Washington State Department of Health

Center for Health Statistics

BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

**1990 - Final Data Layout**

Variables are listed in the order that they appear on the questionnaire. Also, some question numbers are skipped for coding and administrative purposes.

**TABLE OF CONTENTS**

## Starts

**Section Topic at Q.#**

Identification Information

1 Introduction 1

# 2 Hypertension Awareness 3

3 Physical Activity & Exercise 7

4 Tobacco Use 17

5 Alcohol Consumption 24

6 Preventive Health Practices 29

7 Cholesterol Awareness 31

8 Diabetes 40

9 Women's Health 41

10 HIV/AIDS 50

11 Radon Gas 63

12 Residence 73

13 Water Activities 74

14 Demographics 86

15 Sampling Design and Weighting Variables

16 Risk Factors

17 Calculated Variables

18 CDC Uniform Recoded Variables

19 Washington State Uniform Recoded Variables

| **Field**  **Size** | | **Variable Name** | | **Questions** | | **Code & Response Categories** | |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | |  | | **IDENTIFICATION INFORMATION** | |  | |
| 2 | | STATEX | | FIPS State Code | | 53= Washington State | |
| 1 | |  | | Old Stratum Field | |  | |
| 5 | | PSUX | | PSU Number | | Primary Sampling Unit | |
| 1 | | RECORDX | | Record Number | |  | |
| 6 | | IDATE | | Date of Interview | | SAS Character Variable | |
| 2 | | IMONTH | | Month of Interview | | SAS Character Variable | |
| 2 | | IDAY | | Day of Interview | | SAS Character Variable | |
| 2 | | IYEAR | | Year of Interview | | SAS Character Variable | |
| 2 | | INTVID | | Interviewer Identification | | SAS Character Variable | |
| 3 | | AREACODE | | Area Code | | SAS Character Variable  (Not available for 87, 88, 89) | |
| 2 | | DISPCODE | | Final Disposition of Telephone Call | | 01= Completed Interview  02= Refused Interview  03= Non-Working Number  04= No Answer  05= Business Telephone  06= No Eligible Respondent  at this number  07= No Eligible Respondent  could be reached  during time period  08= Language barrier  prevented completion  of interview  09= Interview terminated  within questionnaire  10= Line Busy (Multiple  Tries)  11= Selected respondent  unable to respond  because of physical or  mental impairment | |
| 1 | | WINDDOWN | | Winddown | | Not used in Washington State Sample | |
| 2 | | NUMADULT | | Number of Adults in Household | | 01-18= Number of adults,  18 years plus in  household | |
| 1 | | NUMMEN | | Number of Adult Men in Household | | 0-9= Number of adult men,  18 years plus in  household | |
| 1 | | NUMWOMEN | | Number of Adult Women in Household | | 0-9= Number of adult  women, 18 years plus  in household | |
|  | |  | | **SECTION 1: INTRODUCTION** | |  | |
| 1 | | SEX | | Q1. RESPONDENT’S SEX. (ASK, IF NECESSARY) | | 1= Male  2= Female | |
| 1 | | SEATBELT | | Q2. First, I’d like to begin by asking you about using seat belts. How often do you use seat belts when you drive or ride in a car; would you say...READ 1-5. | | 1= Always  2= Nearly always  3= Sometimes  4= Seldom  5= Never  7= Don’t know/Not sure  8= Never drive/ride in a  car  9= Refused | |
|  | |  | | **SECTION 2: HYPERTENSION**  **AWARENESS** | |  | |
| 1 | | BPHIGH | | Q3. These next questions are about hypertension or high blood pressure. Have you ever been told by a doctor, nurse or other health professional that you have high blood pressure? PROBE FOR DOCTOR, NURSE, OR OTHER HEALTH PROFESSIONAL. | | 1= No  2= Yes, by Doctor  3= Yes, by Nurse  4= Yes, by other Health  Professional  7= Don’t know/Not sure  9= Refused  IF CODE = 1, 7 OR 9, SKIP TO Q.7 | |
| 1 | | HIGHGT1 | | Q4. Have you been told on more than one occasion that your blood pressure was high, or have you been told this only once? | | 1= More than once  2= Only once  7= Don’t know/Not sure  9= Refused | |
| 1 | | BPTREAT | | Q5. Is any medicine currently prescribed for your high blood pressure? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused  IF CODE = 2, 7 OR 9, SKIP TO Q.7 | |
| 1 | | USETREAT | | Q6. Are you currently taking medicine for your high blood pressure? PROBE FOR “ALL OR MOST OF THE TIME” OR “ONLY OCCASIONALLY,” IF NECESSARY. IF ANSWER IS “YES,” USE “YES, ALL OR MOST OF THE TIME.” | | 1= Yes, all or most of the  time  2= Yes, occasionally  3= No  7= Don’t know/Not sure  9= Refused | |
|  | |  | | **SECTION 3: PHYSICAL**  **ACTIVITY &**  **EXERCISE** | |  | |
| 1 | | EXERANY | | Q7. The next few questions are about physical activities other than your regular job duties. During the past month did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused  IF CODE = 2, 7 OR 9, SKIP TO Q.17 | |
