

MOVEit Fitness App Project Pitch

Team 3



Background Research and Users' Needs

- Lockdown has shifted many people's active lifestyle to a minimal sedentary lifestyle
- We all know exercise increases endorphins which trigger **a positive feeling in the body**
- **We want to create an all-in-one mobile and Apple Watch app that people can use to maintain a healthy lifestyle**
- **Our app will incorporate the mental, physical and nutritional aspect of "healthy"**
- There are many companies such as the built-in fitness tracker as well as myFitnessPal that do this but each lacks one part or the other

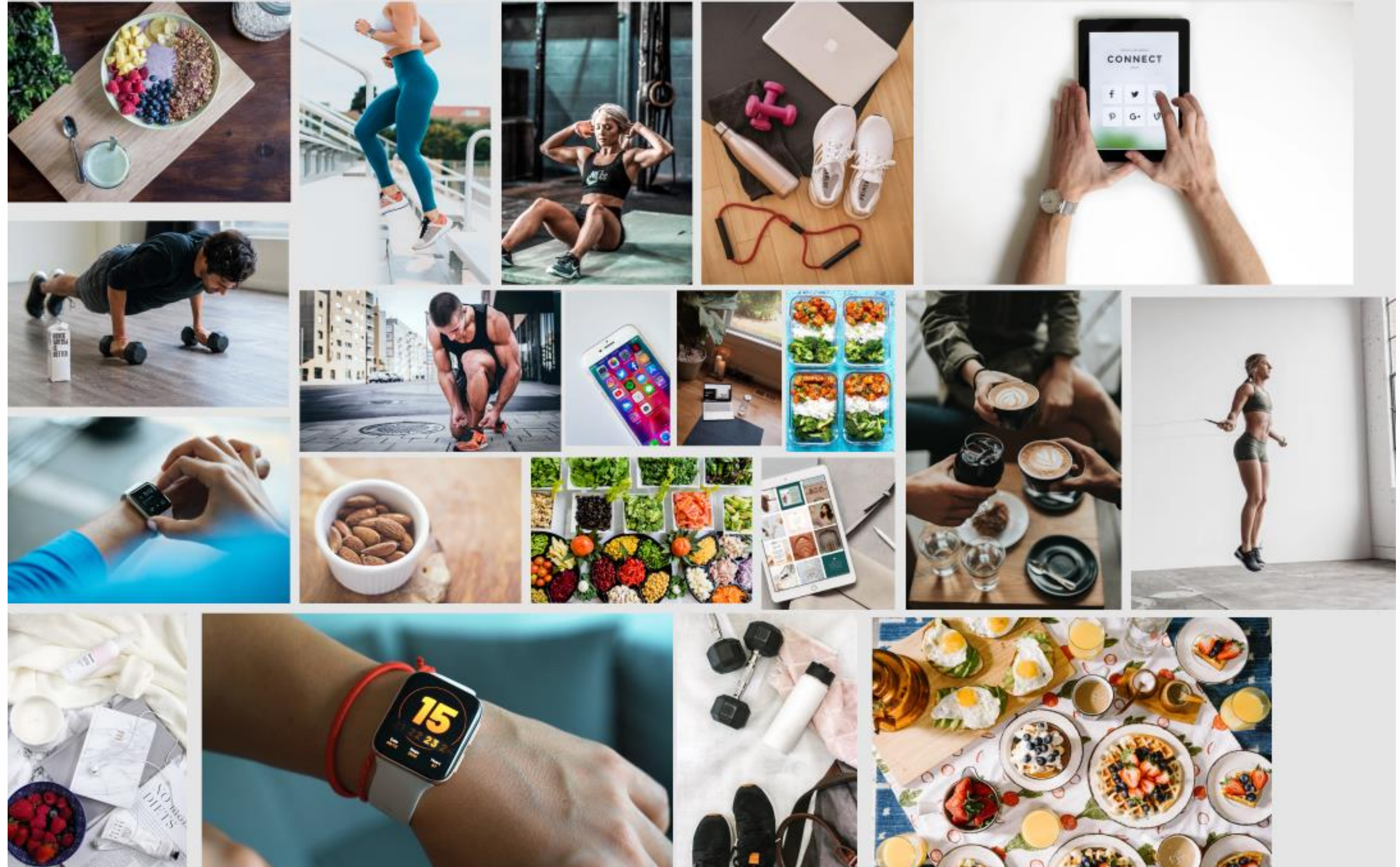
MoveIT and track how you move.



