ML-Project

September 22, 2024

```
[1]: import pandas as pd
     import numpy as np
     import seaborn as sns
     import matplotlib.pyplot as plt
     import warnings
     warnings.filterwarnings('ignore') #to avoid the warning messages
[2]: import pandas as pd
     sleep_dataset = r"C:\Users\Rvdeekshitha\Desktop\ML_
      →Project\Sleep_health_and_lifestyle_dataset.csv"
     df = pd.read_csv(sleep_dataset)
     print(df.head())
       Person ID Gender
                                          Occupation Sleep Duration \
                          Age
    0
                1
                    Male
                           27
                                   Software Engineer
                                                                   6.1
    1
                2
                    Male
                                                                   6.2
                           28
                                              Doctor
    2
                3
                    Male
                           28
                                              Doctor
                                                                   6.2
    3
                4
                                                                   5.9
                    Male
                           28 Sales Representative
    4
                5
                    Male
                               Sales Representative
                                                                   5.9
       Quality of Sleep
                          Physical Activity Level
                                                     Stress Level BMI Category
    0
                       6
                                                 42
                                                                6
                                                                     Overweight
                       6
    1
                                                 60
                                                                8
                                                                         Normal
                       6
    2
                                                 60
                                                                8
                                                                         Normal
    3
                       4
                                                 30
                                                                8
                                                                          Obese
    4
                                                 30
                                                                          Obese
      Blood Pressure
                      Heart Rate
                                    Daily Steps Sleep Disorder
    0
               126/83
                                77
                                           4200
                                                            NaN
    1
               125/80
                                75
                                          10000
                                                            NaN
    2
               125/80
                                75
                                          10000
                                                            NaN
    3
               140/90
                                85
                                           3000
                                                    Sleep Apnea
    4
               140/90
                                85
                                           3000
                                                    Sleep Apnea
[3]: print(df.tail())
         Person ID
                     Gender
                              Age Occupation
                                              Sleep Duration
                                                               Quality of Sleep
    369
                370
                     Female
                               59
                                       Nurse
                                                          8.1
                                                                               9
    370
                371
                     Female
                               59
                                       Nurse
                                                          8.0
                                                                               9
```

| 371 372 373 | 372 373 374 | Female Female Female | 59 | Nurse Nurse | е | 8.1 8.1 8.1 | | 9 9 9 |
|-------------------|-------------------|----------------------------|-------|----------------|--------|-------------------|----------------|-------------|
| | Physical A | Activity | Level | Stress 1 | Level | BMI Category | Blood Pressure | \ |
| 369 | | - | 75 | | 3 | Overweight | 140/95 | |
| 370 | | | 75 | | 3 | Overweight | 140/95 | |
| 371 | | | 75 | | 3 | Overweight | 140/95 | |
| 372 | | | 75 | | 3 | Overweight | 140/95 | |
| 373 | | | 75 | | 3 | Overweight | 140/95 | |
| | Heart Rate | e Daily | Steps | Sleep Dia | sorder | • | | |
| 369 | 68 | 3 | 7000 | Sleep | Apnea | ı | | |
| 370 | 68 | 3 | 7000 | Sleep | Apnea | ı | | |
| 371 | 68 | 3 | 7000 | Sleep | Apnea | ı | | |
| 372 | 68 | 3 | 7000 | Sleep | Apnea | ì | | |
| 373 | 68 | 3 | 7000 | Sleep | Apnea | ì | | |
|]: pri | nt(df.info(|)) | | | | | | |

[4]:

<class 'pandas.core.frame.DataFrame'> RangeIndex: 374 entries, 0 to 373 Data columns (total 13 columns):

| # | Column | Non-Null Count | Dtype |
|------|---------------------------|----------------|---------|
| | | | |
| 0 | Person ID | 374 non-null | int64 |
| 1 | Gender | 374 non-null | object |
| 2 | Age | 374 non-null | int64 |
| 3 | Occupation | 374 non-null | object |
| 4 | Sleep Duration | 374 non-null | float64 |
| 5 | Quality of Sleep | 374 non-null | int64 |
| 6 | Physical Activity Level | 374 non-null | int64 |
| 7 | Stress Level | 374 non-null | int64 |
| 8 | BMI Category | 374 non-null | object |
| 9 | Blood Pressure | 374 non-null | object |
| 10 | Heart Rate | 374 non-null | int64 |
| 11 | Daily Steps | 374 non-null | int64 |
| 12 | Sleep Disorder | 155 non-null | object |
| dtyp | es: float64(1), int64(7), | object(5) | |

memory usage: 38.1+ KB

None

[5]: shape = df.shape print(shape)

(374, 13)

[6]: print(df.describe())

| | | Person ID | | Age | Sleep D | uration | Qual | ity o | f Slee | p \ | |
|------|--------|--------------|---------|-------|---------|---------|--------|-------|-------------|----------|-------|
| | count | 374.000000 | 374.00 | 0000 | 374 | .000000 | | 374 | .00000 | 0 | |
| | mean | 187.500000 | 42.18 | 34492 | 7 | .132086 | | 7 | .31283 | 34 | |
| | std | 108.108742 | 8.67 | '3133 | 0 | .795657 | | 1 | .19695 | 66 | |
| | min | 1.000000 | 27.00 | 0000 | 5 | .800000 | | 4 | .00000 | 0 | |
| | 25% | 94.250000 | 35.25 | 0000 | 6 | .400000 | | 6 | .00000 | 0 | |
| | 50% | 187.500000 | 43.00 | 0000 | 7 | .200000 | | 7 | .00000 | 0 | |
| | 75% | 280.750000 | 50.00 | 0000 | 7 | .800000 | | 8 | .00000 | 0 | |
| | max | 374.000000 | 59.00 | 00000 | 8 | .500000 | | 9 | .00000 | 0 | |
| | | Physical Ac | tivity | Level | Stress | Level | Heart | Rate | Dai | ly Steps | |
| | count | · | • | 00000 | 374. | 000000 | 374.0 | 00000 | | 4.000000 | |
| | mean | | 59.1 | 71123 | 5. | 385027 | 70.1 | 65775 | 681 | 6.844920 | ı |
| | std | | 20.8 | 30804 | 1. | 774526 | 4.1 | 35676 | 161 | 7.915679 | |
| | min | | 30.0 | 00000 | 3. | 000000 | 65.0 | 00000 | 300 | 0.00000 | |
| | 25% | | 45.0 | 00000 | 4. | 000000 | 68.0 | 00000 | 560 | 0.000000 | |
| | 50% | | 60.0 | 00000 | 5. | 000000 | 70.0 | 00000 | 700 | 0.000000 | |
| | 75% | | 75.0 | 00000 | 7. | 000000 | 72.0 | 00000 | 800 | 0.000000 | |
| | max | | 90.0 | 00000 | 8. | 000000 | 86.0 | 00000 | 1000 | 0.000000 | |
| [7]: | df.des | scribe(inclu | de ='al | 1').T | | | | | | | |
| [7]: | | | | count | unique | | top | freq | | mean ' | \ |
| | Person | ı ID | | 374.0 | _ | | NaN | NaN | | 187.5 | |
| | Gender | • | | 374 | 2 | | Male | 189 | | NaN | |
| | Age | | | 374.0 | NaN | | NaN | NaN | 42. | 184492 | |
| | Occupa | tion | | 374 | 11 | | Nurse | 73 | | NaN | |
| | Sleep | Duration | | 374.0 | NaN | | NaN | NaN | 7. | 132086 | |
| | Qualit | y of Sleep | | 374.0 | NaN | | NaN | NaN | 7. | 312834 | |
| | Physic | al Activity | Level | 374.0 | NaN | | NaN | NaN | 59. | 171123 | |
| | Stress | Level | | 374.0 | NaN | | NaN | NaN | 5. | 385027 | |
| | BMI Ca | itegory | | 374 | 4 | 1 | Normal | 195 | | NaN | |
| | Blood | Pressure | | 374 | 25 | - | 130/85 | 99 | | NaN | |
| | Heart | Rate | | 374.0 | NaN | | NaN | NaN | 70. | 165775 | |
| | Daily | Steps | | 374.0 | NaN | | NaN | NaN | 6816 | .84492 | |
| | Sleep | Disorder | | 155 | 2 | Sleep | Apnea | 78 | | NaN | |
| | | | | | std | min | 25 | 5% | 50% | 75% | max |
| | Person | ı ID | | 108. | 108742 | 1.0 | 94.2 | 25 1 | 187.5 | 280.75 | 374.0 |
| | Gender | • | | | NaN | NaN | Na | aN | ${\tt NaN}$ | NaN | NaN |
| | Age | | | 8. | 673133 | 27.0 | 35.2 | 25 | 43.0 | 50.0 | 59.0 |
| | Occupa | tion | | | NaN | NaN | Na | aN | NaN | NaN | NaN |
| | _ | Duration | | 0. | 795657 | 5.8 | 6. | .4 | 7.2 | 7.8 | 8.5 |
| | - | y of Sleep | | | 196956 | 4.0 | 6. | . 0 | 7.0 | 8.0 | 9.0 |
| | | al Activity | Level | | 830804 | 30.0 | 45. | . 0 | 60.0 | 75.0 | 90.0 |
| | • | Level | | 1. | 774526 | 3.0 | 4. | . 0 | 5.0 | 7.0 | 8.0 |
| | BMI Ca | tegory | | | NaN | NaN | Na | aN | NaN | NaN | NaN |
| | | | | | | | | | | | |

```
Heart Rate
                                   4.135676
                                                65.0
                                                        68.0
                                                                 70.0
                                                                         72.0
                                                                                  86.0
                                1617.915679
                                              3000.0 5600.0
                                                              7000.0
                                                                      8000.0
                                                                               10000.0
      Daily Steps
      Sleep Disorder
                                                 NaN
                                                         NaN
                                                                          NaN
                                                                                   NaN
                                        NaN
                                                                  NaN
 [8]: df.isnull().any()
 [8]: Person ID
                                  False
                                  False
      Gender
      Age
                                  False
      Occupation
                                  False
      Sleep Duration
                                  False
      Quality of Sleep
                                  False
      Physical Activity Level
                                  False
      Stress Level
                                  False
      BMI Category
                                  False
      Blood Pressure
                                  False
      Heart Rate
                                  False
      Daily Steps
                                  False
      Sleep Disorder
                                   True
      dtype: bool
 [9]: df.isnull().sum()
 [9]: Person ID
                                    0
                                    0
      Gender
      Age
                                    0
      Occupation
                                    0
      Sleep Duration
                                    0
      Quality of Sleep
                                    0
      Physical Activity Level
                                    0
      Stress Level
                                    0
      BMI Category
                                    0
      Blood Pressure
                                    0
      Heart Rate
                                    0
      Daily Steps
                                    0
      Sleep Disorder
                                  219
      dtype: int64
[10]: df['Sleep Disorder'].fillna('None', inplace=True)
[11]: df.isnull().sum()
[11]: Person ID
                                  0
      Gender
                                  0
      Age
                                  0
      Occupation
                                  0
```