| 2 | | EXERACT1 | | Q8. What type of physical activity or exercise did you spend the most time doing during the past month? CODING WILL CODE FROM LIST. | | 99= Refused--> SKIP TO  Q.12  IF RUNNING, JOGGING, WALKING OR SWIMMING, ASK Q.9. ALL OTHERS, SKIP TO Q.10  FOR CODES, SEE TECHDOC\ CODELIST\ PHYSACT.DOC | |
| 3 | | EXERDIS1 | | Q9. How far did you usually (walk)/(run)/(jog)  /(swim)? (EXAMPLE: 1 AND A QUARTER MILE = 015). IF UNSURE, RECORD AS GIVEN BY RESPONDENT. | | ###= Code Miles and Tenths  777= Don’t know/Not sure  999= Refused  FOR INTERVIEWER CONVERSION  TABLE, SEE TECHDOC\ CODELIST\ DISTANCE.DOC | |
| 3 | | EXEROFT1 | | Q10. How many times per week or per month did you take part in this activity? | | 1##= Times per Week  2##= Times per Month  777= Don’t know/Not sure  999= Refused | |
| 3 | | EXERHMM1 | | Q11. And when you took part in this activity, for how many minutes or hours did you usually keep at it? (EXAMPLE: 1 HOUR AND 20 MINUTES = 120, 20 MINUTES = 020, 6 AND A HALF HOURS = 630). | | ###= Code Hrs. and Min.  777= Don’t know/Not sure  999= Refused | |
| 1 | | EXEROTH2 | | Q12. Was there another physical activity or exercise that you participated in during the last month? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused  IF CODE = 2, 7 OR 9, SKIP TO Q.17 | |
| 2 | | EXERACT2 | | Q13. What other type of physical activity gave you the next most exercise during the past month? | | 99= Refused--> SKIP TO  Q.17  IF RUNNING, JOGGING, WALKING OR SWIMMING, ASK Q.14. ALL OTHERS, SKIP TO Q.15  FOR CODES, SEE TECHDOC\ CODELIST\ PHYSACT.DOC | |
| 3 | | EXERDIS2 | | Q14. How far did you usually (walk)/(run)/(jog)  /(swim)? SHOW IN MILES AND TENTHS IF POSSIBLE, EXAMPLE - 1 AND 1/10 MILE = 011, 1 AND 1/2 MILE = 015. IF UNSURE, RECORD AS GIVEN. | | ###= Code Miles and Tenths  777= Don’t know/Not sure  999= Refused  FOR INTERVIEWER CONVERSION  TABLE, SEE TECHDOC\ CODELIST\ DISTANCE.DOC | |
| 3 | | EXEROFT2 | | Q15. How many times per week or per month did you take part in this activity? | | 1##= Times per Week  2##= Times per Month  777= Don’t know/Not sure  999= Refused | |
| 3 | | EXERHMM2 | | Q16. And when you took part in this activity, for how many minutes or hours did you usually keep at it? (EXAMPLE: 1 HOUR AND 20 MINUTES = 120, 20 MINUTES = 020, 6 AND A HALF HOURS = 630). | | ###= Code Hrs. and Min.  777= Don’t know/Not sure  999= Refused | |
|  | |  | | **SECTION 4: TOBACCO USE** | |  | |
| 1 | | SMOKE100 | | Q17. Now I would like to ask you a few questions about cigarette smoking. Have you smoked at least 100 cigarettes in your entire life? NOTE: 100 CIGARETTES = 5 PACKS. | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused  IF CODE = 2, 7 OR 9, SKIP TO Q.24 | |
| 1 | | SMOKENOW | | Q18. Do you smoke cigarettes now? | | 1= Yes  2= No--> SKIP TO Q.24  9= Refused--> SKIP TO Q.24 | |
| 2 | | SMOKENUM | | Q19. On the average, about how many cigarettes a day do you now smoke? NOTE: 1 PACK = 20 CIGARETTES. | | 01-87= Number of  cigarettes  88= Don’t smoke  regularly  99= Refused | |
| 1 | | STOPSMOK | | Q20. Have you ever made a serious attempt to stop smoking cigarettes? | | 1= Yes  2= No--> SKIP TO Q.24  9= Refused--> SKIP TO Q.24 | |
| 1 | | WHENSTOP | | Q21. When was the start of your most recent quit attempt? DO NOT READ. | | 1= Past week  2= Past 2 weeks  3= Past month  4= Past 6 months  5= Past year  6= More than 1 year ago  7= Don’t know/Not sure  9= Refused | |
| 1 | | LONGSTOP | | Q22. How long did you actually stay off cigarettes that time? DO NOT READ. | | 1= Less than one day  2= One to six days  3= Seven days to less than  3 months  4= Three months to less  than 1 year  5= Six months to less than  1 year  6= One or more years  7= Don’t know/Not sure  9= Refused  IF CODE = 1, 7 OR 9, SKIP TO Q.24 | |
| 1 | | LASTSMOK | | Q23. About how long has it been since you last smoked cigarettes regularly? DO NOT READ. | | 1= Less than 1 month  2= One month to less than  3 months  3= Three months to less  than 6 mos.  4= Six months to less than  1 yr.  5= One or more years  7= Don’t know/Not sure  9= Refused | |
|  | |  | | **SECTION 5: ALCOHOL**  **CONSUMPTION** | |  | |
| 1 | | DRINKANY | | Q24. These next few questions are about the use of beer, wine, wine coolers, cocktails, and liquor, such as vodka, gin, rum or whiskey--all kinds of alcoholic beverages that people drink at meals, special occasions, or when just relaxing. Have you had any beer, wine, wine coolers, cocktails, or liquor during the past month, that is since \_\_\_\_? | | 1= Yes  2= No--> SKIP TO Q.29  9= Refused--> SKIP TO Q.29 | |
| 3 | | ALCOHOL | | Q25. During the past month, how many days per week or per month did you drink any alcoholic beverage, on the average? | | 1##= Times per Week  2##= Times per Month  777= Don’t know/Not sure  999= Refused  IF CODE = 777 OR 999, SKIP TO Q.36 | |
