

Mocha Iced Protein Latte



PREP TIME

2 mins



COURSE

Breakfast, Gluten Free, Shakes



SERVINGS

1 serving

CALORIES

245 kcal

INGREDIENTS

- ½ c brewed coffee
- ½ c unsweetened soymilk
- 1 scoop Chocolate Protein Powder
- 1 medium banana frozen

INSTRUCTIONS

1. Place the coffee, soy milk, and protein powder in a high-speed blender, cover, and blend well. Add the banana and blend until smooth. If you want a thinner consistency, add a little extra soy milk.

NUTRITION

Nutrition Facts

Mocha Iced Protein Latte

Amount Per Serving

Calories 245 Calories from Fat 27

% Daily Value*	
Fat 3g	5%
Carbohydrates 30g	10%
Protein 25g	50%

* Percent Daily Values are based on a 2000 calorie diet.



Tried this recipe?
Let us know how it was!