

# Thin Mint Protein Shake

Chocolate and mint protein shake, you cannot go wrong here.



PREP TIME

5 mins

TOTAL TIME

25 mins



COURSE

Dessert, Gluten Free, Shakes, Snacks



SERVINGS

1 serving

CALORIES

207 kcal

## INGREDIENTS

- 1 scoop [Elevate Chocolate Brownie Protein Powder](#)
- 1 c Vanilla Unsweetened Almond Milk vanilla unsweetened
- 1/2 c strong brewed mint tea cooled
- 1 Tbsp Cocoa Powder
- 1/2 Tbsp Bee Free Honee or agave
- to taste ice + water

## INSTRUCTIONS

1. Blend all ingredients in the blender until smooth, adding ice and water to get desired consistency.

## NUTRITION

# Nutrition Facts

Thin Mint Protein Shake

Amount Per Serving	
Calories 207	Calories from Fat 45
% Daily Value*	
Fat 5g	8%
Carbohydrates 16g	5%
Protein 26g	52%

\* Percent Daily Values are based on a 2000 calorie diet.



Tried this recipe?  
Let us know how it was!