| 2 | | NALCOCC | | Q26. A drink is one can or bottle of beer, one glass of wine, one can or bottle of wine cooler, one cocktail, or one shot of liquor. On the days when you drank, about how many drinks did you drink, on the average? | | ##= Number of drinks  77= Don’t know/Not sure  99= Refused | |
| 2 | | DRINKGE5 | | Q27. Considering all types of alcoholic beverages, that is, beer, wine, wine coolers, cocktails, and liquor, how many times during the past month did you have five or more drinks on an occasion? | | ##= Number of times  88= None  77= Don’t know/Not sure  99= Refused | |
| 2 | | DRINKDRI | | Q28. And during the past month, how many times have you driven when you’ve had perhaps too much to drink? | | ##= Number of times  88= None  77= Don’t know/Not sure  99= Refused | |
|  | |  | | **SECTION 6: PREVENTIVE**  **HEALTH**  **PRACTICES** | |  | |
| 1 | | CHECKUP | | Q29. Some people visit a doctor for a routine checkup, even though they are feeling well and have not been sick. How long has it been since you last visited a doctor for a routine checkup; was it...READ 1-4. | | 1= Within the past year  2= Within the past 2 years  3= Within the past 5 years  4= More than 5 years ago  7= Don’t know/Not sure  8= Never  9= Refused  IF CODE = 7, 8 OR 9, SKIP TO Q.31 | |
| 1 | | TYPEDR | | NOTE: IF MALE RESPONDENT, READ 1-4; IF FEMALE RESPONDENT, READ 1‑5.  Q30. What type of doctor did you see for your last routine checkup? Was it a... | | 1= Family or General  Practitioner  2= Internist  3= Specialist such as  heart, lung, or stomach  specialist  4= Other  5= Obstetrician/  Gynecologist  7= Don’t know/Not sure  9= Refused | |
|  | |  | | **SECTION 7: CHOLESTEROL**  **AWARENESS** | |  | |
| 1 | | BLOODCHO | | Q31. These next questions are about blood cholesterol, which is a fatty substance found in the blood. Have you ever had your blood cholesterol checked? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused  IF CODE = 2, 7 OR 9, SKIP TO Q.40 | |
| 1 | | CHOLCHK | | Q32. About how long has it been since you last had your blood cholesterol checked; would you say it was...READ 1-4. | | 1= Within the past year  2= Within the past 2 years  3= Within the past 5 years  4= More than 5 years ago  7= Don’t know/Not sure  9= Refused | |
| 1 | | TOLDLEV | | Q33. Have you ever been told your blood cholesterol level, in numbers? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused  IF CODE = 2, 7 OR 9, SKIP TO Q.35 | |
| 3 | | LEVEL | | Q34. What is your blood cholesterol level? | | ###= Actual number  777= Don’t know/Not sure  999= Refused | |
| 1 | | TOLDHI | | Q35. Have you ever been told by a doctor or other health professional that your blood cholesterol is high? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused | |
| 1 | | REDCHOL | | Q36. Are you now under the advice of a doctor to reduce your blood-cholesterol or blood-fat level? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused  IF CODE = 2, 7 OR 9, SKIP TO Q.40 | |
| 1 | | CHOLMED | | Q37. Did the doctor prescribe a medication to lower your blood cholesterol? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused | |
| 1 | | CHOLDIET | | Q38. Did the doctor provide you a low-fat or low-cholesterol diet? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused | |
| 1 | | CHOLHELP | | Q39. Did the doctor refer you to a dietitian, nutritionist, or nurse to help you reduce the fat or cholesterol in your diet? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused | |
|  | |  | | **SECTION 8: DIABETES** | |  | |
| 1 | | DIABETES | | Q40. Next, a question about diabetes, sometimes called sugar diabetes. Have you ever been told by a doctor that you have diabetes? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused | |
|  | |  | | **SECTION 9: WOMEN’S HEALTH** | |  | |
| 1 | | HADMAM | | NOTE: MALES, SKIP TO Q.50; FEMALES ONLY, ASK Q.41-49.  Q41. These next questions are about mammograms, which are x-ray tests of the breast to look for cancer. Have you ever had a mammogram? | | 1= Yes  2= No--> SKIP TO Q.44  7= Don’t know/Not sure  9= Refused  IF CODE = 7 OR 9, SKIP TO Q.47 | |
| 1 | | HOWLONG | | Q42. About how long has it been since you had your last mammogram; was it...READ 1-4. | | 1= Within the past year  2= Within the past 2 years  3= Within the past 5 years  4= More than 5 years ago  7= Don’t know/Not sure  9= Refused  IF CODE = 1, SKIP TO Q.45 | |
| 1 | | NOTDONE | | Q43. What is the most important reason that you did not have a mammogram? DO NOT READ. | | 1= Not recommended by  doctor/Doctor never  said it was needed  2= Not needed/Not  necessary  3= Never heard of a  mammogram  4= Cost  5= No insurance to pay  for it  6= Other  7= Don’t know/Not sure  9= Refused  SKIP TO Q.45 | |