NaN

 ${\tt NaN}$

 ${\tt NaN}$

 ${\tt NaN}$

 ${\tt NaN}$

NaN

Blood Pressure

```
Physical Activity Level
                                   0
      Stress Level
                                   0
      BMI Category
                                   0
      Blood Pressure
                                   0
      Heart Rate
                                   0
      Daily Steps
                                   0
      Sleep Disorder
                                   0
      dtype: int64
[12]: df.duplicated().sum()
[12]: np.int64(0)
      df.drop_duplicates()
[13]:
[13]:
                       Gender
                                                Occupation Sleep Duration \
           Person ID
                                Age
      0
                    1
                         Male
                                 27
                                         Software Engineer
                                                                         6.1
      1
                    2
                         Male
                                 28
                                                    Doctor
                                                                         6.2
                    3
      2
                         Male
                                 28
                                                    Doctor
                                                                         6.2
      3
                    4
                         Male
                                     Sales Representative
                                 28
                                                                         5.9
                    5
      4
                         Male
                                     Sales Representative
                                                                         5.9
                                 28
      369
                  370
                       Female
                                 59
                                                     Nurse
                                                                         8.1
      370
                                                                         8.0
                  371
                       Female
                                 59
                                                     Nurse
      371
                  372
                       Female
                                 59
                                                     Nurse
                                                                         8.1
      372
                  373
                                                                         8.1
                       Female
                                 59
                                                     Nurse
      373
                  374
                       Female
                                 59
                                                     Nurse
                                                                         8.1
                               Physical Activity Level
           Quality of Sleep
                                                          Stress Level BMI Category \
                                                                      6
                                                                          Overweight
      0
                                                     42
      1
                            6
                                                     60
                                                                      8
                                                                              Normal
      2
                                                                              Normal
                            6
                                                     60
                                                                      8
      3
                            4
                                                     30
                                                                      8
                                                                               Obese
      4
                                                     30
                                                                      8
                                                                               Obese
                            4
      369
                           9
                                                     75
                                                                      3
                                                                          Overweight
      370
                                                     75
                                                                      3
                           9
                                                                          Overweight
      371
                            9
                                                     75
                                                                      3
                                                                          Overweight
                                                                          Overweight
                            9
      372
                                                     75
      373
                                                     75
                                                                          Overweight
          Blood Pressure Heart Rate
                                        Daily Steps Sleep Disorder
                                                4200
                                                                None
      0
                   126/83
                                    77
      1
                   125/80
                                    75
                                               10000
                                                                None
      2
                   125/80
                                    75
                                               10000
                                                                None
```

Sleep Duration

Quality of Sleep

0

0

```
3
             140/90
                               85
                                           3000
                                                    Sleep Apnea
4
             140/90
                               85
                                           3000
                                                    Sleep Apnea
369
             140/95
                               68
                                           7000
                                                    Sleep Apnea
370
             140/95
                                           7000
                               68
                                                    Sleep Apnea
371
             140/95
                                           7000
                                                    Sleep Apnea
                               68
372
             140/95
                                           7000
                                                    Sleep Apnea
                               68
373
             140/95
                               68
                                           7000
                                                    Sleep Apnea
```

[374 rows x 13 columns]

```
[14]: df.duplicated().sum()
```

[14]: np.int64(0)

```
[15]: for i, column in enumerate(df.columns):
    unique_values = df[column].unique()
    print(f"'{column}': {unique_values}\n")
```

```
9
                                                             12
                                                                 13
'Person ID': [ 1
                    2
                        3
                             4
                                 5
                                     6
                                         7
                                             8
                                                    10
                                                        11
                                                                     14
                                                                         15
                                                                              16
17 18
  19
     20
          21
              22
                  23
                      24
                          25
                               26
                                   27
                                       28
                                           29
                                               30
                                                   31
                                                        32
                                                            33
                                                                34
                                                                    35
                                                                        36
  37
      38
          39
              40
                  41
                      42
                          43
                               44
                                   45
                                       46
                                           47
                                               48
                                                   49
                                                        50
                                                            51
                                                                52
                                                                    53
                                                                        54
  55
     56
          57
              58
                  59
                      60
                          61
                               62
                                   63
                                       64
                                           65
                                               66
                                                   67
                                                        68
                                                            69
                                                                70
                                                                    71
                                                                        72
  73
     74
          75
                  77
                      78
                          79
                               80
                                           83
                                               84
                                                   85
              76
                                   81
                                       82
                                                        86
                                                            87
                                                                88
                                                                    89
                                                                        90
  91
     92
          93
              94
                  95
                      96
                          97
                               98
                                   99 100 101 102 103 104 105 106 107 108
109 110 111 112 113 114 115 116 117 118 119 120 121 122 123 124 125 126
127 128 129 130 131 132 133 134 135 136 137 138 139 140 141 142 143 144
145 146 147 148 149 150 151 152 153 154 155 156 157 158 159 160 161 162
163 164 165 166 167 168 169 170 171 172 173 174 175 176 177 178 179 180
181 182 183 184 185 186 187 188 189 190 191 192 193 194 195 196 197 198
199 200 201 202 203 204 205 206 207 208 209 210 211 212 213 214 215 216
217 218 219 220 221 222 223 224 225 226 227 228 229 230 231 232 233 234
235 236 237 238 239 240 241 242 243 244 245 246 247 248 249 250 251 252
253 254 255 256 257 258 259 260 261 262 263 264 265 266 267 268 269 270
271 272 273 274 275 276 277 278 279 280 281 282 283 284 285 286 287 288
289 290 291 292 293 294 295 296 297 298 299 300 301 302 303 304 305 306
307 308 309 310 311 312 313 314 315 316 317 318 319 320 321 322 323 324
325 326 327 328 329 330 331 332 333 334 335 336 337 338 339 340 341 342
343 344 345 346 347 348 349 350 351 352 353 354 355 356 357 358 359 360
361 362 363 364 365 366 367 368 369 370 371 372 373 374]
```

^{&#}x27;Gender': ['Male' 'Female']

^{&#}x27;Age': [27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 48 49 50 51 52 53 54 55 56 57 58 59]

^{&#}x27;Occupation': ['Software Engineer' 'Doctor' 'Sales Representative' 'Teacher'

```
'Engineer' 'Accountant' 'Scientist' 'Lawyer' 'Salesperson' 'Manager']
     'Sleep Duration': [6.1 6.2 5.9 6.3 7.8 6. 6.5 7.6 7.7 7.9 6.4 7.5 7.2 5.8 6.7
     7.3 7.4 7.1
      6.6 6.9 8. 6.8 8.1 8.3 8.5 8.4 8.2]
     'Quality of Sleep': [6 4 7 5 8 9]
     'Physical Activity Level': [42 60 30 40 75 35 45 50 32 70 80 55 90 47 65 85]
     'Stress Level': [6 8 7 4 3 5]
     'BMI Category': ['Overweight' 'Normal' 'Obese' 'Normal Weight']
     'Blood Pressure': ['126/83' '125/80' '140/90' '120/80' '132/87' '130/86'
     '117/76' '118/76'
      '128/85' '131/86' '128/84' '115/75' '135/88' '129/84' '130/85' '115/78'
      '119/77' '121/79' '125/82' '135/90' '122/80' '142/92' '140/95' '139/91'
      '118/75']
     'Heart Rate': [77 75 85 82 70 80 78 69 72 68 76 81 65 84 74 67 73 83 86]
     'Daily Steps': [ 4200 10000 3000 3500 8000 4000 4100 6800 5000 7000
     5500 5200
       5600 3300 4800 7500 7300 6200 6000 3700]
     'Sleep Disorder': ['None' 'Sleep Apnea' 'Insomnia']
[16]: df['BMI Category'] = df['BMI Category'].replace({'Normal Weight':
       df['BMI Category'].value_counts()
[16]: BMI Category
     Normal
                    195
     Overweight
                    148
     Underweight
                     21
     Obese
                     10
     Name: count, dtype: int64
[17]: df.dtypes
[17]: Person ID
                                  int64
     Gender
                                 object
     Age
                                  int64
     Occupation
                                 object
     Sleep Duration
                                float64
```

