

Unit 4. The way the mind flows

Hello everyone. Today, I'm talking to you again about the fourth lesson, the path flowing in our hearts. Do you know that there are paths in our hearts too? What's important is which direction our hearts' paths take. Just like water flows in a certain direction, airplanes follow a path, ships sail a route, and people 'x walk along paths. If the path is wrong, it becomes very uncomfortable and A many problems arise. We need to change and adjust the direction of our paths. So, if we find ourselves going in the wrong direction, we need to change it. This is very important. In our minds, too, we have to correct ourselves if we i re going

the wrong way. The best expression of the world of the mind is found in the Bible. In Luke 15, there's a story about a father who had two sons. One day, a thought came into the younger son's mind. He thought, "Now I'm of a certain age and I can stand on my own from my father.'

So, the younger son had this thought in his mind: "If I receive my share of the property from my father, I can do business well and earn a lot of money. I Il be able to make a lot of money." That kind Of thought came into the younger son's mind. So, even though his father was still alive, he asked his father to give him his share of the property in advance. Eventually, his father gave him the property after seeing the desire in his son's heart. Then, the son took the property and went to another country to live. He had confidence in himself. He believed he could do it. That was the belief in his heart. However, in reality, life is tough. There are many temptations in the world, and the desire to spend money is strong. So, he ended up squandering all his money in the taverns. Now, he was completely broke. He had spent all his money and was starving on a farm, unable to even eat the food meant for the pigs. He was in great distress. Then, he remembered his father's house, where even the servants had plenty to eat. He began to think about turning back to his father's house. In the younger son's heart, there was a path of the heart. "Now, I can do well. I can succeed. "

But then, a belief crept into him. He thought, "I can do business just as well as my father, even better." Most people, when they have such belief in themselves, end up ruining their lives. He was no different. He truly believed in his own strength. He thought, "I am incredibly powerful. Anyone v:no dares to challenge me will lose." He threw away all his morals, got involved with immoral women, and even conspired with the enemies of his people to kill Samson. In the end, he learned that Samson's strength came from his hair being cut off, and that he couldn't do anything against it. He realized that it wasn't about having power or gaining control, but about understanding the world of the mind and knowing the path of the heart. That's what's Important. Whether you possess that in your heart or not is not important. Do you truly understand the world of the mind? Do you know the path of the heart accurately? That's what matters. Whether there's a lottery of blessings in it, I'm not sure. Whether it exists in the United States or in South Korea... Many people buy lottery tickets, so there are often many winners of the top prize. When people suddenly come into a large sum of money, like 2 billion or 1 billion won, what kind of feelings arise in their hearts? Most people would

think, "With this money, I want to try starting a business and buy a nice car to drive.."

They also want to buy a nice house and feel that way now that they have that money. So, because they have the money, they decide to quit their jobs and jump into starting a business with it. When you hear about the lives of these winners after 10 or 20 years, you find that many of them are actually unhappier than before, according to research. This is because they didn't earn it through their own efforts; it was a stroke of luck. They don't value it or manage it carefully. So, in the end, it's like they've wasted it in their lives. 49. have a changed drug patient in our cleaning organization. His name is and he lives in the United States. He started taking drugs from a very young age and ended up going to jail for drug treatment.

But unfortunately, despite his efforts, he couldn't resist the temptation of drugs. When he came out of prison and returned to his normal life, he fell back into drug addiction. This shouldn't happen. This shouldn't happen. He couldn't break free from drugs because, just like Mr. Lee, he didn't know the path his heart was taking. So, his heart could only flow in that direction. There is a correct path for the human heart. Now, one day, Mr. Rio had a thought. He was sitting on a park bench, doing drugs, and then fell asleep on that bench. When he woke up one day, he felt really hungry. He saw a half-eaten hamburger nearby. When he looked closely, he realized that the hamburger was spoiled. Seeing himself eating the spoiled burger, Mr. Rio started thinking, 'Why am I living like this? Why am I like this?' He remembered that he used to have dreams and hopes. He felt so miserable seeing himself like that. One day, he saw his old school friend, who used to play happily in the park together. His friend had a good job and a nice car. He envied his friend's happiness. He saw his friend playing happily in the park, marred with beauty and joy. And his friend had a good job and a nice car. He was living a fulfilling life.