| 1 | | NOTDONE | | Q44. What is the most important reason that you never had a mammogram? NOTE: COMBINED WITH Q.43. DO NOT READ. | | 1= Not recommended by  doctor/Doctor never  said it was needed  2= Not needed/Not  necessary  3= Never heard of a  mammogram  4= Cost  5= No insurance to pay  for it  6= Other  7= Don’t know/Not sure  9= Refused  SKIP TO Q.47 | |
| 1 | | WHYDONE | | Q45. Was your last mammogram part of a routine checkup, because of a breast problem, or because you’ve already had breast cancer? | | 1= Routine checkup  2= Breast problem  3= Had breast cancer  7= Don’t know/Not sure  9= Refused | |
| 1 | | MAMMIDEA | | Q46. Whose idea was it for you to have this last mammogram; was it your idea, your doctor’s idea, or someone else’s idea? PROBE FOR “MOST INFLUENTIAL” ONE ONLY. | | 1= Respondent’s idea  2= Doctor’s idea  3= Someone else’s idea  7= Don’t know/Not sure  9= Refused | |
| 1 | | PROFEXAM | | Q47. These next few questions are about breast physical examination, which is when the breast is felt for lumps by a doctor or medical assistant. Have you ever had a breast physical exam by a doctor or medical assistant? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused  IF CODE = 2, 7 OR 9, SKIP TO Q.50 | |
| 1 | | LENGEXAM | | Q48. About how long has it been since your last breast physical exam? Was it...READ 1-4. | | 1= Within the past year  2= Within the past 2 years  3= Within the past 5 years  4= More than 5 years ago  7= Don’t know/Not sure  9= Refused | |
| 1 | | REASEXAM | | Q49. Was your last breast physical exam done as part of a routine checkup, because of a breast problem, or because you’ve already had breast cancer? | | 1= Routine checkup  2= Breast problem  3= Had breast cancer  7= Don’t know/Not sure  9= Refused | |
|  | |  | | **SECTION 10: HIV/AIDS** | |  | |
| 1 | | AIDSHIV | | NOTE: MALES AND FEMALES.  Q50. These next few questions are to determine your beliefs and opinions about the national health problem of AIDS. Have you ever heard the AIDS virus called HIV? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused | |
| 1 | | MEDSAIDS | | Q51. To your knowledge, are there drugs available which can lengthen the life of a person infected with the AIDS virus? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused | |
| 1 | | HLTHYAID | | Q52. Do you think a person who is infected with the AIDS virus can look and feel well and healthy? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused | |
| 1 | | BLOODAID | | Q53. There has been a lot of talk about how you can and cannot get infected with the AIDS virus. Do you think you can get infected from giving blood? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused | |
| 1 | | MOSQAIDS | | Q54. Do you think you can get infected from mosquitoes or other insects? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused | |
| 1 | | YOUNGCLD | | Q55. Do you have a child or children in kindergarten through the eighth grade? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused  IF CODE = 2, 7 OR 9, SKIP TO Q. 58 | |
| 1 | | SCHLAIDS | | Q56. Would you allow your child(ren) to be in the same classroom with a child who is infected with the AIDS virus? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused | |
| 2 | | EDUCAIDS | | Q57. At what grade do you think your child should begin AIDS education in school? (EXAMPLE: 8TH GRADE = 08, SENIOR IN HIGH SCHOOL = 12). | | ##= Record grade level  66= Prior to 1st grade  88= Never  77= Don’t know/Not sure  99= Refused | |
| 1 | | COOKAIDS | | Q58. Would you eat in a restaurant where the cook is infected with the AIDS virus? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused | |
| 1 | | WORKAIDS | | Q59. Would you be willing to work with a person who is infected with the AIDS virus? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused | |
| 2 | | TEST1AID | | Q60. Where could you go to be tested for the AIDS virus infection? DO NOT READ. | | 01= Private doctor, HMO  02= Blood bank/Plasma  center/Red Cross  03= Health Department  04= AIDS clinic/AIDS  testing site  05= Hospital, emergency  room  06= Family-planning clinic  07= STD clinic (Sexually  Transmitted Disease)  08= Community-health  clinic/Primary-care  clinic  09= Company or industry  clinic  10= Military induction or  examination  11= Other (SPECIFY)  88= No place  77= Don’t know/Not sure  99= Refused | |
| 2 | | TEST2AID | | Q61. Where else could you go? DO NOT READ. | | 01= Private doctor, HMO  02= Blood bank/Plasma  center/Red Cross  03= Health Department  04= AIDS clinic/AIDS  testing site  05= Hospital, emergency  room  06= Family-planning clinic  07= STD clinic (Sexually  Transmitted Disease)  08= Community-health  clinic/Primary-care  clinic  09= Company or industry  clinic  10= Military induction or  examination  11= Other (SPECIFY)  88= No place  77= Don’t know/Not sure  99= Refused | |