'Nurse'

```
Physical Activity Level
                                     int64
      Stress Level
                                     int64
      BMI Category
                                    object
      Blood Pressure
                                    object
      Heart Rate
                                     int64
      Daily Steps
                                     int64
      Sleep Disorder
                                    object
      dtype: object
[18]: cat_df = df.select_dtypes(include=[object]).columns
[19]: df[cat_df] = df[cat_df].astype("category")
[20]: | df[cat_df] = df[cat_df].astype("category")
[20]:
           Person ID
                       Gender
                                Age
                                                Occupation
                                                             Sleep Duration \
                    1
                                 27
                                         Software Engineer
                                                                         6.1
      0
                         Male
                    2
      1
                         Male
                                 28
                                                    Doctor
                                                                         6.2
                    3
      2
                                                                         6.2
                         Male
                                 28
                                                    Doctor
                    4
      3
                         Male
                                 28
                                     Sales Representative
                                                                         5.9
      4
                    5
                         Male
                                     Sales Representative
                                                                         5.9
      369
                  370
                       Female
                                 59
                                                     Nurse
                                                                         8.1
      370
                  371
                       Female
                                 59
                                                     Nurse
                                                                         8.0
      371
                  372
                       Female
                                 59
                                                     Nurse
                                                                         8.1
      372
                  373
                       Female
                                                                         8.1
                                 59
                                                     Nurse
      373
                  374 Female
                                 59
                                                     Nurse
                                                                         8.1
           Quality of Sleep
                               Physical Activity Level
                                                         Stress Level BMI Category \
                                                                     6
                                                                          Overweight
      0
                                                     42
      1
                            6
                                                     60
                                                                     8
                                                                              Normal
      2
                            6
                                                     60
                                                                      8
                                                                              Normal
      3
                                                                     8
                            4
                                                     30
                                                                               Obese
      4
                            4
                                                     30
                                                                     8
                                                                               Obese
      . .
                                                                      3
                                                                          Overweight
      369
                           9
                                                     75
      370
                           9
                                                     75
                                                                     3
                                                                          Overweight
      371
                            9
                                                     75
                                                                     3
                                                                          Overweight
      372
                            9
                                                     75
                                                                      3
                                                                          Overweight
      373
                                                     75
                                                                          Overweight
          Blood Pressure Heart Rate Daily Steps Sleep Disorder
      0
                   126/83
                                                4200
                                                                None
                                    77
      1
                   125/80
                                    75
                                               10000
                                                                None
      2
                   125/80
                                    75
                                               10000
                                                                None
```

int64

Quality of Sleep

| 140/90 | 85 | 3000 | Sleep Apnea |
|------------|--|--|---|
| 140/90 | 85 | 3000 | Sleep Apnea |
| 140/95 | 68 | 7000 | Sleep Apnea |
| 140/95 | 68 | 7000 | Sleep Apnea |
| 140/95 | 68 | 7000 | Sleep Apnea |
| 140/95 | 68 | 7000 | Sleep Apnea |
| 140/95 | 68 | 7000 | Sleep Apnea |
| | 140/90 140/95 140/95 140/95 | 140/90 85 140/95 68 140/95 68 140/95 68 | 140/90 85 3000 140/95 68 7000 140/95 68 7000 140/95 68 7000 140/95 68 7000 |

[374 rows x 13 columns]

[21]: df.info()

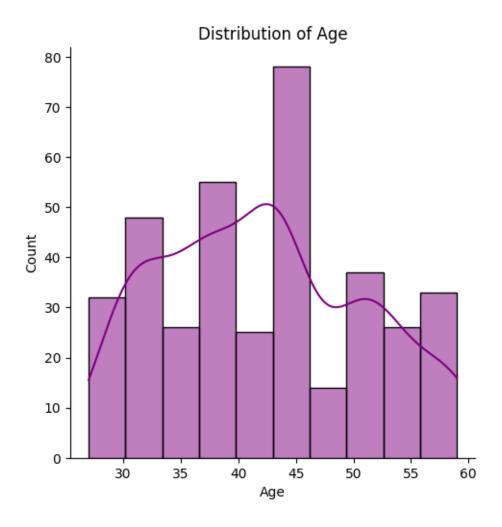
<class 'pandas.core.frame.DataFrame'>
RangeIndex: 374 entries, 0 to 373
Data columns (total 13 columns):

| # | Column | Non-Null Count | Dtype |
|----|--------------------------|----------------|----------|
| | | | |
| 0 | Person ID | 374 non-null | int64 |
| 1 | Gender | 374 non-null | category |
| 2 | Age | 374 non-null | int64 |
| 3 | Occupation | 374 non-null | category |
| 4 | Sleep Duration | 374 non-null | float64 |
| 5 | Quality of Sleep | 374 non-null | int64 |
| 6 | Physical Activity Level | 374 non-null | int64 |
| 7 | Stress Level | 374 non-null | int64 |
| 8 | BMI Category | 374 non-null | category |
| 9 | Blood Pressure | 374 non-null | category |
| 10 | Heart Rate | 374 non-null | int64 |
| 11 | Daily Steps | 374 non-null | int64 |
| 12 | Sleep Disorder | 374 non-null | category |
| 4+ | og. co+omomy(E) floo+64(| 1) in+64(7) | |

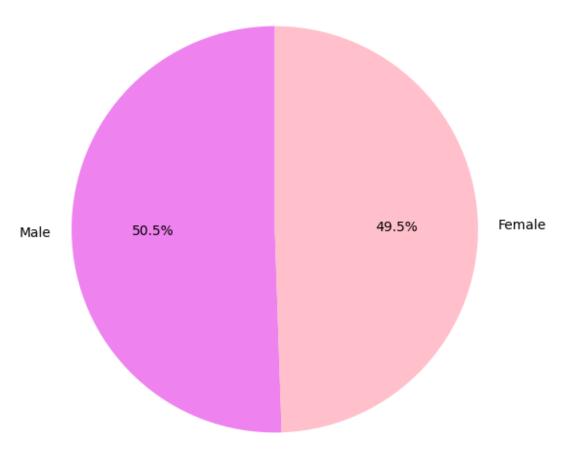
dtypes: category(5), float64(1), int64(7)

memory usage: 26.9 KB

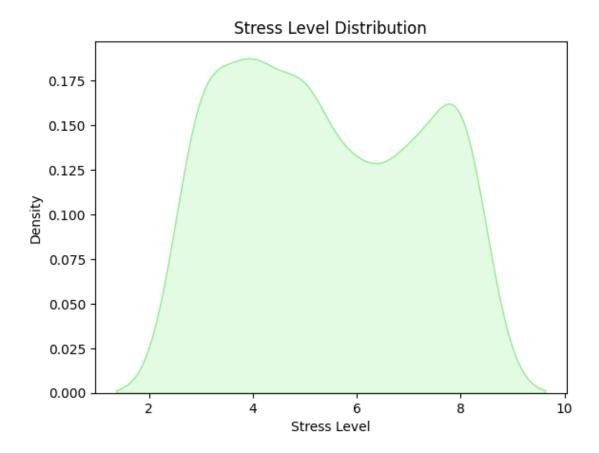
```
[29]: #Data Visualization
sns.displot(df.Age ,kde=True,color="purple")
plt.title('Distribution of Age');
```





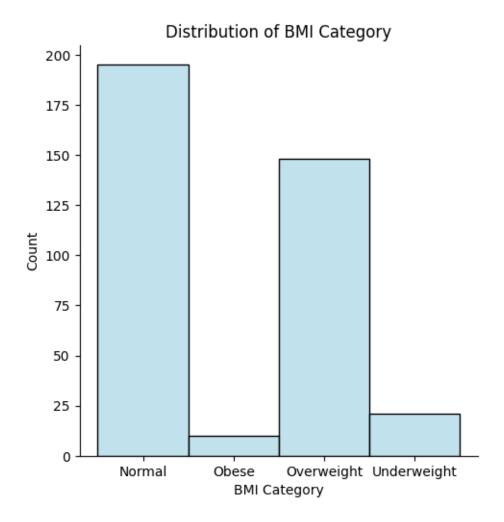


```
[31]: sns.kdeplot(df['Stress Level'], shade=True, color='lightgreen') plt.title('Stress Level Distribution');
```

