Washington State Department of Health

Center for Health Statistics

BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

**1989 - Final Data Layout**

Variables are listed in the order that they appear on the questionnaire. Also, some question numbers are skipped for coding and administrative purposes.

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|  | |  | | **IDENTIFICATION INFORMATION** | |  | |
| 2 | | STATEX | | FIPS State Code | | 53= Washington State | |
| 1 | | SURVEY | | Survey # | | 1 = initial survey | |
| 5 | | PSUX | | PSU Number | | Primary Sampling Unit (unique respondent number) | |
| 6 | | IDATE | | Date of Interview | | SAS Character Variable | |
| 2 | | IMONTH | | Month of Interview | | SAS Character Variable | |
| 2 | | IDAY | | Day of Interview | | SAS Character Variable | |
| 2 | | IYEAR | | Year of Interview | | SAS Character Variable | |
| 2 | | INTVID | | Interviewer Identification | | SAS Character Variable | |
| 2 | | DISPCODE | | Final Disposition of Telephone Call | | 01= Completed Interview  02= Refused Interview  03= Non-Working Number  04= No Answer  05= Business Telephone  06= No Eligible Respondent  at this number  07= No Eligible Respondent  could be reached  during time period  08= Language barrier  prevented completion  of interview  09= Interview terminated  within questionnaire  10= Line Busy (Multiple  Tries)  11= Selected respondent  unable to respond  because of physical or  mental impairment | |
| 2 | | NUMADULT | | Number of Adults in Household | | 01-18= Number of adults,  18 years plus in  household | |
| 1 | | NUMMEN | | Number of Adult Men in Household | | 0-9= Number of adult men,  18 years plus in  household | |
| 1 | | NUMWOMEN | | Number of Adult Women in Household | | 0-9= Number of adult  women, 18 years plus  in household | |
|  | |  | | **SECTION 1: SEATBELTS** | |  | |
| 1 | | SEATBELT | | Q1. First, I’d like to begin by asking you about using seat belts. How often do you use seat belts when you drive or ride in a car; would you say...READ 1-5. | | 1= Always  2= Nearly always  3= Sometimes  4= Seldom  5= Never  7= Don’t know/Not sure  8= Never drive/ride in  a car  9= Refused | |
|  | |  | | **SECTION 2: HYPERTENSION**  **AWARENESS** | |  | |
| 1 | | BPHIGH | | Q2. These next questions are about hypertension or high blood pressure. Have you ever been told by a doctor, nurse or other health professional that you have high blood pressure? PROBE FOR DOCTOR, NURSE, OR OTHER HEALTH PROFESSIONAL. | | 1= No  2= Yes, by Doctor  3= Yes, by Nurse  4= Yes, by other Health  Professional  7= Don’t know/Not sure  9= Refused  IF CODE = 1, 7 OR 9, SKIP TO Q.7 | |
| 1 | | HIGHGT1 | | Q3. Have you been told on more than one occasion that your blood pressure was high, or have you been told this only once? | | 1= More than once  2= Only once  7= Don’t know/Not sure  9= Refused | |
| 1 | | BPTREAT | | Q4. Is any medicine currently prescribed for your high blood pressure? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused  IF CODE = 2, 7 OR 9, SKIP TO Q.6 | |
| 1 | | USETREAT | | Q5. Are you currently taking medicine for your high blood pressure? PROBE FOR “ALL OR MOST OF THE TIME” OR “ONLY OCCASIONALLY,” IF NECESSARY. IF ANSWER IS “YES,” USE “YES, ALL OR MOST OF THE TIME.” | | 1= Yes, all or most of the  time  2= Yes, occasionally  3= No  7= Don’t know/Not sure  9= Refused | |
| 1 | | BPUPNOW | | Q6. As far as you know, is your blood pressure presently normal--or under control--or is it still high? NORMAL OR UNDER CONTROL INCLUDES “RETURNED TO NORMAL” AND “NO LONGER HAVE HIGH BLOOD PRESSURE.” | | 1= Normal  2= Under control  3= Still high  7= Don’t know/Not sure  9= Refused | |
|  | |  | | **SECTION 3: PHYSICAL**  **ACTIVITY &**  **EXERCISE** | |  | |
| 1 | | EXERANY | | Q7. The next few questions are about physical activities other than your regular job duties. During the past month did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused  IF CODE = 2, 7 OR 9, SKIP TO Q.17 | |
