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# Fight Virus With Vaccines

Let's stop this pandemic by killing the virus with a vaccine, don't let yourself and your family get infected



★ Selected Vaccines

Best protection

🕒 Schedule your vaccinations



Location

Date

Vaccine Type

dd/mm/yyyy

AztraZeneca ▾

Submit

## Why should I vaccine?

In order to avoid any doubts about getting the COVID-19 vaccine, identify the following 4 benefits of COVID-19

Vaccina



Minimize the spread of viruses



Forming Antibodies



Protecting people nearby

**Vaccine has been proven effective to prevent someone from getting infected with Coronavirus**

**COVID-19 vaccine proven to help shape antibody response for immune system**

**The benefits of COVID-19 vaccination are the vaccine that we get can also help protect people around us**

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ii**

## Preparations Before \

**The success of vaccines is strongly influenced by the strength of the body's immune system. The following are several things that can be tried to make the vaccine work :**



**Avoid alcoholic beverages**



**Avoid Stress**

Stress has a profound effect on immune system. Moreover, prolonged stress can increase cortisol production and oxidative stress in the body.



**Eat healthy food**



**Exercise or physical activity**



**Get enough sleep**

## Emergency Contact

**Contact one of the contacts below if you or your family feel unwell and have similar symptoms such as covid-19, make sure you also take care of yourself before reporting to us :**



Call

0.21.123.145.14

Call now



Chat

0.21.123.145.14

Chat now



VideoCall

0.21.123.145.14

VideoCall now



Message

0.21.123.145.14

Message now

## Vaccination

Our goals is to help the world free from the angoning pandemic

## About

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