| 1 | | CONDEFF | | Q62. Some people use condoms to keep from getting the AIDS virus through sexual activity. How effective do you think using a condom is in preventing getting the AIDS virus through sexual activity? READ 1-3. | | 1= Very effective  2= Somewhat effective  3= Not at all effective  4= Don’t know how  effective  5= Don’t know method  9= Refused | |
|  | |  | | **SECTION 11: RADON GAS** | |  | |
| 1 | | RADONGAS | | Q63. Have you heard of Radon -- which is a radioactive gas that occurs in nature? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused  IF CODE = 2, 7 OR 9, SKIP TO Q.74 | |
| 1 | | TESTAIR | | Q64. Has your household air been tested for the presence of Radon gas? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused | |
| 1 | | HOWTEST | | Q65. Do you know how to test your home for the presence of Radon gas? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused | |
| 1 | | PLANTEST | | Q66. Do you, or does anyone in your home plan to have your household air tested for Radon within the next year? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused | |
| 1 | | OPINION | | Q67. Please indicate your agreement or disagreement with the following statement: “Prolonged exposure to Radon gas can be harmful to your health.” Do you agree or disagree? | | 1= Agree  2= Disagree  7= Don’t know/Not sure  9= Refused | |
| 1 | | HEADACHE | | Q68. Which, if any, of the following conditions do you think can be caused by prolonged Radon exposure? Headache? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused | |
| 1 | | ASTHMA | | Q69. Asthma? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused | |
| 1 | | ARTHRIT | | Q70. Arthritis? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused | |
| 1 | | LUNGCAN | | Q71. Lung cancer? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused | |
| 1 | | CANCERS | | Q72. Other cancers besides lung cancer? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused | |
|  | |  | | **SECTION 12: RESIDENCE** | |  | |
| 1 | | RESIDE | | Q73. Which of the following best describes your residence? READ 1-5. | | 1= Single-family home,  duplex, or townhouse  2= Apartment or condo-  minium at basement  level or on the 1st or  2nd floor  3= Apartment or condo  above the 2nd floor  4= Trailer or motor home  5= Other (SPECIFY)  7= Don’t know/Not sure  9= Refused | |
|  | |  | | **SECTION 13: WATER**  **ACTIVITIES** | |  | |
| 1 | | WATACTIV | | Q74. During the past month, did you participate in any water-related activities such as swimming, wading, spas, boating, or fishing? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused  IF CODE = 2, 7 OR 9, SKIP TO Q.86 | |
| 3 | | WATACTFQ | | Q75. On the average, how often in the past month did you participate in these activities? (EXAMPLE: 2 TIMES A WEEK = 2W, 4 TIMES A MONTH = 4M). | | ###= Times, W=Week/M=Month  777= Don’t know/Not sure  999= Refused | |
| 1 | | WATPOOLP | | Q76. The following are locations where water activities can occur. Which of them have you used in the past month? Public or commercial swimming pool? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused | |
| 1 | | WATPOOLF | | Q77. Family swimming pool? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused | |
| 1 | | WATRIVER | | Q78. River or stream? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused | |
| 1 | | WATLAKE | | Q79. Lake or pond? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused | |
| 1 | | WATDITCH | | Q80. Irrigation ditch? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused | |
| 1 | | WATBEACH | | Q81. Public beach with marked swimming area? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused | |
| 1 | | WATOCEAN | | Q82. Ocean or Puget Sound? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused | |
| 1 | | WATBEACO | | Q83. Other beaches? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused | |
| 1 | | WATKID | | NOTE: DO NOT ASK IF YES IN Q.55.  Q84. Do you have children under eighteen living in the household? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused  IF CODE = 2, 7 OR 9, SKIP TO Q.86 | |
| 3 | | WATKIDFQ | | Q85. In the past month, how often (has)/(have) the child(ren) participated in any water activities such as swimming, wading, or fishing? (EXAMPLE: 2 TIMES A WEEK = 2W, 4 TIMES A MONTH = 4W). | | ###= Times, W=Week/M=Month  777= Don’t know/Not sure  999= Refused | |
|  | |  | | **SECTION 14: DEMOGRAPHICS** | |  | |
|  | |  | | SEE Q.1 FOR RESPONDENT’S SEX | |  | |
|  | |  | | SEE Q.73 FOR TYPE OF RESIDENCE | |  | |
