



Day 1: Building and Running Advanced Workloads

Topic	Description
Optimize image building process	Introduction to Multi-Stage Builds Use cases for multi-stage builds Creating optimized Docker images for a Java Spring / Dotnet application Hands-on exercise: Creating Dockerfiles for building multi-stage Docker images for a Java Spring / Dotnet application
Data persistence and volume management	Understanding data persistence in Docker Working with volumes and bind mounts Docker data management best practices Hands-on exercise: Managing volumes and data in Docker containers
Advanced Docker Networking	Host network use-cases and scenarios Creating and managing multiple bridge networks Inter-container communication using custom networks Hands-on exercise: Configuring advanced Docker networking scenarios
Docker Compose	Introduction to Docker Compose Writing Docker Compose files for multi-container applications Orchestrating multi-container apps with Compose Hands-on exercise: Creating and running multi-container apps using Docker Compose

Multi Stage builds in Docker

What are Multi-Stage Builds? Anatomy of a Multi-Stage Dockerfile

Benefits of Multi-Stage Builds

Practical Example

Building Efficient Images

Use Cases

Security Considerations Tips and Tricks

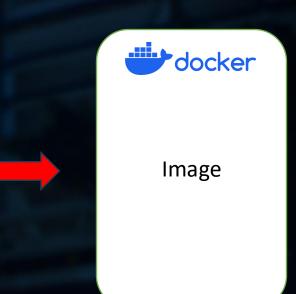
What are Multi-Stage Builds?

Multiple build stages

```
Dockerfile

# Build a single image

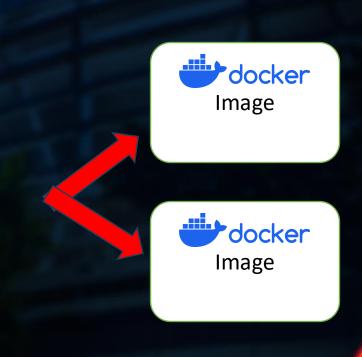
FROM base
COPY --from=development /app /app
RUN build_one_image
```



What are Multi-Stage Builds?

Multiple build stages

```
Dockerfile
# Stage 1: Build for development
FROM base as development
RUN build for development
# Stage 2: Final stage for production
FROM base as production
COPY --from=development /app /app
RUN build for production
```



Benefits of multi-stage builds

Smaller images

Faster Build images

Enhanced Security

Easier maintenance



Image

Benefits of multi-stage builds

Smaller images

Faster Build images

Enhanced Security

Easier maintenance









Common use-case scenarios

 Building applications that require complex dependencies, like compilers, libraries, or transpilers.

 Compiling code written in one language and running it in a different runtime environment.

 Creating production-ready images from source code and build artifacts.

```
# Stage 1: Build the Go application
FROM golang AS build
WORKDIR /app
COPY app.go .
RUN CGO_ENABLED=O GOOS=linux go build -o myapp app.go

# Stage 2: Run the compiled Go binary in a Ruby environment
FROM ruby:2.7
WORKDIR /app
COPY --from=build /app/myapp .
CMD ["ruby", "-e", "system('./myapp')"]
```

```
# Stage 1: Build the applications
FROM golang:1.17 AS go-build
WORKDIR /go-app
COPY main.go .
RUN CGO_ENABLED=O GOOS=linux go build -o myapp-go main.go
FROM openjdk:11 AS java-build
WORKDIR /java-app
COPY Main.java .
RUN javac Main.java
FROM gcc:11 AS cpp-build
WORKDIR /cpp-app
COPY main.cpp .
RUN g++ -o myapp-cpp main.cpp
# Stage 2: Create a smaller final stage
FROM alpine:3.14
WORKDIR /app
# Copy the compiled applications from the previous stages
COPY --from=go-build /go-app/myapp-go .
COPY --from=java-build /java-app/Main.class .
COPY --from=cpp-build /cpp-app/myapp-cpp .
# Set the entry point based on the application type
CMD ["/bin/sh", "-c", "./$(ls | grep myapp)"]
```