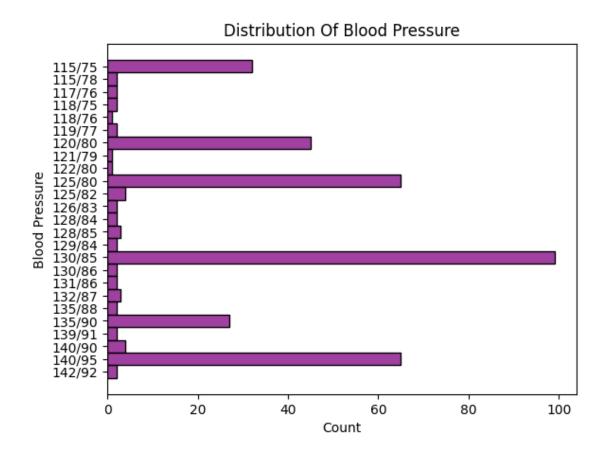


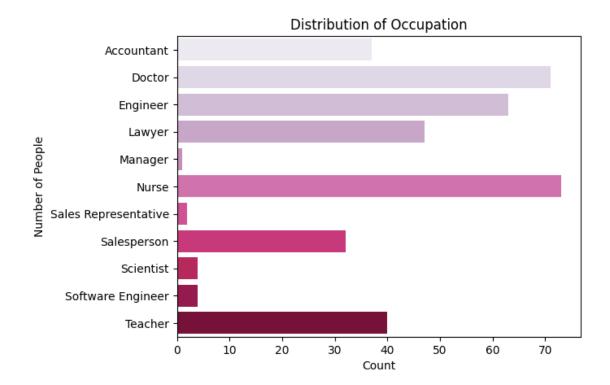
```
[33]: sns.displot(df["BMI Category"], kde=False, color="lightblue").

⇒set(title="Distribution of BMI Category");
```



```
[40]: sns.histplot(data=df, y="Blood Pressure", kde=False, color="purple")
plt.xlabel('Count')
plt.ylabel('Blood Pressure')
plt.title('Distribution Of Blood Pressure');
```

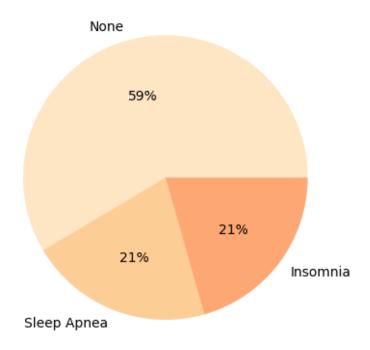




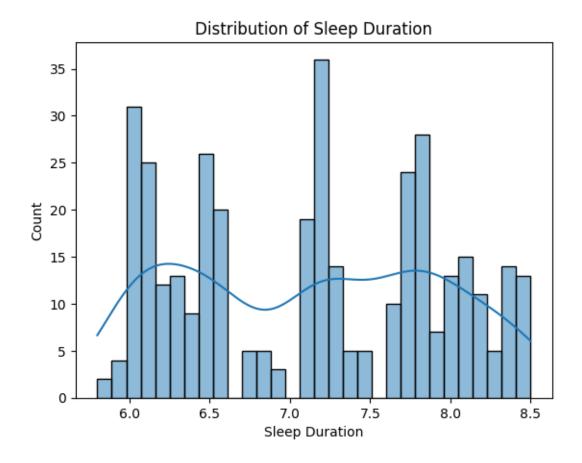
```
[46]: sleep_disorder = df['Sleep Disorder'].value_counts()
plt.pie(sleep_disorder, labels=sleep_disorder.index, autopct='%.0f%%',__

colors=sns.color_palette("OrRd"))
plt.title('Distribution of Sleep Disorders');
```

Distribution of Sleep Disorders



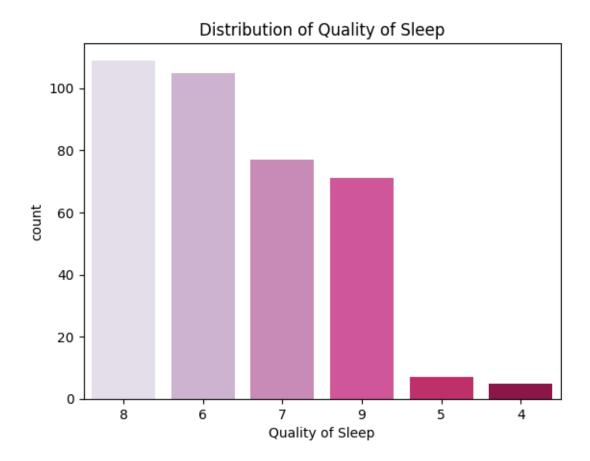
```
[47]: sns.histplot(df['Sleep Duration'], bins=30, kde=True) plt.title('Distribution of Sleep Duration');
```



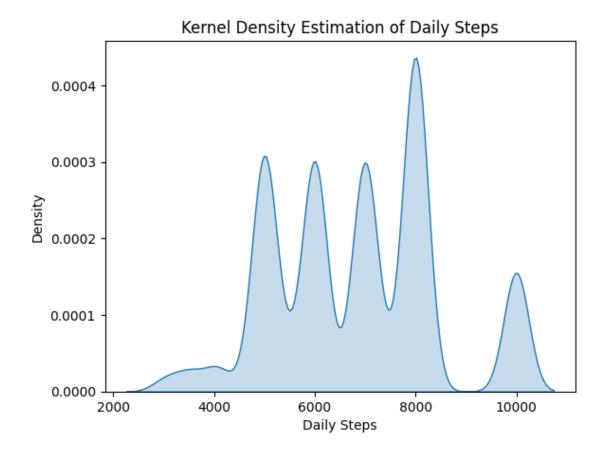
```
[48]: sns.countplot(x='Quality of Sleep', data=df, palette = "PuRd", □

order=df['Quality of Sleep'].value_counts().index)

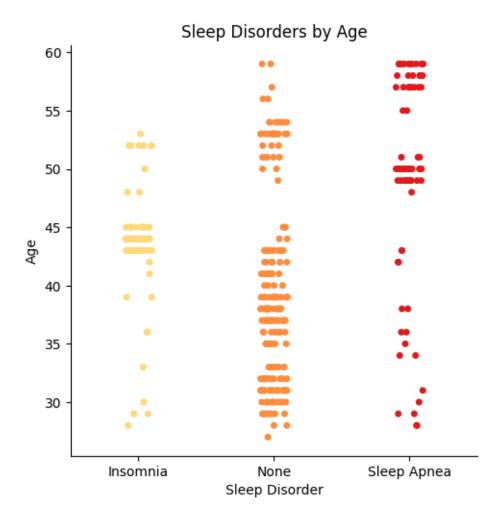
plt.title('Distribution of Quality of Sleep');
```



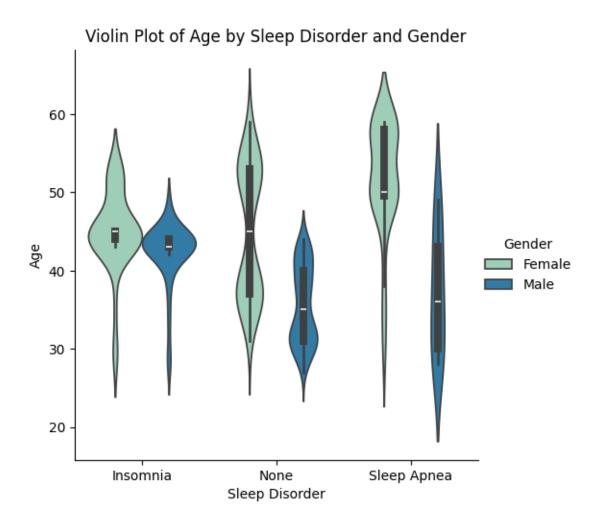
```
[50]: sns.kdeplot(x='Daily Steps', data=df, fill=True, bw_adjust=0.5) plt.title('Kernel Density Estimation of Daily Steps');
```



```
[55]: sns.catplot(y=df.Age,x="Sleep Disorder", data=df,palette="YlOrRd");
plt.title('Sleep Disorders by Age');
```

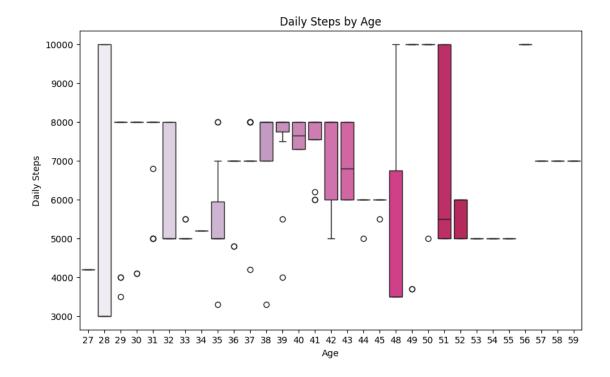


```
[60]: sns.catplot(x="Sleep Disorder", y="Age", hue="Gender", kind="violin", data=df, u →palette="YlGnBu")
plt.title("Violin Plot of Age by Sleep Disorder and Gender");
```

