

Pumpkin Chocolate Chip Cookies



TOTAL TIME
30 mins



COURSE
Snack



SERVINGS
7 serving

CALORIES
150 kcal

INGREDIENTS

- 1 ¾ c rolled oats
- 1 ½ c pumpkin puree
- ¼ c maple syrup
- ½ tsp pumpkin pie spice
- 3 ½ Tbsp mini chocolate chips

INSTRUCTIONS

1. Preheat the oven to 350°F and line a large baking sheet with parchment paper.
2. In a large mixing bowl, combine the oats, pumpkin, and syrup, spice and mix well.
3. Fold in mini chocolate chips now.
4. Using your hands, form into 7 small balls and place on the baking tray and press each ball into a cookie shape. Bake for 10 minutes.
5. Remove and allow to cool on the sheet.

NUTRITION

Nutrition Facts

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Amount Per Serving (1 g)	
Calories 150	Calories from Fat 27
% Daily Value*	
Fat 3g	5%
Carbohydrates 28g	9%
Protein 3g	6%

* Percent Daily Values are based on a 2000 calorie diet.



KEYWORD

gluten free, soy-free

Tried this recipe?

Let us know how it was!