

## 7.2) Trigonometric Integrals

-We continue our work from the end of the last section by taking a look at some more trigonometric function powers and their integrals:

**Example:** Integrate  $\int \cos^3(x)dx$

Solution: Using substitution will not work here, since letting  $u = \cos(x)$  gives us the differential  $du = -\sin(x)dx$ , which adds a factor of  $\sin(x)$  that will not disappear. Instead, a different kind of substitution can work here:

$$\begin{aligned}\sin^2(x) + \cos^2(x) &= 1, & \tan^2(x) + 1 &= \sec^2(x), \\ 1 + \cot^2(x) &= \csc^2(x)\end{aligned}$$

We will be making use of these trigonometric identities (and more) in this section, so you will want to remember these. Since  $\cos^3(x) = \cos(x)(\cos^2(x))$ , we can replace  $\cos^2(x)$  with  $1 - \sin^2(x)$  and integrate from there:

$$\int \cos^3(x)dx = \int \cos(x)\cos^2(x)dx = \int \cos(x)(1 - \sin^2(x))dx = \int \cos(x)dx - \int \cos(x)\sin^2(x)dx$$

We will use integration by substitution for the second integral, where  $u = \sin(x)$ ,  $du = \cos(x)dx$

$$\int \cos^3(x)dx = \sin(x) - \int u^2 du = \sin(x) - \frac{u^3}{3} + C = \sin(x) - \frac{\sin^3(x)}{3} + C$$

-Remember, when you have an integral of the form  $\int \sin(x)\cos^n(x)dx$  or  $\int \cos(x)\sin^n(x)dx$ , you can

integrate by substitution to get  $\int \sin(x)\cos^n(x)dx = -\frac{\cos^{n+1}(x)}{n+1} + C$  and

$\int \cos(x)\sin^n(x)dx = \frac{\sin^{n+1}(x)}{n+1} + C$ . By using proper substitution with the Pythagorean identities above

allows you to integrate odd powers of sine and cosine, as well as odd powers times other powers:

**Example:** Integrate  $\int \cos^2(x)\sin^5(x)dx$ .

Solution: You may think the proper procedure here is to replace  $\cos^2(x)$  so that the expression inside is all in terms of sine, however integration by substitution when it comes to sine and cosine requires both. In this case, try to use trigonometric identities on  $\sin^5(x)$ :

$$\int \cos^2(x)\sin^5(x)dx = \int \cos^2(x)(\sin^2(x))^2(\sin(x))dx = \int \cos^2(x)(1 - \cos^2(x))^2(\sin(x))dx$$

$$\int \cos^2(x)\sin^5(x)dx = \int \cos^2(x)(1 - 2\cos^2(x) + \cos^4(x))(\sin(x))dx = \int (\cos^2(x) - 2\cos^4(x) + \cos^6(x))(\sin(x))dx$$

The odd power of sine is advantageous here as it leaves behind a factor of  $\sin(x)$  we can use for integration by substitution:

$$\int \cos^2(x) \sin^5(x) dx = \int (\cos^2(x) \sin(x) - 2\cos^4(x) \sin(x) + \cos^6(x) \sin(x)) dx$$

$$\int \cos^2(x) \sin^5(x) dx = \frac{\cos^3(x)}{3} - \frac{2\cos^5(x)}{5} + \frac{\cos^7(x)}{7} + C$$

**Exercise:** Integrate  $\int \sin^4(x) \cos^3(x) dx$ .

-Odd powers of sine and cosine allow us to use Pythagorean identities that will leave behind a single factor that can be our integration by substitution factor. But what if we are integrating even powers of sine or cosine? In these cases, you may want to use another trigonometric identity you hopefully remember from precalculus:

$$\sin^2(x) = \frac{1}{2}(1 - \cos(2x)) \quad \cos^2(x) = \frac{1}{2}(1 + \cos(2x))$$