Nourish your body with healthy
and nutritious meals




Share your progress and engage in some healthy competition



Expected Prototype / Achievements

Welcome Page



Welcome to MOVEit


Your one-stop shop to everything health and fitness

[Get Started](#)

Already have an account? [Log in.](#)

Register


←



Create MOVEit Account

Full Name

Email Address

Password 

Age **Height** **Weight**

Gender

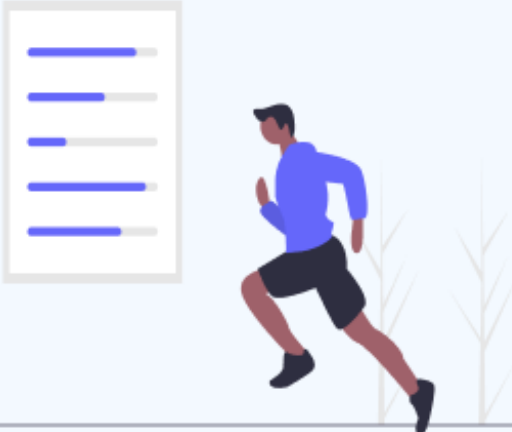
[Register](#) →


Login

←

Welcome Back, Jane

Let's get you moving!






[Forgot password? Reset.](#)

[Sign In](#)

Home Page

Welcome Jane



What would you like to do today?

Workout


Track your exercise, count your reps and set your goals here.