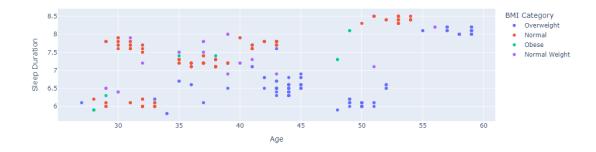


```
[61]: plt.figure(figsize=(10, 6)) sns.boxplot(x=df.Age,y="Daily Steps",data=df,palette="PuRd").set_title("Daily

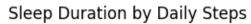
→Steps by Age");
```

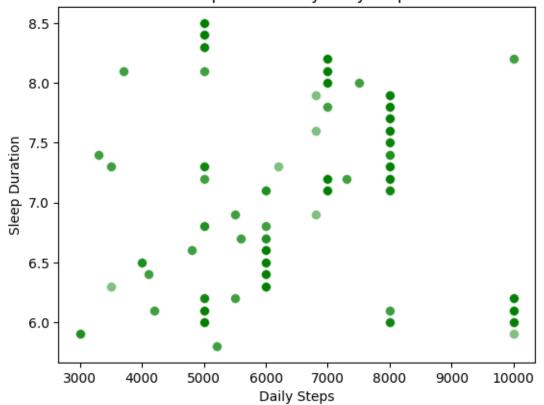


```
[4]: import pandas as pd
     import plotly.express as px
     def plotly_scatter(df, numerical_column_one, numerical_column_two,
                        color=None, row=None, col=None):
         fig = px.scatter(df,
                          x=numerical_column_one,
                          y=numerical_column_two,
                          facet_col=col,
                          color=color,
                          facet_row=row,
                          height=600
         fig.update_yaxes(showticklabels=True, matches=None)
         fig.update_xaxes(showticklabels=True, matches=None)
         fig.show()
     sleep_dataset = r"C:\Users\Rvdeekshitha\Desktop\ML_
      →Project\Sleep_health_and_lifestyle_dataset.csv"
     df = pd.read_csv(sleep_dataset)
     plotly_scatter(df, "Age", "Sleep Duration", color="BMI Category")
```

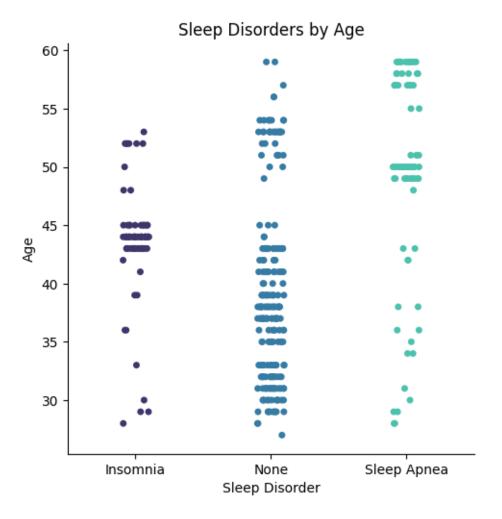


```
[52]: sns.scatterplot(x='Daily Steps', y='Sleep Duration', data=df, alpha=0.5, s=50, u →color='green') plt.title('Sleep Duration by Daily Steps');
```

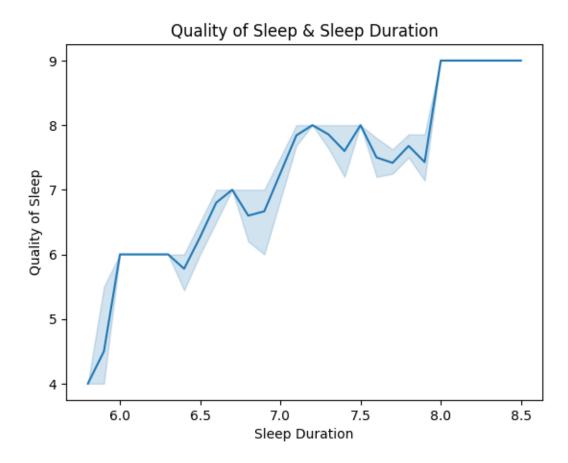




```
[53]: sns.catplot(y=df.Age,x="Sleep Disorder", data=df,palette="mako");
plt.title('Sleep Disorders by Age');
```

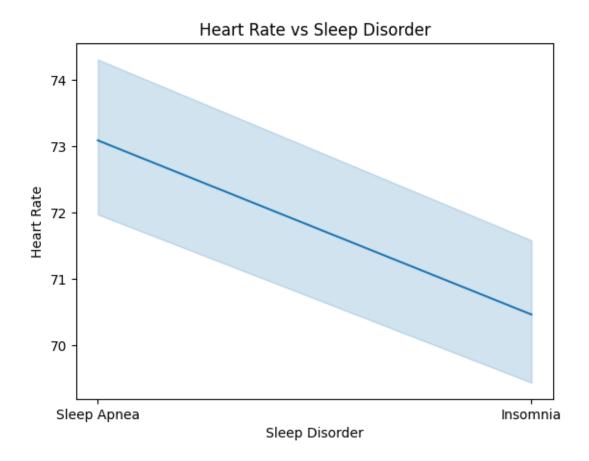


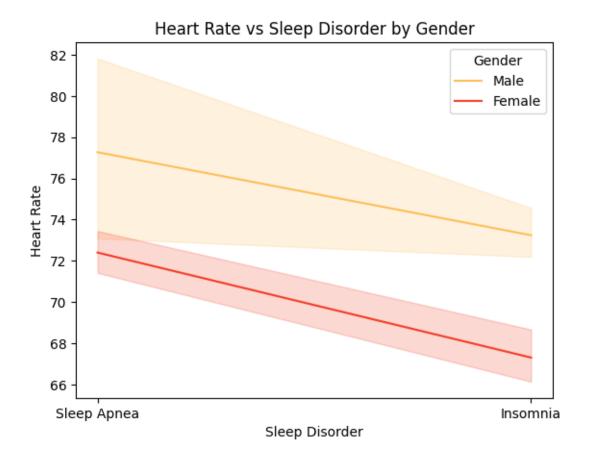
```
[22]: sns.lineplot(x="Sleep Duration", y="Quality of Sleep", data=df);
plt.title("Quality of Sleep & Sleep Duration");
```



 $\begin{tabular}{ll} $C:\Users\Rvdeekshitha\AppData\Local\Temp\ipykernel_24052\4118055715.py:1: UserWarning: \end{tabular} \label{tablappData}$

Ignoring `palette` because no `hue` variable has been assigned.

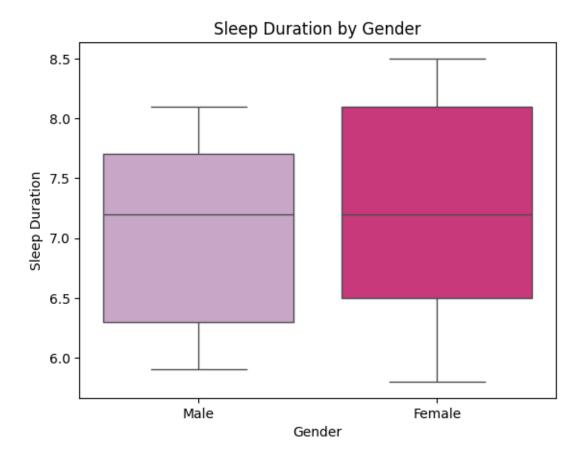




[17]: sns.boxplot(x='Gender', y='Sleep Duration', palette = "PuRd", data=df)
plt.title('Sleep Duration by Gender');

 $\begin{tabular}{ll} $C:\Users\Rvdeekshitha\AppData\Local\Temp\ipykernel_24052\1385702253.py:1: Future\Warning: \end{tabular}$

Passing `palette` without assigning `hue` is deprecated and will be removed in v0.14.0. Assign the `x` variable to `hue` and set `legend=False` for the same effect.



```
[24]: df['Age_grp'] = pd.cut(df['Age'], [20, 30, 40, 50, 60], labels=['20s', '30s', '40s', '50s'])
```

[25]: df.info()

<class 'pandas.core.frame.DataFrame'>
RangeIndex: 374 entries, 0 to 373
Data columns (total 14 columns):