**Example:** Evaluate  $\int_0^{\pi/2} \cos^2(x) dx$

Solution: Using a Pythagorean identity will not help here. You will simply be trading one square of a trigonometric function for another, and there would still be no single powers of sine or cosine left for substitution. So instead, why not use one of the formulas for reducing powers seen above?

$$\int_0^{\pi/2} \cos^2(x) dx = \int_0^{\pi/2} \frac{1}{2}(1 + \cos(2x)) dx = \frac{1}{2} \left( x + \frac{1}{2} \sin(2x) \right) \Big|_0^{\pi/2} = \frac{1}{2} ((\frac{\pi}{2} + 0) - (0)) = \frac{\pi}{4}$$

-Integration by substitution is still used here, but unlike odd powers of trigonometric functions, the substitution factors are constant, so the procedure is much easier. That said, these questions can be a lot more difficult as the powers get larger:

**Example:** Integrate  $\int \sin^4(x) dx$

Solution: Here we will have to employ the formula for reducing powers multiple times:

$$\int \sin^4(x) dx = \int (\sin^2(x))^2 dx = \int \left(\frac{1-\cos(2x)}{2}\right)^2 dx = \int \frac{1-2\cos(2x)+\cos^2(2x)}{4} dx$$

$$\int \sin^4(x) dx = \frac{1}{4} \int dx - \frac{2}{4} \int \cos(2x) dx + \frac{1}{4} \int \cos^2(2x) dx$$

The first two integrals can be integrated now, but the third requires yet another use of the formula:

$$\int \sin^4(x) dx = \frac{1}{4} \int dx - \frac{2}{4} \int \cos(2x) dx + \frac{1}{4} \int \frac{1+\cos(4x)}{2} dx$$

$$\int \sin^4(x)dx = \frac{1}{4}\int dx - \frac{2}{4}\int \cos(2x)dx + \frac{1}{8}\int dx + \frac{1}{8}\int \cos(4x)dx$$

No more higher powers, so we can finally integrate now:

$$\int \sin^4(x)dx = \frac{1}{4}x - \frac{1}{4}\sin(2x) + \frac{1}{8}x + \frac{1}{8}\frac{\sin(4x)}{4} + C = \frac{3}{8}x - \frac{1}{4}\sin(2x) + \frac{1}{32}\sin(4x) + C$$

**Strategies for Integrating  $\int \sin^m(x)\cos^n(x)dx$ :**

-m is odd and equal to  $2k + 1$  for some k

Save one factor of  $\sin(x)$  by using  $\sin^2(x) = 1 - \cos^2(x)$  and express the remaining factors in terms of  $\cos(x)$ .

$$\int \sin^m(x)\cos^n(x)dx = \int \sin(x)(\sin^2(x))^k \cos^n(x)dx = \int \sin(x)(1 - \cos^2(x))^k \cos^n(x)dx$$

-n is odd and equal to  $2k + 1$  for some k

Save one factor of  $\cos(x)$  by using  $\cos^2(x) = 1 - \sin^2(x)$  and express the remaining factors in terms of  $\cos(x)$ .

$$\int \sin^m(x)\cos^n(x)dx = \int \sin^m(x)(\cos^2(x))^k \cos(x)dx = \int \sin(x)(1 - \sin^2(x))^k \cos^n(x)dx$$

-n and m are both even

Use the formulas for reducing powers and the half-angle identities:

$$\sin^2(x) = \frac{1}{2}(1 - \cos(2x)) \quad \cos^2(x) = \frac{1}{2}(1 + \cos(2x))$$

$$\sin(x)\cos(x) = \frac{1}{2}\sin(2x)$$

-If both m and n are odd, then you can choose which factor to keep ( $\sin(x)$  or  $\cos(x)$ ), but it helps to save a factor for the function that has a smaller power.

**Exercise:** Integrate the following:

$$a) \int \cos^4(x)\sin^2(x)dx \quad b) \int \sin^5(x)\cos^3(x)dx.$$

-With all the strategies we have seen for  $\sin(x)$  and  $\cos(x)$ , what about the other trigonometric functions? We will take a look at how  $\tan(x)$  and  $\sec(x)$  are also linked and have integration strategies next.  $\cot(x)$  and  $\csc(x)$  have similar integration strategies to  $\tan(x)$  and  $\sec(x)$ , so we won't spend a lot of time on them.