Food Plan

Add your meals, track your calories, and calculate your daily intake

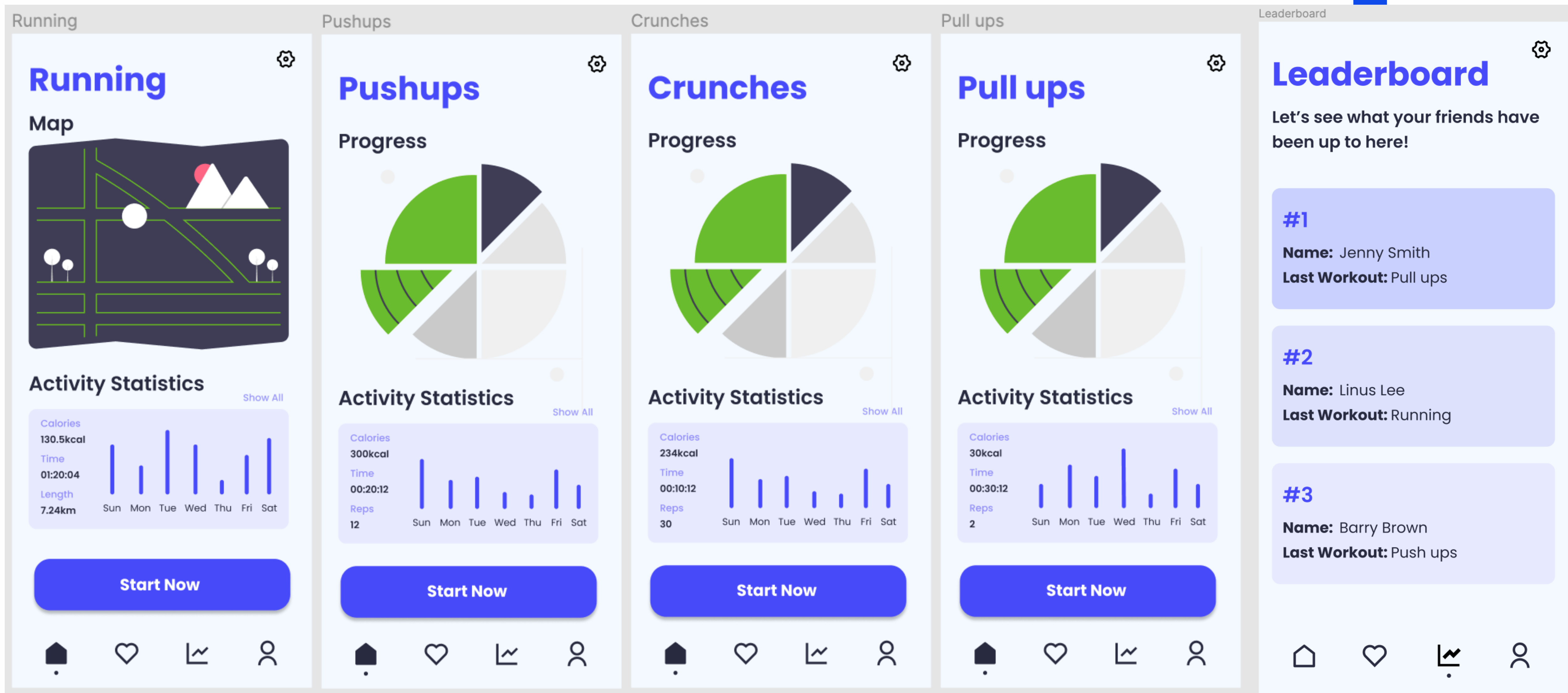
Social

Connect with your friends and track each other's progress



