

## **Product Information: Similac® Alimentum®**

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[www.abbottnutrition.com](http://www.abbottnutrition.com)

# Similac® Alimentum®

## Hypoallergenic Infant Formula with Iron

- 1 A 20 Cal/fl oz, nutritionally complete, hypoallergenic formula for infants, including those with colic symptoms due to protein sensitivity. A supplemental beverage for children with severe food allergies, sensitivity to intact protein, protein maldigestion, or fat malabsorption.
- 1 Starts reducing colic symptoms due to protein sensitivity within 24 hours in most infants.<sup>1,\*</sup>
- 1 DHA and ARA to support brain and eye development.<sup>2,3,4</sup>
- 1 Made with oils that have been shown to be well absorbed. Approximately 33% of the fat as medium chain triglycerides.
- 1 A unique blend of two carbohydrates using two absorptive pathways to help maximize absorption and minimize malabsorption risks.
- 1 Palm olein-oil free.
- 1 Gluten-free.



### Safety Precautions

- 1 **Never use a microwave oven to warm formula.** Serious burns can result.
- 1 Powdered infant formulas are not sterile and should not be fed to premature infants or infants who might have immune problems unless directed and supervised by your baby's doctor.

\* Based on a clinical study with Alimentum® Ready To Feed without DHA and ARA in a small group of infants experiencing colic symptoms due to a cow's milk protein sensitivity.

<sup>1</sup> Data on file, Study AC84, August 2004. Abbott Nutrition, Columbus, Ohio.

<sup>2</sup> Auestad N, et al. Pediatrics 2001;108:372-381.

<sup>3</sup> Auestad N, et al. Pediatrics 2003;112:e177-e183.

<sup>4</sup> Scott DT, et al. Pediatrics. 1998;102(5):e59.

### Ingredients

#### Powder Unflavored:

Corn Maltodextrin (35%), Casein Hydrolysate [Derived from Milk] (18%), Sugar (15%), High Oleic Safflower Oil (10%), Medium-Chain Triglycerides (10%), Soy Oil (8%). Less than 2% of: C. Cohnii Oil, M. Alpina Oil, Calcium Phosphate, DATEM, Potassium Citrate, Xanthan Gum, Magnesium Chloride, Monoglycerides, Ascorbic Acid, Salt, L-Cystine Dihydrochloride, Calcium Carbonate, Potassium Chloride, L-Tyrosine, L-Tryptophan, Choline Chloride, Ferrous Sulfate, Taurine, m-Inositol, Ascorbyl Palmitate, dl-Alpha-Tocopheryl Acetate, Zinc Sulfate, L-Carnitine, Niacinamide, Mixed Tocopherols, Calcium Pantothenate, Cupric Sulfate, Vitamin A Palmitate, Thiamine Chloride Hydrochloride, Riboflavin, Pyridoxine Hydrochloride, Folic Acid, Potassium Iodide, Potassium Hydroxide, Phylloquinone, Biotin, Sodium Selenate, Vitamin D3, and Cyanocobalamin.

### Availability

| List Number | Item  |
|-------------|---|
| 57508       | Similac Alimentum Ready to Feed / 8-fl-oz (237-mL) Can / 4 x 6 ct |
| 57512       | Similac Alimentum Ready to Feed / 1-QT (946-mL) Bottle / 6 ct     |
| 57663       | Similac Expert Care Alimentum Powder / 1-LB (454-g) Can / 6 ct    |
| 59738       | Similac Alimentum Ready to Feed / 2-fl-oz (59-mL) bottle / 48 ct  |
| 63501       | Similac Alimentum Powder / 1-LB (454-g) Can / 3 x 2 ct            |
| 64715       | Similac Alimentum Powder / 12.1-oz (343-g) Can / 6 ct             |
| 64719       | Similac Alimentum Powder / 19.8-oz (561-g) Can / 4 ct             |
| 66227       | Similac Alimentum Powder / 19.8-oz (561-g) Can / 4 ct             |

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Nutrition Information - Powder Unflavored

