

Sport

A third opening step is possible in countries starting March 8, depending on the incidence of infection.

When the 7-day incidence is stable below 50 new infections/100,000 population:

- Contactless sports in small groups of no more than ten people outdoors, including on outdoor sports facilities

When the 7-day incidence is stable or declining below 100 new infections/100. 000 population:

- Individual sports with no more than five people from two households and sports in groups of up to 20 children up to 14 years of age – outdoors, including at outdoor sports facilities

The fourth opening step depends on the incidence of infection and can occur if the 7-day incidence has not worsened for 14 days after the third opening step in the country or region.

If the 7-day incidence is stable below 50 new infections/100. 000 population:

- Indoor contactless sports, outdoor contact sports

When the 7-day incidence is stable or declining below 100 new infections/100. 000 population:

- Indoor contactless sports and outdoor contact sports with a daily negative quick or self-test

The fifth opening step can occur, again depending on the incidence of infection, if the 7-day incidence has not worsened for 14 days after the fourth opening step in the country or region.

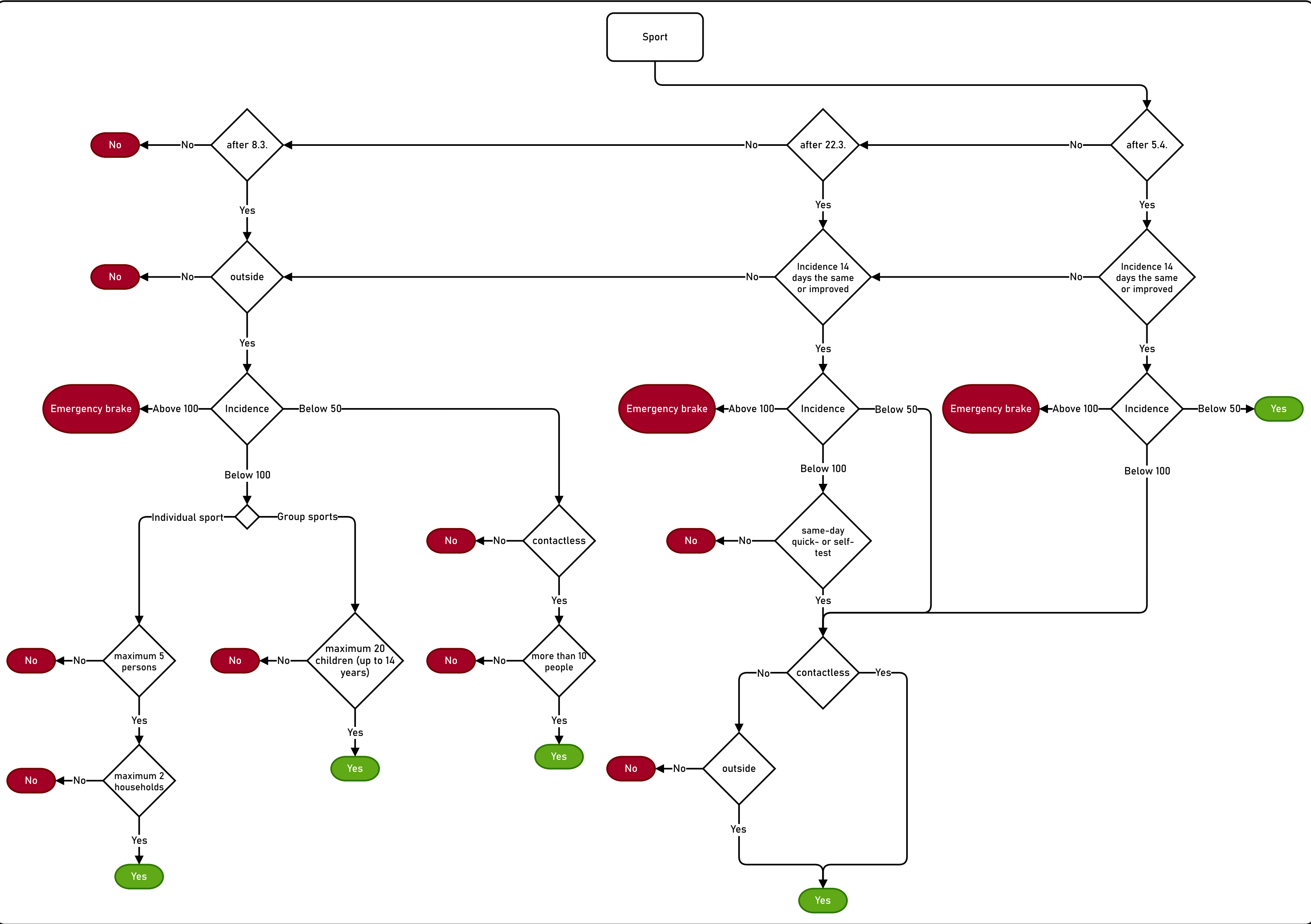
When the 7-day incidence is stable below 50 new infections/100,000 population:

- Indoor contact sports

When the 7-day incidence is stable or declining between 35 and 100 new infections/100. 000 population:

- Indoor contactless sports, outdoor contact sports (without Covid-19 test)

A so-called **emergency brake** is provided: If the 7-day incidence per 100,000 population rises above 100 for three consecutive days in the country or region, the rules that were in effect until March 7 will go back into effect starting on the second business day thereafter.



As of: 07.03.2021 Version 1.1.0

Text and idea: German Federal Government. For more information visit <https://www.bundesregierung.de/breg-de/aktuelles/fuenf-oeffnungsschritte-1872120>
Visualization: Daniel Fedh. For the current version visit <https://dayvidknows.github.io/Offen-in-5-Flowchart>