

OLADEJI VICTORIA OPEMIPO

24, John Oyawale Street. Iyana Iyesi, Ota, Ogun State

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16/11/2004

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Personal Statement

Victoria is a dedicated Registered Nurse (RN) pursuing specialization as a Psychiatric-Mental Health Nurse, committed to delivering exceptional, evidence-based care across diverse patient populations. With a strong foundation in clinical nursing and a passion for mental health advocacy, she seeks a dynamic healthcare environment to refine advanced assessment skills, therapeutic interventions, and crisis management techniques. Driven by a dual focus on elevating patient outcomes and enhancing organizational efficiency, she aims to integrate cost-effective, compassionate care strategies that align with quality benchmarks and operational goals. Eager to collaborate with interdisciplinary teams to innovate mental health services, reduce stigma, and optimize healthcare delivery for patients of all ages.

Education

- **Ladoke Akintola University of Technology** 09/2024 - 07/2028
 - **School of Psychiatric Nursing, Aro, Abeokuta** 05/2024- 11/2025
 - **Ogun State College of Nursing Sciences, Ilaro** 11/2020- 11/2023
- Registered Nursing Certificate
- **The Ambassadors College, Ota, Ogun State** 09/2014- 07/2020
- Junior and Senior Secondary School Certificate
(I.G.C.S.E, S.S.C.E,J.S.C.E)
- **The Ambassadors Nursery & Primary School, Ota** 09/2004- 07/2013
- (First School Leaving Certificate)

Experience

Neuropsychiatric Hospital, Aro, Abeokuta

09/24 - date

Post Basic Student Nurse

- Conducted systematic physical and mental health evaluations.
- Delivered evidence-based mental health education to patients and families on diagnosis, treatment plans, and coping strategies.
- Facilitated group therapy sessions focused on medication adherence, symptom management, and relapse prevention.
- Managed caseloads of 15-20 patients with schizophrenia, bipolar disorder, and major depression in acute inpatient settings.
- Safely administered psychotropic medications (oral/IM), monitored therapeutic responses, and documented adverse effects

Praise Baptist Church Clinic

11/23-5/24

Registered Nurse

Farmed Clinics

3/24-4/24

Registered Nurse

- Conducted systematic physical health assessments, including vital sign monitoring, pain evaluation, and clinical history documentation.
- Developed and delivered individualized care education on disease management, medication adherence, and discharge planning.
- Managed complex medical cases including post-operative care, infectious diseases, and chronic illness exacerbations.
- Implemented fall prevention strategies and pressure ulcer prevention protocols.

Olabisi Onabanjo University Teaching Hospital, Sagamu

7/23-9/23

Nursing Student

- Conducted comprehensive health assessments including vital signs, pain scoring, and physical examinations under RN supervision
- Performed wound care/dressing changes, catheter care, and assisted with activities of daily living (bathing, mobility)
- Demonstrated sterile technique during procedures under instructor guidance
- Prepared and administered oral/IM medications (with verification by licensed nurses)

- Calculated dosages and monitored for adverse effects during clinical rotations
- Provided patient/family education on discharge instructions and chronic disease management
- Participated in nursing rounds and case discussions with multidisciplinary teams.

Oba Ademola II Maternity Hospital, Ijemo, Abeokuta

2/23-4/23

Nursing Student

Obstetrics and Gynaecology posting

- Provided evidence-based breastfeeding support and postnatal education to new mothers under supervision
- Supported obstetric teams during 12+ vaginal deliveries by preparing sterile fields, monitoring fetal heart tones, and documenting labor progression
- Assisted with immediate newborn care including APGAR scoring and thermoregulation
- Assisted in postpartum medication management (e.g., oxytocin, analgesics).

State Hospital, Ijaiye, Abeokuta

1/23 - 2/23

Nursing Student

Obstetrics and Gynaecology posting

- Provided evidence-based breastfeeding support and postnatal education to new mothers under supervision.
- Supported obstetric teams during 12+ vaginal deliveries by preparing sterile fields, monitoring fetal heart tones, and documenting labor progression
- Assisted with immediate newborn care including APGAR scoring and thermoregulation.
- Safely administered medications via oral, IM, and subcutaneous routes under supervision.
- Performed routine newborn assessments including vital signs, weight monitoring, and jaundice screening.
- Educated parents on umbilical cord care, safe sleep practices, and newborn danger signs.

