

pdf-summarizer-final

May 3, 2024

```
[1]: !pip install PyPDF2
!pip install langchain
!pip install sumy
!pip install openai
!pip install nltk

import nltk
nltk.download('punkt')
```

Requirement already satisfied: PyPDF2 in /usr/local/lib/python3.10/dist-packages (3.0.1)

Requirement already satisfied: langchain in /usr/local/lib/python3.10/dist-packages (0.1.17)

Requirement already satisfied: PyYAML>=5.3 in /usr/local/lib/python3.10/dist-packages (from langchain) (6.0.1)

Requirement already satisfied: SQLAlchemy<3,>=1.4 in /usr/local/lib/python3.10/dist-packages (from langchain) (2.0.29)

Requirement already satisfied: aiohttp<4.0.0,>=3.8.3 in /usr/local/lib/python3.10/dist-packages (from langchain) (3.9.5)

Requirement already satisfied: async-timeout<5.0.0,>=4.0.0 in /usr/local/lib/python3.10/dist-packages (from langchain) (4.0.3)

Requirement already satisfied: dataclasses-json<0.7,>=0.5.7 in /usr/local/lib/python3.10/dist-packages (from langchain) (0.6.5)

Requirement already satisfied: jsonpatch<2.0,>=1.33 in /usr/local/lib/python3.10/dist-packages (from langchain) (1.33)

Requirement already satisfied: langchain-community<0.1,>=0.0.36 in /usr/local/lib/python3.10/dist-packages (from langchain) (0.0.36)

Requirement already satisfied: langchain-core<0.2.0,>=0.1.48 in /usr/local/lib/python3.10/dist-packages (from langchain) (0.1.50)

Requirement already satisfied: langchain-text-splitters<0.1,>=0.0.1 in /usr/local/lib/python3.10/dist-packages (from langchain) (0.0.1)

Requirement already satisfied: langsmith<0.2.0,>=0.1.17 in /usr/local/lib/python3.10/dist-packages (from langchain) (0.1.53)

Requirement already satisfied: numpy<2,>=1 in /usr/local/lib/python3.10/dist-packages (from langchain) (1.25.2)

Requirement already satisfied: pydantic<3,>=1 in /usr/local/lib/python3.10/dist-packages (from langchain) (2.7.1)

Requirement already satisfied: requests<3,>=2 in /usr/local/lib/python3.10/dist-

packages (from langchain) (2.31.0)
 Requirement already satisfied: tenacity<9.0.0,>=8.1.0 in
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 Requirement already satisfied: marshmallow<4.0.0,>=3.18.0 in
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 json<0.7,>=0.5.7->langchain) (3.21.2)
 Requirement already satisfied: typing-inspect<1,>=0.4.0 in
 /usr/local/lib/python3.10/dist-packages (from dataclasses-
 json<0.7,>=0.5.7->langchain) (0.9.0)
 Requirement already satisfied: jsonpointer>=1.9 in
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 Requirement already satisfied: packaging<24.0,>=23.2 in
 /usr/local/lib/python3.10/dist-packages (from langchain-
 core<0.2.0,>=0.1.48->langchain) (23.2)
 Requirement already satisfied: orjson<4.0.0,>=3.9.14 in
 /usr/local/lib/python3.10/dist-packages (from
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 Requirement already satisfied: annotated-types>=0.4.0 in
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 /usr/local/lib/python3.10/dist-packages (from pydantic<3,>=1->langchain)
 (4.11.0)
 Requirement already satisfied: charset-normalizer<4,>=2 in
 /usr/local/lib/python3.10/dist-packages (from requests<3,>=2->langchain) (3.3.2)
 Requirement already satisfied: idna<4,>=2.5 in /usr/local/lib/python3.10/dist-
 packages (from requests<3,>=2->langchain) (3.7)
 Requirement already satisfied: urllib3<3,>=1.21.1 in
 /usr/local/lib/python3.10/dist-packages (from requests<3,>=2->langchain) (2.0.7)
 Requirement already satisfied: certifi>=2017.4.17 in
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 (2024.2.2)

Requirement already satisfied: greenlet!=0.4.17 in /usr/local/lib/python3.10/dist-packages (from SQLAlchemy<3,>=1.4->langchain) (3.0.3)

Requirement already satisfied: mypy-extensions>=0.3.0 in /usr/local/lib/python3.10/dist-packages (from typing-inspect<1,>=0.4.0->dataclasses-json<0.7,>=0.5.7->langchain) (1.0.0)

Requirement already satisfied: sumy in /usr/local/lib/python3.10/dist-packages (0.11.0)

Requirement already satisfied: docopt<0.7,>=0.6.1 in /usr/local/lib/python3.10/dist-packages (from sumy) (0.6.2)

Requirement already satisfied: breadability>=0.1.20 in /usr/local/lib/python3.10/dist-packages (from sumy) (0.1.20)

Requirement already satisfied: requests>=2.7.0 in /usr/local/lib/python3.10/dist-packages (from sumy) (2.31.0)

Requirement already satisfied: pycountry>=18.2.23 in /usr/local/lib/python3.10/dist-packages (from sumy) (23.12.11)

Requirement already satisfied: nltk>=3.0.2 in /usr/local/lib/python3.10/dist-packages (from sumy) (3.8.1)

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Requirement already satisfied: click in /usr/local/lib/python3.10/dist-packages (from nltk>=3.0.2->sumy) (8.1.7)

Requirement already satisfied: joblib in /usr/local/lib/python3.10/dist-packages (from nltk>=3.0.2->sumy) (1.4.0)

Requirement already satisfied: regex>=2021.8.3 in /usr/local/lib/python3.10/dist-packages (from nltk>=3.0.2->sumy) (2023.12.25)

Requirement already satisfied: tqdm in /usr/local/lib/python3.10/dist-packages (from nltk>=3.0.2->sumy) (4.66.2)

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Requirement already satisfied: openai in /usr/local/lib/python3.10/dist-packages (1.25.1)

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Requirement already satisfied: httpx<1,>=0.23.0 in /usr/local/lib/python3.10/dist-packages (from openai) (0.27.0)

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Requirement already satisfied: certifi in /usr/local/lib/python3.10/dist-packages (from httpx<1,>=0.23.0->openai) (2024.2.2)

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Requirement already satisfied: annotated-types>=0.4.0 in /usr/local/lib/python3.10/dist-packages (from pydantic<3,>=1.9.0->openai) (0.6.0)

Requirement already satisfied: pydantic-core==2.18.2 in /usr/local/lib/python3.10/dist-packages (from pydantic<3,>=1.9.0->openai) (2.18.2)

Requirement already satisfied: nltk in /usr/local/lib/python3.10/dist-packages (3.8.1)

Requirement already satisfied: click in /usr/local/lib/python3.10/dist-packages (from nltk) (8.1.7)

Requirement already satisfied: joblib in /usr/local/lib/python3.10/dist-packages (from nltk) (1.4.0)

Requirement already satisfied: regex>=2021.8.3 in /usr/local/lib/python3.10/dist-packages (from nltk) (2023.12.25)

Requirement already satisfied: tqdm in /usr/local/lib/python3.10/dist-packages (from nltk) (4.66.2)

[nltk_data] Downloading package punkt to /root/nltk_data...

[nltk_data] Package punkt is already up-to-date!

[1]: True

[2]: `from IPython.display import HTML, display`

```
def set_css():
    display(HTML('''
<style>
    pre {
        white-space: pre-wrap;
    }
</style>
```

```
''''))
get_ipython().events.register('pre_run_cell', set_css)
```

```
[3]: %%javascript
IPython.OutputArea.prototype._should_scroll = function(lines) {
    return false;
}
```

<IPython.core.display.HTML object>

<IPython.core.display.Javascript object>

```
[4]: import openai
openai.api_key = "sk-XG3BX5U1Tio17DdX2Rm5T3B1bkFJjbwwPoy00ztRLK40r4wQ"
```

<IPython.core.display.HTML object>

```
[5]: import os
import logging
from PyPDF2 import PdfReader
from langchain.text_splitter import RecursiveCharacterTextSplitter
from sumy.parsers.plaintext import PlaintextParser
from sumy.nlp.tokenizers import Tokenizer
from sumy.summarizers.text_rank import TextRankSummarizer

def extract_text_and_chunk_from_pdf(pdf_path, chunk_size=3000,
    chunk_overlap=200):
    text = []

    try:
        with open(pdf_path, 'rb') as pdf_file:
            reader = PdfReader(pdf_file)

            for page in reader.pages:
                text.append(page.extract_text())

        full_text = ''.join(text)
        text_splitter = RecursiveCharacterTextSplitter(chunk_size=chunk_size,
            chunk_overlap=chunk_overlap)
        text_chunks = text_splitter.split_text(full_text)

        return text_chunks

    except Exception as e:
        logging.error(f"Error occurred while extracting text from PDF_{pdf_path}: {e}")
        return []
```

```

def extractive(chunk, summarization_ratio=0.2):
    parser = PlaintextParser.from_string(chunk, Tokenizer("english"))
    summarizer = TextRankSummarizer()
    summary_sentences = summarizer(parser.document,
    sentences_count=int(len(parser.document.sentences) * summarization_ratio))
    summary = ' '.join([str(sentence) for sentence in summary_sentences])
    return summary

def abstractive(chunk_summary):
    prompt = f"""
        Given the following extractive summary delimited by triple quotes,
        provide an abstractive summary:

        \n\n
        ```Extractive Summary: {chunk_summary}``` \n\n

 Abstractive Summary:
 """

 messages = [{"role": "user", "content": prompt}]
 response = openai.chat.completions.create(
 model="gpt-3.5-turbo",
 max_tokens=100,
 messages=messages,
 temperature=0.7
)
 abstractive_summary = response.choices[0].message.content.strip()
 return abstractive_summary

def summary(pdf_path):
 text_chunks = extract_text_and_chunk_from_pdf(pdf_path)
 final_summary = ''
 for i, chunk in enumerate(text_chunks):
 extractive_summary = extractive(chunk)

 #print(f"Chunk {i} Summary:")
 #print(summary)
 #print("-----")

 abstractive_summary = abstractive(extractive_summary)
 final_summary += abstractive_summary
 #print(abstractive_sum)
 #print("-----")
 return final_summary

```

<IPython.core.display.HTML object>

1. PDF Link - [https://drive.google.com/file/d/1hC35cNBS\\_K7SvhhnBI\\_vX8NvK6FqOfvI/view?usp=sharing](https://drive.google.com/file/d/1hC35cNBS_K7SvhhnBI_vX8NvK6FqOfvI/view?usp=sharing)

12 pages

```
[6]: def main():
 pdf_path = '/content/A_Survey_of_Text_Summarization_Extractive_Techniqu.pdf'

 final_summary = summary(pdf_path)
 print(final_summary)

if __name__ == "__main__":
 main()
```

<IPython.core.display.HTML object>

Text summarization is the process of condensing a source text while maintaining its key information and meaning. It involves linguistic analysis to identify important concepts and generate a shorter, more concise version of the original text. The main challenge lies in sifting through a large volume of documents to find relevant information. Automatic text summarization aims to create a condensed version that captures the essence of the original text. Abstractive summarization involves developing an understanding of the main concepts in a document and expressing them in clear natural language. It uses linguistic methods to interpret the text and generate a new shorter text that conveys the most important information. Abstractive summaries face challenges with representation and the ability to capture important information spread across sentences. Systems' summarization capabilities are limited by the richness of their representations. Newsblaster, a text summarizer, helps users find news of interest to them. A significant paper from 1958 proposed weighting sentences based on high frequency words, excluding very common words. This method involves using cue words from a dictionary and computing sentence weight based on content words in the title and headings. Professional experts produced the summaries, with about 80% of sentences directly matching the original text. The final summary will include sentences that contain keywords from the title, sentences from the first and last paragraphs, sentences with biased words, and sentences extracted using a specific method involving morphological analysis and clustering. To create a cohesive and fluent summary, it is important to analyze the discourse structure of the text and remove peripheral sentences. By scoring sentence vectors based on similarity to the query, the most relevant sentences are selected for inclusion in the summary. The selection of sentences for summarization is based on factors such as similarity to the cluster theme, location in the document, and similarity to the first sentence. These factors are weighted to determine the overall score of each sentence for inclusion in the summary. The graph theoretic approach for document summarization involves identifying themes in the cluster using Average-TF and then focusing on important sentences to cover key topics. This method helps to pinpoint informative sentences that share information with many others, ultimately

