

**Product Information:  
Similac Total Comfort™**

For more information, contact your Abbott Nutrition Representative or visit  
[www.abbottnutrition.com](http://www.abbottnutrition.com)

# Similac Total Comfort™

Partially Hydrolyzed Protein Infant Formula with Iron

- 1 A 19 Cal/fl oz, nutritionally complete infant formula with partially hydrolyzed whey protein that is an alternative to standard milk-based formulas with intact protein. For mild tolerance symptoms such as fussiness and gas due to lactose sensitivity.
- 1 OptiGRO™ is our exclusive blend of DHA, lutein and vitamin E: these important ingredients are found in breast milk.
  - DHA for brain and eye development.
  - Lutein to support eye health.
  - Vitamin E, an important nutrient found in breast milk to support developing cells.
- 1 Our exclusive formula has:
  - Partially hydrolyzed protein for easy digestion.
  - A unique blend of two carbohydrates to help maximize asorption and minimize malabsorption risks.
  - Calcium for strong bones - no palm olein oil.
  - Nucleotides to help support the immune system.
  - Prebiotics to help promote digestive health.
- 1 Clinically shown to support normal infant growth.<sup>1</sup>
- 1 Gluten-free.
- 1 Halal.
- 1 Kosher.



## Safety Precautions

- 1 Consult physician prior to switching formulas.
- 1 **Never use a microwave oven to warm formula.** Serious burns can result.
- 1 Powdered infant formulas are not sterile and should not be fed to premature infants or infants who might have immune problems unless directed and supervised by your baby's doctor.
- 1 Not for infants or children with galactosemia.

<sup>1</sup> Borschel MW, et al. Clin Pediatr 2014;53:1375-1382.

## Ingredients

### Powder Unflavored:

Maltodextrin, Whey Protein Hydrolysate, High Oleic Safflower Oil, Sugar, Soy Oil, Coconut Oil, Galactooligosaccharides. Less than 2% of: C. Cohnii Oil, M. Alpina Oil, Beta-Carotene, Lutein, Lycopene, Calcium Citrate, Potassium Phosphate, Calcium Phosphate, Magnesium Chloride, Salt, Potassium Citrate, Ascorbic Acid, Choline Chloride, Sodium Citrate, Potassium Chloride, Calcium Hydroxide, Ferrous Sulfate, Choline Bitartrate, Taurine, m-Inositol, Zinc Sulfate, Ascorbyl Palmitate, L-Carnitine, Niacinamide, Mixed Tocopherols, d-Alpha-Tocopheryl Acetate, Calcium Pantothenate, Vitamin A Palmitate, Cupric Sulfate, Thiamine Chloride Hydrochloride, Riboflavin, Pyridoxine Hydrochloride, Folic Acid, Manganese Sulfate, Phylloquinone, Potassium Iodide, Biotin, Sodium Selenate, Vitamin D3, Cyanocobalamin, Potassium Hydroxide, and Nucleotides (Adenosine 5'-Monophosphate, Cytidine 5'-Monophosphate, Disodium Guanosine 5'-Monophosphate, Disodium Uridine 5'-Monophosphate).

**Allergens:** Contains milk ingredients.

## Availability

List Number	Item
62599	Similac Total Comfort Powder / 12.0-oz (340-g) can / 6 ct

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### Nutrition Information - Powder Unflavored

	100 Cal (5.3 fl oz, prepared as directed)		1000 mL (1.1 QT, prepared as directed)	
	Value	%RDI / %DV	Value	%RDI / %DV
Calories	100		643	
Volume, mL	155.5		1000	
Protein, g	2.32		14.92	
Fat, g	5.4		34.73	
Carbohydrate, g	11		70.7	
Water, g	140		900	
Linoleic Acid, mg	1000		6431	
Vitamin A, IU	300		1929	
Vitamin D, IU	60		386	
Vitamin E, IU	1.5		9.6	
Vitamin K, mcg	8		51	
Thiamin (Vitamin B1), mcg	100		643	
Riboflavin (Vitamin B2), mcg	160		1029	
Vitamin B6, mcg	63		405	
Vitamin B12, mcg	0.26		1.67	
Niacin, mcg	1100		7074	
Folic Acid (Folacin), mcg	16		103	
Pantothenic Acid, mcg	470		3023	
Biotin, mcg	4.6		29.6	
Vitamin C (Ascorbic Acid), mg	9		58	
Choline, mg	24		154	
Inositol, mg	4.5		28.9	
Calcium, mg	105		675	
Calcium, mEq	5.3		33.8	
Phosphorus, mg	70		450	
Magnesium, mg	6		39	
Iron, mg	1.9		12.2	
Zinc, mg	0.79		5.08	
Manganese, mcg	5		32	
Copper, mcg	95		611	
Iodine, mcg	9		58	
Selenium, mcg	2		13	
Sodium, mg	46		296	
Sodium, mEq	2		12.9	
Potassium, mg	121		778	
Potassium, mEq	3.1		20	
Chloride, mg	68		437	
Chloride, mEq	1.9		12.2	

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Preparation

Ready to Feed

Ready to feed formula if mixed with water may not provide proper nutrition, and repeated use of such feedings could cause illness.

- 1 Do not use if breakaway ring is missing or broken.
- 1 Do not add water.
- 1 Shake very well.
- 1 Twist off cap.
- 1 Twist on nipple and ring.
  - 1 Use clean hands to attach nipple and ring.
  - 1 Use sterile nipple and ring if directed.
- 1 Once feeding begins, use within 1 hour or discard.

Powder

Your baby's health depends on carefully following these directions. Proper hygiene, handling and storage are important when preparing infant formula. Failure to follow these directions could result in severe harm. Ask your baby's doctor if you need to use cooled, boiled water for mixing and if you need to boil (sterilize) bottles, nipples and rings before use.

- 1 Wash your hands, surfaces and utensils.
- 1 Pour water into clean bottle (see mixing guide).
- 1 Add 1 unpacked level scoop (8.4 g) to each 2 fl oz of water.
- 1 Return dry scoop to container.
- 1 Cap bottle; shake well; attach nipple.
- 1 Once feeding begins, use within 1 hour or discard.

Powder Mixing Guide

Measure water	+	Add scoop(s) of <i>unpacked level powder</i> using enclosed scoop	=	Finished bottle (approx)
2 fl oz		1 scoop (8.4 g)		2 fl oz
4 fl oz		2 scoops		4 fl oz
6 fl oz		3 scoops		6 fl oz
8 fl oz		4 scoops		8 fl oz

Pour prepared formula into feeding bottle, cap and store in refrigerator. Use within 24 hours.

Storage & Handling

Ready to Feed

- 1 Avoid prolonged exposure of bottles to light.
- 1 Store unopened containers at room temperature; avoid extreme temperatures.
- 1 Do not reuse bottle.

Powder

- 1 Once mixed, store bottles in refrigerator and feed to baby within 24 hours.
- 1 Store unopened or opened container at room temperature; avoid extreme temperatures.
- 1 Use opened can contents within 1 month.
- 1 Do not reuse container.