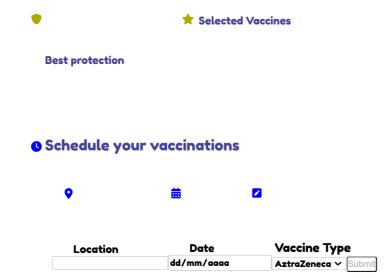
15/3/22, 22:48 Vaccines

Vaccination

Database Education News Regulation
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Fight Virus With Vaccines

Let's stop this pandemic by killing the virus with a vaccine, don't let yourself and your family get infected



Why should I vaccine?

In order to avoid any doubts about getting the COVID-19 vaccine, identify the following 4 benefits of COVID-19

Minimize the spread of viruses





Vaccine has been proven effective to prevent someone from getting infected with Coronavirus

COVID-19 vaccine proveen to help shape antibody response for inmune system The benefits of COVID-19 vaccination are the vaccine that we get can also help protect people around us

**Preparations Before **

The success of vaccines is strongly influence strenght of the body's inmune system. The several things that can be tried to make the vaccine work:

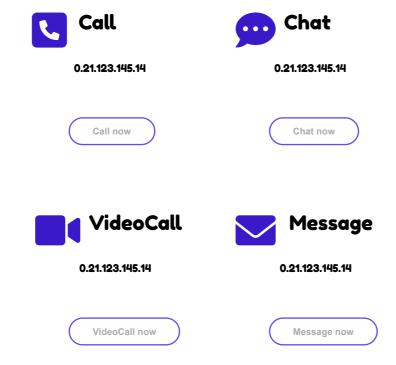
- Avoid alcoholic beverages
- Avoid Stress

 Stress has a profound affect on inmune
 Moreover, prolonged stress can increas
 production and oxidative stress in the bo
- Eat healthy food
- * Exersice or physical activity
- Get enough slepp

Emergeny Contact

Contact one of the contacts below if you or your family feel unwell and have similar symptoms such as covid-19, make sure you also take care of yourself before reporting to us:

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Our goals is to help the world free from the angoning pandemic

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