-First, we will take a moment to remind ourselves of the derivatives and antiderivatives of  $\sec(x)$  and  $\tan(x)$ :

$$\frac{d}{dx}[\tan(x)] = \sec^2(x) \quad \frac{d}{dx}[\sec(x)] = \sec(x)\tan(x)$$

$$\int \tan(x) = \ln(\sec(x)) + C \quad \int \sec(x) = \ln(\sec(x) + \tan(x)) + C$$

**Example:** Integrate  $\int \tan^6(x)\sec^4(x)dx$ .

Solution: The Pythagorean identity for tangent and secant you might recall is:  $\tan^2 + 1 = \sec^2(x)$ . So you have the option of rewriting secant or tangent in terms of the other. In this case, consider the following:

$$\int \tan^6(x)\sec^4(x)dx = \int \tan^6(x)(\tan^2(x) + 1)\sec^2(x)dx = \int \tan^8(x)\sec^2(x)dx + \int \tan^6(x)\sec^2(x)dx$$

Why keep the factor of  $\sec^2(x)$ ? Because  $\sec^2(x)$  is the derivative of  $\tan(x)$ , so by integration by substitution, if  $u = \tan(x)$ , then  $du = \sec^2(x)dx$ . That makes the integrals look like:

$$\int \tan^6(x)\sec^4(x)dx = \int \tan^8(x)\sec^2(x)dx + \int \tan^6(x)\sec^2(x)dx = \int u^8 du + \int u^6 du = \frac{u^9}{9} + \frac{u^7}{7} + C = \frac{\tan^9(x)}{9} + \frac{\tan^7(x)}{7} + C$$

-Keep track of factors of  $\sec^2(x)$  and  $\sec(x)\tan(x)$ , as these are the derivatives of  $\tan(x)$  and  $\sec(x)$  respectively, and can serve as differential factors for integration by substitution.

**Example:** Integrate  $\int \tan^7(x)\sec^3(x)dx$

Solution: You can save one factor of  $\tan(x)$  and one factor of  $\sec(x)$  for integration by substitution later, and the remaining terms and factors should all be written in terms of  $\sec(x)$ :

$$\int \tan^7(x)\sec^3(x)dx = \int (\tan^2(x))^3 \sec^2(x)(\sec(x)\tan(x))dx = \int (\sec^2 x - 1)^3 \sec^2(x)\sec(x)\tan(x)dx$$

$$\int \tan^7(x)\sec^3(x)dx = \int (\sec^6(x) - 3\sec^4(x) + 3\sec^2(x) - 1)\sec^2(x)\sec(x)\tan(x)dx$$

$$\int \tan^7(x)\sec^3(x)dx = \int (\sec^8(x) - 3\sec^6(x) + 3\sec^4(x) - \sec^2(x))\sec(x)\tan(x)dx$$

It was important that we write in terms of  $\sec(x)$ , not  $\tan(x)$ , since the leftover factor is the derivative of  $\sec(x)$ , not  $\tan(x)$ . Thus, we now let  $u = \sec(x)$ , and  $du = \sec(x)\tan(x)dx$ :

$$\int \tan^7(x)\sec^3(x)dx = \int (u^8 - 3u^6 + 3u^4 - u^2)du = \frac{u^9}{9} - \frac{3u^7}{7} + \frac{3u^5}{5} - \frac{u^3}{3} + C$$

**Strategies for Integrating  $\int \tan^m(x)\sec^n(x)dx$ :**

-m is odd and equal to  $2k + 1$  for some k

Save one factor of  $\tan(x)$  and one factor of  $\sec(x)$  by using  $\tan^2(x) = \sec^2(x) - 1$  and express the remaining factors in terms of  $\sec(x)$ .

