Conversions for Nucleic Acids and Proteins

1 µg	pmol	Molecules	
20mer oligonucleotide	152	9.1 x 10 ¹³	
1000 bp DNA	1.52	9.1 x 10 ¹¹	
pUC19 DNA (2,686 bp)	0.57	3.4 x 10 ¹¹	
pBR322 DNA (4,363 bp)	0.35	2.1 x 10 ¹¹	
Lambda DNA (48,502 bp)	0.03	1.8 x 10 ¹⁰	
Average mRNA (1,930 nt)	1.67	1.0 x 10 ¹²	
1 pmol		μg	
20mer oligonucleotide		0.0066	
1000 bp DNA		0.66	
pUC19 DNA (2,686 bp)		1.77	
pBR 322 DNA (4,363 bp)		2.88	
Lambda DNA (48,502 bp)		32.01	
Average mRNA (1,930 nt)		0.6	
*The Avogadro constant for molar conversion			

100 pmol	μg
10,000 Da protein	1
30,000 Da protein	3
100,000 Da protein	10

Protein	DNA
10,000 Da	270 bp
30,000 Da	810 bp
100,000 Da	2.7 kb

^{*1} kb of DNA encodes 333 amino acids at 3.7×10^4 Da