

Surakshya Karki

Date of birth: 10 Dec 1999 | **Nationality:** Nepalese | **Gender:** Female | **Phone number:** (+977) 9861798623 (Mobile) |
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ABOUT ME

A licensed physiotherapist with experience of about a year in treating musculoskeletal, neurological, and cardiovascular cases. I am always willing to learn new things in the field of physiotherapy. With ambition, I wish to become a skilled physiotherapist and excel in my profession.

WORK EXPERIENCE

APR 2023 – CURRENT Damauli , Nepal
PHYSIOTHERAPIST SHREE RATNAHARI MEMORIAL ASPATAL PVT. LTD.

This is my full-time job as a physiotherapist, where I have been doing duty in both inpatient and outpatient services. I have been treating patients with musculoskeletal and neurological problems, mostly with outpatient physiotherapy services. I am a supervisor for a physiotherapy assistant too.

AUG 2022 – FEB 2023 Dhulikhel, Nepal
INTERNSHIP DHULIKHEL HOSPITAL

The six-month internship, which is part of the Bachelor of Physiotherapy, was completed with exposure to various cases in the Outpatient Department, Orthopedics and Traumatology, Neurology, Pediatrics, Women's Health, and Internal Medicine for one month each.

16 JUN 2022 – 1 JUL 2022 Damauli , Nepal
PRE-INTERNSHIP SPARK DAMAULI HOSPITAL PVT. LTD.

The pre-internship of a two-week time period was a requirement of my university to join the internship at KUSMS. Therefore, I completed the pre-internship with exposure to both inpatient and outpatient departments.

EDUCATION AND TRAINING

CURRENT Kathmandu, Nepal
REGISTERED PHYSIOTHERAPIST Nepal Health Professional Council

I am a registered BPT of First Level, issued in accordance with subsection (4) of section 17 of the Nepal Health Professional Council Act, 1997, and Rule 10 of the Nepal Health Professional Council Rules, 1999.

Website <https://nhpc.gov.np/>

2017 – 2023 Dhulikhel, Nepal
BACHELOR OF PHYSIOTHERAPY Kathmandu University, School of Medical Sciences

Website <https://kusms.edu.np/> **Field of study** Physiotherapy |

Thesis Level of Kinesiophobia in post-operative lower extremity fractures and it's correlation with pain: a cross-sectional study.

2015 – 2017 Kathmandu, Nepal
INTERMEDIATE EDUCATION National School of Sciences Secondary School

Website <https://nist.edu.np/>

2015 Damauli, Nepal
SECONDARY EDUCATION Shree Satyawati Higher Secondary School

Website <https://satyawati.edu.np/>

● LANGUAGE SKILLS

Mother tongue(s): **NEPALI**

Other language(s): **ENGLISH**

● ADDITIONAL INFORMATION

MANAGEMENT AND LEADERSHIP SKILLS

Member of NMSA-KUSMS (2022) I was actively involved in the National Medical Student Association-Kathmandu University Student Council, where I got the chance to lead the medical team for health camps that were organized in the remote villages of *Kavre* and *Sindupalchowk* district of Nepal.

HOBBIES AND INTERESTS

Travelling, Photography, Exploring foreign culture, Cooking, Dancing and Singing

21 Jan 2024



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