| 2 | | EXERACT1 | | Q8. What type of physical activity or exercise did you spend the most time doing during the past month? | | 99= Refused--> SKIP TO  Q.12  IF RUNNING, JOGGING, WALKING OR SWIMMING, ASK Q.9. ALL OTHERS, SKIP TO Q.10  FOR CODES, SEE TECHDOC\ CODELIST\ PHYSACT.DOC | |
| 3 | | EXERDIS1 | | Q9. How far did you usually (walk)/(run)/(jog)  /(swim)? | | ###= Code Miles and Tenths  777= Don’t know/Not sure  999= Refused  FOR INTERVIEWER CONVERSION  TABLE, SEE TECHDOC\ CODELIST\ DISTANCE.DOC | |
| 3 | | EXEROFT1 | | Q10. How many times per week or per month did you take part in this activity? | | 1##= Times per Week  2##= Times per Month  777= Don’t know/Not sure  999= Refused | |
| 3 | | EXERHMM1 | | Q11. And when you took part in this activity, for how many minutes or hours did you usually keep at it? | | ###= Code Hrs. and Min.  777= Don’t know/Not sure  999= Refused | |
| 1 | | EXEROTH2 | | Q12. Was there another physical activity or exercise that you participated in during the last month? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused  IF CODE = 2, 7 OR 9, SKIP TO Q.17 | |
| 2 | | EXERACT2 | | Q13. What other type of physical activity gave you the next most exercise during the past month? | | 99= Refused--> SKIP TO  Q.17  IF RUNNING, JOGGING, WALKING OR SWIMMING, ASK Q.14. ALL OTHERS, SKIP TO Q.15  FOR CODES, SEE TECHDOC\ CODELIST\ PHYSACT.DOC | |
| 3 | | EXERDIS2 | | Q14. How far did you usually (walk)/(run)/(jog)  /(swim)? | | ###= Code Miles and Tenths  777= Don’t know/Not sure  999= Refused  FOR INTERVIEWER CONVERSION  TABLE, SEE TECHDOC\ CODELIST\ DISTANCE.DOC | |
| 3 | | EXEROFT2 | | Q15. How many times per week or per month did you take part in this activity? | | 1##= Times per Week  2##= Times per Month  777= Don’t know/Not sure  999= Refused | |
| 3 | | EXERHMM2 | | Q16. And when you took part in this activity, for how many minutes or hours did you usually keep at it? | | ###= Code Hrs. and Min.  777= Don’t know/Not sure  999= Refused | |
|  | |  | | **SECTION 4: WEIGHT CONTROL** | |  | |
| 1 | | LOSEWT | | Q17. Now I would like to ask you about some of the things you may be currently doing to try to lose weight or to keep from gaining weight. Are you now trying to lose weight? | | 1= Yes  2= No--> SKIP TO Q.21  3= No, trying to gain  weight--> SKIP TO Q.28  7= Don’t know/Not sure  9= Refused | |
| 3 | | TRYLOSE | | Q18. About how long ago did you begin your current attempt to lose weight? RECORD # OF DAYS/WEEKS/ MONTHS/YEARS. | | 1##= Number of Days  2##= Number of Weeks  3##= Number of Months  4##= Number of Years  555= Always trying to lose  weight  777= Don’t know/Not sure  999= Refused | |
| 3 | | WHATWGT | | Q19. About how much did you weigh when you began your current attempt to lose weight? | | ###= Pounds  777= Don’t know/Not sure  999= Refused | |
| 3 | | WTDESIRE | | Q20. How much would you like to weigh? | | ###= Pounds  777= Don’t know/Not sure  999= Refused | |
| 1 | | MAINTAIN | | Q21. Are you now trying to maintain your current weight, that is, to keep from gaining weight? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused  IF CODE = 2, 7 OR 9, SKIP TO Q.27 | |
| 1 | | FEWCAL | | Q22. Are you eating fewer calories to lose weight or to keep from gaining weight? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused  IF CODE = 2, 7 OR 9, SKIP TO Q.25 | |
| 4 | | COUNTCAL | | Q23. Some people count calories. If you are counting calories, about how many calories are you eating per day? IF THE RESPONDENT GIVES A NUMBER OF 10,000 OR MORE, RECORD “9997.” | | ####= Number of calories  9997= 10,000 calories or  more  7777= Don’t count calories  9999= Refused | |
| 3 | | CALORIES | | Q24. About how long have you been eating this many calories per day? | | 1##= Number of Days  2##= Number of Weeks  3##= Number of Months  4##= Number of Years  777= Don’t know/Not sure  999= Refused | |
| 1 | | PHYACT2 | | Q25. Are you using physical activity or exercise to lose weight or to keep from gaining weight? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused | |
