



Prakriti Shrestha

Enthusiastic and hardworking with proven organizational and communication skills, who is able to take on any required task and adapt to changing condition with resourceful and hardworking mindset. I am accustomed to working in a challenging a fast-paced environment, particularly when dealing with multiple projects and priorities at the same time.

CONTACT

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EDUCATION

SEE

Mount Everest Secondary School / Kathmandu / July, 2018

PCL Nursing

Sushma Koirala Memorial Nursing Campus / Kathmandu / July, 2019 - May, 2022

LANGUAGE

English	● ● ● ● ○
Nepali	● ● ● ● ●
Hindi	● ● ● ○ ○

REFERENCES

Rajan Luitel

People's Life Care Hospital / Director

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wedopeoplescare@gmail.com

EXPERIENCE

Staff Nurse

People's Life Care Hospital / Kathmandu / July, 2022 - May, 2023

- Administered medications via oral, IV and intramuscular injections and monitored responses.
- Monitored patients' conditions and reported changes in physical presentation, appearance and behavior to discuss treatment with physicians.
- Implemented medication and IV administration, catheter insertion and airway management.
- Updated patient charts with data such as medications to keep records current and support accurate treatments.

PROJECTS

Medical & Exposure (2019-2022)

- Fundamental of Nursing : Bir Hospital. Sushma Koirala Memorial Hospital and Nepal Orthopedic Hospital.
- Medical surgical-I : Bir Hospital (Medical, National Trauma Centre).
- Medical surgical-II : Bir Hospital (Operation Theatre. Surgical ward and post operative ward).
- Community Health Nursing : Paropakar Maternity & Women's Hospital (Immunization and Family Planning).
- Mental Health Nursing - Mental Hospital.
- Geriatric Nursing, Social Welfare Centre Elderly's Home.
- Midwifery-I : Paropakar Maternity & Women's Hospital and Bhaktapur Hospital (Antenatal ward).
- Midwifery-II : Paropakar Maternity & Women's Hospital and Bhaktapur Hospital (Labor room).
- Midwifery-III : Paropakar Maternity & Women's Hospital and Bhaktapur Hospital (Postnatal ward).
- Child Health Nursing : Kanti Children's Hospital.
- Leadership and Management : Bir Hospital.