

Chick'n Enchilada Casserole



PREP TIME

10 mins

COOK TIME

25 mins

TOTAL TIME

35 mins



COURSE

Dinner, Lunch



SERVINGS

4 servings

CALORIES

290 kcal

INGREDIENTS

- 3 servings Morning Star Farms Chick'n Strips
- 5 6-inch corn tortillas
- 1/2 c enchilada sauce
- 1 c Daiya Shreds
- 1/4 c black olives

INSTRUCTIONS

1. Pre-heat oven to 325° F/163°C.
2. In a small glass dish (approx. 7" X 5") cover the bottom with enchilada sauce
3. Cover with a layer of tortillas (you may need to tear tortillas to make them fit)
4. Add about 1/2 of the Chick'n Strips, 1/2 of vegan cheese and 1/2 olives.
5. Repeat layers: tortillas, Chick'n Strips, cheese, sauce and olives.
6. Bake until cheese is melted and sauce bubbles - about 15-20 minutes.

NUTRITION

Nutrition Facts

Chick'n Enchilada Casserole

Amount Per Serving

Calories 290 Calories from Fat 111

% Daily Value*

Fat 12.3g 19%

Trans Fat 0g

Cholesterol 0mg 0%

Carbohydrates 26.5g 9%

Protein 19.5g 39%

Vitamin A 0IU 0%

* Percent Daily Values are based on a 2000 calorie diet.



Tried this recipe?
Let us know how it was!