| 1 | | DIETPILL | | Q26a. Are you now doing any of the following to lose weight or to keep from gaining weight? Taking diet pills to decrease your appetite? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused | |
| 1 | | SUPPLEMT | | Q26b. Taking special products, such as canned or powdered supplements? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused | |
| 1 | | FASTING | | Q26c. Fasting for twenty-four hours or longer as part of your diet? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused | |
| 1 | | PROGRAM | | Q26d. Participating in an organized weight-control program (such as Weight Watchers, TOPS, or Nutri-Systems)? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused | |
| 1 | | VOMIT | | Q26e. Causing yourself to vomit after you eat? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused | |
| 1 | | DRADVICE | | Q27. Have you been advised by a doctor or other health professional to reduce your weight? IF “YES,” PROBE FOR TYPE OF HEALTH PROFESSIONAL. | | 1= Yes, by a Doctor  2= Yes, by a Nurse/  Physician’s Assistant  3= Yes, by a Nutritionist/  Dietician  4= Yes, by another Health  Professional  5= No  7= Don’t know/Not sure  9= Refused | |
| 1 | | CONSIDWT | | Q28. Do you now consider yourself to be overweight, underweight, or about average? | | 1= Overweight  2= Underweight  3= About average  7= Don’t know/Not sure  9= Refused | |
|  | |  | | **SECTION 5: TOBACCO USE** | |  | |
| 1 | | SMOKE100 | | Q29. Now I would like to ask you a few questions about cigarette smoking. Have you smoked at least 100 cigarettes in your entire life? NOTE: 100 CIGARETTES = 5 PACKS. | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused  IF CODE = 2, 7 OR 9, SKIP TO Q.31 | |
| 1 | | SMOKENOW | | Q30. Do you smoke cigarettes now? | | 1= Yes  2= No--> SKIP TO Q.33  9= Refused--> SKIP TO Q.33 | |
| 2 | | SMOKENUM | | Q31. On the average, about how many cigarettes a day do you now smoke? NOTE: 1 PACK = 20 CIGARETTES. | | 01-87= Number of  cigarettes  88= Don’t smoke  regularly  99= Refused | |
| 1 | | SMOKQUIT | | Q32. Have you stopped smoking for a week or more sometime during the past year? | | 1= Yes  2= No  9= Refused | |
|  | |  | | **SECTION 6: ALCOHOL**  **CONSUMPTION** | |  | |
| 1 | | DRINKANY | | Q33. These next questions are about the use of beer, wine, wine coolers, cocktails, and liquor, such as vodka, gin, rum or whiskey--all kinds of alcoholic beverages that people drink at meals, special occasions, or when just relaxing. Have you had any beer, wine, wine coolers, cocktails, or liquor during the past month, that is since \_\_\_\_? | | 1= Yes  2= No--> SKIP TO Q.38  9= Refused--> SKIP TO  Q. 38 | |
| 3 | | ALCOHOL | | Q34. During the past month, how many days per week or per month did you drink any alcoholic beverages, on the average? | | 1##= Times per Week  2##= Times per Month  777= Don’t know/Not sure  999= Refused  IF CODE = 777 OR 999, SKIP TO Q.36 | |
| 2 | | NALCOCC | | Q35. A drink is one can or bottle of beer, one glass of wine, one can or bottle of wine cooler, one cocktail, or one shot of liquor. On the days when you drank, about how many drinks did you drink, on the average? | | ##= Number of drinks  77= Don’t know/Not sure  99= Refused | |
| 2 | | DRINKGE5 | | Q36. Considering all types of alcoholic beverages, that is, beer, wine, wine coolers, cocktails, and liquor, how many times during the past month did you have five or more drinks on an occasion? | | ##= Number of times  88= None  77= Don’t know/Not sure  99= Refused | |
| 2 | | DRINKDRI | | Q37. And during the past month, how many times have you driven when you’ve had perhaps too much to drink? | | ##= Number of times  88= None  77= Don’t know/Not sure  99= Refused | |
|  | |  | | **SECTION 7: PREVENTIVE**  **HEALTH**  **PRACTICES** | |  | |
| 1 | | CHECKUP | | Q38. Some people visit a doctor for a routine checkup, even though they are feeling well and have not been sick. How long has it been since you last visited a doctor for a routine checkup; was it...READ 1-4. | | 1= Within the past year  2= Within the past 2 years  3= Within the past 5 years  4= More than 5 years ago  7= Don’t know/Not sure  8= Never  9= Refused  IF CODE = 7, 8 OR 9, SKIP TO Q.40 | |