| 2 | | AGE | | Q86. These next few questions ask for a little more information about yourself. How old were you on your last birthday? | | 18-98= Age (in years)  99= 99+  07= Don’t know/Not sure  09= Refused | |
| 1 | | ORACE | | Q87. What is your race; would you say...READ 1-4. | | 1= White  2= Black  3= Asian, Pacific Islander  4= Aleutian, Eskimo,  Native American  5= Some other (SPECIFY)  7= Don’t know/Not sure  9= Refused | |
| 1 | | HISPANIC | | Q88. Are you of Hispanic origin, such as Mexican American, Latin American, Puerto Rican, or Cuban? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused | |
| 1 | | EDUCA | | Q89. What is the highest grade or year of school you completed? READ ONLY IF NECESSARY. | | 1= 8th grade or less  2= Some high school  3= High-school graduate  or GED certificate  4= Some technical school  5= Technical-school  graduate  6= Some college  7= College graduate  8= Post-graduate or  professional degree  9= Refused | |
| 1 | | EMPLOY | | Q90. Are you currently...READ 1-7. | | 1= Employed for wages  2= Self-employed  3= Out of work more than  1 year  4= Out of work less than  1 year  5= A homemaker  6= A student  7= Retired  9= Refused | |
| 1 | | MARITAL | | Q91. And are you... READ 1‑6. | | 1= Married  2= Divorced  3= Widowed  4= Separated  5= Never married  6= A member of an  unmarried couple  9= Refused | |
| 1 | | INCOME | | Q92. Which of the following categories best describe your annual household income from all sources...READ 1-8. | | 1= Less than $10,000  2= $10 - $15,000  3= $15 - $20,000  4= $20 - $25,000  5= $25 - $35,000  6= $35 - $50,000  8= Over $50,000  7= Don’t know/Not sure  9= Refused | |
| 3 | | WEIGHT | | Q93. About how much do you weigh without shoes? (EXAMPLE: 120 POUNDS = 120, 98 POUNDS = 098). | | ###= In pounds  777= Don’t know/Not sure  999= Refused | |
| 3 | | HEIGHT | | Q94. About how tall are you without shoes? (EXAMPLE: 5’2” = 502, 5’11” = 511). | | ###= Code Feet & Inches  777= Don’t know/Not sure  999= Refused | |
| 1 | | PREGNANT | | NOTE: FEMALES ONLY, BETWEEN THE AGE OF 18 AND 45 CAN ANSWER THIS QUESTION. ALL OTHERS, SKIP TO Q.97.  Q95. To your knowledge, are you now pregnant? | | 1= Yes  2= No  7= Don’t know/Not sure  9= Refused  IF CODE = 2, 7 OR 9, SKIP TO Q.97 | |
| 2 | | WHENDUE | | Q96. During what month is your baby due? | | 01= January  02= February  03= March  04= April  05= May  06= June  07= July  08= August  09= September  10= October  11= November  12= December  77= Don’t know/Not sure  99= Refused | |
| 1 | | CHLD018 | | Q97. Are there children under the age of eighteen living in your household? | | 1= Yes  2= No  3= Don’t know/Refused  IF CODE = 2 OR 3, SKIP TO Q.101 | |
| 1 | | CHLD05 | | Q98. How many are infants to age five? (0 = NONE, 8 = EIGHT OR MORE, 9 = REFUSED). | | #= Number of infants  9= Refused | |
| 1 | | CHLD0612 | | Q99. How many age six to twelve? (0 = NONE, 8 = EIGHT OR MORE, 9 = REFUSED). | | #= Number of children  9= Refused | |
| 1 | | CHLD1317 | | Q100. How many age thirteen to seventeen? (0 = NONE, 8 = EIGHT OR MORE, 9 = REFUSED). | | #= Number of children  9= Refused | |
| 1 | | NUMPHONS | | Q101. How many telephone numbers will reach this household, including the number I used today? NOTE: DIFFERENTIATE BETWEEN TELEPHONE NUMBERS AND TELEPHONE SETS, IF NECESSARY. INCLUDE ALL TELEPHONE NUMBERS THAT CAN REACH HOUSEHOLD. | | #= Total Telephone Numbers | |
| 2 | | CTYCODE | | Q102. Residence county | | ##= County code  77= Don't know/Not sure  99= Refused  SEE TECHDOC\ CODELIST\ COUNTY.DOC | |
|  | |  | | **SECTION 15: SAMPLING**  **DESIGN AND**  **WEIGHTING**  **VARIABLES** | |  | |
| 2 | | AGEGX | | Age group codes used in post-stratification. | | 1= 18-24  2= 25-34  3= 35-44  4= 45-54  5= 55-64  6= 65+  NOTE: If cell sizes are too small, age categories may have been collapsed. | |
| 10 | | CSAX | | Cluster size adjustment (Expected cluster size divided by the actual cluster size) | | Floating Decimal Point. | |
| 10 | | FINALWTX | | Final weight: Post stratification multiplied by the product of stratum adjustment and the product of unequal selection probability weight and cluster size adjustment. | | Floating Decimal Point. | |
| 2 | | IMPAGEX | | Age value used to determine age groups | | 18-99= Reported or imputed  ages\*  \*This value is the reported age or an imputed age, if the respondent refused to give an age.  The imputed age value is only used to estimate the age group used to compute the final weight. It will not be recorded as the respondent’s age.  The value of the imputed age will be an average age computed from the sample if the respondent refused to give an age. | |
| 10 | | POSTSTRX | | Post stratification (frequency by age/race/sex distribution from census  divided by the weighted sample frequency; CDC calculated - part of final  weight calculation) | | 99999999.99= Unknown  (2 decimal places) | |
