers, insurers, and oversight agencies. Breaches must be reported to the National Data Integrity Office (NDIO) within 72 hours of detection.

## **16. Fraud Prevention and Audit Protocols**

Insurers and healthcare providers are required to maintain internal compliance units to monitor for irregular claim patterns. Random audits may be conducted by the DIHPSM Audit Division. Penalties for fraudulent activity include reimbursement clawbacks, suspension of provider privileges, and potential civil action.

Providers must retain supporting documentation—including treatment notes, consent forms, and billing statements—for at least seven years following the service date. Electronic audit reports must be submitted annually for review.

## **17. Appeals and Dispute Resolution**

Policyholders and providers retain the right to appeal coverage denials. The standard appeal timeline is 30 days from the date of notification. Appeals must be submitted via the National Claims Review Interface (NCRI), accompanied by clinical documentation supporting the request.

An independent Medical Review Panel (MRP) will issue a binding determination within 45 days. Expedited appeals for urgent care decisions are reviewed within 72 hours. Arbitration services are available for disputes exceeding \$50,000 in contested claims.

## **18. Provider Credentialing and Network Management**

All healthcare professionals must hold valid national licensure and complete annual credentialing verification through the Provider Registry System (PRS). Insurers may deny network participation to providers failing to meet continuing education or quality metrics.

Network adequacy reviews must ensure equitable geographic distribution of services, including at least one primary care provider per 2,000 covered lives in each region. Insurers are required to publish updated provider directories quarterly.

## **19. Quality Assurance and Outcome Reporting**

Hospitals and clinics must participate in the National Outcomes and Performance Evaluation Program (NOPEP). Performance indicators include readmission rates, infection control compliance, and patient satisfaction indices.

Insurers must incorporate quality-based payment incentives, rewarding high-performing institutions with outcome-linked reimbursements. Annual public reporting of quality scores is encouraged to promote accountability and informed patient choice.

## **20. Implementation Timeline and Compliance Monitoring**

All entities subject to these guidelines must achieve full compliance within 180 days of the effective date. Interim progress reports are due at 60-day intervals to the DIHPSM Compliance Bureau.

Noncompliant organizations may face administrative penalties, reimbursement delays, or suspension of operational licenses. The DIHPSM reserves the right to update these guidelines annually to reflect emerging clinical evidence, technological advancements, and economic conditions.