| 1 | | TYPEDR | | NOTE: IF MALE RESPONDENT, READ 1-4; IF FEMALE RESPONDENT, READ 1‑5.  Q39. What type of doctor did you see for your last routine checkup? Was it a... | | 1= Family or General  Practitioner  2= Internist  3= Specialist such as  heart, lung, or stomach  specialist  4= Other  5= Obstetrician/  Gynecologist  7= Don’t know/Not sure  9= Refused | |
|  | |  | | **SECTION 8: CHOLESTEROL**  **AWARENESS** | |  | |
| 1 | | BLOODCHO | | Q40. These next questions are about blood cholesterol, which is a fatty substance found in the blood. Have you ever had your blood cholesterol checked? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused  IF CODE = 2, 7 OR 9, SKIP TO Q.47 | |
| 1 | | CHOLCHK | | Q41. About how long has it been since you last had your blood cholesterol checked; would you say it was...READ 1-4. | | 1= Within the past year  2= Within the past 2 years  3= Within the past 5 years  4= More than 5 years ago  7= Don’t know/Not sure  9= Refused | |
| 1 | | TOLDLEV | | Q42. Have you ever been told your blood cholesterol level, in numbers? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused  IF CODE = 2, 7 OR 9, SKIP TO Q.44 | |
| 3 | | LEVEL | | Q43. What is your blood cholesterol level? | | ###= Actual number  777= Don’t know/Not sure  999= Refused | |
| 1 | | TOLDHI | | Q44. Have you ever been told by a doctor or other health professional that your blood cholesterol is high? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused | |
| 1 | | REDCHOL | | Q45. Are you now under the advice of a doctor to reduce your blood-cholesterol or blood-fat level? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused  IF CODE = 2, 7 OR 9, SKIP TO Q.47 | |
| 1 | | CHOLMED | | Q46a. Did the doctor prescribe a medication to lower your blood cholesterol? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused | |
| 1 | | CHOLDIET | | Q46b. Did the doctor provide you a low-fat or low-cholesterol diet? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused | |
| 1 | | CHOLHELP | | Q46c. Did the doctor refer you to a dietitian, nutritionist, or nurse to help you reduce the fat or cholesterol in your diet? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused | |
|  | |  | | **SECTION 9: DIABETES** | |  | |
| 1 | | DIABETES | | Q47. Next, a question about diabetes, sometimes called sugar diabetes. Have you ever been told by a doctor that you have diabetes? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused | |
|  | |  | | **SECTION 10: WOMEN'S**  **HEALTH** | |  | |
| 1 | | PAPTEST | | NOTE: MALES - SKIP TO Q.57; FEMALES ONLY - ASK Q.48-56.  Q48. The next few questions are about certain kinds of medical tests and examinations. Have you ever heard of a Pap smear test? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused  IF CODE = 2, 7 OR 9, SKIP TO Q.51 | |
| 1 | | HADPAP | | Q49. Have you ever had a Pap smear? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused  IF CODE = 2, 7 OR 9, SKIP TO Q.51 | |
| 1 | | LASTPAP | | Q50. When did you have your last Pap smear? Was it...READ 1-4. | | 1= Within the past year  2= Within the past 2 years  3= Within the past 5 years  4= More than 5 years ago  7= Don’t know/Not sure  9= Refused | |
| 1 | | HADHYST | | NOTE: THIS QUESTION IS NOT ASKED OF PREGNANT FEMALES.  Q51. Have you had a hysterectomy? IF NEEDED: “This is an operation to remove the uterus.” | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused | |
| 1 | | HADMAM | | Q52. These next questions are about mammograms, which are x-ray tests of the breast to look for cancer. Have you ever had a mammogram? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused  IF CODE = 2, 7 OR 9, SKIP TO Q.54b | |
| 1 | | HOWLONG | | Q53. About how long has it been since you had your last mammogram; was it...READ 1-4. | | 1= Within the past year-->  SKIP TO Q.55  2= Within the past 2 years  3= Within the past 5 years  4= More than 5 years ago  7= Don’t know/Not sure  9= Refused | |