Compile and Package Applications

```
# Stage 1: Build the frontend assets
FROM node: 14 AS builder
WORKDIR /app
# Copy the package.json and package-lock.json to install dependencies
COPY package*.json ./
RUN npm install
# Copy the application source code
COPY . .
# Build the frontend assets using a build script (e.g., webpack)
RUN npm run build
# Stage 2: Create a smaller final stage
FROM nginx:alpine
WORKDIR /usr/share/nginx/html
# Copy the built frontend assets from the previous stage
COPY --from=builder /app/build/ .
# Nginx will serve the static assets
EXPOSE 80
CMD ["nginx", "-g", "daemon off;"]
```

```
my-frontend-app/

src/

package.json

package-lock.json

webpack.config.js
```

Building Frontend Assets

```
# Stage 1: Download and cache dependencies
FROM node:14 AS dependencies
WORKDIR /app
# Copy the package.json and package-lock.json to install dependencies
COPY package*.json ./
RUN npm install
# Stage 2: Create a smaller final stage
FROM node:14
WORKDIR /app
# Copy only the required files from the dependencies stage
COPY --from=dependencies /app/node_modules ./node_modules
COPY ./src ./src
# Set the command to run the application (adjust as needed)
CMD ["node", "src/index.js"]
```

Dependency Management

```
# Stage 1: Transpile TypeScript to JavaScript
FROM node:14 AS builder
WORKDIR /app
# Copy the package.json and package-lock.json to install dependencies
COPY package*.json ./
RUN npm install
# Copy the TypeScript source code
COPY . .
# Build the TypeScript code to JavaScript
RUN npm run build
# Stage 2: Create a smaller final stage
FROM node:14
WORKDIR /app
# Copy the transpiled JavaScript files from the previous stage
COPY --from=builder /app/dist/ .
# Set the command to run the application (adjust as needed)
CMD ["node", "index.js"]
```

```
my-typescript-app/

src/

package.json

tsconfig.json
```

Language Transpilation

```
# Stage 1: Build Service 1
FROM node:14 AS service1-builder
WORKDIR /app
# Copy the package.json and package-lock.json to install dependencies
COPY package*.json ./
RUN npm install
# Copy the Service 1 source code
COPY src/ .
# Build Service 1 (e.g., transpile TypeScript, compile binaries, etc.)
RUN npm run build
# Stage 2: Create a smaller final stage for Service 1
FROM node:14
WORKDIR /app
# Copy only the required files for Service 1 from the builder stage
COPY --from=service1-builder /app/node_modules ./node_modules
COPY --from=service1-builder /app/dist ./dist
# Set the command to run Service 1 (adjust as needed)
CMD ["node", "dist/index.js"]
```

```
# Stage 1: Build Service 2
FROM python:3.8 AS service2-builder
WORKDIR /app
# Copy the Service 2 source code
COPY . .
# Build Service 2 (e.g., compile, generate assets, etc.)
RUN python build.py
# Stage 2: Create a smaller final stage for Service 2
FROM python:3.8
WORKDIR /app
# Copy only the required files for Service 2 from the builder stage
COPY -- from = service 2-builder /app/build ./build
# Set the command to run Service 2 (adjust as needed)
CMD ["python", "build/main.py"]
```

Multi-component Applications

Cross-Compiling

Install Buildx
docker buildx create --use
docker buildx inspect --bootstrap
Build for multiple platforms
docker buildx build --platform linux/amd64,linux/arm64 -t your-image-name:tag .

Complex Dependency Management

```
FROM golang:1.16 AS builder

WORKDIR /app
COPY go.mod .

COPY go.sum .

RUN go mod download

COPY . .

RUN CGO_ENABLED=0 GOOS=linux go build -o myapp .

FROM scratch
COPY --from=builder /app/myapp /myapp
CMD ["/myapp"]
```

Artifact Testing

Optimized Image Layers

```
FROM node:14 as builder
```

WORKDIR /app

COPY . .