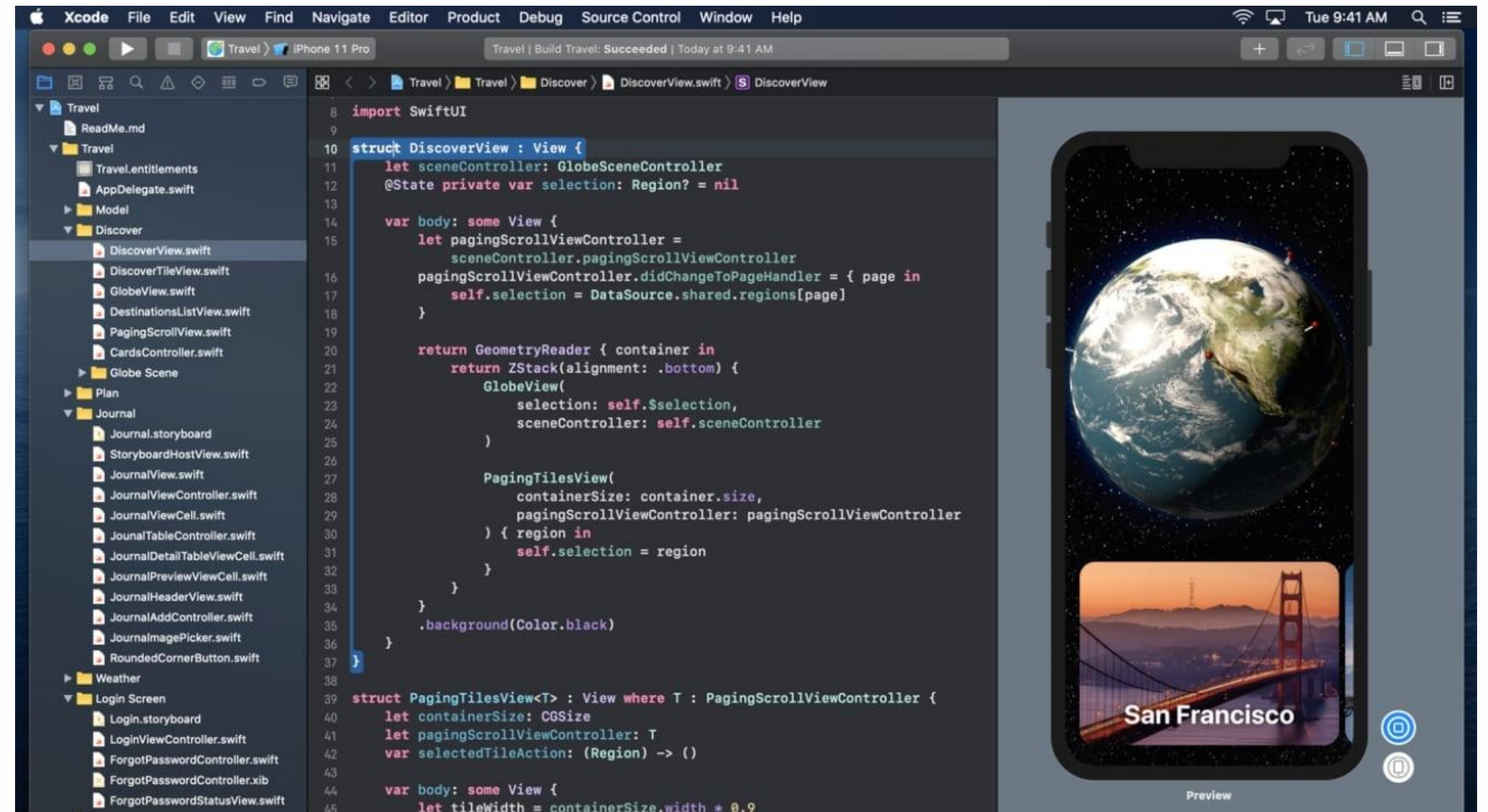
Expected Prototype / Achievements

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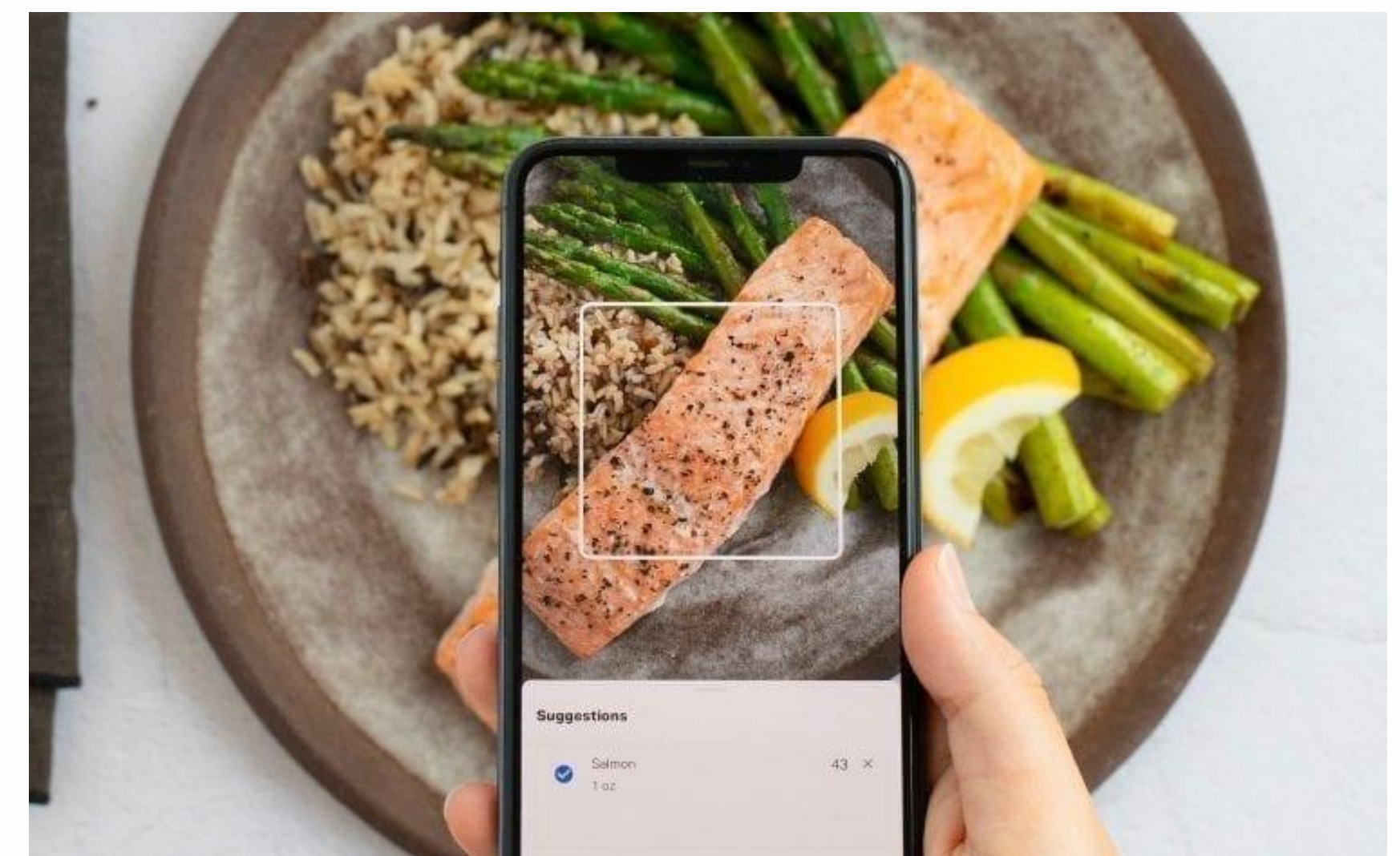
The Tech (Software)

