

Birthday Cake Protein Shake

I'm obsessed with funfetti cake. But I can't always have funfetti cake. So I made it into a shake instead.



PREP TIME

5 mins

TOTAL TIME

5 mins



COURSE

Dessert, Gluten Free, Shakes, Snacks



SERVINGS

1 serving

CALORIES

228 kcal

INGREDIENTS

- 1 c Vanilla Unsweetened Almond Milk vanilla unsweetened
- 1/2 c Banana frozen and chopped
- 1 scoop Plant Fusion Vanilla
- 1/2 tsp vanilla extract
- 1/2 tsp almond extract
- to taste stevia
- to taste ice + water
- 1 tsp rainbow sprinkles

INSTRUCTIONS

1. Blend all ingredients except sprinkles in a high powered blender until smooth, adding ice + water as needed to reach desired consistency.
2. Top with rainbow sprinkles!

NUTRITION

Nutrition Facts

Birthday Cake Protein Shake

Amount Per Serving

Calories 228	Calories from Fat 54
% Daily Value*	
Fat 6g	9%
Carbohydrates 23g	8%
Protein 23g	46%

* Percent Daily Values are based on a 2000 calorie diet.



Tried this recipe?

Let us know how it was!