

## Product Information: Similac® Advance® 20

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# Similac® Advance® 20

## Infant Formula with Iron

- 1 A 20 Cal/fl oz, nutritionally complete, milk-based, iron-fortified infant formula for use as a supplement or alternative to breastfeeding.
- 1 OptiGRO™ is our exclusive blend of DHA, lutein and vitamin E: these important ingredients are found in breast milk.
  - DHA for brain and eye development.
  - Lutein to support eye health.
  - Vitamin E, an important nutrient found in breast milk to support developing cells.
- 1 Our exclusive formula has:
  - Calcium for strong bones - no palm olein oil.
  - Nucleotides to help support the immune system.
  - Prebiotics to help promote digestive health.
  - Carotenoids like those naturally found in breast milk.
- 1 Clinically proven tolerance in newborns.<sup>1</sup>
- 1 Clinically shown to support greater calcium absorption\* for strong bones.<sup>2,3</sup>
- 1 Gluten-free.
- 1 Halal.
- 1 Kosher.



### Safety Precautions

- 1 **Never use a microwave oven to warm formula.** Serious burns can result.
- 1 Powdered infant formulas are not sterile and should not be fed to premature infants or infants who might have immune problems unless directed and supervised by your baby's doctor.
- 1 Not for infants or children with galactosemia.

\* *Similac® with Iron vs Enfamil® with Iron. Enfamil is not a trademark of Abbott Laboratories.*

<sup>1</sup> *Lloyd B, et al. Pediatrics 1999;103:1-6.*

<sup>2</sup> *Nelson SE, et al. J Am Coll Nutr 1998;17(4):327-332.*

<sup>3</sup> *Koo W, et al. Pediatrics 2003;111:1017.*

### Ingredients

#### Powder Unflavored:

Nonfat Milk, Lactose, Whey Protein Concentrate, High Oleic Safflower Oil, Soy Oil, Coconut Oil, Galactooligosaccharides. Less than 2% of: C. Cohnii Oil, M. Alpina Oil, Beta-Carotene, Lutein, Lycopene, Potassium Citrate, Calcium Carbonate, Ascorbic Acid, Soy Lecithin, Potassium Chloride, Magnesium Chloride, Ferrous Sulfate, Choline Bitartrate, Choline Chloride, Ascorbyl Palmitate, Salt, Taurine, m-Inositol, Zinc Sulfate, Mixed Tocopherols, d-Alpha-Tocopheryl Acetate, Niacinamide, Calcium Pantothenate, L-Carnitine, Vitamin A Palmitate, Cupric Sulfate, Thiamine Chloride Hydrochloride, Riboflavin, Pyridoxine Hydrochloride, Folic Acid, Manganese Sulfate, Phylloquinone, Biotin, Sodium Selenate, Vitamin D3, Cyanocobalamin, Calcium Phosphate, Potassium Phosphate, Potassium Hydroxide, and Nucleotides (Adenosine 5'-Monophosphate, Cytidine 5'-Monophosphate, Disodium Guanosine 5'-Monophosphate, Disodium Uridine 5'-Monophosphate).

**Allergens:** Contains milk and soy ingredients.

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## Availability

List Number	Item
53363	Similac Advance 20 Ready to Feed / 1-QT (946-mL) bottle / 6 ct
53498	Similac Advance 20 Ready to Feed / 1-QT (946-mL) bottle / 6 ct
53526	Similac Advance 20 On-the-go Ready to Feed / 8-fl-oz (237-mL) bottle / 12 ct
55957	Similac Advance 20 Powder / 12.4 oz (352-g) can / 6 ct
56168	Similac Advance 20 Ready to Feed / 1-QT (946-mL) bottle / 8 ct
56973	Similac Advance 20 Concentrated Liquid / 13-fl-oz (384-mL) can / 12 ct
58605	Similac Advance 20 On-the-go Ready to Feed / 8-fl-oz (237-mL) bottle / 4 x 6 ct
59952	Similac Advance 20 On-the-go Ready to Feed / 8-fl-oz (237-mL) bottle / 24 ct
62811	Similac Advance 20 Powder / 0.61-oz (17.4-g) packet / 4 x 16 ct

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### Nutrition Information - Powder Unflavored

	100 Cal (prepared as directed)		1000 mL (1.1 QT, prepared as directed)*	
	Value	%RDI / %DV	Value	%RDI / %DV
Calories	100		676	
Volume, mL	148		1000	
Protein, g	2.07		14.00	
Fat, g	5.60		37.8	
Carbohydrate, g	10.71		72.4	
Water, g	133		899	
Linoleic Acid, mg	1000		6757	
Potential Renal Solute Load, mOsm	18.7		126.7	
Vitamin A, IU	300		2029	
Vitamin D, IU	75		507	
Vitamin E, IU	1.5		10.1	
Vitamin K, mcg	8		54	
Thiamin (Vitamin B1), mcg	100		676	
Riboflavin (Vitamin B2), mcg	150		1014	
Vitamin B6, mcg	60		406	
Vitamin B12, mcg	0.25		1.69	
Niacin, mcg	1050		7101	
Folic Acid (Folacin), mcg	15		101	
Pantothenic Acid, mcg	450		3043	
Biotin, mcg	4.4		29.8	
Vitamin C (Ascorbic Acid), mg	9		61	
Choline, mg	16		108	
Inositol, mg	4.7		31.8	
Calcium, mg	78		528	
Calcium, mEq	3.9		26.3	
Phosphorus, mg	42		284	
Magnesium, mg	6		41	
Iron, mg	1.8		12	
Zinc, mg	0.75		5.07	
Manganese, mcg	5		34	
Copper, mcg	90		609	
Iodine, mcg	6		41	
Selenium, mcg	2		14	
Sodium, mg	24		162	
Sodium, mEq	1.04		7.1	
Potassium, mg	105		710	
Potassium, mEq	2.7		18.2	
Chloride, mg	65		440	