leading to a concise summary of the document. LSA vectors are advantageous for summarization as they automatically capture conceptual relations similar to the human brain. This property applies to data with principal dimensions, which is common in text data covering a variety of topics. Using word vectors without LSA requires explicit methods to derive conceptual relations. Neural networks are trained to determine which sentences should be included in a summary by learning patterns and features. The process involves identifying key features in sentences and understanding their relationships to create effective summaries. The importance of each sentence in the final summary is determined by a value obtained based on sentence characteristics and rules in the knowledge base. The selection of fuzzy rules and membership functions directly impacts the performance of the fuzzy logic system. The output linguistic variables are converted to final crisp values by the defuzzifier using membership functions. The input matrix  $X$  and the linear statistical model  $w$ , along with the total number of sentences in the training corpus, play a key role in the process. The abstractive summary of the given extractive summary is: Multi-document abstractive summarization is a technique that extracts summarized information from multiple texts on the same topic. It allows users to quickly grasp the content of a large cluster of documents. NeATS uses likelihood ratio to identify key concepts in unigrams, bigrams, and trigrams. Only sentences with minimal overlap with the existing summary are added to the final summary. The Hub-Authority algorithm helps rank the importance of sentences in multi-documents by mutual reinforcement. Additionally, the Markov Model is used to organize sub-topics for the final summarization, resulting in a concise text summary. The number of extracted sentences and their context displayed depend on the fixed summary frame size, tailored to the screen size without scrolling. The query-specific opinion summarization system (QOS) uses keyword proximity search on document graphs to generate summaries relevant to opinion questions. The MINDS system allows for easy experimentation with different settings and adding new features and primitives at run-time. New languages are supported by developing modules for text pre-processing and primitive extraction, using existing translation methods. The core problem of MINDS is summarizing a text to produce a shorter version with all main points. The system is designed to incorporate additional resources as they become available, such as knowledge bases and MT engines from other research efforts. Text summarization faces challenges in summarizing content from various sources in a way that is tailored to a specific user's needs. Different methods are used to evaluate the quality of summaries, including intrinsic methods based on human evaluation and extrinsic methods based on task performance measures. Researchers have explored techniques such as fuzzy logic and automatic text summarization to optimize the summarization process. Various techniques have been proposed for text summarization, including utilizing local and global properties of sentences, term co-occurrence, conceptual properties of text, sentence feature fusion using fuzzy logic, and multilingual single document keyword extraction for information retrieval. These techniques aim to efficiently condense text while preserving key information. Researchers have developed various methods and platforms for multilingual interactive document summarization, including MINDS and MEAD. Additionally, fuzzy logic and automated evaluation techniques have been used to



improve text summarization effectiveness. Various approaches have been developed for multi-document text summarization, such as cue-based hub-authority approach, generic relation extraction, query-biased and structure-preserving summarization, and Bayesian query-focused summarization. These methods have been presented in conferences and symposiums, with researchers like Junlin Zhanq, Le Sun, Quan Zhou, Ben Hachey, F. Canan Pembe, Tunga Güngör, Hal Daumé III, Daniel Marcu, Professor Gurpreet Singh Lehal has an educational background in Mathematics and Computer Science, receiving his degrees from Panjab University and Thapar Institute of Engineering & Technology. He has worked at various institutions in India, including Thapar Corporate R&D Centre and the Department of Computer Science at Punjabi University. He has been involved in projects funded by the Ministry of Information Technology and the University Grants Commission, focusing on Indian language technology solutions.

2. PDF Link - [https://drive.google.com/file/d/1W3PR9DE4dXDK\\_u3PhkyHe9V4LTqLQHD5/view?usp=drive\\_link](https://drive.google.com/file/d/1W3PR9DE4dXDK_u3PhkyHe9V4LTqLQHD5/view?usp=drive_link)  
10 pages

```
[7]: def main():
 pdf_path2 = '/content/YOLO (1).pdf'

 final_summary = summary(pdf_path2)
 print(final_summary)

if __name__ == "__main__":
 main()
```

<IPython.core.display.HTML object>

The YOLO system is a new approach to object detection that aims to enable fast and accurate detection of objects in real-time. By resizing the input image, running a single convolutional network, and thresholding the detections by confidence, the system can detect objects and refine bounding boxes. This technology could have applications in autonomous driving, assistive devices, and responsive robotic systems. The YOLO system uses post-processing to refine bounding boxes, eliminate duplicates, and rescore based on scene context. It runs at 45 frames per second on a Titan X GPU, with a faster version at over 150 fps. Unlike other techniques, YOLO considers the entire image during both training and testing, capturing contextual information and outperforming top detection methods on a wide range of images. The model uses confidence scores to determine how confident it is about the presence of an object in a box and the accuracy of its prediction. The coordinates indicate the center of the box relative to the grid cell bounds. During testing, class probabilities and box confidence predictions are multiplied to get class-specific confidence scores. The network extracts features from the image through convolutional layers and predicts output probabilities and coordinates through fully connected layers. The YOLO and Fast YOLO networks have similar training and testing parameters, except for the size of the network. The convolutional layers are pretrained on the ImageNet classification task at half the resolution and then doubled for

detection. The network achieves a top-5 accuracy of 88% on the ImageNet validation set after training for a week. Bounding box dimensions are normalized and activation functions are used for different layers in the network. To improve object detection accuracy, the model adjusts its loss functions to prioritize bounding box coordinate predictions and reduce confidence predictions for empty boxes. It also predicts the square root of the bounding box dimensions and assigns a predictor to be responsible for each object based on the highest IOU with the ground truth. The loss function penalizes classification errors only when an object is present and bounding box coordinate errors only for the responsible predictor. Our approach to data augmentation includes scaling, translations, exposure, and saturation adjustments. The model struggles with generalizing to objects with new aspect ratios or configurations. Our loss function treats errors equally across different sized bounding boxes, which can impact the Intersection over Union (IOU) metric differently. A new system has been developed that puts spatial constraints on grid cell proposals to reduce multiple detections of the same object. Unlike traditional methods that use a series of steps for detection, this system optimizes features in-line for the task. Other fast detectors like Fast and Faster R-CNN focus on speeding up the process by sharing computation and using neural networks for region proposals. YOLO takes a different approach by eliminating the detection pipeline entirely for faster performance. The abstractive summary of the text is that YOLO and MultiBox are both used for object detection, but YOLO is a complete detection system while MultiBox requires further image patch classification. Sermanet et al. trained a convolutional neural network for localization and adapted it for detection. YOLO can be used to rescore Fast R-CNN detections and reduce errors, providing a significant performance boost. Fast YOLO is the fastest object detection method on PASCAL, outperforming other detectors in speed and accuracy. While Faster R-CNN with VGG-16 may have higher mAP, it is much slower compared to YOLO. The focus is on faster models like YOLO for real-time detection on PASCAL VOC. The error analysis compares the performance of Fast R-CNN and YOLO in object detection. YOLO has fewer background errors compared to Fast R-CNN. Combining the two models can improve the mean Average Precision (mAP) on the VOC 2007 test set. Combining Fast R-CNN with YOLO resulted in a significant boost in performance, surpassing other versions of Fast R-CNN. This improvement is not just due to model ensembling, as combining different Fast R-CNN models did not yield the same benefits. Combining YOLO with Fast R-CNN resulted in a 2.3% improvement and boosted it 5 spots on the leaderboard. YOLO shows good performance on different datasets like the Picasso Dataset and the People-Art Dataset. Despite differences between artwork and natural images, YOLO can still accurately predict bounding boxes and detections by modeling object size, shape, and relationships. YOLO, a fast object detector, functions like a tracking system when attached to a webcam, detecting objects as they move. Unlike other approaches, YOLO is trained on a loss function directly correlating to detection performance. The system and source code can be found on their project website. This work is supported by various organizations and YOLO is pushing the boundaries in real-time object detection. Research in computer vision has been focusing on achieving a unified approach to object detection and semantic segmentation. Various studies have explored the use of rich feature hierarchies

and region-based segmentation to improve accuracy in these tasks. The goal is to simultaneously detect and segment objects in images, with the aim of creating more efficient and effective algorithms for computer vision applications. The paper discusses various methods and technologies for object detection in computer vision, including Faster R-CNN, Overfeat, and Robust real-time object detection. These technologies aim to improve the accuracy and efficiency of object detection using convolutional networks and feature maps.

3. PDF Link - [https://drive.google.com/file/d/1r9ji5dgQbO\\_qICZ92wolOSeX9NpWpIJP/view?usp=drive\\_link](https://drive.google.com/file/d/1r9ji5dgQbO_qICZ92wolOSeX9NpWpIJP/view?usp=drive_link)

37 pages

```
[8]: def main():
 pdf_path3 = '/content/Bio-Medical Waste Management Rules, 2016.pdf'

 final_summary = summary(pdf_path3)
 print(final_summary)

 if __name__ == "__main__":
 main()
```

<IPython.core.display.HTML object>

The Central Government has introduced new rules to effectively manage biomedical waste, aiming to reduce its generation and impact on the environment. These rules were published for public review and input, superseding previous regulations from 1998. The rules define key terms related to bio-medical waste management, such as "Act," "animal house," "authorisation," and "biological." It also outlines the definition of bio-medical waste and the requirements for its handling and disposal, including the need for authorization and the use of bio-medical waste treatment facilities. The rules define various terms related to the management of biomedical waste, including the handling, management, and treatment of waste in healthcare facilities. It also outlines the responsibilities of occupiers and operators of common biomedical waste treatment facilities. The rules aim to protect public health and the environment by ensuring proper handling and disposal of biomedical waste. Health care facilities are required to provide training to employees on handling biomedical waste annually and report on the number of personnel trained. Additionally, workers must be immunized against diseases such as Hepatitis B and Tetanus as per national guidelines. Healthcare establishments must establish a committee to review and monitor bio-medical waste management activities, meeting every six months and submitting meeting minutes to the relevant authority. Operators are responsible for ensuring safe handling and disposal of bio-medical waste, including timely collection, bar coding, GPS tracking, and training for workers. Non-compliant occupiers must be reported immediately. The guidelines for bio-medical waste management require facilities to provide training, conduct medical examinations, ensure safety equipment for workers, report accidents, maintain treatment equipment logs, allow oversight of treatment processes, display authorization details, recycle treated waste, supply appropriate bags, operate

on holidays, keep records for five years, and upgrade incinerators for compliance within two years. Occupiers must phase out non-chlorinated plastic bags within two years and chlorinated plastic bags for biomedical waste after that. These bags must comply with Bureau of Indian Standards. Operators of waste treatment facilities must record and report on recyclable waste sales. The rules for transportation of bio-medical waste require operators to use labeled vehicles with necessary information. Compliance with state pollution control board regulations and Motor Vehicles Act is also mandatory. Enforcement of these rules for healthcare establishments falls under the Director General of Armed Forces Medical Services under the Ministry of Defense. All occupiers handling biomedical waste must apply for authorization from the State Pollution Control Board. A provisional authorization will be granted, with validity synchronized with other necessary consents. Each state must have an Advisory Committee overseeing implementation of rules, including representatives from various departments and organizations. The Ministry of Defence will establish an Advisory Committee on Defence chaired by the Director General of Health Services of Armed Forces, with representatives from various government departments. Each State Government or Union territory Administration will set up District Level Monitoring Committees to oversee compliance with rules on bio-medical waste management in healthcare facilities and treatment facilities. District Level Monitoring Committee for bio-medical waste management is composed of various representatives and experts, with the District Medical Officer as the Member Secretary. Authorized persons are required to maintain records related to bio-medical waste handling for five years. Appeals against orders by the prescribed authority can be made to the Secretary of the State Government or Union territory administration within thirty days. Authorities may consider appeals filed after the designated thirty-day period if there is a valid reason for the delay. The department responsible for land allocation must provide a suitable site for a common bio-medical waste treatment facility. The occupier or operator of such a facility will be held accountable for any environmental or public harm resulting from improper waste management. The proper disposal of clinical laboratory waste, including cytotoxic drugs and items contaminated with cytotoxic drugs, is crucial for public health and safety. These items should be returned to the manufacturer or a designated facility for incineration at high temperatures. Microbiology and biotechnology waste, such as blood bags and laboratory cultures, should also be disposed of properly to prevent contamination and spread of diseases. Proper disposal methods include incineration, plasma pyrolysis, or encapsulation in designated hazardous waste treatment facilities. Waste is treated and sent to authorized recyclers or for energy recovery, including metal sharps in puncture proof containers. Various sterilization methods are used before final disposal in iron foundries or landfills. Glass waste is disinfected and recycled after treatment. Medical waste incineration ash containing toxic or hazardous constituents must be disposed of at a hazardous waste treatment facility. Pre-treatment of laboratory waste and blood samples should be done according to WHO guidelines before being handed over to a bio-medical waste treatment facility. Occupiers must sterilize and dispose of bio-medical waste properly if not linked to a disposal facility. Urban Local Bodies should partner with a common bio-medical waste treatment

