HOURGLASS

* Range for hourglass is referred to as: (bust – hips) ≤ 1″ AND (hips – bust) < 3.6″ AND (bust – waist) ≥ 9″ OR (hips – waist) ≥ 10″

Top hourglass: this type has a very well-defined waist and bust is larger than hip.

* Range for top hourglass is: (bust – hips) > 1″ AND (bust – hips) < 10″ AND (bust – waist) ≥ 9″

Bottom hourglass: this type of female body has a noticeably defined waist and bust is smaller than the hips.

* Range for bottom hourglass is referred to as: (hips – bust) ≥ 3.6″ AND (hips – bust) < 10″ AND (hips – waist) ≥ 9″ AND (high hip/waist) < 1.193

Pear/Triangle/Spoon:

In this type of body hips and butts are heavier but bust and shoulders are narrow. The waist is properly well defined that slopes out to the hips. Arms and shoulders are slim and weight is distributed in the leg.

* Range for Pear/Triangle/Spoon is referred to as: If (hips – bust) > 2″ AND (hips – waist) ≥ 7″ AND (high hip/waist) ≥ 1.193.

Inverted Triangle/Lollipop:

This body type is exactly opposite to the pear shape. Shoulders and busts are wide then hips. The waist is not well defined as well.

* Range for this body shape is: If (bust – hips) ≥ 3.6″ AND (bust – waist) < 9″.

Straight/Rectangle/Banana:

In banana body shape shoulders, waist, hip, and busts have the same sizes. The waist is not well defined and has a rectangular-looking outline.

* Range for this body shape is: (hips – bust) < 3.6″ AND (bust – hips) < 3.6″ AND (bust – waist) < 9″ AND (hips – waist) < 10″.

Apple/Round body:

People with round or apple body types have a higher tendency to gain weight in their stomachs. The bust is greater than the whole body. Furthermore, hips are narrow and legs are slender.

* Range for this body shape is: (hips – bust) ≥ 3.6″ AND (hips – waist) < 9.