

Mocha Iced Protein Latte



PREP TIME

2 mins



COURSE

Breakfast, Gluten Free, Shakes



SERVINGS

1 serving

CALORIES

245 kcal

INGREDIENTS

- $\frac{1}{2}$ c brewed coffee
- $\frac{1}{2}$ c unsweetened soymilk
- 1 scoop Chocolate Protein Powder
- 1 medium banana frozen

INSTRUCTIONS

1. Place the coffee, soy milk, and protein powder in a high-speed blender, cover, and blend well. Add the banana and blend until smooth. If you want a thinner consistency, add a little extra soy milk.

NUTRITION

Nutrition Facts

Mocha Iced Protein Latte

Amount Per Serving

Calories	245	Calories from Fat	27
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		% Daily Value*	
Fat	3g	5%	
Carbohydrates	30g	10%	
Protein	25g	50%	

* Percent Daily Values are based on a 2000 calorie diet.



Tried this recipe?

Let us know how it was!