RUN npm install RUN npm run build

FROM nginx:alpine

COPY --from=builder /app/dist /usr/share/nginx/html

Custom Build Environments

```
# Dockerfile.build
FROM node:14 as builder
WORKDIR /app
COPY . .
RUN npm install
RUN npm run build

# Main Dockerfile
FROM nginx:alpine
COPY --from=builder /app/dist /usr/share/nginx/html
```

Multi-Service Integration

Security Hardening

FROM node:14 as builder
WORKDIR /app
COPY . .
RUN npm install
RUN npm run build

FROM nginx:alpine
COPY --from=builder /app/dist /usr/share/nginx/html

Additional security measures
RUN adduser -D nonrootuser
USER nonrootuser

Anatomy of a multi-stage Dockefile

```
# Stage 1: Build
                                                  # Run tests
FROM base image AS build
                                                  RUN some test command
# Set working directory
                                                  # Stage 3: Final
WORKDIR /app
                                                  FROM base image AS final
# Copy source code to the container
                                                  # Copy artifacts from the build and test stages
COPY src/ .
                                                  COPY --from=build /app/build /app/build
                                                  COPY --from=test /app/test results
                                                  /app/test results
# Run build commands
RUN some build command
                                                  # Configure the runtime environment
                                                  ENV ENV VARIABLE=value
# Stage 2: Test
FROM base image AS test
                                                  # Define the entry point
                                                  CMD ["app executable"]
# Copy artifacts from the build stage
```

COPY --from=build /app/build /app/build

Benefits of a Multi-stage Dockerfile



Practical Example on multi stage Dockerfiles

Single-Stage Dockerfile: Multi-Stage Dockerfile: # Use a Java base image # Stage 1: Build FROM openjdk:11 FROM openjdk:11 AS build # Set the working directory # Set the working directory WORKDIR /app WORKDIR /app # Copy the Java source code to the container # Copy the Java source code to the container COPY my-java-app/ . COPY my-java-app/ . # Compile the Java application # Compile the Java application RUN javac HelloWorld.java RUN javac HelloWorld.java # Run the application CMD ["java", "HelloWorld"] # Stage 2: Final FROM openjdk:11 # Set the working directory WORKDIR /app # Copy the compiled application from the build stage COPY -- from = build /app/HelloWorld.class . # Run the application CMD ["java", "HelloWorld"]

Building efficient images

Organizing and Ordering Stages

Copy Only Necessary Files Use Build Arguments and Build Context

Clean Up in Each Stage

Security Considerations

When to use multi-stage builds

Building Python Applications Web Servers Microservices Golang Applications .NET Applications **Cross-Compiling and Multi-Architecture Support Dependency-Heavy Applications**

When NOT to use multi-stage builds

Simple and Lightweight Applications

Monolithic Applications

Rapid Prototyping and Development

Security Considerations

Reduced Attack Surface
Isolation of dependencies
Temporary Build Containers
Implement Access Control
Scan for Vulnerabilities
Keep Dockerfiles Clean
Avoid Secrets in Dockerfiles
Secure Docker Hosts
Implement Network Security

- 1. Use Build Arguments
- 2. Conditional Stages
- 3. Leverage .dockerignore
- 4. Caching Optimization
- 5. Use Multi-architecture Support
- **6. Combine Multiple COPY Commands**
- 7. Use .dockerignore to Optimize Copying
- 8. Minimize Commands and Layer Sizes

Use Build Arguments

Dockerfile
ARG BASE_IMAGE=alpine:latest

FROM \$BASE_IMAGE as builder # Build stage commands

FROM another-image:latest # Final stage commands

docker build --build-arg BASE_IMAGE=nginx:latest -t my-custom-image:tag .

Conditional Stages

```
# Dockerfile
FROM base-image as builder
# Build stage commands

# Only include the test stage if the TEST_BUILD argument is set
FROM tester-image as tester
ARG TEST_BUILD
RUN [ "$TEST_BUILD" = "true" ] && run_tests_command || echo "Tests skipped"
FROM production-image:latest
# Final stage commands
```

docker build --build-arg TEST_BUILD=true -t my-image-with-tests:tag .

Caching Optimization

```
# Dockerfile
FROM base-image as builder
WORKDIR /app
COPY . .
RUN npm install

FROM base-image
WORKDIR /app
COPY --from=builder /app/node_modules ./node_modules
COPY . .
CMD ["npm", "start"]
```

Use Multi-architecture Support

```
docker buildx create --use
docker buildx build --platform linux/amd64,linux/arm64 -t multi-arch-image:tag .
```

Combine Multiple COPY Commands

```
# Dockerfile
FROM base-image as builder
WORKDIR /app
COPY file1 .
COPY file2 .
COPY file3 .
# Combine multiple COPY commands into one
COPY file4 file5 file6 .

FROM final-image
COPY --from=builder /app /app
```

Use .dockerignore to Optimize Copying

```
# .dockerignore
node_modules
*.log
secret-key
```