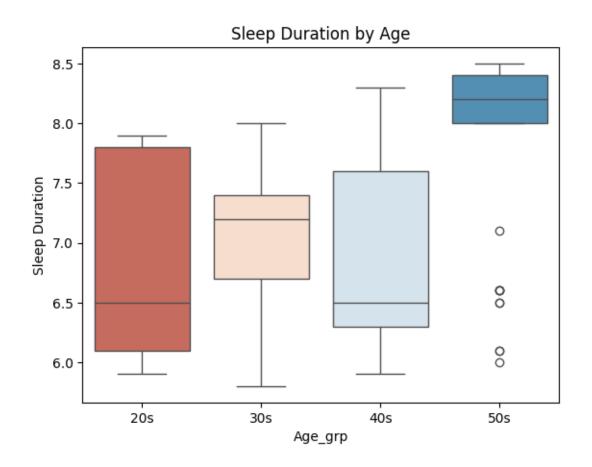
| # | Column | Non-Null Count | Dtype |
|---|-------------------------|----------------|---------|
| | | | |
| 0 | Person ID | 374 non-null | int64 |
| 1 | Gender | 374 non-null | object |
| 2 | Age | 374 non-null | int64 |
| 3 | Occupation | 374 non-null | object |
| 4 | Sleep Duration | 374 non-null | float64 |
| 5 | Quality of Sleep | 374 non-null | int64 |
| 6 | Physical Activity Level | 374 non-null | int64 |
| 7 | Stress Level | 374 non-null | int64 |
| 8 | BMI Category | 374 non-null | object |
| 9 | Blood Pressure | 374 non-null | object |

```
10 Heart Rate 374 non-null int64
11 Daily Steps 374 non-null int64
12 Sleep Disorder 155 non-null object
13 Age_grp 374 non-null category
dtypes: category(1), float64(1), int64(7), object(5)
memory usage: 38.7+ KB
```

```
[28]: sns.boxplot(x='Age_grp', y='Sleep Duration', palette = "RdBu", data=df)
plt.title('Sleep Duration by Age');
```

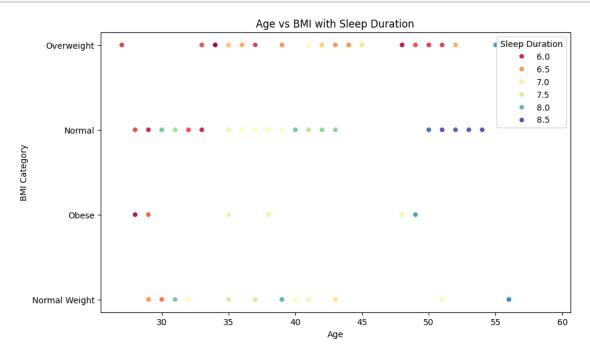
C:\Users\Rvdeekshitha\AppData\Local\Temp\ipykernel_24052\2670058239.py:1: FutureWarning:

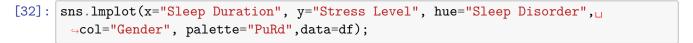
Passing `palette` without assigning `hue` is deprecated and will be removed in v0.14.0. Assign the `x` variable to `hue` and set `legend=False` for the same effect.

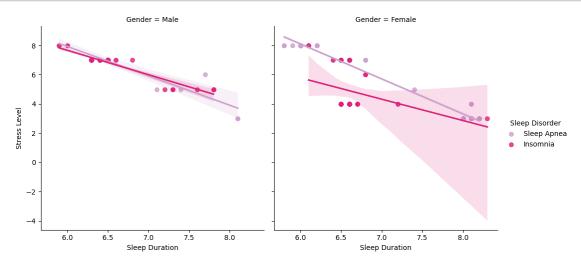


```
[31]: plt.figure(figsize=(10, 6))
sns.scatterplot(x='Age', y='BMI Category', hue='Sleep Duration', data=df,

→palette='Spectral')
plt.legend(title='Sleep Duration', loc='upper right')
plt.title('Age vs BMI with Sleep Duration');
```



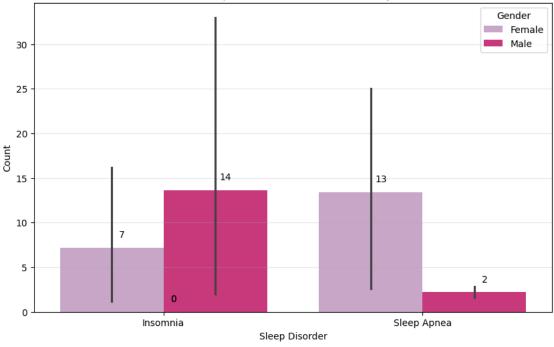




```
[33]: # Grouping the data by "Sleep Disorder", "Stress Level", and "Gender" grouped_data = df.groupby(["Sleep Disorder", "Stress Level", "Gender"]).size().

→reset_index(name="Count")
```





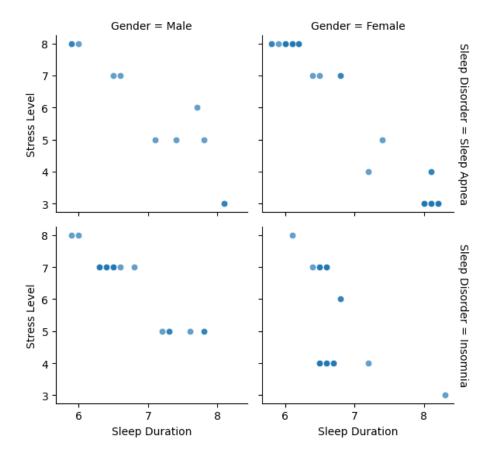
```
[37]: #Facet Drid creation
g = sns.FacetGrid(df, col="Gender", row="Sleep Disorder", palette = 'PuRd',
→margin_titles=True)
#Mapping a scatter plot to the Facet Grid
g.map(sns.scatterplot, "Sleep Duration", "Stress Level", alpha=0.7)
#Setting of the titles
```

```
g.fig.suptitle('Relationship between Sleep Duration and Stress Level by Sleep⊔

⇔Disorder and Gender', y=1.02)
g.set_axis_labels("Sleep Duration", "Stress Level")

#Adjusting the corresponding layout
plt.tight_layout()
plt.show()
```

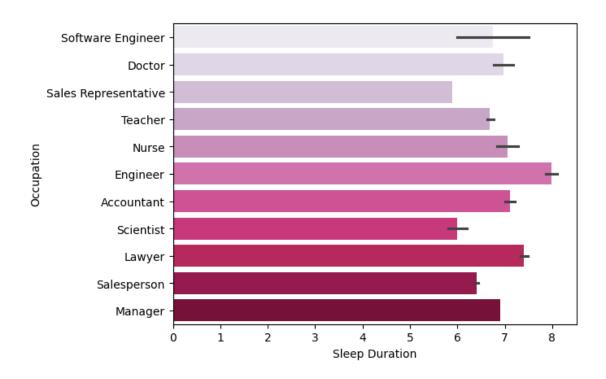
Relationship between Sleep Duration and Stress Level by Sleep Disorder and Gender



```
[38]: sns.barplot(x='Sleep Duration', y='Occupation', data=df ,palette="PuRd");
```

 $\label{local_Temp_ipykernel_24052\\ 3792947875.py: 1: Future Warning: \\$

Passing `palette` without assigning `hue` is deprecated and will be removed in v0.14.0. Assign the `y` variable to `hue` and set `legend=False` for the same effect.

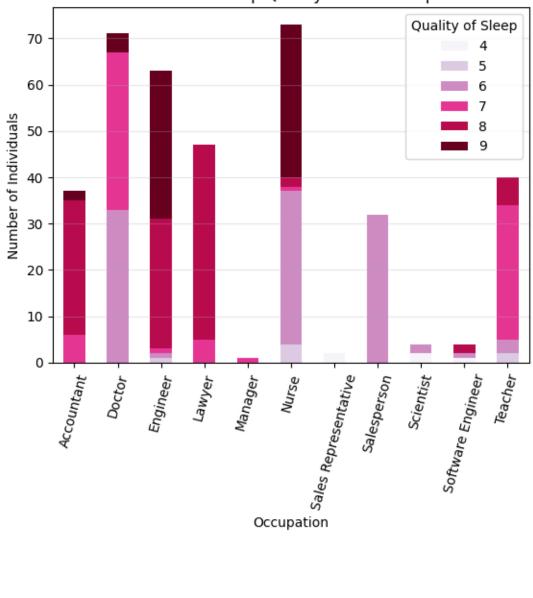


```
[39]: occupation_counts = df['Occupation'].value_counts()
      occupation_counts
[39]: Occupation
     Nurse
                              73
      Doctor
                              71
      Engineer
                              63
      Lawyer
                              47
      Teacher
                              40
      Accountant
                              37
      Salesperson
                              32
      Scientist
                               4
                               4
      Software Engineer
                               2
      Sales Representative
      Manager
                               1
      Name: count, dtype: int64
[40]: occupation_counts = df['Occupation'].value_counts()
      occupation_sleep_counts = df.groupby(['Occupation', 'Quality of Sleep']).size().

unstack(fill_value=0)
      occupation_sleep_counts.plot(kind='bar', stacked=True, cmap='PuRd')
      plt.title('Distribution of Sleep Quality Across Occupations')
      plt.ylabel('Number of Individuals')
```

```
plt.xticks(rotation=75)
plt.legend(title='Quality of Sleep', loc='upper right')
plt.grid(axis='y', alpha=0.3)
plt.show()
print('\n',occupation_sleep_counts)
```

