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## Keep it simple! How to understand Gradient Descent algorithm



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In Data Science, Gradient Descent is one of the important and difficult concepts. Here we explain this concept with an example, in a very simple way. Check this out.

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By Jahnvi Mahanta.



Source: [dilbert.com](#)

When I first started out learning about machine learning algorithms, it turned out to be quite a task to gain an intuition of what the algorithms are doing. Not just because it was difficult to understand all the mathematical theory and notations, but it was also plain boring. When I turned to online tutorials for answers, I could again only see equations or high level explanations without going through the detail in a majority of the cases.

It was then that one of my data science colleagues introduced me to the concept of working out an algorithm in an excel sheet. And that worked wonders for me. Any new algorithm, I try to learn it in an excel at a small scale and believe me, it does wonders to enhance your understanding and helps you fully appreciate the beauty of the algorithm.

Let me explain to you using an example.

Most of the data science algorithms are optimization problems and one of the most used algorithms to do the same is the Gradient Descent Algorithm.

Now, for a starter, the name itself Gradient Descent Algorithm may sound intimidating, well, hopefully after going through this post, that might change.

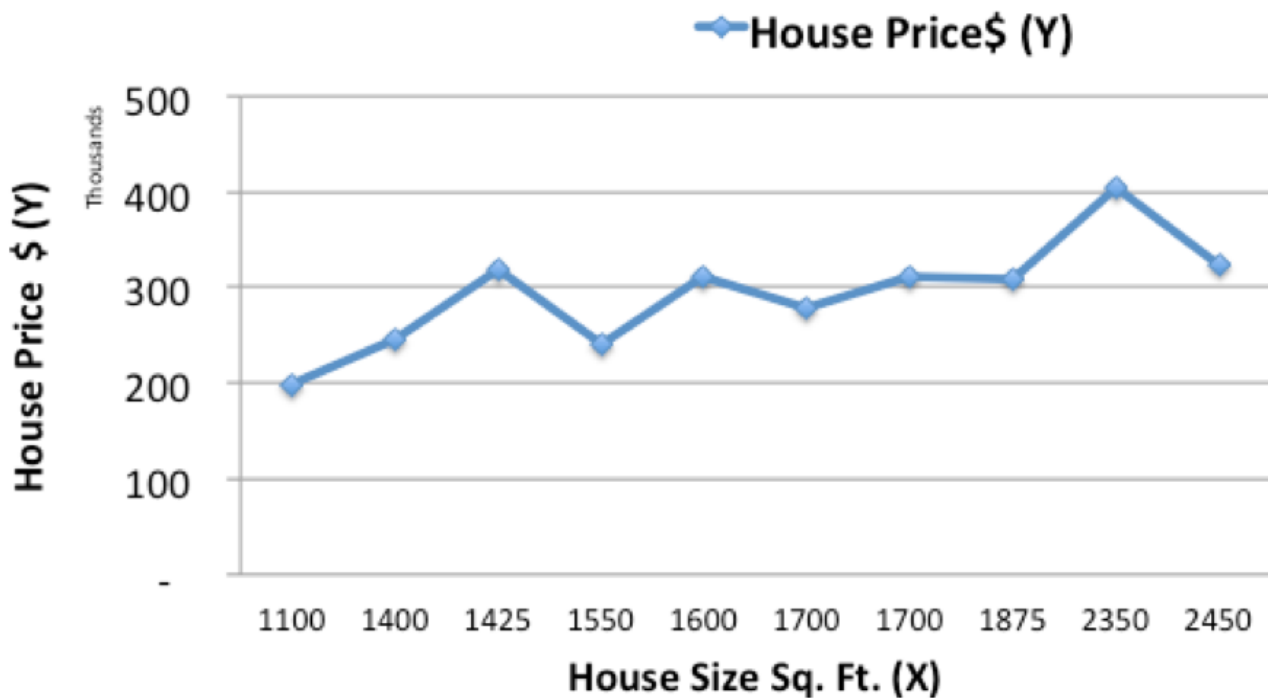
Let's take the example of predicting the price of a new house from housing data:

Now, given **historical housing data**, the task is to create a model that predicts the price of a new house given the house size.