facility for waste collection and disposal. The temperature requirements for the primary and secondary chambers of incinerators are specified. Existing incinerators must comply with these standards within two years. The regulations for common bio-medical waste treatment facilities require monitoring of stack emissions, installation of continuous emission monitoring systems, and operation of incinerators at specific parameters to ensure low organic carbon content in ash. Data must be submitted to authorities for approval. Medical waste generated from Plasma Pyrolysis or Gasification should be disposed of according to hazardous waste management rules or the Environment Protection Act. It should be subjected to specific temperature and pressure conditions in a gravity flow autoclave for proper treatment. Proper treatment of medical waste requires specific conditions in an autoclave, including a temperature of at least 121°C and pressure of 15 psi for 45 minutes, or a temperature of at least 135°C and pressure of 31 psi for 30 minutes. Validation tests using biological indicators are necessary to ensure that the autoclave process meets the required time, temperature, and pressure standards. The occupier of a bio medical waste treatment facility must conduct weekly tests and maintain records. The microwave system must pass efficacy tests to ensure it kills bacteria and pathogens. Waste should be half-filled in the pit, covered with lime, and soil added on top. The Ministry of Environment, Forest and Climate Change in India is responsible for creating policies and rules related to biomedical waste management. They also conduct research on the risks to the environment and health posed by biomedical waste, including previously unknown disposables and wastes from new equipment. The Ministry of Health and Family Welfare and the Ministry of Animal Husbandry and Veterinary are responsible for monitoring and enforcing rules related to healthcare facilities and veterinary establishments. They also conduct research on the risks posed by biomedical waste and provide training courses on waste management. The Ministry of Environment, Forest and Climate Change oversees the coordination of State Pollution Control Boards on bio-medical waste. They set standards for new technologies and prescribe specifications for treatment and disposal of such waste. They also review data submitted by State Pollution Control Boards and compile an annual report for submission. Health care facilities must implement these rules, and data must be submitted to the Central Pollution Control Board in a timely manner. The abstractive summary would focus on the key points mentioned in the extractive summary such as monitoring compliance, taking action against violations, organizing training programs, and supporting third-party audits of bio-medical waste treatment facilities. It would also mention the responsibilities of municipalities and local bodies in providing land for waste treatment facilities and collecting solid waste. Overall, the summary highlights the importance of proper management and disposal of bio-medical waste to protect human health and the environment. Assessment of the effects of accidents on human health and the environment is crucial for health care facilities and common bio-medical waste treatment facilities. Detailed information such as the number of beds, patients treated, and treatment and disposal capacity must be provided to the prescribed authority. Proper handling, treatment, and disposal of biomedical waste are essential to ensure safety and environmental protection. The document outlines the procedures for handling biomedical waste, including different categories of

waste such as human anatomical waste, expired medicines, and chemical waste. It also specifies the various treatment equipment used for disposal, such as incinerators, autoclaves, and deep burial pits. M/s \_\_\_\_\_ is authorized for handling biomedical waste with specific capacity and coverage details provided. The authorisation for operating a healthcare facility or common bio-medical waste treatment facility must comply with the Environment (Protection) Act, 1986 and its rules. The authorised person is required to seek permission from the prescribed authority before closing down the facility. Detailed information including the name, address, contact details, ownership, and license number of the facility must be submitted annually by June 30th. The waste management facility provides details on the quantity of waste generated in different categories, storage, treatment, transportation, and disposal facilities. It includes information on on-site storage, treatment equipment, vehicles used for waste collection, incineration ash, ETP sludge disposal, and any accidents that occurred during the year. The facility ensures proper handling and disposal of biomedical waste to protect the environment and public health. The report certifies whether the disinfection method or sterilization meets log 4 standards. It is signed by the head of the institution and includes the date of the order and address of the authority being appealed against. The report also lists any enclosures related to the appeal.

4. PDF Link - [https://drive.google.com/file/d/1rwHAU7eKeJTI\\_ZStfIU6oGZi0pMe5Nv9/view?usp=drive\\_link](https://drive.google.com/file/d/1rwHAU7eKeJTI_ZStfIU6oGZi0pMe5Nv9/view?usp=drive_link)

8 pages

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[9]: def main():
 pdf_path4 = '/content/Efficient Summarization of Long Documents.pdf'

 final_summary = summary(pdf_path4)
 print(final_summary)

if __name__ == "__main__":
 main()
```

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Abstractive summarization methods involve generating a new summary that captures the main ideas and concepts of the original text, even creating passages not present in the original document. However, transformer-based models with self-attention mechanisms face increased computational consumption as the number of input words grows. The latest trend in text summarization involves using sparse attention mechanisms like local attention and sliding windows to focus on specific parts of the input, reducing computational complexity without altering the structure of pre-trained language models. Long documents are processed through content selection, where beneficial sentences or paragraphs are selected and reorganized into a new, condensed document for summarization. Researchers have explored using a combination of BERT and BART models for summarizing long documents, with BERT as a sentence classifier and BART as the summarizer. This paper introduces a hybrid summarization model for long documents by combining

extractive and abstractive methods. The model utilizes BART for summarization instead of BERT, incorporates a compression mechanism based on similarity scoring and latent intervention, and utilizes specific initialization methods for the summarization task. The main contribution is the co-training of BERT and BART to improve the summarization process. SimCSE is advantageous as it can be trained on unlabeled text without requiring labeled data. The architecture of BART combines BERT and GPT to effectively capture long-range dependencies and contextual information. CogLTX is a two-stage model that partitions long documents, scores each block, and utilizes mechanisms like MemRecall for multi-step reasoning. The BERT scorer is trained using positive and negative sample blocks to assign scores to each block of a long document. These scores help identify the most promising blocks, which are then reorganized to create compressed documents. A "latent intervention" method is used to confirm the usefulness of these blocks in generating summaries. The block length limit is crucial in maintaining semantic information without causing fragmentation or loss. The importance of each block in a document affects the quality of the summary generated. If a block is discarded and the summarizer's loss decreases, it indicates that the block was irrelevant. A compressed document with the best information can be used for summarization tasks effectively. The abstractive summarization process involves dynamically updating and retaining valuable memories in a compressed document through multiple memory iteration cycles. This allows for the generation of a target summary corresponding to the original long document within the limitations of BART. BERTScore, a variation of ROUGE, uses the BERT language model to measure similarity between generated text and reference text using precision and recall. It is less sensitive to text length, making it useful for evaluating summaries of different lengths. The study utilized a batch size of 32 and a learning rate of  $2e-5$  for the compressor. To ensure a comprehensive training dataset for RoBERTa, data enhancement techniques were employed by sampling the same document multiple times. In the latent intervention stage, text block relevance was adjusted based on a threshold value, resulting in improved summarization results with unsupervised trained SimCSE. This approach was adopted as the default initialization strategy for subsequent experiments. Our model, while showing poor performance in R-L scores compared to others, excels in balancing resource consumption and model performance for long document summarization in limited resource scenarios. Additionally, it outperforms state-of-the-art models in handling documents of any length, showcasing the potential of our hybrid summarization approach. Researchers aim to enhance the performance of models for handling extremely long documents in future work. They plan to introduce model migration and adaptation for long documents in various domains such as keyphrase extraction, text classification, etc. This effort is part of the CogLTX series and aims to address the long-document problem faced by these domains. A comparison of learning rates for nonparametric regularized kernel-based quantile regression using Gaussian radial basis function kernels is presented. The study shows that in high dimensions, these learning rates perform well, especially when assuming an additive model. Additionally, a specific example illustrates that a Gaussian function dependent on one variable is part of a reproducing kernel Hilbert space generated by an additive Gaussian kernel, but not by a

multivariate Gaussian kernel of the same variance. It is not possible to provide an abstractive summary without the actual content of the extractive summary. Please provide the extractive summary for me to generate an abstractive summary.

5. PDF Link - [https://drive.google.com/file/d/1jMxjlWARReDnJBgp6y2F50f\\_FwMDyiYF/view?usp=drive\\_l](https://drive.google.com/file/d/1jMxjlWARReDnJBgp6y2F50f_FwMDyiYF/view?usp=drive_l)

147 pages

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[10]: def main():
 pdf_path5 = '/content/Unit 3.pdf'

 final_summary = summary(pdf_path5)
 print(final_summary)

 if __name__ == "__main__":
 main()
```

<IPython.core.display.HTML object>

Prof. Shyamveer Singh Chauhan, an Assistant Professor in the Civil Engineering Department at MITS Gwalior, emphasizes the importance of understanding waste generation, composition, and characteristics. This information is crucial for planning, designing, and operating waste management systems. The quantity and composition of waste vary between countries and urban and rural areas. Different methods, such as waste characterization studies and previous data, are used to estimate waste quantities. This data is essential for selecting equipment, technology, and the typical composition of Municipal Solid Waste includes food waste, paper, cardboard, plastics, textile, leather, glass, metals, rubber, wood, yard waste, and other materials. Professor Shyamveer S. Chauhan explains that waste sampling for analysis and characterization follows specific procedures, such as the IS9234:1979. The process involves collecting a large quantity of waste from various sampling points within the city and selecting a random quarter for analysis. This method requires a significant amount of the process of waste sampling involves collecting samples and then preparing them for further analysis through drying, grinding, and mixing. Specific weight of solid waste is determined by the weight of the container filled with waste minus the weight of the empty container divided by the volume of the container. This is done using a cubical container filled to overflow with waste, taking care to avoid compaction or segregation. The physical characteristics of solid waste, such as specific weight, particle size distribution, and field capacity, are crucial for various waste management processes like material recovery, composting, incineration, and landfilling. Prof. Shyamveer S. Chauhan, an Assistant Professor in Civil Engineering, emphasizes the importance of understanding these characteristics for effective waste characterization and management. Prof. Shyamveer S. Chauhan, an Assistant Professor in Civil Engineering, discusses the chemical characteristics of waste in terms of energy content, ultimate analysis, and proximate analysis. The energy content of solid waste can be determined using the Modified Dulong Formula. Ultimate analysis involves determining the percentage of various chemical constituents in waste,



while proximate analysis focuses on moisture content, volatile combustion matter, fixed carbon, and ash content. Proper waste management is essential in handling waste at its source. It is important to store waste at each source and segregate it accordingly. Food waste and biodegradable waste should be separated from recyclable and non-biodegradable waste. Separate bins should be used for storage, with different colored containers to identify the types of waste. This includes using blue containers for recyclable items, green containers for biodegradable items, and black trash bags for hazardous waste. Various waste collection systems are in place, including community bin collection, door-to-door collection, block collection, and kerbside/alley collection. Each system has its own advantages and challenges, with the most common method being kerbside collection in industrialized countries. Public awareness and attention are key issues in efficient waste management. Various types of waste collection vehicles are used, including pedal tricycles and motorized tricycles for household to door collection, as well as tractor trailers and truck trailers for solid waste collection. Two main collection systems, Hauled Container System (HCS) and Stationary Container System (SCS), are prevalent for transporting waste from households to processing or disposal sites. In the HCS system, waste containers are hauled to transfer stations and then returned back to their locations after being emptied. The use of hydraulic/mechanical hosting systems in vehicles allows for easy loading and unloading of containers. In cases where this system is not available, a JCB is used. The labor requirement in mechanically loaded systems is similar to that in HCS systems. Analysis of collection systems, including Hauled Container System (HCS) and Stationary Container System (SCS), is conducted by Prof. Shyamveer S. Chauhan, Assistant Professor of Civil Engineering. Prof. Shyamveer S. Chauhan, Assistant Professor of Civil Engineering, conducted an analysis of Collection Systems, including the necessary off-route time for activities such as checking in and out, dealing with congestion, and equipment maintenance. The analysis also involved factors such as time required for picking up and unloading containers, as well as average driving time between locations. The study calculated the number of trips per day based on various parameters, highlighting the importance of optimizing collection processes for efficiency. Analysis of Collection Systems in the Department: The number of trips per day is calculated based on the volume of waste generated per day, the volume of the collection vehicle, and the compaction ratio. The collection routes must be planned efficiently to ensure the effective use of workforce and equipment, as well as to optimize the cost of the waste management system. Both environmental and economic factors must be considered when optimizing collection routes. The selection of collection routes should follow company policies and regulations, taking into consideration the frequency of collection and point of collection. It is important to lay out routes that connect all pickup locations, with the last location being nearest to the disposal site. Routes should be balanced to ensure an even workload and minimize travel distance. Once routes are designed, a collection schedule should be created for each route, typically maintained in a register or logbook. Transfer stations are essential for transporting waste from small collection vehicles to larger ones when the distance to disposal facilities is large. However, the construction and labor costs can be a major limitation.

