

Product Information: Similac® Organic

For more information, contact your Abbott Nutrition Representative or visit
www.abbottnutrition.com

Similac® Organic

Infant Formula with Iron

- 1 A 20 Cal/fl oz, nutritionally complete, organic, milk-based, iron-fortified infant formula for use as a supplement or alternative to breastfeeding.
- 1 Certified USDA Organic.
- 1 Our exclusive formula has:
 - Lutein and DHA for baby's developing eyes and brain.
 - Calcium for strong bones - no palm olein oil.
 - Nucleotides to help support the immune system.
 - Prebiotics to help promote digestive health.
 - Carotenoids like those naturally found in breast milk.
- 1 Unique blend of organic nonfat milk, organic maltodextrin, and organic sugar.
- 1 Gluten-free.
- 1 Kosher.
- 1 Halal.



Safety Precautions

- 1 **Never use a microwave oven to warm formula.** Serious burns can result.
- 1 Powdered infant formulas are not sterile and should not be fed to premature infants or infants who might have immune problems unless directed and supervised by your baby's doctor.
- 1 Not for use by infants or children with galactosemia.

Ingredients

Powder Unflavored:

Organic Nonfat Milk, Organic Maltodextrin, Organic Sugar, Organic High Oleic Sunflower Oil, Organic Soy Oil, Organic Coconut Oil. Less than 2% of: C. Cohnii Oil, M. Alpina Oil, Beta-Carotene, Lutein, Lycopene, Fructooligosaccharides, Potassium Citrate, Calcium Carbonate, Ascorbic Acid, Ascorbyl Palmitate, Ferrous Sulfate, Salt, Choline Chloride, Choline Bitartrate, Taurine, m-Inositol, Magnesium Chloride, Zinc Sulfate, Mixed Tocopherols, d-Alpha-Tocopheryl Acetate, Niacinamide, Calcium Pantothenate, L-Carnitine, Vitamin A Palmitate, Cupric Sulfate, Thiamine Chloride Hydrochloride, Riboflavin, Pyridoxine Hydrochloride, Folic Acid, Manganese Sulfate, Phylloquinone, Biotin, Sodium Selenate, Vitamin D3, Cyanocobalamin, Potassium Iodide, Potassium Hydroxide, and Nucleotides (Cytidine 5'-Monophosphate, Disodium Guanosine 5'-Monophosphate, Disodium Uridine 5'-Monophosphate, Adenosine 5'-Monophosphate).

Allergens: Contains milk ingredients.

Availability

List Number	Item
50815	Similac Organic Powder / 2.12-LB (964-g) SimplePac / 6 ct
50821	Similac Organic Powder / 1.45-LB (658-g) SimplePac / 6 ct
56525	Similac Organic Ready to Feed / 2-fl-oz (59-mL) bottle / 48 ct
59883	Similac Organic Ready to Feed / 1-QT (946-mL) bottle / 6 ct
59885	Similac Organic Ready to Feed / 1-QT (946-mL) bottle / 6 ct

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Nutrition Information - Powder Unflavored

	100 Cal (5 fl oz, prepared as directed)		1000 mL (1.1 QT, prepared as directed)	
	Value	%RDI / %DV	Value	%RDI / %DV
Calories	100		676	
Volume, mL	148		1000	
Protein, g	2.07		14.07	
Fat, g	5.63		38.26	
Carbohydrate, g	10.4		70.7	
Water, g	133		899	
Linoleic Acid, mg	860		5844	
Vitamin A, IU	300		2038	
Vitamin D, IU	60		408	
Vitamin E, IU	1.5		10.2	
Vitamin K, mcg	8		54	
Thiamin (Vitamin B1), mcg	100		679	
Riboflavin (Vitamin B2), mcg	150		1019	
Vitamin B6, mcg	60		408	
Vitamin B12, mcg	0.25		1.70	
Niacin, mcg	1050		7135	
Folic Acid (Folacin), mcg	15		102	
Pantothenic Acid, mcg	450		3058	
Biotin, mcg	4.4		29.9	
Vitamin C (Ascorbic Acid), mg	9		61	
Choline, mg	16		109	
Inositol, mg	4.7		32	
Calcium, mg	78		530	
Calcium, mEq	3.9		26.3	
Phosphorus, mg	42		285	
Magnesium, mg	6		41	
Iron, mg	1.8		12.2	
Zinc, mg	0.75		5.10	
Manganese, mcg	5		34	
Copper, mcg	90		612	
Iodine, mcg	6		41	
Selenium, mcg	2		13.52	
Sodium, mg	24		163	
Sodium, mEq	1.04		7.1	
Potassium, mg	105		713	
Potassium, mEq	2.7		18.1	
Chloride, mg	65		442	
Chloride, mEq	1.8		12.4	