Minimize Commands and Layer Sizes

```
# Dockerfile
FROM base-image as builder
WORKDIR /app
COPY . .
RUN npm install && npm run build

FROM final-image
WORKDIR /app
COPY --from=builder /app/dist ./dist
CMD ["npm", "start"]
```

Data Persistance

Data Integrity

Continuous Availability

Data Durability

Data Recovery

Challenges of Data Persistance

Ephemeral Containers

File System Isolation

Data Lifecycle

Need for data durability



Data Handling in Containers

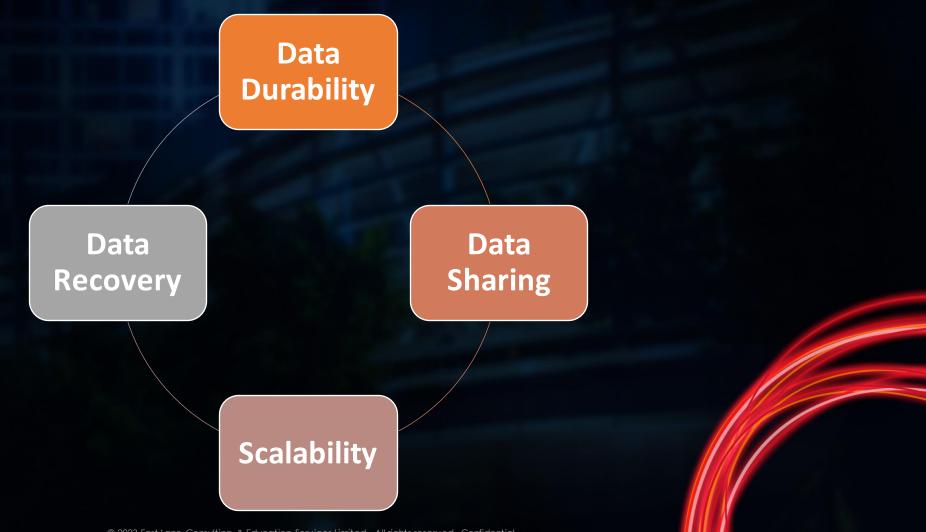
Ephemeral Nature of Container File Systems

Data Inside Containers

Data Handling in Containers



Storing Important Data in Containers Is Generally Discouraged



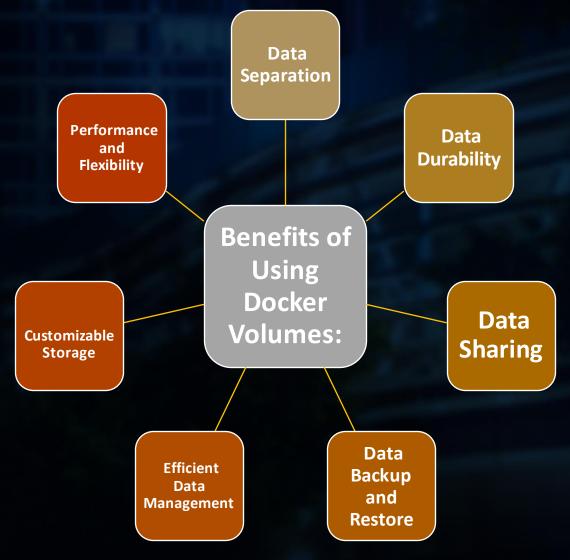


Docker Volumes

Types of Docker Volumes Named Volumes

Anyonymous volumes

Docker Volumes



Bind mounts

Binding Host Directory

docker run -v /host/directory:/container/directory -d my-container

Data Accessibility

```
# Host side
echo "Host Data" > /host/directory/data.txt
# Container side
cat /container/directory/data.txt
```

No Volume Creation

docker run -v /host/data:/container/data -d my-container

When are bind mounts preffered?