| 1 | | NOTDONE | | Q54a. What is the most important reason that you did not have a mammogram in the last year? DO NOT READ. | | 1= Not recommended by  doctor/Doctor never  said it was needed  2= Not needed/Not  necessary  3= Never heard of a  mammogram  4= Cost  5= No insurance to pay  for it  6= Other  7= Don’t know/Not sure  9= Refused  SKIP TO Q.55 | |
| 1 | | NOTDONE | | Q54b. What is the most important reason that you never had a mammogram? DO NOT READ. | | 1= Not recommended by  doctor/Doctor never  said it was needed  2= Not needed/Not  necessary  3= Never heard of a  mammogram  4= Cost  5= No insurance to pay  for it  6= Other  7= Don’t know/Not sure  9= Refused  SKIP TO Q.57 | |
| 1 | | WHYDONE | | Q55. Was your last mammogram done as part of a routine checkup, because of a breast problem, or because you’ve already had breast cancer? | | 1= Routine checkup  2= Breast problem  3= Had breast cancer  7= Don’t know/Not sure  9= Refused | |
| 1 | | MAMMIDEA | | Q56. Whose idea was it for you to have this last mammogram; was it your idea, your doctor’s idea, or someone else’s idea? PROBE FOR “MOST INFLUENTIAL” ONE ONLY. | | 1= Respondent’s idea  2= Doctor’s idea  3= Someone else’s idea  7= Don’t know/Not sure  9= Refused | |
|  | |  | | **SECTION 11: INJURY**  **CONTROL &**  **CHILD SAFETY** | |  | |
| 1 | | DETECTOR | | Q57. Is there a working smoke detector in your household? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused | |
| 1 | | TESTH20 | | Q58. In the past twelve months, have you, or has anyone in your household, used a thermometer to test the temperature of the hot water? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused | |
| 2 | | YOUNGAGE | | Q59. What is the age of the youngest child in your household? RECORD EXACT AGE. | | ##= Age (in years)  89= Age is less than one  year  88= No children in  household  77= Don’t know/Not sure  99= Refused | |
| 1 | | POISON | | NOTE: YOUNGEST CHILD AGE 10 OR UNDER:  Q60. Do you have the telephone number for a Poison Control Center in your area? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused | |
| 1 | | IPECAC | | Q61. There is a medication called Ipecac [PRONOUNCED: IP-ih-kak] Syrup, which is sometimes taken to cause vomiting after something poisonous is swallowed. Do you now have any Ipecac Syrup in your household? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused | |
| 1 | | BUCKLEUP | | Q62. When riding in a car, how often is the youngest child buckled in a car safety seat or seat belt; would you say...READ 1-5. | | 1= All the time  2= Most of the time  3= Sometimes  4= Rarely  5= Never  7= Don’t know/Not sure  9= Refused | |
|  | |  | | **SECTION 12: DEMOGRAPHICS** | |  | |
| 2 | | AGE | | Q63. These next few questions ask for a little more information about yourself. How old were you on your last birthday? | | 18-98= Age (in years)  99= 99+  07= Don’t know/Not sure  09= Refused | |
| 1 | | ORACE | | Q64. What is your race; would you say...READ 1-4. | | 1= White  2= Black  3= Asian, Pacific Islander  4= Aleutian, Eskimo,  Native American  5= Some other (SPECIFY)  7= Don’t know/Not sure  9= Refused | |
| 1 | | HISPANIC | | Q65. Are you of Hispanic origin, such as Mexican American, Latin American, Puerto Rican, or Cuban? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused | |
| 1 | | EDUCA | | Q66. What is the highest grade or year of school you completed? READ ONLY IF NECESSARY. | | 1= 8th grade or less  2= Some high school  3= High-school graduate  or GED certificate  4= Some technical school  5= Technical-school  graduate  6= Some college  7= College graduate  8= Post-graduate or  professional degree  9= Refused | |
| 1 | | EMPLOY | | Q67. Are you currently...READ 1-7. | | 1= Employed for wages  2= Self-employed  3= Out of work more than  1 year  4= Out of work less than  1 year  5= A homemaker  6= A student  7= Retired  9= Refused | |
| 1 | | MARITAL | | Q68. And are you...READ 1-6. | | 1= Married  2= Divorced  3= Widowed  4= Separated  5= Never married  6= A member of an  unmarried couple  9= Refused | |