Distribution of Sleep Quality Across Occupations



| Quality of Sleep | 4 | 5 | 6 | 7 | 8 | 9 |
|------------------|---|---|----|----|----|----|
| Occupation | | | | | | |
| Accountant | 0 | 0 | 0 | 6 | 29 | 2 |
| Doctor | 0 | 0 | 33 | 34 | 0 | 4 |
| Engineer | 0 | 1 | 1 | 1 | 28 | 32 |
| Lawyer | 0 | 0 | 0 | 5 | 42 | 0 |

```
Manager
                     0 0
                           0
                               1
                                   0
                                      0
Nurse
                     0 4
                          33
                                   2
                                      33
                               1
Sales Representative 2 0
                                       0
                           0
                               0
                                   0
Salesperson
                     0 0 32
                               0
                                   0
                                       0
Scientist
                     2 0
                               0
                                       0
Software Engineer
                     1 0
                               0
                                       0
Teacher
                     0 2
                           3
                             29
                                   6
                                       0
```

Sales Representative Salesperson Scientist \

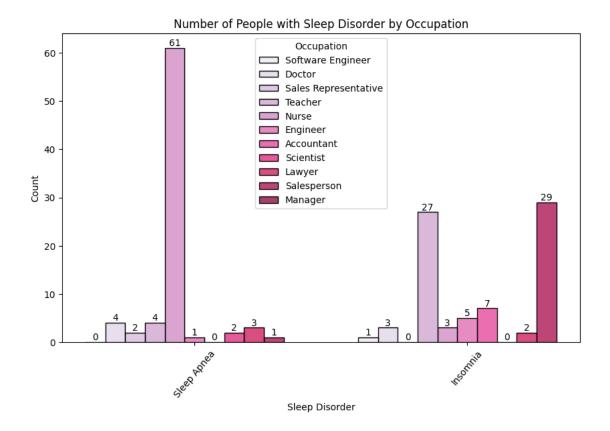
Contingency Table:

Occupation

| Occupation | Accountant | Doctor | Engineer | Lawyer | Nurse | \ |
|----------------|------------|--------|----------|--------|-------|---|
| Sleep Disorder | | | | | | |
| Insomnia | 7 | 3 | 5 | 2 | 3 | |
| Sleep Apnea | 0 | 4 | 1 | 3 | 61 | |
| | | | | | | |

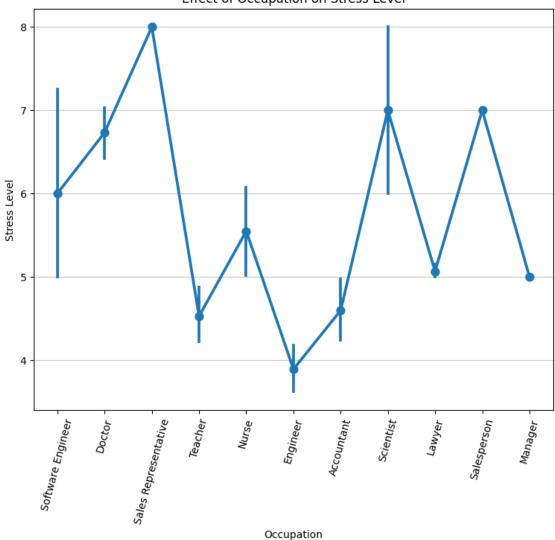
| Sleep Disorder | | | |
|----------------|---|----|---|
| Insomnia | 0 | 29 | 0 |
| Sleep Apnea | 2 | 1 | 2 |

Occupation Software Engineer Teacher Sleep Disorder Insomnia 1 27 Sleep Apnea 0 4



```
[43]: plt.figure(figsize=(9, 7))
    sns.pointplot(x='Occupation', y='Stress Level', data=df)
    plt.title('Effect of Occupation on Stress Level')
    plt.xticks(rotation=75)
    plt.grid(axis='y', linestyle='-', alpha=0.7)
    plt.show()
```





C:\Users\Rvdeekshitha\AppData\Local\Temp\ipykernel_24052\46337155.py:7: FutureWarning:

The `ci` parameter is deprecated. Use `errorbar=None` for the same effect.

C:\Users\Rvdeekshitha\AppData\Local\Temp\ipykernel_24052\46337155.py:9: UserWarning:

set_ticklabels() should only be used with a fixed number of ticks, i.e. after
set_ticks() or using a FixedLocator.

 $\label{local_Temp_ipykernel_24052_46337155.py:7:} C:\Users\Rvdeekshitha\AppData\Local\Temp\ipykernel_24052\46337155.py:7:\\ Future\Warning:$

The `ci` parameter is deprecated. Use `errorbar=None` for the same effect.

C:\Users\Rvdeekshitha\AppData\Local\Temp\ipykernel_24052\46337155.py:9:
UserWarning:

set_ticklabels() should only be used with a fixed number of ticks, i.e. after set_ticks() or using a FixedLocator.

C:\Users\Rvdeekshitha\AppData\Local\Temp\ipykernel_24052\46337155.py:7: FutureWarning:

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UserWarning:

set_ticklabels() should only be used with a fixed number of ticks, i.e. after set_ticks() or using a FixedLocator.

C:\Users\Rvdeekshitha\AppData\Local\Temp\ipykernel_24052\46337155.py:7: FutureWarning:

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C:\Users\Rvdeekshitha\AppData\Local\Temp\ipykernel_24052\46337155.py:7:
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C:\Users\Rvdeekshitha\AppData\Local\Temp\ipykernel_24052\46337155.py:7: FutureWarning:

The `ci` parameter is deprecated. Use `errorbar=None` for the same effect.

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 $\label{local-Temp-ipykernel_24052-46337155.py:7: Future Warning: } \\$

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C:\Users\Rvdeekshitha\AppData\Local\Temp\ipykernel_24052\46337155.py:9: UserWarning:

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C:\Users\Rvdeekshitha\AppData\Local\Temp\ipykernel_24052\46337155.py:9: UserWarning:

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C:\Users\Rvdeekshitha\AppData\Local\Temp\ipykernel_24052\46337155.py:7: FutureWarning:

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set_ticklabels() should only be used with a fixed number of ticks, i.e. after set_ticks() or using a FixedLocator.

C:\Users\Rvdeekshitha\AppData\Local\Temp\ipykernel_24052\46337155.py:7: FutureWarning:

The `ci` parameter is deprecated. Use `errorbar=None` for the same effect.

C:\Users\Rvdeekshitha\AppData\Local\Temp\ipykernel_24052\46337155.py:9:
UserWarning:

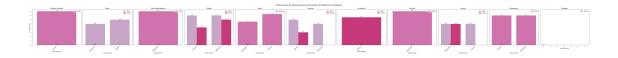
set_ticklabels() should only be used with a fixed number of ticks, i.e. after set_ticks() or using a FixedLocator.

C:\Users\Rvdeekshitha\AppData\Local\Temp\ipykernel_24052\46337155.py:7: FutureWarning:

The `ci` parameter is deprecated. Use `errorbar=None` for the same effect.

