

PB Chocolate Chip Protein Balls

Web Recipe · Snack · GF

130 cal · 5g protein · 14g carbs · 7g fat · 16 servings

Ingredients

- 1 cup rolled oats
- 1/2 cup natural peanut butter
- 1/3 cup maple syrup
- 1/4 cup vegan chocolate chips
- 2 tbsp ground flaxseed
- 2 tbsp hemp seeds
- 1 scoop vegan vanilla protein powder
- 1 tsp vanilla extract

Instructions

1. In a large bowl, combine rolled oats, protein powder, ground flaxseed, and hemp seeds.
2. Add peanut butter, maple syrup, and vanilla extract. Mix until a sticky dough forms.
3. Fold in chocolate chips.
4. Roll into 16 balls (about 1 tablespoon each). Place on a parchment-lined tray.
5. Refrigerate at least 30 minutes to firm up.
6. Store in an airtight container in the fridge for up to 1 week, or freeze for up to 3 months.

Generated by Meal Planner · Per serving macros