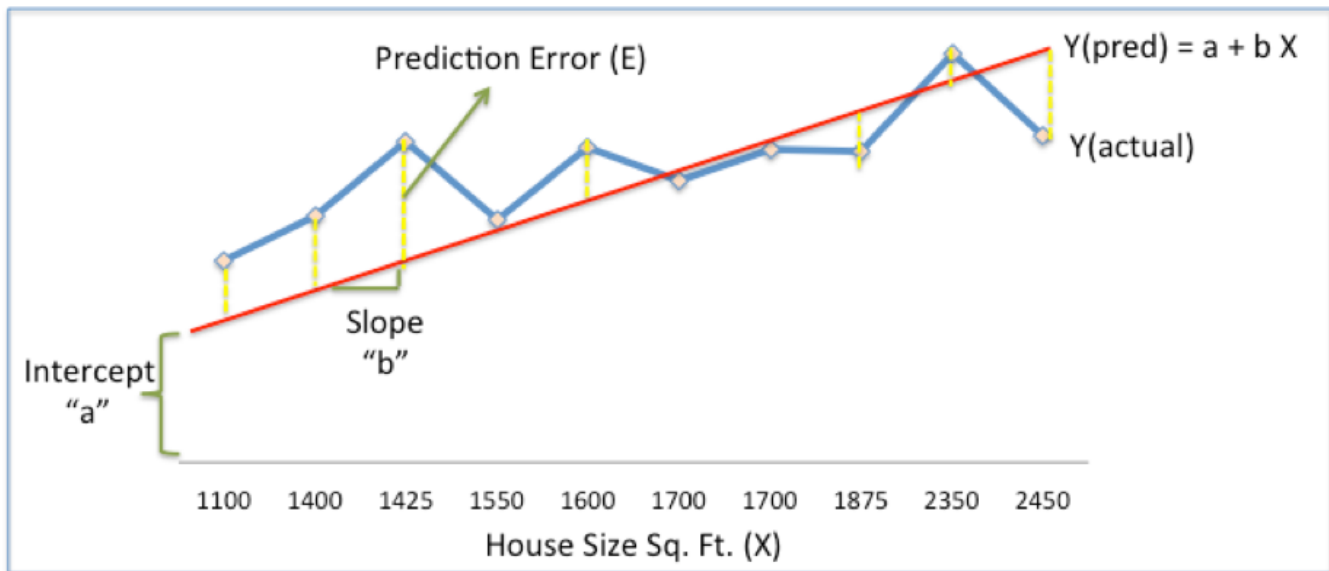
House Size sq.ft (X)	1400	1600	1700	1875	1100	1550	2350	2450	1425	1700
House Price\$ (Y)	245,000	312,000	279,000	308,000	199,000	219,000	405,000	324,000	319,000	255,000

The task – for a new house, given its size (X), what will its price (Y) be?

Let's start off by plotting the historical housing data:



Now, we will use a simple linear model, where we fit a line on the historical data, to predict the price of a new house ( $Y_{pred}$ ) given its size (X)



In the above chart, the red line gives the predicted house price ( $Y_{pred}$ ) given house size ( $X$ ).

$$Y_{pred} = a + bX$$

The blue line gives the actual house prices from historical data ( $Y_{actual}$ )

The difference between  $Y_{actual}$  and  $Y_{pred}$  (given by the yellow dashed lines) is the prediction error ( $E$ )

So, we need to find a line with optimal values of  $a, b$  (called weights) that best fits the historical data by reducing the prediction error and improving prediction accuracy.

So, our objective is to find optimal  $a, b$  that minimizes the error between actual and predicted values of house price (1/2 is for mathematical convenience since it helps in calculating gradients in calculus)

$$\text{Sum of Squared Errors (SSE)} = \frac{1}{2} \text{Sum} (\text{Actual House Price} - \text{Predicted House Price})^2$$

$$= \frac{1}{2} \text{Sum}(Y - Y_{pred})^2$$

(Please note that there are other measures of Error. SSE is just one of them.)

This is where Gradient Descent comes into the picture. Gradient descent is an optimization algorithm that finds the optimal weights ( $a, b$ ) that reduces prediction error.

Lets now go step by step to understand the **Gradient Descent algorithm**:

**Step 1:** Initialize the weights( $a$  &  $b$ ) with random values and calculate Error (SSE)

**Step 2:** Calculate the gradient i.e. change in SSE when the weights ( $a$  &  $b$ ) are changed by a very small value from their original randomly initialized value. This helps us move the values of  $a$  &  $b$  in the direction in which SSE is minimized.

