

Banana Cream Pie Overnight Oats



COURSE

Breakfast, Dessert, Snacks

SERVINGS

7 servings



CALORIES

519 kcal

INGREDIENTS

- 3 1/2 c quick oats
- 3 1/2 Tbsp chia
- 3 1/2 c Greek-style vegan yogurt
- 7 c soy milk unsweetened; for soy-free, use soy-free plant milk
- 7 tsp vanilla
- 7 bananas sliced
- 14 vanilla wafers crushed; for gluten-free, use gluten-free wafers
- Optional: vegan whipped cream

INSTRUCTIONS

1. Mix all ingredients except wafers and whipped cream in a large bowl.
2. Refrigerate overnight.
3. Divide into seven containers.
4. Top each container with 2 crushed vanilla wafers and optional vegan whipped cream.

NUTRITION

Nutrition Facts

Banana Cream Pie Overnight Oats

Amount Per Serving (1 serving)

Calories 519 Calories from Fat 144

% Daily Value*	
Fat 16g	25%
Carbohydrates 67g	22%
Protein 28g	56%

* Percent Daily Values are based on a 2000 calorie diet.



KEYWORD

gluten free, soy-free

Tried this recipe?

Let us know how it was!