GSM Medical Center Muaded Almazrouei Bdlg -1st floor - Al Satwa Rd - near Satwa Roundabout - Al Satwa - Dubai

Tel: 04-8831002,04-8831003

Fax: 048831004



PRESCRIPTION

Patient Name	:	Janine Andrea Arguelles	AGE	:	30 YEARS			
Address	:	muweilah sharjah	Mobile	:	+971 50 902 4863			
Medical Record #	:							
Principal Diagnosis	:	SCIATICA M54.3						
Secondary Diagnosis	:	NORMAL PREGNANCY, SECOND TRIMESTER Z34.92						
Additional Remarks	:	APPLY WARM COMPRESS						

GENERIC/DOSE/FORM	STRENGTH	INSTRUCTIONS	QUANTITY	ROUTE OF ADMIN
PANADOL EXTRA/CAPLETS	500MG	1 CAPLET, 2 TIMES/DAY FOR 5 DAYS	10	PO
DEEP RELIEF/GEL	3%/5%	APPLY ON AFFECTED SITE 2 TIMES/DAY FOR 7 DAYS	1	TOPICAL
NATURES BOUNTY VITAMIN D3/TABLETS	400IU	1 TABLET, 1 TIME/DAY FOR 90 DAYS	90	PO

Doctor Name License Number Date Signature & Stamp

Dr. Supriya Anand 25580547-001 03-APRIL-2023



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Date: 03-APRIL-2023

SICK LEAVE CERTIFICATE

Name: Janine Andrea Arguelles Age: 30 Years

Telephone: ++971 50 902 4863 Insurance: Cash

This is to certify that **Janine Andrea Arguelles** is suffering from **Sciatica**. She has been getting treatment since **03 April 2023**. She is not fit to work and is advised to rest for **02 DAYS** from **03 April 2023**.

Sincerely Yours,

Dr. Supriya Anand