| 1 | | RACEGRX | | Race group codes used in post-stratification | | 1= White  2= Non-white  NOTE: If cell sizes are too small, race categories may have been collapsed. | |
| 10 | | RAWX | | Raw weighting factor | | Floating Decimal Point.  [Unequal selection probability weight (number adults in household/the number of phone #’s reaching household] | |
| 10 | | WT1X | | Weight one | | 99.99= Unknown  (2 decimal places)  [The product of unequal selection probability weight and cluster size adjustment. (Raw \* CSA)] | |
| 1 | | XSEXGX | | Sex group codes used in post-stratification | | 1= Male  2= Female | |
|  | |  | | **SECTION 16: RISK FACTORS** | |  | |
| 1 | | RFDRACUX | | At risk for acute drinking (reported having 5+ drinks at least once on an occasion) | | 1= Not at risk  2= At risk  9= Refused | |
| 1 | | RFDRCHRX | | At risk for chronic drinking (having 60+ drinks a month) | | 1= Not at risk  2= At risk  9= Refused | |
| 1 | | RFDRDRIX | | At risk for drinking and driving (reported having driven at least once when perhaps had too much to drink) | | 1= Not at risk  2= At risk  9= Unknown | |
| 1 | | RFHYPE2X | | At risk for hypertension (2) (told blood pressure high) | | 1= Not at risk  2= At risk  9= Unknown | |
| 1 | | RFHYPE4X | | At risk for hypertension (3) (told BP high or person told on more than one occasion BP high or person currently taking medication for hypertension) | | 1= Not at risk  2= At risk  9= Unknown | |
| 1 | | RFLIFESX | | At risk for sedentary lifestyle (sedentary or irregular physical activity profile) | | 1= Not at risk  2= At risk  9= Unknown | |
| 1 | | RFOBESEX | | At risk for obesity (> 120% of weight/height percent of median) | | 1= Not at risk  2= At risk  9= Unknown | |
| 1 | | RFSEAT2X | | At risk for seatbelt use (2) (sometimes, seldom, or never wear seatbelt) | | 1= Not at risk  2= At risk  9= Unknown | |
| 1 | | RFSEATBX | | At risk for seatbelt use (3) (seldom or never wear seatbelt) | | 1= Not at risk  2= At risk  9= Unknown | |
| 1 | | RFSMOKEX | | At risk for smoking (current regular smokers only) | | 1= Not at risk  2= At risk  9= Unknown | |
| 1 | | RFTOBACX | | At risk for smokeless tobacco use (current user) | | 1= Not at risk  2= At risk  9= Unknown | |
| 1 | | RFWHBMIX | | At risk for overweight based on BMI (risk defined as  >27.8 for males and  >27.3 for females) | | 1= Not at risk  2= At risk  9= Unknown | |
|  | |  | | **SECTION 17: CALCULATED**  **VARIABLES** | |  | |
| 3 | | BMIX | | Body mass index | | ###= (1 implied decimal  place)  999= Unknown | |
| 1 | | CHOLRSKX | | Cholesterol risk | | 1= Not at risk  2= At risk  9= Unknown | |
| 4 | | DRNKMOX | | Total number of alcoholic drinks per month | | 0001-1000= Number of  drinks  8888= Did not drink  in past month  9999= Refused | |
| 2 | | RACE | | New race code (race/ethnicity) | | 01= White, non-Hisp  02= Black, non-Hisp  03= Hisp, White  04= Hisp, Black  05= Other Hisp  06= Asian/PI  07= Native American  08= Other  99= Unknown/Refused | |
| 1 | | SMOKERX | | Smoking status | | 1= Current regular smoker  2= Former smoker  3= Never smoked  4= Not regular smoker  9= Unknown | |
| 1 | | TOTINDX1 | | Physical activity level | | 1= Sedentary: No reported  activity.  2= Irregular Activity: Any  physical activity or  pair of activities done  for less than 20  minutes or less than  three times per week.  3= Regular Activity: Any  physical activity or  pair of activities done  for a total of 20 or  more minutes three or  more times per week  that does not meet the  1990 objective.  4= 1990 Objective: Any  physical activity or  pair of physical  activities that  requires rhythmic  contraction of large  muscle groups at 60% of  functional capacity for  20 or more minutes  three or more times per  week. | |
| 5 | | WTFORHTX | | Weight for Height as a Percent of Median | | ###.##=  999.99= Refused  (2 decimal places) | |
|  | |  | | **SECTION 18: CDC UNIFORM**  **RECODED**  **VARIABLES** | |  | |
| 2 | | AGEU | | How old were you on your last birthday? | | 18-98= Age (in years)  99= 99+  07= Don’t know/Not sure  09= Refused | |
| 1 | | BPHIGHU | | Have you ever been told by a doctor, nurse, or other health professional that you have high blood pressure? | | 1= Yes  2= No  7= DK/NS  9= Refused | |
| 1 | | CHECKUPU | | About how long has it been since you last visited a doctor for a routine checkup? Was it... | | 1= Within the past year  2= Within the past 2 years  3= Within the past 5 years  4= More than 5 years ago  7= DK/NS  8= Never  9= Refused | |