**Step 3:** Adjust the weights with the gradients to reach the optimal values where SSE is minimized

**Step 4:** Use the new weights for prediction and to calculate the new SSE

**Step 5:** Repeat steps 2 and 3 till further adjustments to weights doesn't significantly reduce the Error

We will now go through each of the steps in detail (I worked out the steps in excel, which I have pasted below). But before that, we have to standardize the data as it makes the optimization process faster.

HOUSING DATA	
House Size (X)	House Price (Y)
1,100	1,99,000
1,400	2,45,000
1,425	3,19,000
1,550	2,40,000
1,600	3,12,000
1,700	2,79,000
1,700	3,10,000
1,875	3,08,000
2,350	4,05,000
2,450	3,24,000

Min-Max Standardization	
X (X-Min/Max-min)	Y (Y-Min/Max-Min)
0.00	0.00
0.22	0.22
0.24	0.58
0.33	0.20
0.37	0.55
0.44	0.39
0.44	0.54
0.57	0.53
0.93	1.00
1.00	0.61

**Step 1:** To fit a line  $Y_{pred} = a + bX$ , start off with random values of a and b and calculate prediction error (SSE)

a	b	X	Y	YP=a+bX	SSE=1/2(Y-YP)^2
0.45	0.75	0.00	0.00	0.45	0.101
		0.22	0.22	0.62	0.077
		0.24	0.58	0.63	0.001
		0.33	0.20	0.70	0.125
		0.37	0.55	0.73	0.016
		0.44	0.39	0.78	0.078
		0.44	0.54	0.78	0.030
		0.57	0.53	0.88	0.062
		0.93	1.00	1.14	0.010
		1.00	0.61	1.20	0.176
				Total SSE	0.677

**Step 2:** Calculate the error gradient w.r.t the weights

$$\partial SSE / \partial a = -(Y - YP)$$

$$\partial SSE / \partial b = -(Y - YP)X$$

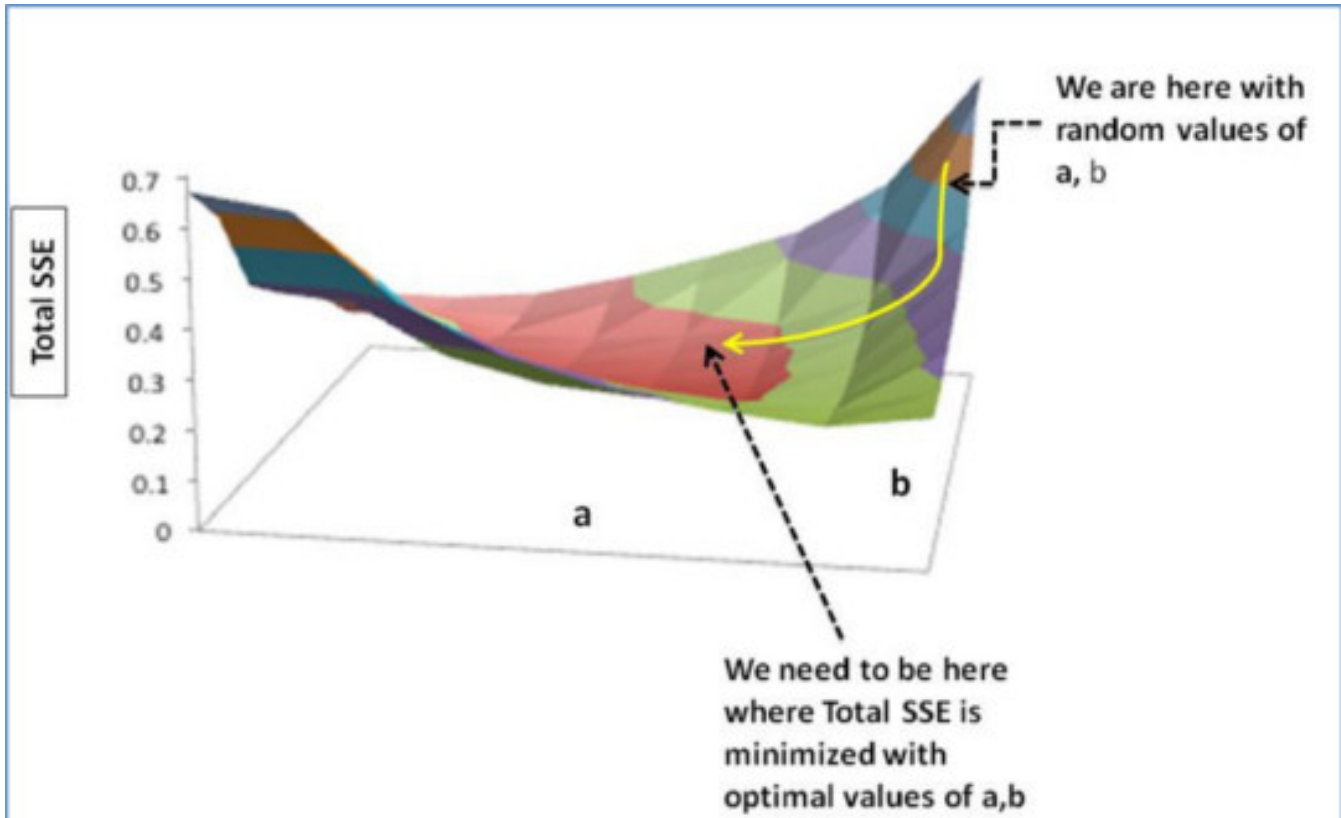
$$\text{Here, } SSE = \frac{1}{2} (Y - YP)^2 = \frac{1}{2} (Y - (a + bX))^2$$

