

CUPS TO GRAMS



1 cup = 200g
 $\frac{3}{4}$ cup = 94g
 $\frac{2}{3}$ cup = 83g
 $\frac{1}{3}$ cup = 42g
 $\frac{1}{2}$ cup = 62g
 $\frac{1}{4}$ cup = 31g



1 cup = 125g
 $\frac{3}{4}$ cup = 94g
 $\frac{2}{3}$ cup = 83g
 $\frac{1}{3}$ cup = 42g
 $\frac{1}{2}$ cup = 62g
 $\frac{1}{4}$ cup = 31g



1 cup = 227g
 $\frac{3}{4}$ cup = 170g
 $\frac{2}{3}$ cup = 150g
 $\frac{1}{3}$ cup = 75g
 $\frac{1}{2}$ cup = 113g
 $\frac{1}{4}$ cup = 56g