|                                   | 100 Cal (prepared as directed) |            | 1000 mL (1.1 QT, prepared as directed) |            |
|-----------------------------------|--------------------------------|------------|--|------------|
|                                   | Value                          | %RDI / %DV | Value                                  | %RDI / %DV |
| Calories                          | 100                            |            | 676                                    |            |
| Volume, mL                        | 148                            |            | 1000                                   |            |
| Protein Equivalent, g             | 2.75                           |            | 18.6                                   |            |
| Fat, g                            | 5.54                           |            | 37.47                                  |            |
| Carbohydrate, g                   | 10.2                           |            | 69.0                                   |            |
| Water, g                          | 133                            |            | 899                                    |            |
| Linoleic Acid, mg                 | 800                            |            | 5408                                   |            |
| Potential Renal Solute Load, mOsm | 25.3                           |            | 171.3                                  |            |
| Vitamin A, IU                     | 300                            |            | 2029                                   |            |
| Vitamin D, IU                     | 60                             |            | 406                                    |            |
| Vitamin E, IU                     | 3.0                            |            | 20.3                                   |            |
| Vitamin K, mcg                    | 8                              |            | 54.08                                  |            |
| Thiamin (Vitamin B1), mcg         | 60                             |            | 406                                    |            |
| Riboflavin (Vitamin B2), mcg      | 90                             |            | 609                                    |            |
| Vitamin B6, mcg                   | 60                             |            | 406                                    |            |
| Vitamin B12, mcg                  | 0.45                           |            | 3.04                                   |            |
| Niacin, mcg                       | 1350                           |            | 9130                                   |            |
| Folic Acid (Folacin), mcg         | 15                             |            | 101                                    |            |
| Pantothenic Acid, mcg             | 750                            |            | 5072                                   |            |
| Biotin, mcg                       | 4.5                            |            | 30.4                                   |            |
| Vitamin C (Ascorbic Acid), mg     | 9.0                            |            | 61                                     |            |
| Choline, mg                       | 12                             |            | 81                                     |            |
| Inositol, mg                      | 5                              |            | 33.8                                   |            |
| Calcium, mg                       | 105                            |            | 710                                    |            |
| Calcium, mEq                      | 5.2                            |            | 35.4                                   |            |
| Phosphorus, mg                    | 75                             |            | 507                                    |            |
| Magnesium, mg                     | 7.5                            |            | 50.7                                   |            |
| Iron, mg                          | 1.8                            |            | 12.17                                  |            |
| Zinc, mg                          | 0.75                           |            | 5.07                                   |            |
| Manganese, mcg                    | 8                              |            | 54                                     |            |
| Copper, mcg                       | 75                             |            | 507                                    |            |
| Iodine, mcg                       | 15                             |            | 101                                    |            |
| Selenium, mcg                     | 2                              |            | 13.52                                  |            |
| Sodium, mg                        | 44                             |            | 298                                    |            |
| Sodium, mEq                       | 1.9                            |            | 12.9                                   |            |
| Potassium, mg                     | 118                            |            | 798                                    |            |
| Potassium, mEq                    | 3.0                            |            | 20.3                                   |            |
| Chloride, mg                      | 80                             |            | 541                                    |            |

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Nutrition Information - Powder Unflavored

|               | 100 Cal (prepared as directed) |            | 1000 mL (1.1 QT, prepared as directed) |            |
|---------------|--------------------------------|------------|--|------------|
|               | Value                          | %RDI / %DV | Value                                  | %RDI / %DV |
| Chloride, mEq | 2.3                            |            | 15.5                                   |            |

Preparation

Ready to Feed

Your baby's health depends on carefully following these directions. Failure to follow these directions could result in severe harm. Ask your baby's doctor if you need to boil (sterilize) bottles, nipples and rings before use.

2-fl-oz bottle

- 1 Do not add water.
- 1 Shake very well.
- 1 **Do not use if breakaway ring is missing or broken.**
- 1 Twist off cap.
- 1 Twist on nipple and ring. Use clean hands to attach nipple and ring.
  - 1 Use sterile nipple and ring if directed.
- 1 **Once feeding begins, use within 1 hour or discard.**

8-fl-oz can

- 1 Do not add water.
- 1 Rinse can lid; shake very well.
- 1 Lift and pull tab to open.
- 1 Pour formula into bottle or cup; attach nipple or lid.
- 1 **Once feeding begins, use within 1 hour or discard.**

1-QT bottle

- 1 Do not add water.
- 1 **Do not use if band around cap or inner foil seal is damaged.**
- 1 Shake well before each use.
- 1 Remove protective band; twist off and clean cap.
- 1 Invert cap; press down to pierce foil, then turn cap a half turn.
- 1 Remove foil.
- 1 Pour formula into bottle; attach clean nipple.
- 1 **Once feeding begins, use within 1 hour or discard.**
- 1 Prepare and feed all formula in this container within 2 days after opening.

Powder

Your baby's health depends on carefully following these directions. Proper hygiene, handling and storage are important when preparing infant formula. Failure to follow these directions could result in severe harm. Ask your baby's doctor if you need to use cooled, boiled water for mixing and if you need to boil (sterilize) bottles, nipples and rings before use.

- 1 Wash your hands, surfaces and utensils.
- 1 Pour water into clean bottle (see mixing guide).
- 1 Add 1 unpacked level scoop (8.7 g) to each 2 fl oz of water.
- 1 Return dry scoop to can.
- 1 Cap bottle; shake well; attach nipple.
- 1 **Once feeding begins, use within 1 hour or discard.**

Powder Mixing Guide

| Measure water | + | Add scoop(s) of <i>unpacked level powder</i> using enclosed scoop | = | Finished bottle (approx) |
|---------------|---|---|---|--------------------------|
| 2 fl oz       |   | 1 scoop (8.7 g)   |   | 2 fl oz                  |
| 4 fl oz       |   | 2 scoops  |   | 4 fl oz                  |
| 6 fl oz       |   | 3 scoops  |   | 6 fl oz                  |
| 8 fl oz       |   | 4 scoops  |   | 8 fl oz                  |

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Storage & Handling

Ready to Feed

2-fl-oz bottle

- 1 Avoid prolonged exposure to light.
- 1 Store unopened bottles at room temperature; avoid extreme temperatures.

8-fl-oz can

- 1 Cover opened cans and prepared bottles not used immediately.
- 1 Store in refrigerator and **use within 48 hours.**
- 1 Store unopened bottles at room temperature; avoid extreme temperatures.

1-QT bottle

- 1 Once opened, store quart bottle in refrigerator.
- 1 Store prepared bottles in refrigerator and **feed to baby within 48 hours.**
- 1 Store unopened containers at room temperature; avoid extreme temperatures.
- 1 Do not reuse container.
- 1 Prepare and feed all formula from this container **within 2 days after opening.**

Powder

- 1 Once mixed, store bottles in refrigerator and **feed to baby within 24 hours.**
- 1 Store unopened or opened container at room temperature; avoid extreme temperatures.
- 1 **Use opened can contents within 1 month.**