Disambiguation

- Process
 running instance of a program
- User thread
 user-defined concurrency within a process

User space

Kernel thread
 the unit of scheduling

Kernel space

Multithreading models

- One-to-one model
 Kernel-level threads (a.k.a native threads)
- Many-to-one model
 User-level threads (a.k.a green threads)
- Many-to-many model
 Hybrid threads (a.k.a n:m threading)