Development and Testing

Local File Access

Application Code Hot Reloading

Configuration Overrides

Sharing Data with Host

Database Data Persistence

Legacy Applications

Using tmpfs Mounts in Docker:

In-Memory Storage

Speed and Efficiency

Limited Capacity

Scenarios Where tmpfs Mounts Are Useful

Cache Storage

High-Speed Data Processing

Temporary Workspaces

Optimizing I/O

Performance Benchmarks

Security and Isolation

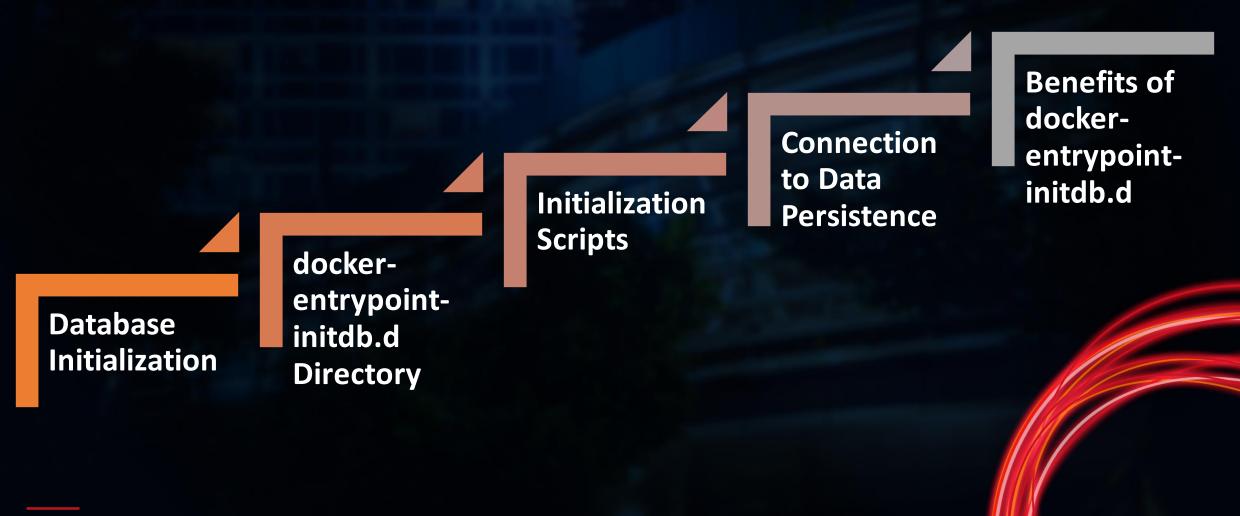
Docker Data Management best practices



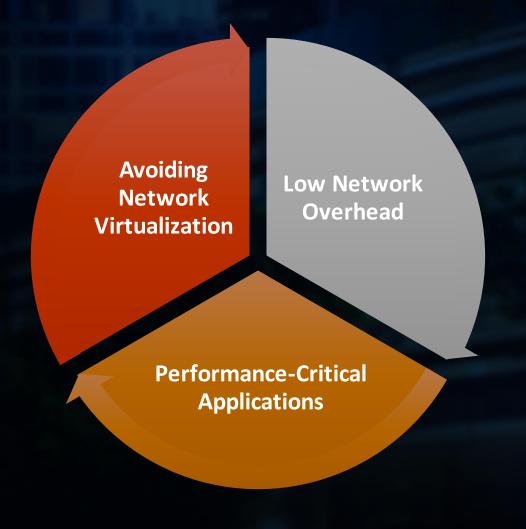
Docker Data management best practices



How to create a preloaded database?



