

## Workout Report - Chest

Set Energy (%)

1 75.00

2 69.00

3 63.48

4 58.40

5 53.73

6 49.43

7 45.48

8 41.84

9 38.49

10 35.41

11 32.58

12 29.97

13 27.57

14 25.37

15 23.34

16 21.47

17 19.75

18 18.17

19 16.72

20 15.38

21 14.15