$$\int \tan^m(x) \sec^n(x) dx = \int (\tan^2(x))^k \sec^{n-1}(x) \tan(x) \sec(x) dx = \int (\sec^2(x) - 1)^k \sec^{n-1}(x) \tan(x) \sec(x) dx$$

-n is even and equal to 2k for some k:

Save one factor of  $\sec^2(x)$  by using  $\sec^2(x) = \tan^2(x) + 1$  and express the remaining factors in terms of  $\tan(x)$ .

$$\int \tan^m(x) \sec^n(x) dx = \int \tan^m(x) \sec^{2k-2}(x) \sec^2(x) dx = \int \tan^m(x) (1 + \tan^2(x))^{k-1} \sec^2(x) dx$$

-Scenarios not listed above can still be integrated, but require other tools, like integration by parts:

**Example:** Integrate  $\int \sec^3(x) dx$ .

Solution: It's actually easiest here to integrate by parts:

$$u = \sec(x) \quad du = \sec(x) \tan(x) dx \quad dv = \sec^2(x) dx \quad v = \tan(x)$$

$$\int \sec^3(x) dx = \sec(x) \tan(x) - \int \sec(x) \tan^2(x) dx$$

Now you can use the Pythagorean identities:

$$\int \sec^3(x) dx = \sec(x) \tan(x) - \int \sec(x) (\sec^2(x) + 1) dx$$

$$\int \sec^3(x) dx = \sec(x) \tan(x) - \int \sec^3(x) dx - \int \sec(x) dx$$

$$2 \int \sec^3(x) dx = \sec(x) \tan(x) - \int \sec(x) dx$$

$$\int \sec^3(x) dx = \frac{1}{2} \left( \sec(x) \tan(x) - \int \sec(x) dx \right)$$

$$\int \sec^3(x) dx = \frac{1}{2} (\sec(x) \tan(x) - \ln|\sec(x) + \tan(x)|) + C$$

-Using pythagorean identities from the start would have worked here too, but might have resulted in more circular logic and would have taken longer to complete. That's not to say it's never a bad idea to start off with that idea:

**Example:** Integrate  $\int \tan^3(x) dx$

Solution: Here we will start by using  $\tan^2(x) = \sec^2(x) - 1$ .

$$\int \tan^3(x)dx = \int \tan(x)(\tan^2(x))dx = \int (\tan(x)\sec^2(x) - \tan(x))dx$$

$$\int \tan^3(x)dx = \int \sec(x)(\tan(x)\sec(x))dx - \int \tan(x)dx$$

From here, the first integral can be integrated with substitution, let  $u = \sec(x)$  and  $du = \sec(x)\tan(x)$ :

$$\int \tan^3(x)dx = \int u du - \int \tan(x)dx$$

$$\int \tan^3(x)dx = \frac{1}{2}u^2 - \ln|\sec(x)| + C = \frac{1}{2}(\sec(x))^2 - \ln|\sec(x)| + C$$

-If you were integrating anything that had to do with powers of  $\cot(x)$  or  $\csc(x)$ , you may want to remember the following:

$$\frac{d}{dx}[\cot(x)] = -\csc^2(x) \quad \frac{d}{dx}[\csc(x)] = -\csc(x)\cot(x)$$

$$\int \cot(x) = \ln(\sin(x)) + C \quad \int \csc(x) = -\ln(\csc(x) + \cot(x)) + C$$

-One last topic for this section: the product identities are often glossed over in precalculus or not covered at all, but they can be of great help when rewriting integral expressions:

$$\sin(A)\cos(B) = \frac{1}{2}(\sin(A - B) + \sin(A + B))$$

$$\sin(A)\sin(B) = \frac{1}{2}(\cos(A - B) - \cos(A + B))$$

$$\cos(A)\cos(B) = \frac{1}{2}(\cos(A + B) - \cos(A - B))$$

**Exercises:** Integrate the following:

a)  $\int \csc^4(x)\cot^3(x)dx$       b)  $\int \tan^5(x)dx$       c)  $\int \cos(5x)\sin(3x)dx$