Host Network Use Cases and Scenarios



Benefits and Drawbacks

Benefits of Host Networking

Reduced Network Overhead

Low Latency

Direct Access to Network Hardware

Drawbacks of Host Networking

Security and Isolation

Port Conflicts

Limited Portability

Creating and managing multiple bridge networks in Docker Networking

Understanding Bridge Networks

Docker default bridge network Custom bridge network

Creating and managingi multiple bridge networks in Docker Networking

Creating Custom Bridge Networks

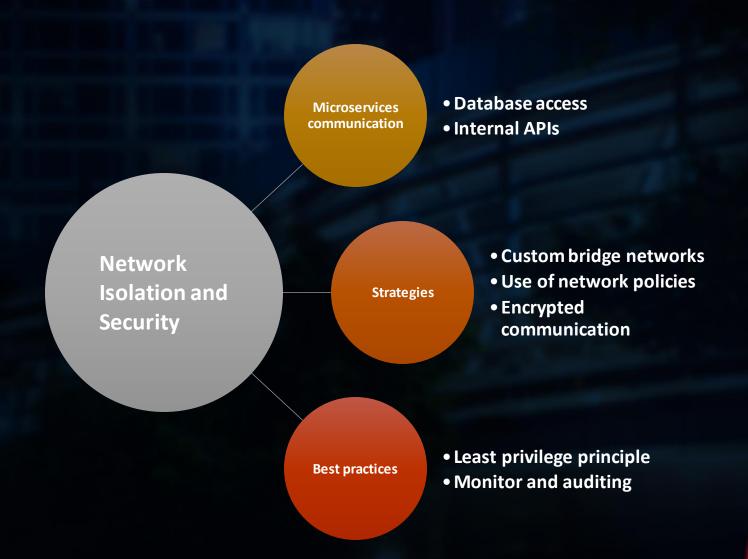
docker network create --driver bridge my_custom_network

docker network create --driver bridge --subnet 172.18.0.0/16 --gateway 172.18.0.1 my_custom_network

docker run --name my_container --network my_custom_network -d nginx

docker network create --driver bridge --label environment=production --label team=backend my_custom_network

Inter-Container Communication using Custom Networks



Inter-Container Communication using Custom Networks

Connecting containers to custom bridge networks

```
docker run -d --name container1 --network mynetwork myapp
docker run -d --name container2 --network mynetwork myapp
```

Port mapping and exposing services

docker run -d --name webapp --network mynetwork -p 8080:80 mywebapp

Considerations

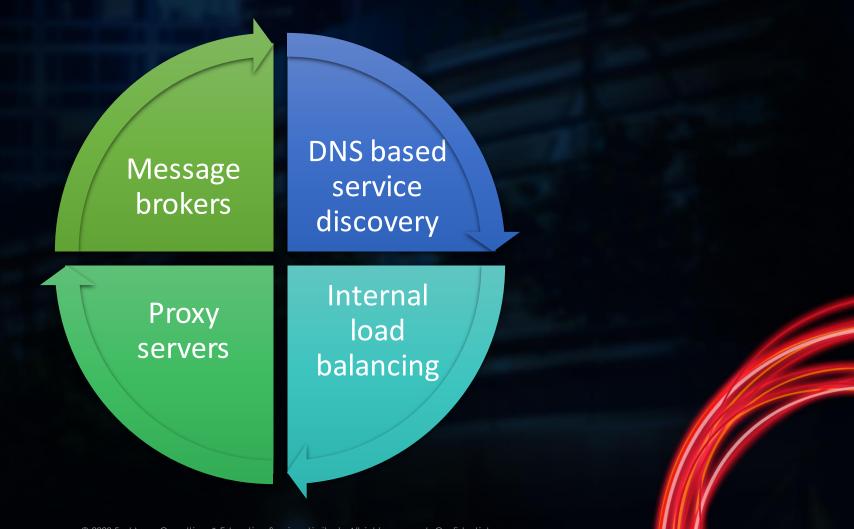
Container naming

Dynamic IP assignment

Port collision prevention

Network scoping

Inter-Container Communication using Custom Networks



Advanced Networking Tools and Plugins in Docker Networking



Advanced Networking Tools and Plugins in Docker Networking







Introduction to Docker Compose

Key features
Declarative
definition

Declarative definition

Benefits

Orchestration

Orchestration and automation

Dev&Test

Simplicity

Rapid stack setup

Local environments

Simplifying multi-container application

Use of YAML file

Declarative Configuration

Collaboration

Introduction to Docker Compose

```
version: '3' # Docker Compose file version
services: # List of services in the application
            # Service named 'web'
 web:
    image: nginx:latest # Docker image to use for the 'web' service
    ports:
     - "8080:80" # Map port 8080 on the host to port 80 on the container
            # Service named 'db'
  db:
    image: postgres:latest # Docker image to use for the 'db' service
    environment:
      POSTGRES DB: mydatabase # Environment variable for database name
      POSTGRES USER: user
                              # Environment variable for database user
      POSTGRES_PASSWORD: password # Environment variable for database password
            # Definition of networks for inter-service communication
networks:
 mynetwork: {} # Network named 'mynetwork'
volumes:
            # Definition of volumes for data persistence
 myvolume: {} # Volume named 'myvolume'
```

