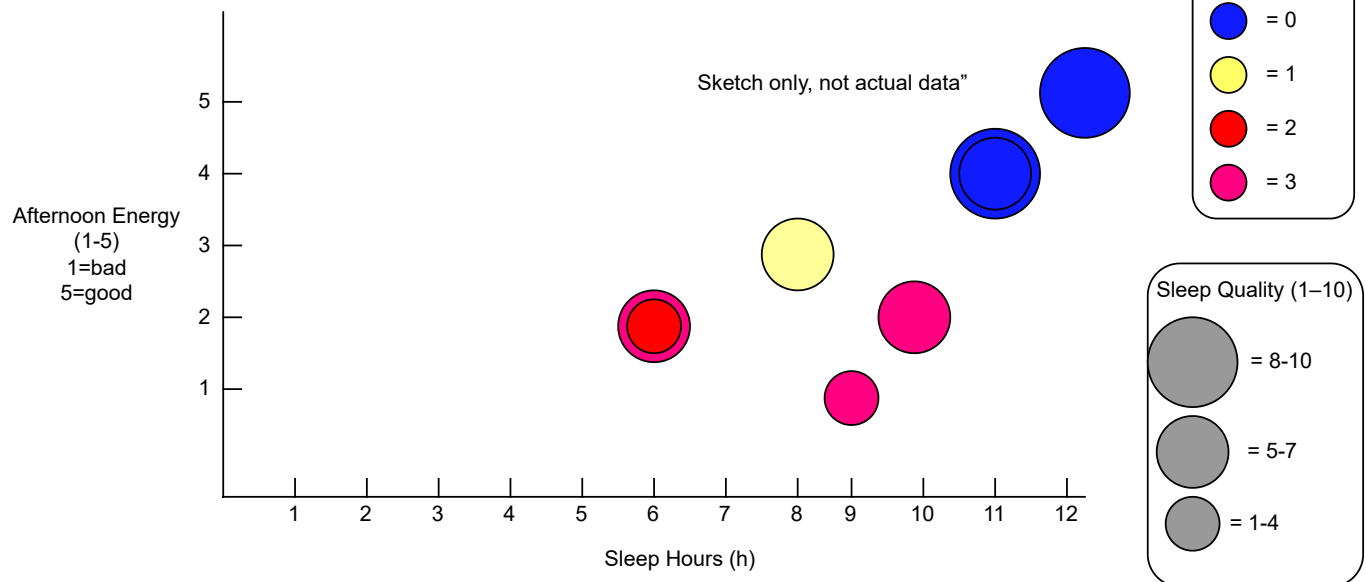


Sleep Hours vs Afternoon Energy — Size=Sleep Quality, Color=Energy Drinks
Drinks (6h pre-bed)



Hypothesis: As sleep hours increase, afternoon energy increases; at the same sleep duration, more energy drinks within 6h before bed are associated with lower afternoon energy.