In his mind, he no longer wanted to live like that. That feeling rose within him as he began to believe in himself and seek a better life. So, he decided to attend a drug rehabilitation program again. But this time, his attitude was very different from before. He was very serious, and every word from the instructor struck a chord in his heart. As he listened to other patients joke around, play games, and sleep, he realized that he had changed his path in life. He heard stories about his past. Then, since then, Mr. Ryu has been living a new life. He got married, had children, got a job, bought a house, a nice car, and built a

happy family. What's the ditto!once? I have the opportunity to change direction to him. I have a pastor friend who I know well. prisoner (or 17 years,

serving a sentence for murder I saw diligent and respected people in prison. He saw those kinds of people being in prison. He saw them being released as model prisoners. And after a few months, he saw them returning to prison. While watching this, the pastor felt something. He wondered why those people, who seemed kinder and better than him, were in prison. Watching them, he realized that we cannot control ourselves. He realized that he needed a mentor who could guide him through his own heart. One day, the pastor was released from prison. But he was really scared. When he came out, he thought, "If I go back to prison, I'll be given the death penalty." While he was in prison, there was a pastor who coached and guided him. That pastor was Pastor Lee. So, he thought, 'I need to receive guidance from Pastor Lee.' With that thought in mind, he wrote a letter to Pastor Lee. He wrote, "Pastor, I need your guidance." After a few days, he received a response from Pastor Lee. In the letter, Pastor Lee said, "I will guide you." So, after being released, he sought guidance from Pastor Lee. He realized that if he went back to prison, he would end up back there again. He realized that just like other people returned to prison, he would end up back there too. So, after being released, he asked Pastor Lee for guidance, training, and instruction in life. He wanted to receive guidance. So, with that determination, he wrote the letter. And thankfully, Pastor Lee accepted him and guided him.

He then wrote another letter to his father: "Father, when will I be released?

I really want to see you, but if I go back to my hometown, I'm afraid my friends will come looking for me. If they find me, I might end up drinking with them and falling back into bad habits again. Father, I really want to see you, but for my own sake, I want to go to Pastor Toshin's side to receive training and guidance. After enduring hardship, the father replied, 'If you can live righteously, don't worry about meeting me later. I hope you will truly live a righteous life by going to Pastor's side and receiving training.' So, without seeing his father, he went straight to Pastor Lee's center. There, he spent his 3 days cleaning the bathroom, sweeping the floor, and waiting. He realized that he hadn't been sent to prison yet, even after a month or two had passed. He understood this very well because he knew the path his heart was taking so well. He realized that he needed a mentor and leader because he knew he couldn't do it alone. So, he entrusted his life to the mentor. Now, he is educating prisoners worldwide through mind education. Through his

testimonies, he has witnessed many prisoners' hearts change and lives transform. He has become a doctor now and is involved in changing many people's lives. My dear friends, you may not see immediate results of changing the path of your heart in your life, even though you make efforts. But you can have faith in yourself, believe in yourself, and let go of those feelings. Truly believing in yourself is something we're taught in school, but actually believing in yourself is considered foolish in the Bible. In Psalm, it says, 'The fear of the Lord is the beginning of wisdom.' Even though he was a king, he had times when he fell into foolishness in his life. When he was old, he was scolded, his heart was corrected, and he was led. So, remember that when we believe in ourselves, our lives may collapse, and life may flow disastrously. You need to remember that you need a mentor who can guide your heart anytime, anywhere. So, when you realize the need for a mentor and truly feel drawn to it, remember that your mentor will guide you. Therefore, when you feel drawn to the guidance of your heart, remember Psalm 4:5: "Offer the sacrifices of righteousness, and trust in the Lord." Those who trust in the Lord will be happy, even though they may not have wealth or fame.

So, in summary, when we are connected with God, we become happy

The happiest moment for my granddaughter is when she is with her mother, becoming one with her. Likewise, in our lives, true happiness comes from being connected with God. Let's not be swayed by external factors. Remember the story of the prodigal son in Luke 15. Just like he squandered possessions and fell into ruin, our lives may also follow that path if we don't accurately remember that our happiness comes from being connected to God.

When our hearts are controlled by desires such as wanting to relax, indulge, or enjoy, our hearts and directions are the same for what is mentioned in Romans 7, even if we have good intentions, we cannot control ourselves. We need to believe in ourselves, but ultimately, we cannot escape sin through our own efforts. Therefore, we need to trust in Jesus Christ, mentioned in Romans 8:1. Our fight is not against flesh and blood but the spiritual forces of evil. So, let's trust in God's grace rather than in our abilities.

In conclusion, we cannot rely on ourselves to overcome sin and temptation. We need to trust in God's grace and seek guidance from mentors who can lead us.

Through their guidance and the transformation of many lives, we can also find & happiness and live a fulfilling life. Let's continue to seek wisdom and guidanc from God and trust in His grace to lead us on the right path.