| 1 | | CHOLCHKU | | About how long has it been since you last had your blood cholesterol checked? | | 1= Within the past year  2= Within the past 2 years  3= Within the past 5 years  4= More than 5 years ago  7= DK/NS  9= Refused | |
| 1 | | CONDEFFU | | Some people use condoms to keep from getting the AIDS virus through sexual activity. How effective do you think a properly used condom is for this purpose? Would you say... | | 1= Very effective  2= Somewhat  3= Not at all  4= Don’t know how  effective  5= Don’t know method  9= Refused | |
| 2 | | CTYCODEU | | County of residence (u) (State created codes) | | ##= County code  77= DK/NS  99= Refused  SEE TECHDOC\ CODELIST\ COUNTY.DOC | |
| 3 | | CTYCODEZ | | FIPS County Code (z) | | ###= County code  777= DK/NS  999= Refused  SEE TECHDOC\ CODELIST\ COUNTY.DOC | |
| 1 | | DIABETEU | | Have you ever been told by a doctor that you have diabetes? | | 1= Yes  2= No  7= DK/NS  9= Refused | |
| 1 | | DRNKANYU | | Have you had any beer, wine, or liquor during the past month, that is, since \_\_\_\_\_\_\_? | | 1= Yes  2= No  9= Refused | |
| 2 | | DRNKGE5U | | Considering all types of alcoholic beverages, that is beer, wine, wine coolers, cocktails, and liquor, as drinks, how many times during the past month did you have 5 or more drinks on an occasion? | | ##= Number of times  77= Don’t know/Not sure  99= Refused | |
| 1 | | EDUCAU | | What is the highest grade or year of school you completed? | | 1= Never attended school  2= Elementary  3= Some high school  4= High school grad/GED  5= Some college or tech  school  6= College grad  9= Refused | |
| 1 | | EMPLOYU | | Are you currently employed for wages? | | 1= Employed for wages  2= Self-employed  3= Out of work >1 yr  4= Out of work <1 yr  5= Homemaker  6= Student  7= Retired  9= Refused | |
| 1 | | EMPLOYZ | | Are you currently employed for wages? | | 1= Employed for wages  2= Self-employed  3= Out of work >1 yr  4= Out of work <1 yr  5= Homemaker  6= Student  7= Retired  8= Unable to work  9= Refused | |
| 1 | | HOWLONGU | | About how long has it been since you had your last mammogram? | | 1= W/in past yr  2= W/in past 2 yrs  3= W/in past 5 yrs  4= More than 5 yrs  7= DK/NS  9= Refused | |
| 1 | | HOWLONGZ | | About how long has it been since you had your last mammogram? | | 1= W/in past yr  2= W/in past 2 yrs  3= W/in past 3 yrs  4= W/in past 5 yrs  5= More than 5 yrs  7= DK/NS  9= Refused | |
| 1 | | INCOMEU | | Which of the following categories best describe your annual household income from all sources? | | 1= <$10,000  2= $10-14,999  3= $15-19,999  4= $20-24,999  5= $25-34,999  6= $35-50,000  7= Unknown  8= >$50,000  9= Refused | |
| 1 | | LASTEXMU | | When did you have your last digital rectal exam? | | 1= Within past yr  2= Within past 2 yrs  3= Within past 5 yrs  4= More than 5 yrs  7= DK/NS  9= Refused | |
| 1 | | LASTSMKU | | About how long has it been since you last smoked cigarettes regularly? | | 1= < 1 month  2= 1 mo but < 3 mos  3= 3 mos but < 6 mos  4= 6 mos but < 1 yr  5= 1 or more years  7= DK/NS  9= Refused | |
| 1 | | LENGEXMU | | About how long has it been since your last breast physical exam? | | 1= W/in past yr  2= W/in 2 yrs  3= W/in 5 yrs  4= More than 5 yrs  7= DK/NS  9= Refused | |
| 1 | | LENGEXMZ | | About how long has it been since your last breast physical exam? | | 1= W/in past yr  2= W/in 2 yrs  3= W.in past 3 yrs  4= W/in 5 yrs  5= More than 5 yrs  7= DK/NS  9= Refused | |
| 1 | | NUMPHNSU | | Total number of different telephone numbers for this residence. | | #= Total Telephone Numbers | |
| 1 | | ORACEU | | What is your race? | | 1= White  2= Black  3= Asian/PI  4= Native American, and/or  Aleutian, Eskimo,  American Indian  5= Other, and/or Some  other (SPECIFY)  7= Unknown, and/or  DK/NS  9= Refused | |
| 1 | | SCHLAIDU | | Would you allow your child to be in the same classroom with a child who is infected with the AIDS virus? | | 1= Yes  2= No  7= DK/NS  9= Refused | |
| 2 | | SMOKNUMU | | On the average, about how many cigarettes a day do you now smoke? | | 01-87= Number of  cigarettes  88= Don’t smoke  regularly  99= Refused (includes  non-smokers) | |
|  | |  | | **SECTION 19: WASHINGTON**  **STATE UNIFORM**  **RECODED**  **VARIABLES** | |  | |
| 1 | | INCOMEW | | Which of the following categories best describe your annual household income from all sources? | | 1= <$10,000  2= $10-14,999  3= $15-19,999  4= $20-24,999  5= $25-34,999  6= $35-49,999  7= $Over $50,000  8= DK/NS  9= Refused | |
| 1 | | TOTINDXW | | Physical Activity Level | | 1= Physically inactive/  sedentary  2= Irregular activity  3= Regular activity  4= Meets current objective  for physical activity  [SEE TOTINDX1 (87-91) OR TOTINDX2 (92-96)] | |
| 2 | | PUMS | | Public Use Microsystems (PUMS) Region | | ##= Region  SEE TECHDOC\ CODELIST\ COUNTY.DOC FOR CODING | |