

# Cookie Dough Nice Cream

Web Recipe · Dessert · GF

**280 cal · 14g protein · 38g carbs · 10g fat · 2 servings**

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## Ingredients

- 3 medium frozen bananas sliced
  - 1 scoop vegan vanilla protein powder
  - 2 tbsp almond butter
  - 3 tbsp unsweetened almond milk
  - 2 tbsp vegan mini chocolate chips
  - 1/2 tsp vanilla extract
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## Instructions

1. Peel and slice bananas, then freeze on a parchment-lined tray for at least 4 hours.
  2. Add frozen banana slices, protein powder, almond butter, almond milk, and vanilla extract to a food processor.
  3. Process until thick and creamy (ice cream consistency), scraping down sides as needed.
  4. Fold in mini chocolate chips by hand.
  5. Serve immediately for soft-serve texture, or freeze 1-2 hours for firmer scoops.
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Generated by Meal Planner · Per serving macros