Transfer stations are classified based on size, population, population density, and frequency of collection. Small transfer stations can hold up to 100 tons of waste per day and may be indoor or outdoor, while medium transfer stations are similar but larger. The waste management system includes storage loading transfer stations for unloading waste from collection vehicles and loading it into transport vehicles. These stations are designed to store waste for up to 3 days and offer facilities for segregation, recovery, and processing. Another type of station combines direct loading and discharge loading methods, providing multipurpose facilities for waste management. Motorized transportation, such as motorized tricycles and tractor trailers, is the most common form of transportation for solid waste collection and transportation. The segregation of waste is crucial for efficient waste management. Different methods such as electric and magnetic field separation, size separation using screens, and reduction in size using shredders and hammer mills are employed to separate and process waste effectively. This not only reduces transportation costs but also improves landfill capacity. Prof. Shyamveer S. Chauhan, Assistant Professor of Civil Engineering, discusses the importance of landfill disposal of waste in his instructional videos. He emphasizes the need for proper separation and shredding of waste before reaching the landfill to reduce the load. Compaction and leveling techniques are also crucial in minimizing waste volume and increasing landfill capacity. Factors such as available land area, groundwater table depth, soil for daily cover, and local climate should be considered for effective waste management. Landfill disposal of waste involves different methods such as trench landfill and bench landfills. These methods require proper lining with impermeable materials to prevent environmental contamination. Leachate and gas collection systems are also important components of landfills. The final cover is applied to minimize surface runoff infiltration, prevent gas release, and create a suitable environment for planting trees. It is crucial for the cover to withstand climatic changes and erosion. Landfill operations should run 24 hours a day, all year round. Waste is deposited in cells in a phased manner, with the landfill area divided into multiple cells. Safety and security measures including suitable fencing, health checks for workers, and proper handling of hazardous waste are essential. Environmental monitoring of the landfill site is crucial, with monitoring of air quality and landfill gas to detect any leaks into the environment. Gas composition is monitored to determine if it can be used for energy recovery. Prof. Shyamveer S. Chauhan, an Assistant Professor in Civil Engineering, discussed the issues related to landfill disposal of waste, specifically focusing on leachate management. Leachate is formed when water passes through solid waste, becoming highly contaminated with various chemicals. To manage leachate quantity, methods such as the Water Balance Method and HELP Model are employed. Liners, such as clay or geomembranes, are used to prevent leachate flow, with the Double Leachate treatment involves both biological and physiochemical processes. Biological treatment includes aerobic and anaerobic methods, while physiochemical treatment includes various processes such as flocculation, sedimentation, and chemical oxidation. Landfill gas management is crucial, as factors like moisture content can affect gas production rates. Gas migration in landfills can pose hazards, but it can also be a potential source of energy. Therefore, it is important to collect and convert landfill gas into

useful energy forms through techniques like Landfill disposal involves the collection of landfill gas through vertical and horizontal extraction wells. Gas collection methods include passive pressure systems, which rely on the pressure inside the landfill for movement of gases. Energy recovery may not be feasible if gas generation is insufficient. Additionally, aerobic composting is a commonly used process for decomposing organic waste. The composting process involves managing factors such as the C/N ratio, pH control, temperature, mixing, and turning of waste materials. Blending different waste types can adjust the C/N ratio for optimal biodegradation. Maintaining a pH of 7 to 7.5 is ideal, as extremes can hinder the biological conversion process. Controlling temperature is crucial, as high temperatures can kill microorganisms. Mixing and turning waste materials help distribute nutrients and air for efficient aerobic conversion. The biological treatment of waste involves various methods such as windrow composting, aerated static pile method, and in-vessel method. Anaerobic digestion is a key process where organic waste is fermented without air, leading to low solid or high solid digestion. Gas components evolved during digestion are collected, stored, and separated if necessary. To maintain an anaerobic system, a balance between non-methanogenic and methanogenic bacteria is crucial. The Bangalore method involves initial aerobic stabilization followed by Vermicomposting is a biological treatment process that utilizes earthworms to break down organic waste into nutrient-rich organic fertilizer. The vermicompost produced contains high levels of nutrients and lower contaminants compared to the original waste. Proper storage and selection of suitable earthworm species, such as Red worms, African earthworm, and composting worm, are important factors in the success of vermicomposting. Vermicomposting process requires a shaded environment with high humidity and cool temperatures. It can be done in abandoned cattle sheds, poultry sheds, basements, backyards, or unused buildings. If done in an open area, a shady place with a thatched roof to protect from direct sunlight and rain is necessary. The waste in the vermicomposting pit should be covered with moist gunny bags to maintain moisture. Containers like cement tanks or wooden boxes can be used for vermicomposting. The process of vermicompost production involves harvesting earthworms from the bed using a simple trapping method with cow dung balls. The collected worms are then used in the next batch of composting. The content of nutrients in vermicompost depends on the waste materials used, with a range of nutrients available in heterogeneous waste and only certain nutrients in homogeneous waste. Common nutrients in vermicompost include organic carbon, nitrogen, phosphorus, potassium, sodium, calcium, magnesium, copper, iron. The abstractive summary of the given extractive summary is: Thermal treatment of waste involves the combustion process of solid waste through oxidation. Factors affecting the efficiency of incinerators include the combustibility of wastes and the need for proper turbulence for complete combustion. The use of a rotary kiln incinerator is a method for reducing waste transportation requirements. The abstractive summary of the text discusses issues related to thermal treatment of waste, including the presence of white smoke due to aerosols and non-combustible materials, leakage of smoke from the charging door, incomplete burning and poor ash quality. It also mentions pyrolysis as a method of waste treatment involving partial combustion in the absence of oxygen, known for its endothermic process.

Improving air and temperature control in chambers can help reduce these problems. The thermal treatment of waste involves converting domestic solid waste into small pellets, which are then burnt in an RDF fired combustion system to recover energy from the gases released. This process helps in managing waste effectively and generating energy from it.

6. PDF Link - [https://drive.google.com/file/d/1ojxVle3PjIIXk4MV8McfHoNDs09FfQyE/view?usp=drive\\_link](https://drive.google.com/file/d/1ojxVle3PjIIXk4MV8McfHoNDs09FfQyE/view?usp=drive_link)

268 pages

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[12]: def main():
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 final_summary = summary(pdf_path7)
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```

<IPython.core.display.HTML object>

An abstractive summary is a condensed version of the text that conveys the main ideas and information in a new way, often using different words and sentence structures. It focuses on capturing the essence of the original text rather than simply copying parts of it. The publishers emphasize that the views expressed in this book are personal and may not represent their opinions. The information provided is intended for medical professionals as a supplement to their own judgement and best practices. Copyright laws prohibit reproduction of any part of the book without written permission from the publishers. The authors have created cases for students to explore clinical problems and develop their diagnostic and management skills in a safe environment. They aim to spark students' interest in clinical problems and encourage them to further their knowledge. The extractive summary contains a list of various medical abbreviations and acronyms used in the field of healthcare. The patient lives alone and has experienced episodes of loss of consciousness, known as Stokes-Adams attacks. Despite normal test results, there is concern for intermittent conduction problems due to complete dissociation of atrial and ventricular rates. Currently in stable complete heart block, the patient may experience symptoms such as fatigue, dizziness, or heart failure if the condition persists. The patient experienced intermittent rises in jugular venous pressure from 'cannon' a-waves, indicating contractions of the right atrium against a closed tricuspid valve. Treatment options include a dual-chamber pacing system or a ventricular pacing system. The electrocardiogram showed complete heart block with arrowed p-waves. A key point is to gather a detailed history from a witness when a patient experiences transient loss of consciousness, as it may aid in diagnosis. Previous chest pain was a positive family history of heart disease increases the risk of ischaemic heart disease, but no other risk factors are evident. Pain relief from sitting up and leaning forward suggests pericardial origin. ECG shows ST segment elevation concave upwards, typical of

pericarditis. Pericardial rubs have a scratchy quality best heard with a stethoscope's diaphragm. A 19-year-old boy with a history of repeated chest infections is found to have scanty growth of *Pseudomonas* in sputum culture. Inspiratory crackles are present in the upper zones of both lungs. Myocarditis may be linked to pericarditis, with muscle function assessed on echocardiogram and damage measured by troponin levels. Pericarditis can occur as a complication of myocardial infarction, either from the death of heart muscle or as Cystic fibrosis typically presents with changes in the upper lobes of the lungs, with younger and milder cases often showing *Haemophilus influenzae* and *Staphylococcus aureus* in the sputum. Diagnosis can be delayed until later in life, despite symptoms appearing earlier. The common diagnostic test involves measuring electrolytes in sweat or assessing the potential difference across nasal epithelium at specialized centers. The patient has common genetic abnormalities that can be identified through genetic tests, with over 95% of cases being successfully identified. She has a history of tonsil removal as a child, recurrent bronchitis episodes between ages 3 and 6, and a troublesome cough when playing games or jogging. Spirometry is being conducted, and she is required to monitor her peak flow rate at home for 2 weeks. A patient with a family history of atopic conditions and symptoms of cough triggered by exercise and cold weather was diagnosed with asthma. The diagnosis was confirmed with an exercise test showing a significant drop in FEV. The common causes of persistent dry cough with a normal chest X-ray include asthma, sinusitis, postnasal drip, and reflux oesophagitis. A 56-year-old woman presents to the emergency department with abdominal pain in the right upper quadrant and epigastrium, indicative of acute cholecystitis triggered by eating a fatty meal. The condition is characterized by sudden-onset pain that radiates into the back and is more common in obese, middle-aged women. Antibiotics are unlikely to be effective in treating this condition. A 66-year-old woman with a history of weight loss, tiredness, slight breathlessness, and altered bowel habits consults her general practitioner. Potential differential diagnoses include acute cholangitis, biliary colic, acute pancreatitis, and other gastrointestinal issues. The patient may require a cholecystectomy if symptoms persist after inflammation settles down. Complications such as septicaemia and peritonitis may arise. A 45-year-old man presents with reduced appetite, weight loss, and intermittent morning nausea over the past 6 months. These symptoms may indicate a gastrointestinal issue, such as carcinoma of the colon. Further investigation is needed to determine the cause of his symptoms and potential diagnosis. A young man with a history of smoking and heavy alcohol consumption is experiencing morning nausea and vomiting, along with an increased risk of alcohol misuse due to his job in the catering business. A 22-year-old man with a history of malaise and anorexia for 1 week was eventually diagnosed with alcoholic liver disease due to his high alcohol intake of 40-50 units per week for 20 years. Despite being advised to stop drinking and attend an alcohol addiction unit, he continued to drink heavily and died 3 years later from a second bleed from oesophageal varices. This case highlights the importance of accurate history-taking and the need for early intervention in patients with The patient has a history of occasional drug use, leading to abnormal liver function tests. The symptoms suggest a possible drug-induced hepatitis, but viral infection,

specifically hepatitis B, cannot be ruled out. Serological tests are recommended to confirm the diagnosis. A patient with slightly elevated prothrombin time is advised on the potential dangers of smoking, drug and alcohol use, and sexually transmitted diseases. It is important to educate his flatmates on not sharing personal items to prevent the spread of HBV. Hepatitis B is mainly transmitted through sexual contact and intravenous drug use in developed countries. Acute hepatitis B infection is a notifiable disease in the UK. Hyperparathyroidism can be caused by elevated serum phosphate levels and reduced vitamin D levels, often seen in long-standing renal failure. It can present with systemic illness or general malaise, and a hand X-ray can show characteristic signs such as erosion of the terminal phalanges and subperiosteal erosions of the middle phalanges. A 27-year-old woman presenting with back pain is found to have renal failure, requiring antihypertensive medications, phosphate binders, vitamin D preparations, and erythropoietin injections. Renal biopsy is deemed inappropriate due to the high risk of complications. Patients may present with end-stage renal failure when their glomerular filtration rate is less than 15 mL/min. Renal ultrasound is recommended for further investigation. Patients with symptoms of cystitis may not always have lower urinary tract symptoms in acute pyelonephritis. Blood and urine cultures should be taken to identify the organism, followed by intravenous fluids and antibiotics. A nephrostomy may be necessary in cases of hydronephrosis. Uncomplicated renal infections require a 2-week course of antibiotics, with a repeat urine culture afterwards to confirm eradication of infection. A 64-year-old man presents to his GP with symptoms of weight gain and signs of proximal myopathy, striae, and truncal obesity, suggestive of Cushing's syndrome. Investigation and management should focus on identifying the cause, which could include overproduction of cortisol due to factors such as ACTH secretion by a basophil adenoma of the anterior pituitary gland. Treatment may involve addressing the underlying hormonal imbalance to alleviate symptoms and prevent complications. A 62-year-old woman with a rapid personality change is brought to her GP by her husband, prompting a consultation. The possible causes of obesity include genetic, environmental, hormonal factors, and alcohol-induced pseudo-Cushing's syndrome. In cases of rapid-onset obesity, endocrine causes should be ruled out. Treatment for Cushing's syndrome caused by ectopic ACTH secretion, possibly from bronchial carcinoma in a heavy smoker, includes transsphenoidal microadenectomy for a cure. The patient presents with increasing pain and bony tenderness in the thoracic spine, along with abdominal symptoms and character changes, raising concerns of hypercalcaemia. Possible causes include sarcoidosis, squamous cell lung cancer, renal failure, thyrotoxicosis, vitamin D intoxication, and malignancy. Further investigations are needed to determine the exact cause of the bone marrow problem and bone pain. The patient presented with raised serum calcium and phosphate levels, along with lytic bone lesions indicative of multiple myeloma. Confirmation was made through protein electrophoresis and bone marrow biopsy showing abnormal plasma cell accumulation. Muscle wasting and weakness in the upper limbs were also observed. Prognosis is likely poor due to lower motor neuron issues. Motor neurone disease is a degenerative condition affecting the motor neurones of the spinal cord, cranial nerve nuclei, and motor cortex. It presents with weakness, wasting, and fasciculation in the hands and