| 1 | | INCOME | | Q69. Which of the following categories best describe your annual household income from all sources...READ 1-8. | | 1= Less than $10,000  2= $10 - $15,000  3= $15 - $20,000  4= $20 - $25,000  5= $25 - $35,000  6= $35 - $50,000  7= Don’t know/Not sure  9= Refused | |
| 3 | | WEIGHT | | Q70. About how much do you weigh without shoes? | | ###= Pounds  777= Don’t know/Not sure  999= Refused | |
| 3 | | HEIGHT | | Q71. About how tall are you without shoes? | | ###= Code Feet, Inches  777= Don’t know/Not sure  999= Refused | |
| 1 | | SEX | | Q72. RESPONDENT’S SEX. (ASK, IF NECESSARY) | | 1= Male  2= Female | |
| 1 | | PREGNANT | | NOTE: FEMALES ONLY, BETWEEN THE AGE OF 18 AND 45 CAN ANSWER THIS QUESTION. ALL OTHERS, SKIP TO Q.75.  Q73. To your knowledge, are you now pregnant? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused  IF CODE = 2, 7 OR 9, SKIP TO Q.75 | |
| 2 | | WHENDUE | | Q74. During what month is your baby due? | | 1= January  2= February  3= March  4= April  5= May  6= June  7= July  8= August  9= September  10= October  11= November  12= December  77= Don’t know/Not sure  99= Refused | |
| 1 | | CHLDREN | | Q75a. Are there children under the age of eighteen living in your household? | | 1= Yes  2= No  3= Don’t know/Refused  IF CODE = 2 OR 3, SKIP TO Q.76 | |
| 1 | | CHLD05 | | Q75b. How many are infants to age five? | | #= Number of infants  9= Refused | |
| 1 | | CHLD0612 | | Q75c. How many age six to twelve? | | #= Number of children  9= Refused | |
| 1 | | CHLD1317 | | Q75d. How many age thirteen to seventeen? | | #= Number of children  9= Refused | |
| 1 | | NUMPHONS | | Q76. How many telephone numbers will reach this household, including the number I used today? NOTE: DIFFERENTIATE BETWEEN TELEPHONE NUMBERS AND TELEPHONE SETS, IF NECESSARY. INCLUDE ALL TELEPHONE NUMBERS THAT CAN REACH HOUSEHOLD. | | #= Total Telephone Numbers | |
| 2 | | CTYCODE | | Q77. Residence county | | ##= County code  77= Don't know/Not sure  99= Refused  SEE TECHDOC\ CODELIST\ COUNTY.DOC | |
|  | |  | | **SECTION 13: SAMPLING**  **DESIGN AND**  **WEIGHTING**  **VARIABLES** | |  | |
| 2 | | AGEGX | | Age group codes used in post-stratification. | | 1= 18-24  2= 25-34  3= 35-44  4= 45-54  5= 55-64  6= 65+  NOTE: If cell sizes are too small, age categories may have been collapsed. | |
| 10 | | CSAX | | Cluster size adjustment (Expected cluster size divided by the actual cluster size) | | Floating Decimal Point. | |
| 10 | | FINALWTX | | Final weight: Post stratification multiplied by the product of stratum adjustment and the product of unequal selection probability weight and cluster size adjustment. | | Floating Decimal Point. | |
| 10 | | POSTSTRX | | Post stratification (frequency by age/race/sex distribution from census  divided by the weighted sample frequency; CDC calculated - part of final  weight calculation) | | 99999999.99= Unknown  (2 decimal places) | |
| 1 | | RACEGRX | | Race group codes used in post-stratification | | 1= White  2= Non-white  NOTE: If cell sizes are too small, race categories may have been collapsed. | |
| 10 | | RAWX | | Raw weighting factor | | Floating Decimal Point.  [Unequal selection probability weight (number adults in household/the number of phone #’s reaching household] | |
| 10 | | WT1X | | Weight one | | 99.99= Unknown  (2 decimal places)  [The product of unequal selection probability weight and cluster size adjustment. (Raw \* CSA)] | |
| 1 | | XSEXGX | | Sex group codes used in post-stratification | | 1= Male  2= Female | |
|  | |  | | **SECTION 14: RISK FACTORS** | |  | |
| 1 | | RFDRACUX | | At risk for acute drinking (reported having 5+ drinks at least once on an occasion) | | 1= Not at risk  2= At risk  9= Refused | |
| 1 | | RFDRCHRX | | At risk for chronic drinking (having 60+ drinks a month) | | 1= Not at risk  2= At risk  9= Refused | |
| 1 | | RFDRDRIX | | At risk for drinking and driving (reported having driven at least once when perhaps had too much to drink) | | 1= Not at risk  2= At risk  9= Unknown | |