Neuropsychiatric Hospital, Aro, Abeokuta

12/22 - 01/23

Nursing Student

Psychiatric posting

- Assessment and collection of data.
- Management of patients with psychiatric disorders.
- Administration of medications.

Hansen's Leprosy Centre. Iberekodo, Ogun State

9/22 - 9/22

Nursing Student

Community Posting

- Assisted in comprehensive skin lesion assessments and wound care for leprosy patients under supervision.
- Administered multidrug therapy (MDT) including dapsone, rifampicin, and clofazimine under direct supervision.
- Strictly adhered to institutional PPE protocols during wound care and patient contact.
- Educated patients and families on transmission prevention and self-care techniques.
- Provided compassionate emotional support to address stigma-related distress.
- Participated in group education sessions on community reintegration strategies.

Olabisi Onabanjo University Teaching Hospital, Sagamu

5/22-7/22

Nursing Student

- Conducted comprehensive health assessments including vital signs, and physical examinations under supervision.
- Performed wound care/dressing changes, catheter care, and assisted with activities of daily living (bathing, mobility) implementing sterile technique during procedures under supervision.
- Prepared and administered oral/IM medications under supervision.

Arigbajo Health Centre, Arigbajo, Ogun State.

12/21-1/22

Nursing Student

Community posting

- Conducted routine patient evaluations including vital signs, BMI measurements, and symptom screening for common illnesses (malaria, URTIs, hypertension).

- Assisted in antenatal checks (fetal heart tone monitoring, fundal height measurement) and child welfare clinics (growth charting, immunization support).
- Performed wound care for minor injuries and ulcer dressings using aseptic technique.
- Assisted with family planning services (condom demonstration, oral contraceptive counseling).
- Participated in outreach immunization drives and health education sessions (nutrition, hygiene, disease prevention).
- Prepared and administered oral/IM medications (analgesics, antibiotics) under nurse supervision.
- Maintained accurate drug inventory and cold chain management for vaccines.

General Hospital, Ota

4/21/-6/21

Nursing Student

- Conducted routine patient assessments including vital signs monitoring, pain evaluation, and basic physical examinations under supervision.
- Assisted in developing nursing care plans for common conditions (e.g., malaria, diabetes, hypertension).
- Performed wound dressings for ulcers, surgical incisions, and injuries using aseptic technique.
- Assisted with catheterization, IV line setup, and specimen collection.
- Implemented standard precautions (hand hygiene, PPE use) across all patient interactions.

Clinical Skills

- Administration of medication through various routes such as Intravenously, Orally, Subcutaneously etc.
- Wound dressing.
- Catheterization.
- Cannulation.
- Collection of samples (blood samples,urinalysis samples).
- Use of Electronic Medical Records.
- Use of Microsoft packages such as word, excel and powerpoint.

Projects

Nursing Research

Impact of Burnout and Coping Strategies Employed among Nurses at Neuropsychiatric Hospital, Aro, Abeokuta.

Factors Contributing to Low Back Pain and its Prevention among Nurses at Olabisi Onabanjo University Teaching Hospital, Sagamu, Ogun State.

Care study Project

A Care study carried out on Mr. B.A, a 38 years old man with a diagnosis of Schizophrenia.

A Care study carried out on Mr K.I, a 21 years old man with Peritonitis cared for on a duration of 14 days.

Language

- English
- Yoruba

Next of Kin

Name: Miss Oladeji Olaitan Marvelous

Address: 24, John Oyawale Street, Iyana Iyesi, Ota, Ogun State.

Phone Number: 09032248076

Relationship to Next of Kin: Sister

Interests

- Data Analysis
- Volunteering
- Travelling
- Reading
- Music
- Working on Microsoft Packages

Skills

- Emotional Intelligence.
- Problem solving.
- People Management
- Financial Management
- Limited Resource Management

Reference

- Available on Requests