

Cookie Dough Nice Cream

Web Recipe · Dessert · GF

280 cal · 14g protein · 38g carbs · 10g fat · 2 servings

Ingredients

- 3 medium frozen bananas sliced
- 1 scoop vegan vanilla protein powder
- 2 tbsp almond butter
- 3 tbsp unsweetened almond milk
- 2 tbsp vegan mini chocolate chips
- 1/2 tsp vanilla extract

Instructions

1. Peel and slice bananas, then freeze on a parchment-lined tray for at least 4 hours.
2. Add frozen banana slices, protein powder, almond butter, almond milk, and vanilla extract to a food processor.
3. Process until thick and creamy (ice cream consistency), scraping down sides as needed.
4. Fold in mini chocolate chips by hand.
5. Serve immediately for soft-serve texture, or freeze 1-2 hours for firmer scoops.

Generated by Meal Planner · Per serving macros