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Nutrition Information - Powder Unflavored

	100 Cal (prepared as directed)		1000 mL (1.1 QT, prepared as directed)*	
	Value	%RDI / %DV	Value	%RDI / %DV
Chloride, mEq	1.8		12.4	

Powder Unflavored Footnotes & References

*Per 1000 mL (1.1 QT, prepared as directed)\**

\*Nutrient values are applicable when prepared as directed.

Preparation

Powder

Your baby's health depends on carefully following these directions. Proper hygiene, handling and storage are important when preparing infant formula. Failure to follow these directions could result in severe harm. Ask your baby's doctor if you need to use cooled, boiled water for mixing and if you need to boil (sterilize) bottles, nipples and rings before use.

- 1 Wash your hands, surfaces and utensils.

0.61-oz powder packet

- 1 Pour 4 fl oz of water into clean bottle.
- 1 Slowly add one powder single (17.4 g) to bottle.
- 1 Cap bottle; shake very well; attach nipple and ring.
- 1 Once feeding begins, use within 1 hour or discard.

12.4-oz can

- 1 Pour water into clean bottle (see mixing guide).
- 1 Add 1 unpacked level scoop (8.7 g) to each 2 fl oz of water.
- 1 Return dry scoop to container.
- 1 Cap bottle; shake well; attach nipple.
- 1 Once feeding begins, use within 1 hour or discard.

Powder Mixing Guide

Measure water	+	Add scoop(s) of unpacked level powder using enclosed scoop	=	Finished bottle (approx)
2 fl oz		1 scoop (8.7 g)		2 fl oz
4 fl oz		2 scoops		4 fl oz
6 fl oz		3 scoops		6 fl oz
8 fl oz		4 scoops		8 fl oz

Ready to Feed

Your baby's health depends on carefully following these directions. Ask your baby's doctor if you need to boil (sterilize) bottles, nipples and rings before use. 8-fl-oz On-the-go bottle

- 1 Do not use if breakaway ring is missing or broken.
- 1 Do not add water.
- 1 Shake very well.
- 1 Twist off cap.
- 1 Twist on clean nipple and ring.
- 1 No need to warm before feeding.
- 1 Once feeding begins, use within 1 hour or discard.
- 1 For use in a different feeding container (cup or bottle):
  - 1 Ask your baby's doctor if you need to boil (sterilize) the empty bottles before adding formula.
  - 1 Pour desired amount into clean feeding container.
  - 1 Recap bottle, refrigerate and use within 48 hours.

1-QT bottle

- 1 Do not add water.
- 1 Shake very well before each use.
- 1 Remove protective band, twist off and clean cap. Do not use if band around cap or inner foil seal is damaged.
- 1 Invert cap; press down to pierce foil, then turn cap a half turn.
- 1 Remove foil.

- 1 Pour formula into bottle; attach nipple.
- 1 Once feeding begins, **use within 1 hour or discard**
- 1 Prepare and feed all formula from the 1-QT container **within 3 days after opening.**

### Concentrated Liquid

Your baby's health depends on carefully following these directions. Failure to follow these directions could result in severe harm. Ask your baby's doctor if you need to use cooled, boiled water for mixing and if you need to boil (sterilize) bottles, nipples and rings before use.

- 1 Rinse can lid; shake very well; open with a clean punch-type opener.
- 1 Pour equal amounts of formula and water into bottle.
- 1 Attach nipple; swirl gently to mix.
- 1 Once feeding begins, **use within 1 hour or discard.**

## Storage & Handling

### Powder

#### 0.61-oz powder packet

- 1 Once mixed, feed immediately or cover and refrigerate; **use within 24 hours.**
- 1 Store unopened packets at room temperature; avoid extreme temperatures.

#### 12.4-oz can

- 1 Once mixed, store bottles in refrigerator and **feed to baby within 24 hours.**
- 1 Store unopened or opened container at room temperature; avoid extreme temperatures.
- 1 **Use opened can contents within 1 month.**
- 1 Do not reuse container.

### Ready to Feed

#### 8-fl-oz bottle

- 1 Store unopened containers at room temperature; avoid extreme temperatures.
- 1 Do not reuse bottle.
- 1 **Protect from light.**
- 1 **Store in carton until ready to use.**

#### 1-QT bottle

- 1 Once opened, store quart bottle in refrigerator
- 1 Store prepared bottles in refrigerator and **feed to baby within 48 hours.**
- 1 Store unopened containers at room temperature; avoid extreme temperatures.
- 1 Do not reuse container.

### Concentrated Liquid

- 1 Cover opened cans and prepared formula not used immediately. Store in refrigerator and **feed to baby within 48 hours.**
- 1 Store unopened cans at room temperature; avoid extreme temperatures.