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Preparation

Powder

Your baby's health depends on carefully following these directions. Proper hygiene, handling and storage are important when preparing infant formula. Failure to follow these directions could result in severe harm. Ask your baby's doctor if you need to use cooled, boiled water for mixing and if you need to boil (sterilize) bottles, nipples and rings before use.

- 1 Wash your hands, surfaces and utensils.
- 1 Pour water into clean bottle (see mixing guide).
- 1 Add 1 unpacked level scoop (8.6 g) to each 2 fl oz of water.
- 1 Return dry scoop to holder in lid.
- 1 Cap bottle; shake well; attach nipple.
- 1 Once feeding begins, **use within 1 hour or discard.**

Powder Mixing Guide

Measure water	+	Add scoop(s) of <i>unpacked level powder</i> using enclosed scoop	=	Finished bottle (approx)
2 fl oz		1 scoop (8.6 g)		2 fl oz
4 fl oz		2 scoops		4 fl oz
6 fl oz		3 scoops		6 fl oz
8 fl oz		4 scoops		8 fl oz

Ready to Feed

Your baby's health depends on carefully following these directions. Failure to follow these directions could result in severe harm. Ask your baby's doctor if you need to boil (sterilize) bottle, nipple and ring before use.

2-fl-oz bottle

- 1 **Use as directed by a doctor.**
- 1 **Do not use if breakaway ring is missing or broken.**
- 1 Do not add water.
 - 1 Ready to feed formula if mixed with water may not provide proper nutrition, and repeated use of such feedings could cause illness.
- 1 Shake very well.
- 1 Twist off cap.
- 1 Twist on nipple and ring.
 - 1 Use clean hands to attach nipple and ring.
 - 1 Use sterile nipple and ring if directed.
- 1 Once feeding begins, **use within 1 hour or discard.**

1-QT bottle

- 1 **Do not use if band around cap or inner foil seal is damaged.**
- 1 Do not add water.
- 1 Shake very well before each use.
- 1 Remove protective band, twist off and clean cap.
- 1 Invert cap; press down to pierce foil, then turn cap a half turn.
- 1 Remove foil.
- 1 Pour formula into bottle; attach clean nipple.
- 1 Once feeding begins, **use within 1 hour or discard.**
- 1 Prepare and feed all formula from the 1 QT container **within 3 days after opening.**

Storage & Handling

Powder

- 1 Once mixed, store bottles in refrigerator and **feed to baby within 24 hours.**
- 1 Store unopened or opened container at room temperature; avoid extreme temperatures.
- 1 **Use opened container contents within 1 month.**
- 1 Do not reuse container.

Ready to Feed

2-fl-oz bottle

- 1 Avoid prolonged exposure of bottles to light.
- 1 Store unopened at room temperature; avoid extreme temperatures.

1-QT bottle

- 1 Once opened, store quart bottle in refrigerator.
- 1 Store prepared bottles in refrigerator and **feed to baby within 48 hours.**
- 1 Store unopened containers at room temperature; avoid extreme temperatures.
- 1 Do not reuse container.