You need to know a bit of calculus, but that's about it!!

$\partial SSE / \partial a$  and  $\partial SSE / \partial b$  are the **gradients** and they give the direction of the movement of a,b w.r.t to SSE.

a	b	X	Y	YP=a+bX	SSE	$\partial \text{SSE} / \partial a$ = -(Y-YP)	$\partial \text{SSE} / \partial b$ = -(Y-YP)X
0.45	0.75	0.00	0.00	0.45	0.101	0.45	0.00
		0.22	0.22	0.62	0.077	0.39	0.09
		0.24	0.58	0.63	0.001	0.05	0.01
		0.33	0.20	0.70	0.125	0.50	0.17
		0.37	0.55	0.73	0.016	0.18	0.07
		0.44	0.39	0.78	0.078	0.39	0.18
		0.44	0.54	0.78	0.030	0.24	0.11
		0.57	0.53	0.88	0.062	0.35	0.20
		0.93	1.00	1.14	0.010	0.14	0.13
		1.00	0.61	1.20	0.176	0.59	0.59
Total SSE					0.677	Sum	3.300
							1.545

**Step 3:** Adjust the weights with the gradients to reach the optimal values where SSE is minimized



We need to update the random values of a,b so that we move in the direction of optimal a, b.

Update rules:

- $a - \partial \text{SSE} / \partial a$
- $b - \partial \text{SSE} / \partial b$

So, update rules:

1. New  $a = a - r * \partial \text{SSE} / \partial a = 0.45 - 0.01 * 3.300 = 0.42$
2. New  $b = b - r * \partial \text{SSE} / \partial b = 0.75 - 0.01 * 1.545 = 0.73$

here, r is the learning rate = 0.01, which is the pace of adjustment to the weights.

**Step 4:** Use new a and b for prediction and to calculate new Total SSE

a	b	X	Y	YP=a+bX	SSE	$\partial SSE/\partial a$	$\partial SSE/\partial b$
0.42	0.73	0.00	0.00	0.42	0.087	0.42	0.00
		0.22	0.22	0.58	0.064	0.36	0.08
		0.24	0.58	0.59	0.000	0.01	0.00
		0.33	0.20	0.66	0.107	0.46	0.15
		0.37	0.55	0.69	0.010	0.14	0.05
		0.44	0.39	0.74	0.063	0.36	0.16
		0.44	0.54	0.74	0.021	0.20	0.09
		0.57	0.53	0.84	0.048	0.31	0.18
		0.93	1.00	1.10	0.005	0.10	0.09
		1.00	0.61	1.15	0.148	0.54	0.54
Total SSE					0.553	Sum	2.900
							1.350

You can see with the new prediction, the total SSE has gone down (0.677 to 0.553). That means prediction accuracy has improved.