| 1 | | RFHYPE2X | | At risk for hypertension (2) (told blood pressure high) | | 1= Not at risk  2= At risk  9= Unknown | |
| 1 | | RFHYPE3X | | At risk for hypertension (3) (told BP high or person told on more than one occasion BP high or person currently taking medication for hypertension) | | 1= Not at risk  2= At risk  9= Unknown | |
| 1 | | RFHYPERX | | At risk for hypertension (1) (told blood pressure high and blood pressure still high) | | 1= Not at risk  2= At risk  9= Unknown | |
| 1 | | RFLIFESX | | At risk for sedentary lifestyle (sedentary or irregular physical activity profile) | | 1= Not at risk  2= At risk  9= Unknown | |
| 1 | | RFOBESEX | | At risk for obesity (> 120% of weight/height percent of median) | | 1= Not at risk  2= At risk  9= Unknown | |
| 1 | | RFSEAT2X | | At risk for seatbelt use (2) (sometimes, seldom, or never wear seatbelt) | | 1= Not at risk  2= At risk  9= Unknown | |
| 1 | | RFSEATBX | | At risk for seatbelt use (3) (seldom or never wear seatbelt) | | 1= Not at risk  2= At risk  9= Unknown | |
| 1 | | RFSMOKEX | | At risk for smoking (current regular smokers only) | | 1= Not at risk  2= At risk  9= Unknown | |
| 1 | | RFWHBMIX | | At risk for overweight based on BMI (risk defined as  >27.8 for males and  >27.3 for females) | | 1= Not at risk  2= At risk  9= Unknown | |
|  | |  | | **SECTION 15: CALCULATED**  **VARIABLES** | |  | |
| 3 | | AGEG5YRX | | CDC five-year age groups | | 1 = 18‑24  2 = 25‑29  3 = 30‑34  4 = 35‑39  5 = 40‑44  6 = 45‑49  7 = 50‑54  8 = 55‑59  9 = 60‑64  10 = 65‑69  11 = 70‑74  12 = 75‑79  13 = 80+  14 = Refused | |
| 3 | | BMIX | | Body mass index | | ###= (1 implied decimal  place)  999= Unknown | |
| 1 | | CHOLRSKX | | Cholesterol risk | | 1= Not at risk  2= At risk  9= Unknown | |
| 4 | | DRNKMOX | | Total number of alcoholic drinks per month | | 0001-1000= Number of  drinks  8888= Did not drink  in past month  9999= Refused | |
| 2 | | RACE | | New race code (race/ethnicity) | | 01= White, non-Hisp  02= Black, non-Hisp  03= Hisp, White  04= Hisp, Black  05= Other Hisp  06= Asian/PI  07= Native American  08= Other  99= Unknown/Refused | |
| 1 | | SMOKERX | | Smoking status | | 1= Current regular smoker  2= Former smoker  3= Never smoked  4= Not regular smoker  9= Unknown | |
| 1 | | TOTINDX1 | | Physical activity level | | 1= Sedentary: No reported  activity.  2= Irregular Activity: Any  physical activity or  pair of activities done  for less than 20  minutes or less than  three times per week.  3= Regular Activity: Any  physical activity or  pair of activities done  for a total of 20 or  more minutes three or  more times per week  that does not meet the  1990 objective.  4= 1990 Objective: Any  physical activity or  pair of physical  activities that  requires rhythmic  contraction of large  muscle groups at 60% of  functional capacity for  20 or more minutes  three or more times per  week. | |
| 1 | | TOTINDXX | | Physical activity level | | 1= Sedentary  2= Irregular Activity  3= Regular Activity  4= Meets current  objective: | |
| 5 | | WTFORHTX | | Weight for Height as a Percent of Median | | ###.##=  999.99= Refused  (2 decimal places) | |
|  | |  | | **SECTION 16: CDC UNIFORM**  **RECODED**  **VARIABLES** | |  | |
| 2 | | AGEU | | How old were you on your last birthday? | | 18-98= Age (in years)  99= 99+  07= Don’t know/Not sure  09= Refused | |
| 1 | | BPHIGHU | | Have you ever been told by a doctor, nurse, or other health professional that you have high blood pressure? | | 1= Yes  2= No  7= DK/NS  9= Refused | |
| 1 | | CHECKUPU | | About how long has it been since you last visited a doctor for a routine checkup? Was it... | | 1= Within the past year  2= Within the past 2 years  3= Within the past 5 years  4= More than 5 years ago  7= DK/NS  8= Never  9= Refused | |
| 1 | | CHOLCHKU | | About how long has it been since you last had your blood cholesterol checked? | | 1= Within the past year  2= Within the past 2 years  3= Within the past 5 years  4= More than 5 years ago  7= DK/NS  9= Refused | |
