Codebook for **male\_do\_eating.sav**

**Dataset structure**

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| **Col #** | **Variable Name** | **Variable description** | **Variable value** |
| 1 | *OE\_frequency* | Frequency of overeating episodes | Integer count value (range: 0-29) |
| 2 | *EDEQ\_restraint* | Mean dietary restraint score | Range: 0-6, higher score = higher restraint |
| 3 | *EDS\_total* | Exercise dependence symptoms | Scores added across sub-scales (range: 21-126), higher score = more exercise dependence |
| 4 | *BMI* | Body mass index in kg/m-squared | Range: 7.89 – 57.20 |
| 5 | *age\_year* | Total years of age | Range: 18-30 |
| 6 | *Income\_group* | Income group | 1 = less than $19,999/year  2 = $20 – 29,999/year  3 = $30 – 39,999/year  4 = $40 – 49,999/year  5 = $50 – 59,999/year  6 = $60 – 69,999/year  7 = $70 – 79,999/year  8 = $80 – 89,999/year  9 = $90 - 99,999/year  10 = $100 – 149,999/year  11 = $150,000+/year |

**Sample size**

1114 18-30 year-old, English-speaking males, living in the United States and identifying as White/Caucasian, African American, Hispanic/Latino, or Asian-American, recruited by Qualtrics Panels.