arms. Different types of motor neurone diseases exist, including amyotrophic lateral sclerosis and primary lateral sclerosis. Diagnosis can be challenging in early cases, but advanced cases are more easily identified by characteristic symptoms. A 43-year-old woman presents to her GP with complaints of double vision, worse in the evenings for the last 3 months. Ptosis of the upper lids is noted, possibly indicating weakness of the external ocular muscles. Differential diagnosis includes dystrophia myotonica, which can cause ptosis and muscle wasting. A 35-year-old man presents to the emergency department with a rapidly developing painful, swollen right knee. Investigations reveal normal blood work and negative blood cultures, with soft-tissue swelling around the joint on X-ray. The patient also has a rash and red eyes, indicating a possible diagnosis of monoarthropathy. Further investigation and management are needed to confirm the diagnosis and explore potential differential diagnoses. The patient presents with monoarthritis, a rash, and red eyes, indicating a potential systemic condition. The arthritis can progress to chronic destructive arthritis involving the knees and feet, along with sacroiliitis and spondylitis. The red eyes are associated with conjunctivitis and anterior uveitis, which can flare up with arthritis symptoms. Differential diagnoses include gonococcal arthritis with a pustular rash and acute septic arthritis presenting with systemic symptoms and erythematous skin. An 80-year-old woman presents with pain and swelling in her left knee, which has become hot, swollen, and painful on movement. The investigation reveals evidence of effusion in the joint with a positive patellar tap. Blood tests show normal hemoglobin levels, elevated white cell count, and an increased ESR. An X-ray of the knee is performed. Septic arthritis must be recognized and treated promptly to prevent joint destruction and septicemia. The 80-year-old woman presented with hip pains and Heberden's nodes, common in osteoarthritis. Blood tests showed elevated white cell count, ESR, blood sugar, and renal function. The recent thiazide diuretic use raised suspicion of gout due to crystal deposits. Diagnosis confirmed uric acid crystals, distinguishing from calcium pyrophosphate crystals found in pseudogout. The patient is a non-smoker who drinks alcohol socially. She presents with purpura on her legs, abdomen, and arms, raising concerns about a possible bleeding disorder. The timing of bleeding after trauma can help differentiate between platelet function disorders and coagulation defects. The age of onset of symptoms can also provide clues about whether the bleeding disorder is congenital or acquired. Patients with Acute Myeloid Leukemia (AML) often present with symptoms related to low blood cell counts, such as anemia, infections, and bleeding. Diagnosis is confirmed through peripheral blood smear and bone marrow examination. Easy bruising can be a sign of pancytopenia and differential diagnoses include AML, myelodysplasia, and other conditions. Tiredness, breathlessness, and headaches are also common symptoms in AML patients. A 63-year-old woman presents to her GP with extreme tiredness, breathlessness, and headaches. She is found to have severe macrocytic anemia and neurological signs due to vitamin B12 deficiency. This deficiency is causing peripheral neuropathy and spinal cord damage. Vitamin B12 deficiency can lead to neurological issues, such as peripheral neuropathy and degeneration of the spinal cord. It is commonly caused by gastric issues, bacterial overgrowth, or malabsorption. Pernicious anaemia, an autoimmune disease, can also cause B12 deficiency. Rapid treatment with intramuscular

hydroxycobalamin is crucial to prevent further complications. In addition, macrocytic anaemia can have various causes, including folate deficiency, alcohol consumption, hypothyA man who recently returned from Nigeria is experiencing fever, chills, and a history of hepatitis and glandular fever. His blood tests show abnormalities such as raised bilirubin, mild anemia, and low platelet count. Further investigations are needed to determine the appropriate management for his condition. A 24-year-old man presents with fever and rigors, with malaria being the most common illness causing these symptoms after returning from a trip. The diagnosis should be confirmed by expert examination of a blood film. Despite ruling out HIV-related illness, the patient is still at risk for malaria and should undergo testing with a peripheral blood film stain. Treatment includes a course of quinine followed by a single dose of Fansidar for parasite eradication. A 54-year-old woman with a history of diabetes controlled on insulin presents with fever, cough, and shortness of breath. Investigation and management should consider the possibility of an opportunistic infection due to immunosuppression. Treat as falciparum malaria if species is unknown or infection is mixed. The patient's respiratory system examination showed an increased respiratory rate with normal chest X-ray results. However, the decrease in oxygen saturation indicates a significant issue with gas exchange in the lungs. Pneumocystis jiroveci may not be found in sputum samples, requiring techniques like sputum induction with hypertonic saline or bronchoscopy with alveolar lavage for accurate diagnosis. In early stages, chest X-rays may appear normal before showing diffuse shadowing and alveolarThe man, who works as a solicitor, has a history of depression but currently has no obvious triggers for another episode. He had a previous episode of depression 10 years ago related to the end of his first marriage. Despite not showing common biological symptoms of severe depression, there are clues pointing towards a possible diagnosis of hypothyroidism. Hypothyroidism can lead to brittle hair, eyebrow thinning, bradycardia, and renal blood flow reduction. Common causes include autoimmune thyroiditis, post-surgery or medication treatment, and iodine deficiency. Treatment typically involves T4 at a maintenance dose of 75-200 g/day. A 72-year-old man presents with painless swelling of both legs, massive oedema of the penis and scrotum, bruising on the forearms and around the eyes, and ascites. Investigations reveal abnormal levels of haemoglobin, sodium, potassium, urea, creatinine, albumin, cholesterol, and triglycerides. The cause of the patient's oedema is likely related to a liver or kidney issue. Unilateral leg edema is usually caused by a local issue, while bilateral leg edema can be a sign of various medical conditions. Frothy urine is often seen in patients with nephrotic syndrome due to high protein levels. Normochromic, normocytic anemia is a common indicator of chronic disease, pointing towards a possible diagnosis of amyloidosis. A renal biopsy is recommended to determine the cause of the nephrotic syndrome. Patients with amyloidosis should undergo an echocardiogram and a serum amyloid P scan to assess cardiac infiltration and total body burden of amyloid. In another case, a 74-year-old woman with diverticulitis experiences acute diarrhea during her hospital stay, despite making a good recovery initially. Elderly individuals over 65 living in residential care homes are at a higher risk of contracting C. difficile infections due to lower gut bacteria diversity. Proper isolation and infection control measures should be implemented



if infection is suspected. Cases are categorized by severity, ranging from mild to life-threatening, with specific criteria for each level of severity. A 23-year-old student presents with shortness of breath on exertion, developing over 10 days. The GP sends her to the emergency department for further investigations, including an ECG and chest X-ray. Possible causes of myocarditis are discussed, including viral infections and Chagas' disease in rural South America. Symptoms of myocarditis are non-specific, but may include myalgia, fatigue, shortness of breath, pericardial pain, and palpitations. Young individuals presenting with new cardiac symptoms should be evaluated for myocarditis, especially if there is a recent viral illness. It is important to rule out autoimmune diseases like lupus, as well as substance abuse. Clinical signs typically indicate cardiac failure, and imaging may show cardiomegaly and pulmonary congestion. Treatment with corticosteroids may be considered in severe cases, with the possibility of cardiac transplantation in extreme situations. Raised serum antibody titres to Coxsackie B can support the diagnosis of viral A 62-year-old man presents to the emergency department with shortness of breath, which worsens over the next two days accompanied by a dry cough. His symptoms indicate community-acquired pneumonia caused by *Legionella pneumophila*. While outcomes in adults with this condition are generally good, some patients may develop dilated cardiomyopathy. Community-acquired pneumonia can be caused by various organisms, with atypical pneumonias accounting for a percentage of cases. Differentiating between these types of pneumonia can be based on the prodromal illness duration and specific symptoms. In cases of atypical pneumonia, such as *Legionella pneumonia*, high CRP levels and lymphopenia can be indicative of a severe infection. Testing for antibodies to atypical organisms and influenza can help confirm the diagnosis, with a fourfold rise in antibody titre indicating a current A 46-year-old woman presents with right-sided loin pain and macroscopic haematuria. She has a history of previous episodes of loin pain that resolved spontaneously. Other clues to the diagnosis include lymphopenia, evidence of nephritis, and a diffuse pattern of infiltrates on chest X-ray. It is important to suspect the condition if there is an outbreak in an institution or if pneumonia does not respond to antibiotics. ADPKD is a systemic disorder that presents with various manifestations beyond renal cysts, including hepatic cysts, diverticular disease, hernias, mitral valve prolapse, aneurysms, and hypertension. Early onset hypertension is common in patients with normal renal function. A positive family history of aneurysm rupture may indicate the need for long-term follow-up and renal replacement therapy, especially in cases where there is a history of subarachnoid hemorrhage. Referral to Patients with ADPKD1 tend to experience hypertension and renal failure at an earlier age compared to ADPKD2 patients. A case study presented symptoms of loin pain and haematuria, with joint pain in the hands and feet. Laboratory investigations showed abnormalities in hemoglobin, white cell count, and ESR levels. The diagnosis and major differential diagnoses need to be determined. Rheumatoid arthritis typically affects individuals between 35-55 years in women and 40-60 years in men, with symptoms including acute onset, fever, and malaise. The condition primarily targets joints in the hands, feet, ankles, knees, and spine, leading to cartilage, bone, and tendon damage. As the disease progresses, characteristic deformities develop, causing asymmetrical

arthritis in medium to large joints and the sacroiliac area. A 30-year-old woman presents with chronic chest pain that radiates to her left axilla, causing her to stop what she is doing and feel faint or dizzy. She is concerned about her heart. Treatment may involve the addition of an anti-TNF antibody if methotrexate is ineffective in controlling the disease. Rheumatoid arthritis typically spares the distal interphalangeal joints. The patient's chest pain, which is not characteristic of heart disease, may be related to anxiety. Reassurance is recommended, with further assessment if necessary. Shortness of breath may be due to overventilation. If reassurance is not effective, an exercise stress test or thallium scan may be considered to check for reversible ischemia. A woman with a history of depression postpartum is brought to the hospital by her husband out of concern that she may have taken some pills. She complained of nausea, prompting the visit. Further investigations revealed normal blood work. The next steps in management should include assessing the patient for any substances she may have ingested. An increase in prothrombin time or INR can signal a paracetamol overdose, with liver function tests becoming abnormal within 24 hours. Maximum liver damage typically occurs around days 3-4 post-overdose. A paracetamol level of 64 mg/L confirmed appropriate treatment, indicating a high risk of severe liver damage. Close monitoring of electrolytes, renal and liver function, and clotting studies is crucial, with consideration for referral to a liver unit if significant dysfunction. The patient presents with significant weight loss, loss of menstruation, and symptoms of anorexia nervosa. This disorder is often seen in teenagers or young adults, characterized by severe weight loss, distorted body image, and amenorrhea. Emotional triggers such as relationship break-ups or academic failures may contribute to the development of this condition. Treatment involves investigation and management to address the underlying psychological and physical issues. A 75-year-old woman presents to her GP with severe back pain, which may be caused by various underlying conditions such as adrenal disease, thyroid disorders, and severe chronic illnesses. The metabolic alkalosis in the patient is due to a combination of factors including vomiting, fluid loss, and hormonal changes. Anorexia nervosa may also play a role in the patient's condition. A woman with abdominal striae and bruises on her arms and thighs presents with kyphosis, back pain, and a vertebral fracture, likely due to osteoporosis. She exhibits signs of height loss, thoracic kyphosis, and rib proximity to the iliac crest. Differential diagnoses include multiple myeloma, metastatic carcinoma, osteomalacia, hyperparathyroidism, and steroid therapy/Cushing's syndrome. The patient has multiple risk factors for osteoporosis. A 31-year-old woman with a history of abdominal pain and bloating, migraines, and irregular periods should have her corticosteroid dose reduced and switch to inhaled steroids to control her asthma. She should also start calcium and vitamin D supplements, as well as a bisphosphonate to address osteoporosis. There are effective treatments available for osteoporosis to reduce bone loss. The most likely diagnosis based on the normal investigations and symptoms is irritable bowel syndrome (IBS). However, with a family history of colon carcinoma, further investigations should be considered to rule out conditions like familial polyposis coli. The patient's feelings and family history should be explored in more detail. A 28-year-old nurse presented with headaches, confusion, and convulsions. Further