**Step 5:** Repeat step 3 and 4 till the time further adjustments to a, b doesn't significantly reduces the error. At that time, we have arrived at the optimal a,b with the highest prediction accuracy.

This is the Gradient Descent Algorithm. This optimization algorithm and its variants form the core of many machine learning algorithms like Neural Networks and even Deep Learning.

#### Disclaimers:

Please note that this post is primarily for tutorial purposes, hence:

1. The data used is fictitious and data size is extremely small. Also to simplify the example, the data and model, is a one variable example.
2. This post is primarily meant to highlight how we can simplify our understanding of the math behind algorithms like Gradient descent by working them out in excel, hence there is no claim here that gradient descent gives better /worse results as compared to least square regression.
3. Since the data is very small, for tutorial purposes, the entire data is being used for training. However, while building actual predictive models, various data validation techniques are leveraged (Example – Train / Test split or N- Cross Validation)

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**Bio:** [Jahnavi](#) is a machine learning and deep learning enthusiast, having led multiple machine learning teams in American Express over the last 13 years. She is the co-founder of Deeplearningtrack, an online instructor led data science training platform—  
[www.deeplearningtrack.com](http://www.deeplearningtrack.com)

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**HwangC** • a year ago

Thank you for the awesome article about the Gradient Descent Algorithm.

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**Munish Kohli** • a year ago

Jahnavi, I went through Stanford Machine learning course by Andrew Ng, but had a hard time understanding. Your this article cleared my thoughts and encouraged me to do follow your steps in an Excel. Although even after executing steps on sample data its not producing results I am expecting, but I feel I am still making a progress. Can you post similar practical article on stochastic gradient? That will be helpful

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<https://www.kdnuggets.com/2017/04/simple-understand-gradient-descent-algorithm.html>

Thanks for clarification! Love how simple you explained many points.

^ | v • Reply • Share ›



**Mahdi Soltanzadeh** • 9 months ago

God Bless Your Soul

^ | v • Reply • Share ›



**Ash** • a year ago • edited

It was a great explanation indeed :) ... really helped me understanding this concept to the core....

^ | v • Reply • Share ›



**Mamta Pandey** • a year ago

excellent and very helpful for me. How can I apply on multiple data sets.

^ | v • Reply • Share ›



**Maryam Saleki** • a year ago

The best explanation I have ever seen! thank you so much Jahnvi.

^ | v • Reply • Share ›



**Wira Maharddhika** • a year ago

Easy to understand, thanks for this good explanation

^ | v • Reply • Share ›



**Enthusiast** • 2 years ago • edited

Thanks Jahnvi,

Question: What's the reason you don't take the average after the summation of  $-(Y-YP)$  and  $-(Y-YP)X$ ?

^ | v • Reply • Share ›



**Aown Mohammad** → Enthusiast • a year ago

Because she didn't use Summation Symbol. She computed error for only two values and divided it by 2. If you run a loop for N values, divide it by N.

^ | v • Reply • Share ›



**Hemendra Akuthota** → Aown Mohammad • 8 months ago

It's really nice article and easy to understand.

But, I too have the same question as above: here we did run through the loop of values, but at the end didn't average. Can you help me to understand why didn't we average.

^ | v • Reply • Share ›

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**sudharsan tk** • 2 years ago

Hi, to be honest this was the simplest explanation I came across. Could you please let me know how to do the same if we have more than one variable?

^ | v • Reply • Share ›



**Disqus\_5kgkbbaz50** • 2 years ago

Nice very simplified explanation. Thanks

^ | v • Reply • Share ›



**William Lucas** • 2 years ago

This was amazing! Could you post a google sheet (or other) so that we could copy/play around with the data ourselves?

^ | v • Reply • Share ›



**Kumar Siddappa** • a year ago

how did you get this equation

$$\partial \text{SSE} / \partial a = -(Y-YP)$$

$$\partial \text{SSE} / \partial b = -(Y-YP)X$$

^ | v • Reply • Share ›



**Amit Singh Baghel** → Kumar Siddappa • 10 months ago

Would like to know the same. Please explain.

^ | v • Reply • Share ›

**Amit Singh Baghel** → Amit Singh Baghel • 10 months ago<https://www.codeproject.com...>

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