Introduction to Docker Compose

```
docker-compose up
docker-compose up -d
docker-compose down
docker-compose build
docker-compose up -d --scale service_name=3
docker-compose logs
docker-compose exec service_name command
```

```
version: '3' # Docker Compose file version
services: # List of services in the application
            # Service named 'web'
 web:
    image: nginx:latest # Docker image to use for the 'web' service
    ports:
     - "8080:80" # Map port 8080 on the host to port 80 on the container
            # Service named 'db'
  db:
    image: postgres:latest # Docker image to use for the 'db' service
    environment:
      POSTGRES DB: mydatabase # Environment variable for database name
      POSTGRES USER: user
                              # Environment variable for database user
      POSTGRES_PASSWORD: password # Environment variable for database password
            # Definition of networks for inter-service communication
networks:
 mynetwork: {} # Network named 'mynetwork'
            # Definition of volumes for data persistence
volumes:
 myvolume: {} # Volume named 'myvolume'
```





Defining and Configuring Services

Service Dependencies

Scaling Services

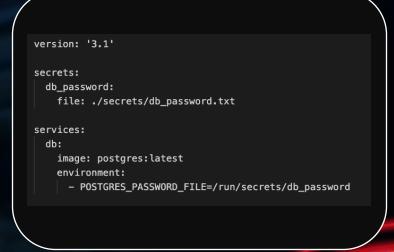


Defining custom networks

Defining volumes



```
version: '3'
services:
  web:
  image: nginx:latest
  ports:
    - "${NGINX_PORT:-80}:80"
```



Setting environment variables

Variable substitution

Managing secrets

Orchestrating Multi-Container Apps with Compose

services: | web: | image: nginx:latest | depends_on: | - db

Service Dependencies

- Depends on
- Healthcheck

```
services:
  web:
   image: nginx:latest
  healthcheck:
    test: ["CMD", "curl", "-f", "http://localhost"]
   interval: 1s
   timeout: 3s
   retries: 10
```

Scaling services

```
version: '3'

services:
    web:
    image: nginx:latest
    scale: 3
```

Orchestrating Multi-Container Apps with Compose



Docker Security best practices

- 1. Understanding container security challenges
- 2. Running containers with rootless access
- 3. Securing the container runtime environment

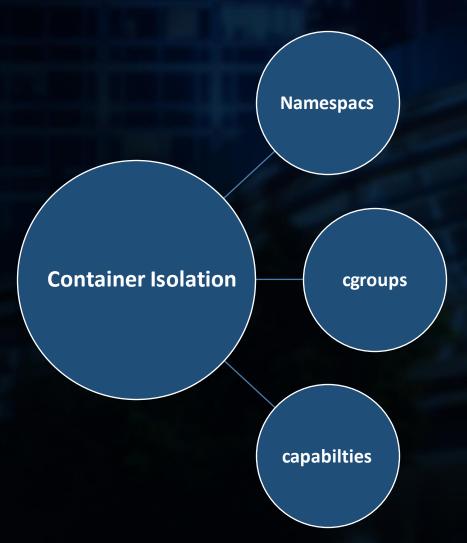


Image Security:



•Security Vulnerabilities:



•Resource Management:



Running containers with rootless access

Root User Risk

Priviledge escalation

File-system manipulation

Resource Exhaustion

Running containers with rootless access

Rootles containers

non-privileged users Reduced attack surface

Improved isolation

Running containers with rootless access

UID mapping

User Namespaces: Privilege separation

Rootless containers w/ user namespaces

Container runtimes

Selecting secure runtimes

Security features

Seccomp and AppArmor

Security profiles

Configuration and enforcement

Least privilege principle

Limiting capabilities

Access to Sensitive Host directories

Container Networking

Network Security

Isolation

Runtime security scanning

Runtime scanning tools

Realtime insights

Security Auditing and Monitoring

Continuos monitoring

Security event tracking

Using minimal base images for enhanced security

Minimal Base Images Advantages of Minimal Base Images

Using minimal base images for enhanced security

Best Practices for Selecting Minimal Base Images

Creating Minimal Custom Images

Alpine Linux

Official images

Scratch image

Implementing image scanning for vulnerabilities

Image Scanning Defined

Image Scanning Tools Importance of Image Scanning

Implementing image scanning for vulnerabilities

Continuous
Integration/Continuous
Deployment (CI/CD)
Integration

Actionable Outcomes

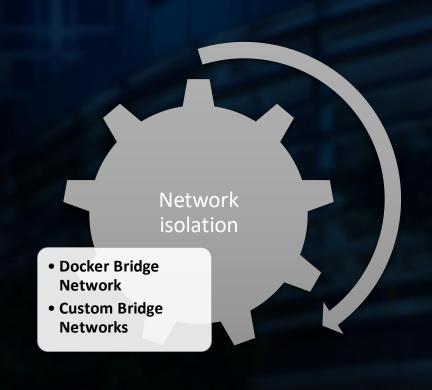
Registries and Repository Scanning

Inter-Container Communication and Secrets

Managing secrets and sensitive data in Docker

- The Importance of Securing Secrets:
- Environment Variables:
- Docker Secret Management:
- Swarm and Kubernetes Secret Management:
- External Secret Management Tools:
- Volume Mounting:
- Access Control and Auditing:
- Rotating Secrets:
- Encrypted Communication:

Secure inter-container communication techniques

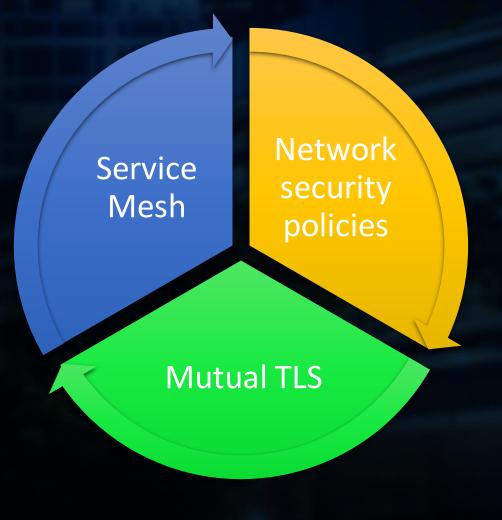


Secure inter-container communication techniques

Use of environment varibles

Container names and DNS resolutions

Secure inter-container communication techniques



Managing secrets and sensitive data in Docker

Securing secrets

Envrionment Variables

Docker Secret Manager

Managing secrets and sensitive data in Docker

Swarm and Kubernetes Secret Management External Secret
Management
Tools

Volume Mounting

Managing secrets and sensitive data in Docker

Access Control and Auditing



Rotating Services



Encrypted communication



Overview of Docker security tools







SCOUT

Overview of Docker security tools

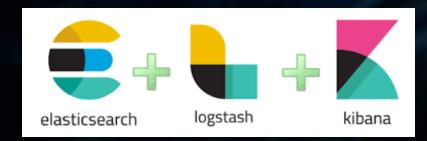






BENCH

Implementing security auditing and monitoring







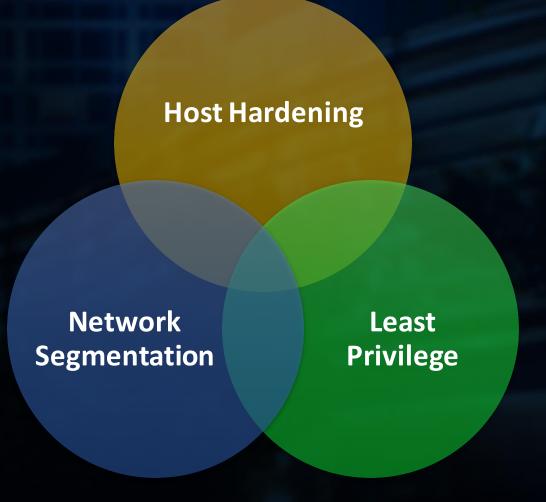
Implementing security auditing and monitoring



Implementing security auditing and monitoring



Best practices for securing Docker in production



Best practices for securing Docker in production



Best practices for securing Docker in production

Security Policies

Education and Training

Incident Response Plan

Introduction to Docker monitoring

Key Metrics to Monitor

- Resource Usage (CPU and Memory
- Container Health
- Network Activity
- Security Events
- I/O Metrics
- Application-Specific Metrics

Challenges of Container Monitoring

- Ephemeral Nature
- Dynamic Scaling
- Real-Time Visibility
- Container Network Complexity
- Data Collection Overhead













Understanding Container Performance

Resource Limits and Reservations

Resource allocation

Resource contention

Resource limits

Container Performance Management





Load Balancing



Caching and Acceleration

Microservices Optimization



Continuous Performance Testing