investigation is needed to determine the cause of her symptoms, which could be related to a variety of factors. Proper explanation of the condition to the patient is crucial in managing her case. The patient's immune system effectively manages the infection, resulting in dormant cysts with potential scarring in the choroid and retina. Other indicators of HIV infection include the patient's origin, weight loss, and oral candidiasis. The hyponatremia is attributed to the syndrome of inappropriate antidiuretic hormone secretion due to raised intracranial pressure. A 23-year-old woman presented to the emergency department after experiencing tonic-clonic seizures, along with symptoms of weight loss, hair loss, night sweats, and joint pain. Initial investigations revealed abnormalities in her blood counts, ESR, and CSF protein levels. The likely diagnosis is suggestive of a systemic autoimmune disorder affecting multiple organ systems. A 38-year-old man presents with a painless lump on the right side of his neck. Investigations reveal low haemoglobin, white cells, and platelets, along with impaired renal function. Symptoms suggest a multisystem disease, likely systemic lupus erythematosus (SLE), an autoimmune condition more common in women and certain ethnic groups. A low white cell count or platelet numbers can be indicative of SLE. The patient presented with a pulse rate of 100/min and regular, as well as a blood pressure of 112/66 mmHg. The mass in question is dull to percussion and its upper edge cannot be palpated. Investigating and managing this patient would involve considering potential causes of enlarged lymph nodes, such as acute infections or chronic leukaemias and lymphomas. Enlargement of the left supra-clavicular nodes may indicate metastatic spread from certain types of carcinomas. A patient presenting with swelling in the neck should undergo a lymph node biopsy and CT scan for diagnosis and staging of the disease. Allopurinol should be given before chemotherapy to prevent complications. Accurate staging can be done with CT-PET scanning, allowing for proper assessment of treatment response. A 74-year-old woman with a history of intermittent lower abdominal pain is now experiencing worsened pain, tenderness, fever, and a mass in the left iliac fossa. These symptoms suggest an acute exacerbation of her diverticular disease. A 36-year-old woman with high blood pressure is referred to a hypertension clinic. Differential diagnosis includes carcinoma of the colon, Crohn's disease, and diverticulitis. Treatment is based on presumptive diagnosis of diverticulitis, with antibiotics to reduce complications. Colonoscopy and CT scan recommended to rule out neoplasm and assess for abscess or fistula formation. Hypertension is predominantly caused by essential hypertension, although renovascular disease is also a common cause, with atherosclerotic renal artery stenosis being the most frequent form. In elderly individuals, this condition can lead to end-stage renal failure. Medial fibroplasia is the common form, characterized by thinning of the intima and media, resulting in a 'string-of-beads' appearance on angiography. Unlike atheromatous renovascular disease, hypertension in fibA A 34-year-old woman presents with a rash and swelling on her legs. The swellings are darker in color and seem to be healing from the center. After examination, it is determined that she has erythema nodosum, which is secondary to previously undiagnosed Crohn's disease. Erythema nodosum is caused by inflammation of the small blood vessels in the deep dermis. A 73-year-old woman presents to the emergency department with increasing breathlessness over the past 4 days, frequent nosebleeds, and

coughing up small amounts of fresh blood. She has a respiratory rate of 30 breaths/min and coarse inspiratory crackles throughout both lung fields, suggesting a possible respiratory condition. The history of mouth ulcers, abdominal pain, and diarrhea strongly indicates Crohn's disease as a potential diagnosis. Active vasculitis typically presents with a purpuric rash, raised platelet count, and elevated CRP. Alveolar hemorrhage can lead to hypoxia and radiographic shadowing without significant hemoptysis. Pulmonary/renal syndrome can be caused by systemic vasculitis such as granulomatosis with polyangiitis (GPA) or microscopic polyarteritis, affecting small vessels and leading to necrotizing glomerulonephritis and pulmonary hemorrhage. These conditions

A 17-year-old African-Caribbean boy with sickle cell disease presents with severe chest pain and shortness of breath. Rapid treatment is crucial to prevent irreversible tissue necrosis. A boy with sickle cell disease is experiencing his first serious bony/chest crisis, a common presentation in African black populations. The disease has a variable clinical course influenced by factors such as hemoglobin F levels and socioeconomic status. Symptoms typically manifest in early childhood, including anemia, jaundice, and painful hands and feet. In African-Caribbean patients, sickle cell disease should be considered as a cause of chest or abdominal pain. A 44-year-old woman presents with severe abdominal pain radiating to her back, accompanied by vomiting and tenderness in the epigastrium. Symptoms suggest acute pancreatitis, with signs of inflammation seen in raised white count and high CRP levels. Treatment may involve partial exchange transfusion for severe thrombotic complications. Amylase levels can be elevated in conditions such as mesenteric ischemia and acute abdominal conditions, but a diagnosis of acute pancreatitis is likely if amylase is more than 3 times the normal limit with typical symptoms. Management involves fluid replacement, analgesia, and keeping the patient nil by mouth. Other conditions to consider in the differential diagnosis of acute pancreatitis include pancreatic pseudocyst, pancreatic dysfunction, and pancreatic cancer, although symptoms may not always be present. A postoperative surgical patient developed fevers and signs of acute renal failure. Investigations revealed abnormal blood tests and low urine output. The causes of the patient's deterioration need to be determined promptly. A patient presenting with postoperative acute renal failure is likely suffering from a combination of intra-abdominal sepsis and aminoglycoside nephrotoxicity. This condition requires transfer to the intensive care unit for close monitoring and assessment of colloid and inotrope needs. Postoperative acute renal failure is often caused by a variety of factors such as hypotension, sepsis, and the use of nephrotoxic drugs like aminoglycosides and

A 64-year-old woman with a history of mild abdominal discomfort and associated symptoms of urgency to pass bowel movements and diarrhea is referred for treatment. A possible 5-hydroxytryptamine (5-HT)-secreting carcinoid tumor is suspected based on her symptoms and a CT scan revealing a liver metastasis. Early recognition and aggressive treatment of sepsis syndrome is crucial to reduce morbidity and mortality. A 28-year-old woman with a history of intravenous heroin use is admitted to the emergency department in a coma. Her partner provided information about their drug use. She presents with a low respiratory rate, dullness to percussion, and bronchial breathing. The symptoms suggest possible metastasis of carcinoid tumours to the liver, resulting in carcinoid

syndrome. Diagnosis relies on detecting high levels of 5-HIAA in urine. The patient presented with acute renal failure caused by rhabdomyolysis, leading to hypocalcemia in the oliguric phase. This was accompanied by opiate and alcohol toxicity, aspiration pneumonia, and abnormal ECG and chest X-ray findings. A 45-year-old woman visits her doctor due to tiredness and arm pain affecting her work on the computer. Early signs of hyperkalaemia include T-wave peaking, P-wave flattening, and PR interval prolongation, progressing to QRS widening, a sine-wave pattern, and ventricular fibrillation. Myoglobinuria may not be immediately present due to quick clearance. Aggressive fluid replacement and alkaline diuresis can prevent renal damage in rhabdomyolysis if initiated. The patient is a secretary who has been struggling with arthritis impacting her work, but has seen improvement since starting methotrexate. She experiences discomfort in the wrist and weakness in the right thumb. The symptoms suggest carpal tunnel syndrome, with compression of the median nerve in the wrist. Treatment options should include investigations to confirm the diagnosis and appropriate management strategies. The initial management for carpal tunnel syndrome involves stopping provocative movements and wearing splints at night. If symptoms persist, nerve conduction studies can confirm the extent of the lesion, and treatment options such as local steroid injections or surgical decompression may be considered. The patient is a non-smoker, abstains from alcohol and recreational drugs, and is not taking any regular medication. She lives with her parents and is preparing to take her A-level exams in 3 weeks. A 17-year-old girl presents with acute onset symptoms of vertigo, drowsiness, and abnormal vital signs. The differential diagnosis includes possibilities of drug overdose, benign positional vertigo, brainstem ischemia, and other central and peripheral lesions. Further investigation and management are required to determine the underlying cause of her symptoms. A 64-year-old woman with a history of retrosternal pain, exacerbated by lying flat and bending down, is experiencing chest pain with a burning and tight quality. Reflux is suspected as the cause, with symptoms including an elevated heart rate. Diagnosis includes measuring plasma phenytoin levels and checking for missing tablets in cases of overdose. Given the patient's long history and symptoms suggesting oesophageal reflux, it would be reasonable to start a trial of therapy with regular antacids. If the pain improves with this treatment, additional measures such as weight loss and raising the head of the bed at night should be considered. Oesophageal reflux is often associated with symptoms of heartburn and can be confirmed through endoscopy and biopsy. In cases of non-specific chest pain with a normal ECG, the oesophagus. The patient's examination revealed normal cardiovascular, respiratory, gastrointestinal, breast, and reticuloendothelial systems. The headache presented as bilateral with diffuse radiation over the skull vertex, potentially indicating a classic migraine or a space-occupying lesion. It is crucial to accurately diagnose the cause of the headache and address the patient's beliefs and concerns about their symptoms. A 55-year-old man with a history of homelessness and recent antituberculous treatment presents with headache and confusion. Extensive changes seen on chest X-ray prompt the need for a CT scan to rule out subdural hemorrhage. The possibility of tension headache should be considered after excluding other potential causes. A 29-year-old woman presented to the emergency department with sudden onset of right-sided

chest pain and shortness of breath. Her vital signs indicated possible cardiac involvement. Further investigation revealed the need for antituberculous therapy for suspected *Mycobacterium tuberculosis* infection. Adherence to treatment regimes and initial testing for resistant organisms are crucial for successful treatment outcomes. The presence of tachypnoea, tachycardia, raised jugular venous pressure, and pleural rub suggest a possible diagnosis of a pulmonary embolus. While a pulmonary arteriogram is the traditional method for diagnosis, a lung scan can often suffice in cases with a normal chest X-ray and no history of chronic lung disease. However, in the presence of conditions like COPD or asthma, further tests may be necessary. Doppler of the leg veins can also help.

A 62-year-old man with a history of chest pain was admitted to the hospital. He received treatment for a severe left anterior coronary artery lesion, including emergency primary angioplasty and stenting. Late inspiratory crackles were heard in the respiratory system.

An 82-year-old man presented to the emergency department with symptoms of general weakness. Further evaluation revealed signs of pulmonary edema on chest X-ray, indicating potential complications such as myocardial infarction, arrhythmias, and pulmonary emboli. Differentiation of underlying cardiac issues based on murmur intensity was noted. Patients with angina or heart attack may not always present with central chest pain, highlighting the importance of recognizing atypical symptoms in cardiac conditions.

The patient presents with muscle tenderness and a superficial laceration, possibly indicating a nutritional deficiency. A dietary history is crucial in diagnosing and treating the issue to prevent future occurrences.

An unkempt man of uncertain age is brought to the hospital after being found unconscious outside a pub on New Year's Eve. The observation chart shows satisfactory oxygen saturation, but further tests are needed to rule out overdose. Vitamin deficiencies can occur in patients with poor diet even without malabsorption issues. The patient's blood glucose levels should be monitored along with electrolytes and haematology. Despite a single plus sign of glucose in the urine, hyperglycaemic coma is unlikely. The wide complexes on the ECG indicate an extra deflection at the J point. The patient's slow pulse rate and evidence of tremors on the ECG may suggest shivering. While the temperature of 35.1°C may not seem excessively low, it could be unreliable if not measured accurately with a proper thermometer.

The patient's blood work showed low levels of hemoglobin, MCV, and red cell folate, along with Howell-Jolly bodies in the blood film, indicating a combination of folate and iron deficiencies. The presence of macrocytosis suggests possible causes such as folate or vitamin B12 deficiency, alcohol consumption, hypothyroidism, certain drugs, or underlying conditions like coeliac disease. A positive family history and symptoms point towards a likelihood of coeliac disease.

A 45-year-old woman with recurrent chest infections is admitted to the hospital with pneumonia. She is suspected to have coeliac disease due to positive family history, Irish origin, and laboratory findings. Other possible diagnoses include anorexia nervosa, but physical disease is more likely. Treatment involves a gluten-free diet and monitoring the improvement of villi in the small bowel through biopsy. Failure to recover villus architecture may be due to poor dietary compliance. Fat malabsorption may not be obvious if the