- Xcode.
- Swift
- Firebase Database & Storage
- Google and Apple's Machine Learning Libraries



The Tech (Hardware)

- • Hardware capabilities
- Gyroscope in the iPhone.
- Apple Watch + iPhone
- Machine Learning & iPhone Lense



Project Timeline

Your Workspace boards

Assessment Tasks

Sprint 1 (4-5)

Sprint 2 (6-7)

Sprint 3 (STU - 9)

Sprint 4 (10-11)

Weekly Tasks

Wireframes

Create new board

Sprint 1	Sprint 2	Sprint 3	Sprint 4
23/08-05/09 (Week 4 – 5)	06/09-19/09 (Week 6 – 7)	20/09-10/10 (Week Stu – 9)	11/10-24-10 (Week 10 – 11)
<ul style="list-style-type: none">• Login• Sign Up• Home Page• Workout• Profile• Wireframes• Design Database (Firebase)• DEMO	<ul style="list-style-type: none">• Workout• Leaderboard• Assessing all work• Bugs are fixed• DEMO	<ul style="list-style-type: none">• Leaderboard• Food Tracking• Assessing all work• Bugs are fixed• DEMO	<ul style="list-style-type: none">• Food Tracking• Social• Assessing all work• Bugs are fixed• DEMO• FINALISING

Your Team and Members

- List the team members and their roles in this project
- Link the proposed achievements with your team members

Name	Role	Linked Achievements
Amaan Ansari (13216306)	Team Leader/Product Owner	Welcome Page + Face/Fingerprint ID
Tanzeem Syeda (13214933)	Scrum Master	Workout Progress Dashboard
David Bolis (13218060)	Lead Developer	Workouts Page
David De Angelis (12913873)	Developer	User Profile
Jaffar Rizvi (13215645)	Developer	Home Page
Jasmina Dang (13209756)	UI Designer/Developer	Log In + Sign Up + Wireframes
Ishita Verghese (13209921)	UI Designer/Developer	Sign Up + Wireframes
Jannat Gohar (13218793)	Developer	Forgot Password + Confirmation Email

Thank
you

Any
Questions?