| 2 | | CTYCODEU | | County of residence (u) (State created codes) | | ##= County code  77= DK/NS  99= Refused  SEE TECHDOC\ CODELIST\ COUNTY.DOC | |
| 3 | | CTYCODEZ | | FIPS County Code (z) | | ###= County code  777= DK/NS  999= Refused  SEE TECHDOC\ CODELIST\ COUNTY.DOC | |
| 1 | | DIABETEU | | Have you ever been told by a doctor that you have diabetes? | | 1= Yes  2= No  7= DK/NS  9= Refused | |
| 1 | | DRADVCEU | | Have you been advised by a doctor or other health professional to reduce your weight? | | 1= Yes, by doctor  2= Yes, by nurse/  physician’s assistant  3= Yes, by nutritionist/  dietician  4= Yes, by other health  professional  5= No  7= DK/NS  9= Refused | |
| 1 | | DRNKANYU | | Have you had any beer, wine, or liquor during the past month, that is, since \_\_\_\_\_\_\_? | | 1= Yes  2= No  9= Refused | |
| 2 | | DRNKGE5U | | Considering all types of alcoholic beverages, that is beer, wine, wine coolers, cocktails, and liquor, as drinks, how many times during the past month did you have 5 or more drinks on an occasion? | | ##= Number of times  77= Don’t know/Not sure  99= Refused | |
| 1 | | EDUCAU | | What is the highest grade or year of school you completed? | | 1= Never attended school  2= Elementary  3= Some high school  4= High school grad/GED  5= Some college or tech  school  6= College grad  9= Refused | |
| 1 | | EMPLOYU | | Are you currently employed for wages? | | 1= Employed for wages  2= Self-employed  3= Out of work >1 yr  4= Out of work <1 yr  5= Homemaker  6= Student  7= Retired  9= Refused | |
| 1 | | EMPLOYZ | | Are you currently employed for wages? | | 1= Employed for wages  2= Self-employed  3= Out of work >1 yr  4= Out of work <1 yr  5= Homemaker  6= Student  7= Retired  8= Unable to work  9= Refused | |
| 1 | | FEWCALU | | Are you eating fewer calories to lose weight? | | 1= Yes  2= No  7= DK/NS  9= Refused | |
| 1 | | HOWLONGU | | About how long has it been since you had your last mammogram? | | 1= W/in past yr  2= W/in past 2 yrs  3= W/in past 5 yrs  4= More than 5 yrs  7= DK/NS  9= Refused | |
| 1 | | HOWLONGZ | | About how long has it been since you had your last mammogram? | | 1= W/in past yr  2= W/in past 2 yrs  3= W/in past 3 yrs  4= W/in past 5 yrs  5= More than 5 yrs  7= DK/NS  9= Refused | |
| 1 | | INCOMEU | | Which of the following categories best describe your annual household income from all sources? | | 1= <$10,000  2= $10-14,999  3= $15-19,999  4= $20-24,999  5= $25-34,999  6= $35-50,000  7= Unknown  8= >$50,000  9= Refused | |
| 1 | | LASTPAPU | | When did you have your last Pap smear? | | 1= W/in past yr  2= W/in past 2 yrs  3= W/in past 5 yrs  4= More than 5 yrs  7= DK/NS  9= Refused | |
| 1 | | LASTPAPZ | | When did you have your last Pap smear? | | 1= W/in past yr  2= W/in past 2 yrs  3= W/in past 3 yrs  4= W/in past 5 yrs  5= More than 5 yrs  7= DK/NS  9= Refused | |
| 1 | | LOSEWTU | | Are you now trying to lose weight? | | 1= Yes  2= No  9= Refused | |
| 1 | | NUMPHNSU | | Total number of different telephone numbers for this residence. | | #= Total Telephone Numbers | |
| 1 | | ORACEU | | What is your race? | | 1= White  2= Black  3= Asian/PI  4= Native American, and/or  Aleutian, Eskimo,  American Indian  5= Other, and/or Some  other (SPECIFY)  7= Unknown, and/or  DK/NS  9= Refused | |
| 1 | | PHYACT | | (Have you increased/Are you using) physical activity (or exercise) to lose weight or to keep from gaining weight? | | 1= Yes  2= No  7= DK/NS  9= Refused | |
| 2 | | SMOKNUMU | | On the average, about how many cigarettes a day do you now smoke? | | 01-87= Number of  cigarettes  88= Don’t smoke  regularly  99= Refused (includes  non-smokers) | |
|  | |  | | **SECTION 17: WASHINGTON**  **STATE UNIFORM**  **RECODED**  **VARIABLES** | |  | |
| 1 | | INCOMEW | | Which of the following categories best describe your annual household income from all sources? | | 1= <$10,000  2= $10-14,999  3= $15-19,999  4= $20-24,999  5= $25-34,999  6= $35-49,999  7= $Over $50,000  8= DK/NS  9= Refused | |
| 2 | | PUMS | | Public Use Microsystems (PUMS) Region | | ##= Region  SEE TECHDOC\ CODELIST\ COUNTY.DOC FOR CODING | |