Achalasia of the cardia, a primary neurological disturbance in the lower end of the esophagus, is the likely diagnosis for a patient

experiencing dysphagia. Aspiration is most likely to affect the right lower lobe due to the anatomy of the right main bronchus. Diagnosis may involve cine-radiology with barium or esophageal motility studies. The subjective site of blockage in dysphagia may not accurately reflect the level of obstruction. The neighbours called an ambulance after witnessing the woman having seizures, describing it as the worst headache she has ever experienced. This sudden onset of a severe headache, worsened by coughing and accompanied by nausea and vomiting, suggests a subarachnoid haemorrhage. The absence of similar headaches in the past indicates a new pathology, possibly associated with an aneurysm. Some patients may experience a minor haemorrhage known as a sentinel headache before the main event occurs. A 29-year-old man presents with cough, joint pains, and skin lesions around the hairline and nostrils. The differential diagnoses include subarachnoid hemorrhage, cerebral venous thrombosis, hypertensive crisis, and meningitis. Subarachnoid hemorrhage can be indicated by a sentinel headache and has a high mortality rate. The sensitivity of a head CT for detecting blood in the cerebrospinal fluid is highest within the first 6-12 hours but decreases. The patient's blood results indicate a slightly elevated calcium level, possibly due to vitamin D sensitivity in sarcoidosis. The ESR is also elevated, and some liver enzymes are at the upper limit of normal. An African-Caribbean man presenting with arthralgia without deformity raises concerns for systemic lupus erythematosus (SLE), although this is more common in women and would not typically cause bilateral hilar lymphadenopathy. Sarcoidosis and tuberculosis can both present with positive tuberculin tests, but sarcoidosis typically has elevated angiotensin-converting enzyme levels. A CT scan can help confirm the extent of lymphadenopathy and lung involvement. Sarcoidosis is a systemic disease that can affect multiple parts of the body. The patient presents with a recent-onset headache worsened by coughing and lying down, along with vomiting, suggesting raised intracranial pressure. This is confirmed by the presence of papilloedema. The condition may be due to various factors such as drinking abnormalities, renal resistance to AVP, nephrogenic diabetes insipidus, electrolyte imbalances, and certain medications. A water-deprivation test is recommended to assess the patient's plasma sodium, urine volume, and urine osA 52-year-old businessman with a history of microscopic hematuria is being referred to a nephrologist for further investigation. A water-deprivation test is recommended, along with measuring plasma sodium, urine volume, and urine osmolality until certain criteria are met. Additionally, AVP levels should be measured, and the patient's response to desmopressin should be monitored. Imaging tests such as MRI scanning of the hypothalamus and bone X-rays are also suggested to identify anyThe patient with microscopic hematuria, significant proteinuria, hypertension, and renal impairment likely has chronic glomerulonephritis, with potential causes being IgA nephropathy, thin basement membrane disease, or Alport's syndrome. IgA nephropathy is the most common form of glomerulonephritis in developed countries, characterized by IgA deposits, while Alport's syndrome is a progressive condition linked to deafness and eye issues, predominantly affecting males due to its X-linkedThe patient is advised to abstain from alcohol and control his blood pressure. The raised creatinine levels indicate a serious loss of renal function. The clinical picture suggests obstruction to outflow from the stomach. A 52-year-old man is brought to the

emergency department with symptoms of vomiting and a possible obstructed stomach due to a tumor at the pylorus. Further imaging with a CT scan is recommended to look for metastases and assess the extent of the tumor. Carcinoma of the stomach can sometimes present without abdominal pain or anemia. The man in the case study experienced sudden loss of consciousness and convulsions, likely due to syncope which is a temporary failure of cerebral circulation. This diagnosis has implications for his livelihood as it can affect his ability to function normally. Other conditions like transient ischemic attacks and migraines have different characteristics and do not involve loss of consciousness like syncope. An 85-year-old woman presents with memory loss to her GP, accompanied by her daughter. The patient may experience warning symptoms such as fear or abnormal feelings before losing consciousness. The seizure begins with tonic muscle contractions, followed by a clonic or convulsive phase. After the seizure, the patient may be stuporous and confused before returning to normal consciousness. A CT scan is necessary to rule out structural causes like a brain tumor or cerebrovascular event. New-onset epilepsy in adults is rare. The patient in this case study is diagnosed with dementia, showing symptoms of gradual decline in cognitive functions. Alzheimer's disease, multi-infarct dementia, and other neurological conditions are possible causes of dementia. Investigations for this patient should include a full blood count and erythrocyte sedimentation rate. A 35-year-old woman with a year-long history of intermittent diarrhea has recently become weak with persistent diarrhea, abdominal pain, and bloating. She has no relevant medical history and took amoxicillin with no improvement. Investigations should include a full blood count, thyroid function tests, HIV serology, and CT of the head. Treatment with memantine may be effective in moderate to severe Alzheimer's disease, and specific treatments may slow the progression of some types of dementia. The patient presenting with bloody diarrhea 10 times a day likely has serious active colitis, which may require surgical intervention if the colon is at risk of perforation. The presence of a family history of inflammatory bowel disorders is noted, but not particularly helpful in diagnosis. Infective causes of diarrhea should also be considered in the differential diagnosis. A 63-year-old man with a history of palpitations and irregular medication adherence presented to the emergency department with a pulse of 185/minute and irregular rhythm. His ECG showed atrial fibrillation (AF) with no distinct p-waves. Management of this patient would involve addressing the AF and potential underlying causes, such as medication non-adherence. The acute management of atrial fibrillation involves resuscitation and heart rate control with various alternative agents depending on the patient's condition. Long-term management includes assessing thrombo-embolic risk and deciding on rate or rhythm control. The CHADS-2 score is used to calculate the risk of stroke associated with AF, with different risk levels based on specific factors. Patients with paroxysmal AF should be evaluated for stroke risk similar to those with persistent AF. Patients with WPW may present with a delta wave or short PR interval on an ECG. Structural heart disease should be considered, especially in older patients. Atrial fibrillation can be classified based on frequency, with treatment options including flecainide, calcium channel blockers, amiodarone, or digoxin. Addressing underlying causes such as heart disease, hyperthyroidism, or pulmonary embolism is also important. The CHADS-2



score is used to assess stroke risk. Patients with paroxysmal atrial fibrillation should undergo stroke risk assessment similar to those with persistent AF. The decision to control rate or rhythm is influenced by factors such as age, duration of AF, and symptoms. Rhythm control is preferred for younger patients with recent onset AF and symptoms, aiming to restore and maintain sinus rhythm. Immediate DC cardioversion is recommended for hypotension and acute pulmonary edema resulting from AF. The patient initially experienced a sore throat which improved, but later developed a rash on his arms, legs, and face along with painful ulcers in his mouth and lips. The rapid onset of symptoms after starting penicillin suggested a drug reaction, as antibiotics are a common cause. Other potential causes were ruled out, making penicillin the most likely culprit. A 37-year-old man presents with urinary frequency, dysuria, and urethral discharge, along with a swollen right knee. He is diagnosed with acute gonorrhea and gonococcal arthritis due to unprotected sexual intercourse with prostitutes in Thailand and Singapore. It is important to record drug allergies prominently in medical notes. Contact tracing is crucial in managing sexually transmitted diseases. A 48-year-old woman with a history of back pain was initially diagnosed with musculoskeletal pain, but a later examination revealed a firm mass in her left breast. This highlights the importance of thorough medical examinations and the need for repeat investigations if there is suspicion of abnormalities. Regular breast examinations are recommended for women, especially after the age of 40 when breast cancer risk increases. Symptoms such as thoracic pain and breathlessness should not be ignored, as they could indicate serious underlying conditions like bony metastases or heart valve stenosis. It is important to monitor and address these symptoms to prevent further complications. Patients with severe aortic stenosis may present with specific signs such as a plateau pulse, aortic thrill, and heart failure symptoms. Echocardiographic findings include a valve area less than 1 cm<sup>2</sup> and elevated jet velocity and pressure gradient. Regular monitoring with echocardiograms is essential, with the frequency varying based on the severity of the stenosis. Symptoms development warrants consideration for aortic valve replacement to manage the condition effectively. A small tumor in the head of the pancreas was identified as the cause of obstruction to the common bile duct, with no extension outside the pancreas. Further investigation through a computed tomography scan was performed to define the site and cause of obstruction, revealing typical features of carcinoma of the pancreas such as relief by sitting forward and radiation to the back. A woman suddenly experienced complete paralysis in her left leg during a hymn singing session at church, with no loss of consciousness. Despite the paralysis, there were unusual neurological signs such as normal withdrawal responses to stimuli. The onset of symptoms was related to stress from losing her partner, and she displayed a lack of concern known as "la belle indifference". The paralysis seemed to provide a secondary gain of distancing herself from painful memories of splitting from her partner. A 72-year-old woman presents with drowsiness following treatment for a chest infection. She is eventually taken to the emergency department after her daughter struggles to wake her up. The diagnosis of dissociative disorder is considered, with factors such as stress and secondary gain being taken into account. The management involves ruling out other underlying conditions through

neurological examination. Patients on long-term steroids may experience adrenal crisis when there is a need for increased glucocorticoid output, often due to infections, trauma, or other factors like prolonged vomiting. This can be exacerbated by reduced sodium intake and dilution of plasma. It is important to adjust the steroid dose based on the patient's weight to avoid complications. The patient presented with a history of pain and blurred vision in her right eye two years ago, which resolved on its own. Further symptoms of unsteadiness, nystagmus, and incoordination suggest a cerebellar issue contributing to her gait disturbance. With a family history of diabetes, blood glucose testing is recommended. The combination of optic neuritis and neurological symptoms points to a likely diagnosis of multiple sclerosis. A 25-year-old female accountant presents with shortness of breath, cough, and chest pain, with a history of similar symptoms four years ago. Decreased tactile vocal fremitus and reduced breath sounds over the right side of the chest are noted. MRI is recommended as the optimal imaging technique for suspected multiple sclerosis. A bullous lesion is suspected at the apex of the right lung, with no mediastinal displacement observed. A rim of air greater than 2 cm on the X-ray suggests at least a moderate pneumothorax. Immediate management involves aspirating the pneumothorax through the second intercostal space using a cannula of 16-French gauge or more. The patient in residential care has limited mobility and occasional irritability, but overall has had no major issues. However, he has been experiencing falls due to trying to get out of bed and his chair. He believes there is a conspiracy among the staff to harm him, despite his normal thyroid function. Dementia is characterized by disturbances in consciousness, confusion that develops acutely and tends to fluctuate, and evidence of a precipitating cause like a serious medical condition or substance abuse. Common causes of delirium include infections, drug toxicity, and metabolic disorders. In this case, drug history should be rechecked and treatment for a urinary tract infection should be started presumptively. A 21-year-old man with a family history of diabetes mellitus is brought to the hospital unconscious. He had been anxious about upcoming exams but was otherwise doing well in his studies. The focus is on stabilizing his cardiac and respiratory functions, considering the potential link to diabetes. A 24-year-old man presents to the emergency department with a severe headache, possibly due to carbon monoxide poisoning. Despite the lack of warning signs, drug overdose should be considered. Treatment with high oxygen levels led to a slow but full recovery, with further management options including mannitol for cerebral edema and hyperbaric oxygen therapy. The presence of a faulty gas-fired heater in the bathroom increases the likelihood of carbon monoxide poisoning. The patient presented with a decreased level of consciousness, high pulse rate, and low blood pressure. Initial investigations showed abnormal levels of several blood parameters and turbid cerebrospinal fluid. Further tests are needed to confirm the diagnosis, with possibilities including meningitis, subarachnoid hemorrhage, or classic migraine. A 70-year-old woman presents with worsening upper abdominal pain over the past 3 days. In the absence of significant penicillin allergy, treatment with intravenous ceftriaxone or cefotaxime is common for bacterial meningitis. It is crucial to perform a CT scan before a lumbar puncture if localized neurological signs are present to prevent coning from raised intracranial pressure. High neutrophil

count, low CSF glucose, and elevated CSF protein. The patient has a history of vomiting and severe pain in the right upper abdomen. She suspects a urinary infection due to darker urine. Physical examination shows tenderness in the right upper abdomen and positive Murphy's sign for inflammation of the gallbladder. The bradycardia observed is likely due to beta-blocker therapy, not hypothyroidism. The presence of a palpable gallbladder during examination could indicate a potential diagnosis of malignant obstruction, as scarring and contraction from previous cholecystitis episodes would typically make the gallbladder non-palpable. Obstructive jaundice may have occurred if one or more gallstones have moved into the common bile duct. MRCP can identify the obstruction's location and cause, while ERCP is the preferred method for intervention, such as sphincterotomy or stone retrieval. The patient has been experiencing a sore mouth, loss of appetite, and weight loss. He also noticed a rash on his chest and abdomen. He has a history of vaccinations for trips to Vietnam and Thailand, as well as multiple sexual relationships. He also has cervical lymphadenopathy and oral ulcers. The patient may be at risk for HIV infection, as indicated by symptoms such as falling asleep unexpectedly and experiencing breathing difficulties. Early antiretroviral treatment can help reduce the risk of infection. It is important for healthcare providers to counsel patients on precautions to prevent transmission of sexually transmitted diseases. Symptoms like oral ulceration and rash are not typical of lymphoma, but lymphadenopathy and fever may indicate the presence of other conditions. The abstractive summary could be: Excessive daytime sleepiness can be caused by various factors such as inadequate sleep, sleep disorders like obstructive sleep apnoea and narcolepsy, as well as depression and medication. Treatment options for sleep apnoea include weight loss, mandibular advancement splints, continuous positive airway pressure, and tonsillectomy if necessary. Continuous positive airway pressure therapy is recommended for moderate to severe cases of obstructive sleep apnoea. Bariatric surgery is recommended for patients with a BMI of 35 to 40 kg/m<sup>2</sup> with certain co-morbid conditions. OSA is treated with CPAP and weight loss. A 48-year-old man presents with chest discomfort, weight loss, and a history of chest infection and peptic ulceration. It is likely he had a partially treated pneumonia. A man with a partially treated pneumonia is found to have a left pleural effusion, which is likely infected with anaerobic bacteria such as *Streptococcus milleri*. Further investigation through chest X-ray and clinical findings can help determine the extent of the infection and guide appropriate management. A likely diagnosis of microcytic anemia with reduced hemoglobin content is suggested, possibly due to chronic disease. Abdominal pains resembling those of a peptic ulcer may also be present. Endoscopy is recommended for a definitive diagnosis, as other conditions like stomach carcinoma cannot be ruled out based on symptoms alone. Identification of the source of iron deficiency causing the anemia is also crucial. A 72-year-old woman presented with non-specific symptoms for 10 weeks, including difficulty lifting her hand and reduced muscle power. She was diagnosed with *H. pylori* infection and iron deficiency, which were treated with a combination of medications and oral iron supplementation. Replenishing iron stores in the bone marrow requires 3 months of treatment after normalizing hemoglobin levels. Additionally, it was noted that ferritin levels can be elevated in the presence

