

https://my-fitness-friend-2-48df58802784.herokuapp.com/store/











Performance

Accessibility

Best Practices

**SEO** 

PWA



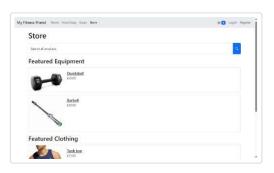
# Performance

Values are estimated and may vary. The <u>performance score</u> is <u>calculated</u> directly from these metrics. <u>See calculator.</u>

0-49

50-89

90-100



METRICS Expand view

First Contentful Paint

0.6 s

Largest Contentful Paint

0.9 s

Total Blocking Time

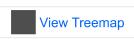
0 ms

Cumulative Layout Shift

0.233

Speed Index

0.6 s





Show audits relevant to: All FCP LCP TBT CLS

DIAGNOSTICS

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Avoid large layout shifts — 2 layout shifts found Serve images in next-gen formats — Potential savings of 78 KiB Properly size images — Potential savings of 157 KiB Reduce unused JavaScript — Potential savings of 20 KiB Image elements do not have explicit width and height Enable text compression — Potential savings of 4 KiB Serve static assets with an efficient cache policy — 5 resources found Eliminate render-blocking resources — Potential savings of 20 ms Reduce unused CSS — Potential savings of 30 KiB Initial server response time was short — Root document took 50 ms Avoids enormous network payloads — Total size was 421 KiB Avoids an excessive DOM size — 72 elements Avoid chaining critical requests — 6 chains found JavaScript execution time - 0.0 s Minimizes main-thread work — 0.2 s Minimize third-party usage — Third-party code blocked the main thread for 0 ms Largest Contentful Paint element - 940 ms More information about the performance of your application. These numbers don't directly affect the Performance score. PASSED AUDITS (22) Show



These checks highlight opportunities to improve the accessibility of your web app. Automatic detection can only detect a subset of issues and does not guarantee the accessibility of your web app, so manual testing is also encouraged.

#### CONTRAST

■ Background and foreground colors do not have a sufficient contrast ratio.

These are opportunities to improve the legibility of your content.

ADDITIONAL ITEMS TO MANUALLY CHECK (10)

Show

These items address areas which an automated testing tool cannot cover. Learn more in our guide on conducting an accessibility.

review.

PASSED AUDITS (16)

Show



## **Best Practices**

### TRUST AND SAFETY

Ensure CSP is effective against XSS attacks	~
GENERAL	
Detected JavaScript libraries	~
PASSED AUDITS (14)	Show
NOT APPLICABLE (1)	Show

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These checks ensure that your page is following basic search engine optimization advice. There are many additional factors Lighthouse does not score here that may affect your search ranking, including performance on <a href="Core Web Vitals">Core Web Vitals</a>. Learn more about Google Search Essentials.

ADDITIONAL ITEMS TO MANUALLY CHECK (1)

Run these additional validators on your site to check additional SEO best practices.

PASSED AUDITS (10)

Show

NOT APPLICABLE (4)

As per <u>Chrome's updated Installability Criteria</u>, Lighthouse will be deprecating the PWA category in a future release. Please refer to the <u>updated PWA documentation</u> for future PWA testing.



### **PWA**

These checks validate the aspects of a Progressive Web App. <u>Learn what</u> <u>makes a good Progressive Web App</u>.

#### **INSTALLABLE**

▲ Web app manifest or service worker do not meet the installability requirements — 1 reason

> PWA OPTIMIZED

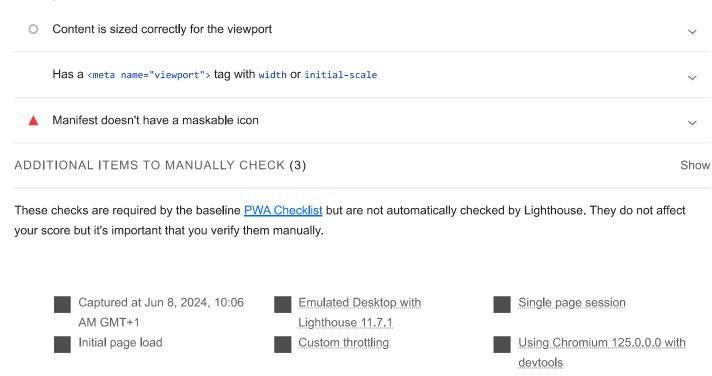
Is not configured for a custom splash screen

Failures: Manifest does not have a PNG icon of at least 512px, Manifest does not have `background\_color`, Manifest does not have `theme\_color`, Manifest does not have `name`.

Does not set a theme color for the address bar.

Failures: Manifest does not have `theme\_color`, No `<meta name="theme-color">` tag found.

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