Hints.

- Estimation of VAR model: estimate a VAR model (varm command) for Δy_t , π_t , Tspread_t. In this case the command forecast produces forecast for the first difference of log-GDP (in column 1, if variables are ordered as above). To get a forecast for the log-GDP use the fact that:

$$\Delta \hat{y}_{T+1|T} = \hat{y}_{T+1|T} - y_t \leftrightarrow \hat{y}_{T+1|T} = y_t + \Delta \hat{y}_{T+1|T}$$

- Selected Root mean Squared Errors:

Random Walk	AR(4)	VAR (4)
·		
120.06	80.49	93.35