of acute illness despite iron deficiency. Immediate treatment with high-dose prednisolone is crucial for this patient presenting with symptoms of giant cell arteritis to prevent irreversible visual loss, as optic neuritis or central retinal artery occlusion are significant risks. Starting treatment before a biopsy is done is recommended, as sight preservation is the top priority. A 76-year-old woman presents with weakness in her right arm and leg, along with episodes of slurred speech. Upon examination, she has an irregular pulse, high blood pressure, and weak pulses in her lower extremities. Immediate treatment with steroids is crucial to prevent the risk of blindness in giant cell arteritis. The patient is experiencing TIAs affecting the left cerebral hemisphere, leading to right-sided weakness and dysarthria. Potential sources for emboli include a left carotid artery stenosis, left atrium in atrial fibrillation with mitral regurgitation, and a previous myocardial infarction with mural thrombosis. The patient should undergo CT of the head, echocardiography, and Doppler ultrasound of the carotid arteries for further investigation. A 52-year-old man presents to the emergency department at 2 am vomiting fresh red blood, likely due to a variceal bleed from underlying chronic liver disease caused by alcohol consumption. Thrombocytopenia is common in cirrhosis, leading to a high risk of bleeding. Immediate management is crucial as only 50% of patients with variceal hemorrhage stop bleeding spontaneously, with a significant risk of re-bleeding within the next 6 weeks. A 33-year-old housewife seeks help from her GP due to feeling tired, irritable, and struggling to cope with her children. She is restless, has difficulty concentrating, and sweats excessively. Her husband and friends have noticed a change in her personality. She shows signs of agitation, sweating, and tremors. The patient was diagnosed with hyperthyroidism due to Graves' disease, confirmed by low TSH and high T4 levels. Common eye signs associated with the condition include lid retraction, proptosis, and ophthalmoplegia. Differential causes of hyperthyroidism include toxic nodular goitre, Plummer's disease, solitary toxic adenoma, and over-replacement with thyroxine. Thyroid-stimulating immunoglobulin testing can help identify Graves' disease in patients. A 48-year-old man presents to the emergency department with weakness of his legs, which has progressed to difficulty standing. Examination reveals impaired sensation and reduced joint position and vibration sense. The lumbar puncture results show clear CSF with elevated protein levels. The diagnosis is likely hyperthyroidism, possibly due to Graves' disease or a toxic nodular goitre. Management would involve treating the underlying thyroid condition. An 85-year-old man presents with recurrent falls, mainly in the morning, and reports dizziness with the falls. Differential diagnoses may include Guillain-Barré syndrome, lead poisoning, diphtheria, Charcot-Marie-Tooth disease, and poliomyelitis. Further investigation and management by a neurologist are recommended, especially considering a history of infective illness. The patient has occasional cough with white sputum, but is unsure if it was present during falls. Blood pressure has been well controlled, heart sounds normal, and no abnormalities found in respiratory or gastrointestinal system. Some loss of sensation in toes may be due to antihypertensive treatment. A 63-year-old woman is brought to the surgery by her neighbor due to concerns about her declining health. Possible causes of her symptoms include postural hypotension, diabetes with autonomic neuropathy, and

atrial fibrillation. Her marked cough and history of falls suggest a potential neurological cause, although transient ischemic episodes and epilepsy are considered less likely. Autonomic neuropathy in diabetes is linked to significant peripheral sensory neuropathy. The patient has been experiencing a lack of appetite and is unsure if she has lost weight. She was diagnosed with hypothyroidism 8 years ago and has been taking thyroxine replacement, but has not had her blood tests checked recently. She has not experienced any bowel or urine issues, but has noticed her urine has been strong. She occasionally takes paracetamol for headaches and only regularly takes thyroxine and vitamins bought from the chemist.

A 40-year-old man was admitted to the emergency department after being found unconscious by his wife. Itching is often caused by elevated levels of bile salts, which can be treated with cholestyramine. Primary biliary cirrhosis is indicated by the presence of antimitochondrial antibodies in the blood. It is important to address the underlying cause of symptoms rather than just treating them.

A 40-year-old man is admitted to the emergency department after being found unconscious at home. He has a history of hypoglycemic episodes and dehydration, with symptoms of fatigue, anorexia, and thirst. He also has an ulcer on his right foot. Treatment should focus on managing dehydration and addressing the underlying cause of his recurrent hypoglycemic episodes.

The patient presented with dehydration, postural hypotension, and hyperventilation due to metabolic acidosis triggered by an infection in the foot. The metabolic acidosis led to Kussmaul breathing and respiratory compensation. The coma in diabetics can be caused by non-ketotic hyperglycaemic coma, lactic acidosis, profound hypoglycemia, or non-metabolic factors like cerebrovascular attacks or drug overdose.

A 69-year-old man with a history of smoking and chronic cough presents with breathlessness. He is cyanosed and has pitting edema in his ankles. It is important for him and his wife to be educated about his diabetes, as he may not be able to smell ketones. Regular access to diabetes services is crucial for his long-term health.

Treatment for a patient with poor exercise tolerance and potential need for long-term home oxygen therapy should involve bronchodilators, assessment of blood gases, and consideration of pulmonary rehabilitation. Addressing associated issues like depression and social isolation can also greatly improve quality of life. A tailored approach to treatment can lead to significant benefits for the patient.

The patient presents with symptoms of burning feet, an ulcerated area on the right foot, and sensory loss in the lower extremities. Laboratory investigations show normal hemoglobin levels but elevated glucose and HbA1c levels, indicating poorly controlled diabetes. The symptoms and findings suggest a peripheral sensory neuropathy, with the likely diagnosis being diabetic neuropathy. It is important to monitor for peripheral vascular disease in diabetes by measuring the ankle:brachial blood pressure ratio if lower limb pulses are absent. Causes of peripheral neuropathy in diabetes include various factors such as genetics, toxins, vitamin deficiencies, and chronic illnesses. Preventing diabetic foot ulcers involves wearing comfortable shoes, avoiding bare feet, regular foot care, and treating nail infections promptly. Regular follow-up for patients with type 2 diabetes should include neurological and vascular examinations, as well as testing for peripheral

The hypertrophy observed suggests the blood pressure may be due to sustained hypertension rather than a temporary 'white coat' effect. Utilizing

tools like the Sheffield table can help determine the risks of cardiovascular disease. It is important to investigate potential causes of the hypertension, especially if it is difficult to control, as secondary causes like renal artery stenosis may be present and should be explored through imaging techniques such as renal ultrasound or magnetic resonance angiography. A 79-year-old man presents with tiredness, chest tightness, disturbed sleep, and sweating at night. Physical examination reveals tar staining on the fingers, a heart murmur, and nocturia. Further investigation is required to determine the underlying cause of his symptoms. The patient presented with mixed aortic valve disease and left ventricular hypertrophy on ECG, indicating pressure overload from aortic stenosis. It is important to consider infective endocarditis in elderly patients with murmurs and fever. Treatment with antibiotics led to resolution of fever without worsening heart conditions. A 70-year-old woman with a history of atrial fibrillation and hypertension presents with acute onset of abdominal pain. Examination reveals tenderness and guarding in the abdomen, with a heart rate of 92/min and blood pressure of 114/76 mmHg. One possible diagnosis is ischaemic bowel caused by an embolus from the heart. The woman with abdominal problems and a history of ischaemic heart disease may be experiencing shock, with possible causes including hypovolaemic shock, cardiogenic shock, extracardiac obstructive shock, and vasodilatory shock. The rise in central temperature and lack of a marked fall in peripheral temperature suggest this cause of the shock. Further investigation is needed to determine the exact cause of the abdominal problem. The patient is experiencing stiffness in her muscles, difficulty walking, and a slight tremor in her right hand. These symptoms are affecting her daily activities, such as reading small writing and walking to the local shops. Further investigation and management are needed to address the tremor, rigidity, bradykinesia, freezing, and festination observed in the patient. The classification of tremor includes rest tremor typical of parkinsonism and postural tremor found in benign essential tremor. Family history and response to alcohol and beta-blockers are common in postural tremor cases. Selegiline may delay the need for levodopa in Parkinson's disease but has side effects. Case 96 involves a 35-year-old woman with a 6-month history of increasing shortness of breath. The patient's respiratory system shows reduced and symmetrical lung expansion, with symptoms of breathlessness with an unclear onset. History of asthma is present but ruled out as the cause of the current issue. Occupational exposure to isocyanates is considered but does not align with the observed restrictive problem. Examination reveals limited lung expansion and crackles, indicating stiff lungs and low volumes. Respiratory function tests show a mild restrictive ventilatory defect, suggesting stiff lungs or chest wall. The distribution and pattern of changes on a CT scan are crucial for diagnosing and determining treatment response in pulmonary fibrosis. Ground-glass shadowing on a high-resolution CT indicates active cellular alveolitis and a better chance of responding to treatment. Treatment typically involves corticosteroids and possibly an immunosuppressant, but results are often poor in UIP. Caution should be taken to avoid causing harm with prolonged steroid and immunosuppressant use. A man diagnosed with a subendocardial inferior myocardial infarction is being treated with thrombolytics and aspirin. He has a strong family history of ischaemic heart disease. High serum cholesterol levels, along with other

clinical features, indicate premature vascular disease. Advice would include addressing the high cholesterol levels and implementing lifestyle changes to reduce the risk of further cardiovascular events. A middle-aged man in the UK is at high risk for developing heart disease due to his lifestyle habits, including smoking, excessive alcohol consumption, and high cholesterol levels. To reduce his risk, he should quit smoking, cut back on alcohol, exercise more, and follow a low-cholesterol diet. Studies have shown that cholesterol-lowering medication can significantly reduce the risk of heart events and mortality in men with high LDL levels. A 66-year-old man with a history of chronic cough and sputum production presents with increased symptoms. Blood tests reveal hyponatremia and a chest X-ray shows a mass over the right hilum. Possible causes include inappropriate AVP secretion related to lung carcinoma or Addison's disease. Management should focus on addressing the underlying respiratory disorder and investigating the cause of hyponatremia. A 20-year-old woman with a history of asthma is experiencing shortness of breath and difficulty controlling symptoms despite treatment with various medications. Further investigation reveals a likely diagnosis of inappropriate AVP secretion and a small-cell undifferentiated carcinoma of the lung, with potential treatment options to improve quality of life and increase survival. Serum and urine osmolarities can aid in determining the cause of hyponatremia in this case. The patient's history shows little response to beta agonist treatment and lung function tests do not show airflow obstruction or a significant response to bronchodilators. In cases of intermittent airway narrowing in asthma, it may be necessary to test for increased bronchial responsiveness through challenges like exercise or inhaled methacholine. Severe asthma may present with the inability to speak in complete sentences, but the loss of voice in this case suggests a potential issue at the vocal cord level. This aligns with patients presenting with a flow-volume loop showing a cutoff of inspiratory flow may have vocal cord dysfunction, which can be mistaken for asthma. This condition is more common in individuals with psychiatric problems and may be associated with gastro-oesophageal reflux. It is important to accurately diagnose and treat this condition to provide appropriate care. In a separate case, a 48-year-old woman with kidney failure complains of tiredness to her GP. The patient's renal failure may be caused by tubulointerstitial disease or disease affecting the renal vasculature. Hypertension, likely secondary to the tubulointerstitial disease, is accelerating the progression of renal failure. Long-term NSAID use may also increase the risk of chronic kidney disease. Chinese herbal medicines containing aristolochic acid have been linked to a specific nephropathy characterized by interstitial fibrosis and arteriole thickening. Further investigation is required to determine the nature of the renal failure, with a renal biopsy recommended to confirm the diagnosis and evaluate any potential inflammation or scarring present.

7. PDF                      Link                      -                      [https://drive.google.com/file/d/1e1NWvtucKo1mibLN6JjIzma1igiYl7G/view?usp=drive\\_link](https://drive.google.com/file/d/1e1NWvtucKo1mibLN6JjIzma1igiYl7G/view?usp=drive_link)

4 pages

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Mr. Ying is at risk of falling as he experiences dizziness when standing up and feels unsteady when walking. He has had this issue for a year and it occurs at different times throughout the day. He often needs to grab onto furniture or walls for support. Mr. Ying, an older Asian male, is experiencing a range of symptoms including fatigue, poor vision, constipation, urinary issues, back stiffness, difficulty concentrating, depression, and more. His physical exam reveals some strength impairments and fall risk factors. He is taking various medications including Valsartan, Claritin, Gabapentin, Tylenol, and Calcium carbonate. It is recommended to have grab bars installed in various locations such as inside and outside the tub, next to the toilet, and in the hallway leading to the bathroom for improved safety and accessibility.