

Dear new Hydrofieler,

Welcome to the Nijmegen Student Swimming and Waterpolo association Hydrofiel! With this letter we hope to welcome and help you familiarize yourself within our club. This way, you will know what kind of sports we practise, what activities there are during the year and who is involved with Hydrofiel. We hope you'll have a great time at Hydrofiel!

Swimming

The competitive swimming department of Hydrofiel consists of about 90 swimmers of different levels. The training is adapted to the level of the swimmers. This means that people who want to focus more on their technique training can work on that, while the more advanced swimmers can make some meters and work on their endurance. Training is given in the Erica Terpstra Sportfondsenbad at the following times:

- Tuesday 19.00 – 20.00 hours or 20.00 – 21.00 hours
- Thursday 21.30 – 22.30 hours

Hydrofiel competes every year in the Dutch Student Championship(NSK) and the Dutch Student Swimming Competition (NSZK). The NSZK consists of four competitions at which you will swim for the honor of your club based on a point system. Each NSZK is held in a different city and is organised by one of our sister swimming clubs. After each competition we will all eat together and have a big party. After the party we will stay with the swimmers of the organising club.

Waterpolo

The water polo branch of Hydrofiel consist of about 50 members. Water polo training is given by an experienced trainer, who played on a high level. Training for water polo will also take place in the Erica Terpstra Sportfondsenbad at the following times:

- Tuesday 21.00 – 22.30 hours
- Thursday 20.00 – 21.30 hours

When you want to play competition games you can be placed in one of the teams with permission of our trainer. At the moment Hydrofiel has 3 men teams and unfortunately, no women's team.

The 1st men team plays at district level 1. Which is at a high level. Their aim is to go to a national level next season. This team contains a mix of very experienced players and young talents

The 2nd men team plays at district level 3. This team is a relative young student team with a great potential to grow. The 3th men team plays at district level 4.

This team consists of Hydrofiels' veterans. They have been members of our club for quite a while and have played together for a long time in this team.

Unfortunately Hydrofiel could not subscribe a women's team for the season of 2017-2018, but with the occurring growth at the moment, we are hopefully subscribing a women's team next year.

After training

On Tuesdays or Thursdays we will go for a drink in café de Kroon after training. Every member is invited to come. It is a good way to get to know each other outside of the pool.

Participation in competitions

Everybody who wants to compete in a competition is more than welcome to! Almost everything is done through our website (www.hydrofiel.nl), which also has a international page. After you have logged in, you are able to sign yourself up for competitions in which Hydrofiel will be participating. If you don't succeed in signing yourself up or have any question you can always email the commissioner of water polo (waterpolocommissaris@hydrofiel.nl) or the commissioner of swimming(zwemcommissaris@hydrofiel.nl), of course you can also speak to them during training.

Participation in activities

Throughout the year, a number of different activities will be organized. Every year we participate in the Batavierenrace (a track competition from Nijmegen to Enschede) and every year we go on a weekend trip – the Hydrofiel weekend. During the year smaller activities will also take place for example, bowling, laser gamen, BBQ, drinks and a beer cantus. There is always something fun to do! Our activities are also organised through the website. On the website all news will be posted and you can sign yourself up for activities on the website. Keep a close eye on the agenda on the website, so you don't miss any fun!

Merchandise

Hydrofiel sells various merchandise, like: sweaters, t-shirts, bags and bathing caps. For a complete overview of all the goodies you can go to the website where you can find it under “ledeninformatie” and then merchandise. If you have any questions about the merchandise or how to order the merchandise you can contact the treasurer (penningmeester@hydrofiel.nl).

Website and social media

Our website (www.hydrofiel.nl) is an important communication medium within our club. Every member will get an account and password which they can use to log in to the private part of the website. If you have any questions about the website, you can contact Bram in 't Zandt (bramintzandt@gmail.com). Hydrofiel is also active on social media. These are our social media handles:

- Email: bestuur@hydrofiel.nl
- Website: www.hydrofiel.nl
- Instagram: nszwwhydrofiel
- Facebook: www.Facebook.com/hydrofiel
- Snapchat: hydrofiel

Contribution

Every member of Hydrofiel is obligated to pay the annual contribution. This is done through automatic debit. The amount of the contribution differs per group and is set every year by the ALV (general members meeting). Besides the contribution every member of Hydrofiel needs to be in possession of a valid sports card from the Radboud Sportscentre. You can get one through their website <http://www.ru.nl/sportscentre/>.

Another part of the contribution is the work activity. As a member of Hydrofiel you are obligated to do at least one work activity or buy one for 25,- euros. To complete one work activity you can set up tables in the morning (for exams) and break them down in the afternoon, this takes place in the Radboud Sportscentre. You can also help for at least 4,5 hours with the 'Zevenheuvelenloop' or 'Marikenloop', these are running events that take place in Nijmegen. By doing a work activity Hydrofiel will receive money, which we use to keep the contribution low and organise activities. If you don't complete a work activity you will buy one, this is also done through automatic debit. The amount of money to buy a work activity will be determined by the ALV.

The amount of working activities for the year 2017-2018 is set at:

- Swimming: 1 working activity
- Waterpolo (recreative): 1 working activity
- Waterpolo (competitive women): 1 working activity
- Waterpolo (competitive men): 2 working activities

Board and committees

The board of Hydrofiel exists this year of five persons and eight active committees that arrange everything within and around the association. The formation of the committees takes place during the General Members Meeting (ALV) in September. However, you can join a committee all year long if you are interested! The board consists this year of a chairperson (voorzitter), a secretary (secretaries), a treasurer (penningmeester), a commissioner of competitive swimming (zwemcommissaris) and a commissioner of water polo (waterpolocommissaris). The different committees and their functions are:

- Activity committee: This committee organizes activities such as a bowling night, drink evening, laser gamen, Hydrofielweekend and a beer cantus.
- Batavierenrace committee: This committee has responsibility for the team that competes in this race.
- BEP committee: This committee publishes the club magazine BEP. This magazine is published four times a year. There is a possibility for everyone to write an article who would like to do so and anyone who would like to can help with the layout.
- NSZK committee: This committee organizes the NSZK once every two years (at the beginning of next season 2018-2019 there will be one in Nijmegen).
- Tournament committee: This committee organizes the annual Goffert tournament.
- Recruitment committee: This committee is responsible for the recruitment of new members and the awareness of the club. It also organizes a training weekend (this year it will be a training day on 30th of September 2017).
- Sponsor committee: This committee is responsible for recruitment of sponsors and maintaining these contacts.

- Language and social media committee: This committee is responsible for pictures, posts on the website/social media and the translation of documents for the international students.
- Audit committee: This committee checks the work of the board.
- Cash audit committee: This committee checks the work of the treasurer.

Tips & Tricks

- When your personal data changes (moving, change of sex, marriage, etc) please inform the secretary as soon as possible.
- Participate in activities. During these activities you are able to get to know your fellow swimmers or polo teammates.
- Sign up for the NSZK's. Polo players are very welcome to participate too. The more the merrier!
- In case of resignation, you should do this before the 31st of August. When you do this later or you do not do it at all, you will still have to pay your contribution.

Epilogue

If you still have questions after reading this letter, please contact one of the board members, after all, that is what they're here for! You can always approach them at the pool or send an email to bestuur@hydrofiel.nl

See you in the pool!

