**Heavenly Chocolate Frosting**

**Serving Size: 2 Tablespoons**

**SmartPoints per serving: Ⓞ Ⓞ Ⓞ**

* **¾ cup Greek nonfat plain yogurt**
* **1 ½ teaspoons sugar-free chocolate pudding mix**
* **2 Tablespoons sugar-free chocolate syrup (such as Hershey’s or Great Value)**

**Beat all ingredients together in a small bowl with a hand-held mixer for about 30 seconds until creamy.**

**Store in a covered container in the refrigerator for up to 2 weeks.**

**Heavenly Cream Cheese Frosting**

**Serving Size: 2 Tablespoons**

**SmartPoints per serving: Ⓞ Ⓞ Ⓞ**

* **¾ cup Greek nonfat plain yogurt**
* **1 ½ teaspoons sugar-free cheesecake flavored pudding mix**
* **2 Tablespoons zero calorie sweetener**

**Beat all ingredients together in a small bowl with a hand-held mixer for about 30 seconds until creamy.**

**Store in a covered container in the refrigerator for up to 2 weeks.**

From the Kitchen of Deanna Cichon