

Simple Lemon Tahini Dressing and Greens Salad



COURSE

Lunch, Salad, Sides



SERVINGS

7



CALORIES

136 kcal

EQUIPMENT

- 1 blender optional

INGREDIENTS

- 7 Tbsp tahini
- 2 garlic cloves minced
- $\frac{1}{3}$ c water
- $\frac{1}{3}$ c lemon juice
- $\frac{1}{3}$ c apple cider vinegar
- $\frac{1}{2}$ tsp salt
- 14 c mixed greens

INSTRUCTIONS

1. Mix all ingredients in a blender or bowl until smooth.
2. Store in a jar in the fridge, or portion into 7 separate containers.
3. Each serving will be just over 3 tbsp atop 2c salad greens alongside your sandwich.

NUTRITION

Nutrition Facts

Simple Lemon Tahini Dressing and Greens
Salad

Amount Per Serving (1 g)

Calories	136	Calories from Fat	72
<hr/>			
	% Daily Value*		
Fat	8g	12%	
Carbohydrates	11g	4%	
Protein	6.7g	13%	

* Percent Daily Values are based on a 2000 calorie diet.



KEYWORD

gluten free, soy-free

Tried this recipe?

Let us know how it was!