

# Air Fryer Pita Chips



TOTAL TIME

5 mins



COURSE

Appetizer, Sides, Snack



SERVINGS

8 servings

CALORIES

80 kcal

## EQUIPMENT

- Air Fryer (*gotta use the air fryer!*)

## INGREDIENTS

- 8 whole wheat or gluten free wraps of your choice *try Joseph's Flax Oat Bran & Whole Wheat Wraps*

## INSTRUCTIONS

1. Set air fryer to 400F degrees.
2. Cut wraps into triangle chips.
3. Cook in batches (single layer of chips) at 400F for 2-3 minutes. That's all you need to make 'em crispy!

## NUTRITION

### Nutrition Facts

Air Fryer Pita Chips

#### Amount Per Serving

**Calories** 80

#### % Daily Value\*

Fiber 4g	17%
<b>Protein</b> 7g	14%

\* Percent Daily Values are based on a 2000 calorie diet.



**Tried this recipe?**

Let us know how it was!