 $\label{local-Temp-ipykernel_24052-46337155.py:9: UserWarning: } \\$

set_ticklabels() should only be used with a fixed number of ticks, i.e. after set_ticks() or using a FixedLocator.



```
[48]: import seaborn as sns
      import matplotlib.pyplot as plt
      plt.figure(figsize=(12, 6))
      #Ensuring that the Heart Rate is converted to numeric value before
       \hookrightarrow multiplication
      heart_rate_numeric = df['Heart Rate'].astype(float) # Assuming Heart Rate is_
       \rightarrownumeric
      scatter_plot = sns.scatterplot(
          x='Sleep Duration',
          y='Quality of Sleep',
          data=df,
          hue='BMI Category',
          palette='PuRd',
          s=heart_rate_numeric * 2,
          edgecolor='w',
          alpha=0.7,
          linewidth=0.5
      plt.xticks(rotation=45)
```

```
plt.title('Relationship between Sleep Duration and Quality of Sleep by BMI_
Category', fontweight="bold")

plt.xlabel('Sleep Duration', fontsize=12)

plt.ylabel('Quality of Sleep', fontsize=12)

plt.legend(title='BMI Category', fontsize=10)

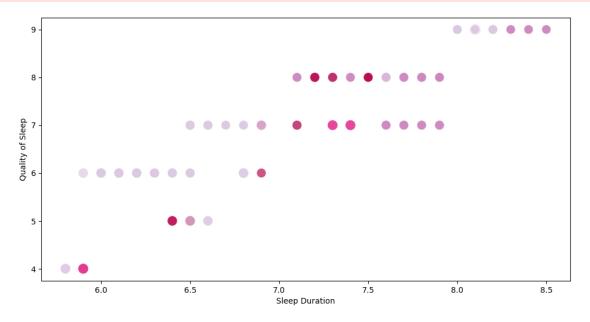
plt.grid(True, linestyle='--', alpha=0.7)
```

```
TypeError
                                            Traceback (most recent call last)
Cell In[48], line 6
      4 #Ensuring that the Heart Rate is converted to numeric value before
 →multiplication
      5 heart_rate_numeric = df['Heart_Rate'].astype(float) # Assuming Heart_
 →Rate is numeric
7
            x='Sleep Duration',
      8
            y='Quality of Sleep',
      9
            data=df,
            hue='BMI Category',
     10
            palette='PuRd',
     11
     12
            s=heart_rate_numeric * 2,
     13
            edgecolor='w',
     14
            alpha=0.7,
     15
            linewidth=0.5
     16)
     17 plt.xticks(rotation=45)
     18 plt.title('Relationship between Sleep Duration and Quality of Sleep by...
 →BMI Category', fontweight="bold")
File⊔
 -~\AppData\Local\Programs\Python\Python311\Lib\site-packages\seaborn\relationa ..
 py:636, in scatterplot(data, x, y, hue, size, style, palette, hue_order, hue_norm, sizes, size_order, size_norm, markers, style_order, legend, ax,
 →**kwargs)
    633 color = kwargs.pop("color", None)
    634 kwargs["color"] = _default_color(ax.scatter, hue, color, kwargs)
--> 636 p.plot(ax, kwargs)
    638 return ax
 -~\AppData\Local\Programs\Python\Python311\Lib\site-packages\seaborn\relationa ..
 ⇒py:464, in ScatterPlotter.plot(self, ax, kws)
    462 if self.legend:
            attrs = {"hue": "color", "size": "s", "style": None}
    463
--> 464
            self.add_legend_data(ax, _scatter_legend_artist, kws, attrs)
    465
            handles, _ = ax.get_legend_handles_labels()
            if handles:
    466
```

```
File ~\AppData\Local\Programs\Python\Python311\Lib\site-packages\seaborn\_base.
 py:1267, in VectorPlotter.add legend data(self, ax, func, common kws, attrs,
 ⇔semantic kws)
   1265
             if attr in kws:
   1266
                  level kws[attr] = kws[attr]
-> 1267 artist = func(label=label, **{"color": ".2", **common_kws, **level_kws}
   1268 if _version_predates(mpl, "3.5.0"):
   1269
             if isinstance(artist, mpl.lines.Line2D):
File ~\AppData\Local\Programs\Python\Python311\Lib\site-packages\seaborn\utils.
 →py:880, in _scatter_legend_artist(**kws)
    877
             else:
    878
                  line_kws["markeredgecolor"] = edgecolor
--> 880 return mpl.lines.Line2D([], [], **line_kws)
File
 →~\AppData\Local\Programs\Python\Python311\Lib\site-packages\matplotlib\lines.
 →py:393, in Line2D.__init__(self, xdata, ydata, linewidth, linestyle, color, ugapcolor, marker, markersize, markeredgewidth, markeredgecolor, markerfacecoloralt, fillstyle, antialiased, dash_capstyle, usolid_capstyle, dash_joinstyle, solid_joinstyle, pickradius, drawstyle, u
 →markevery, **kwargs)
    391 self.set markevery(markevery)
    392 self.set antialiased(antialiased)
--> 393 self.set markersize(markersize)
    395 self._markeredgecolor = None
    396 self._markeredgewidth = None
File
 ⊶~\AppData\Local\Programs\Python\Python311\Lib\site-packages\matplotlib\lines.
 →py:1270, in Line2D.set markersize(self, sz)
   1261 def set markersize(self, sz):
   1262
             Set the marker size in points.
   1263
   1264
   (...)
   1268
                   Marker size, in points.
              0.010
   1269
-> 1270
             sz = float(sz)
   1271
             if self. markersize != sz:
   1272
                  self.stale = True
File
 ⊶~\AppData\Local\Programs\Python\Python311\Lib\site-packages\pandas\core\serie<mark>;</mark>.
 ⇒py:248, in coerce method.<locals>.wrapper(self)
    240
             warnings.warn(
    241
                  f"Calling {converter.__name__} on a single element Series is "
    242
                  "deprecated and will raise a TypeError in the future. "
   (...)
    245
                  stacklevel=find_stack_level(),
```

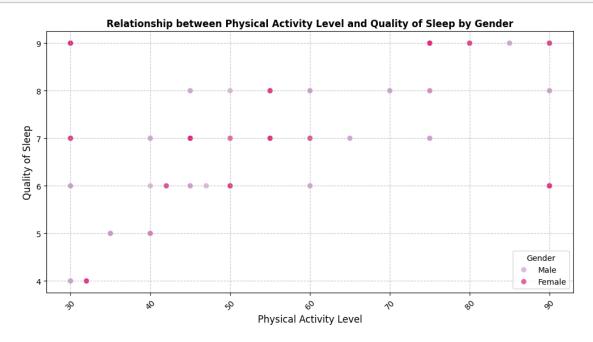
```
246 )
247 return converter(self.iloc[0])
--> 248 raise TypeError(f"cannot convert the series to {converter}")

TypeError: cannot convert the series to <class 'float'>
```



```
[49]: import seaborn as sns
      import matplotlib.pyplot as plt
      plt.figure(figsize=(12, 6))
      #Assuming that we want marker size to be constant for all data points
      scatter_plot = sns.scatterplot(
          x='Physical Activity Level',
          y='Quality of Sleep',
          data=df,
          hue='Gender',
          palette='PuRd',
          s = 50.
          edgecolor='w',
          alpha=0.7,
          linewidth=0.5
      plt.xticks(rotation=45)
      plt.title('Relationship between Physical Activity Level and Quality of Sleep by
       Gender', fontweight="bold")
      plt.xlabel('Physical Activity Level', fontsize=12)
      plt.ylabel('Quality of Sleep', fontsize=12)
      plt.legend(title='Gender', fontsize=10)
```

```
plt.grid(True, linestyle='--', alpha=0.7)
```



```
[53]: my_palette = ["#ff9999", "#66b3ff", "#99ff99", "#ffcc99", "#c2c2f0", "#fdc086", "

"#f26d6d", "#d44e4e", "#9e4e4e"]

fig = px.histogram(df, x='Sleep Duration', color='Sleep Disorder', "

marginal='rug', nbins=30,color_discrete_sequence=my_palette)

fig.update_layout(title='<b>Sleep Duration & Sleep Disorder<b>',

xaxis=dict(title='<b>Sleep Duration<b>'),

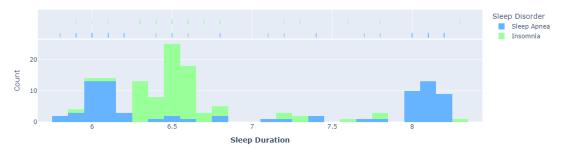
yaxis=dict(title='Count'),

legend=dict(title='Sleep Disorder'),

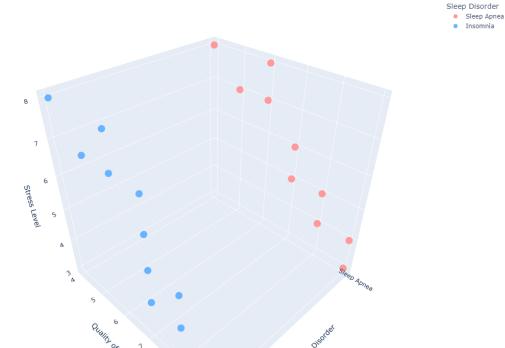
showlegend=True)

fig.show()
```

Sleep Duration & Sleep Disorder



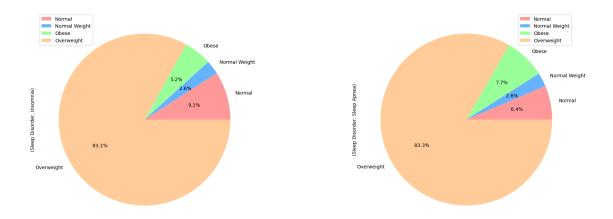
The relationship between (Sleep Disorder , Stress Level and Heart Rate) and their effect on Sleep Disorder ..



```
colors=["#ff9999", "#66b3ff", "#99ff99", "#ffcc99"])
#Adjusting the spacing between subplots
plt.subplots_adjust(wspace=0.5)
```

C:\Users\Rvdeekshitha\AppData\Local\Temp\ipykernel_24052\680864722.py:8:
UserWarning:

To output multiple subplots, the figure containing the passed axes is being cleared.



```
[56]: plt.figure(figsize=(10, 6))
    sns.swarmplot(x='Quality of Sleep', y='Age', data=df,palette="PuRd")
    plt.title('Quality of Sleep & Age', fontweight='bold')
    plt.xlabel('Quality of Sleep')
    plt.ylabel('Age')
    plt.show()
```

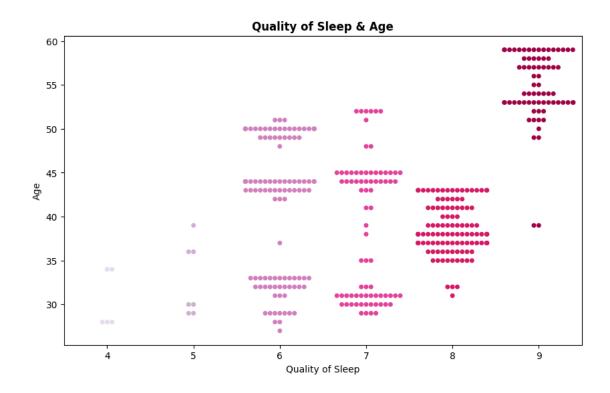
C:\Users\Rvdeekshitha\AppData\Local\Temp\ipykernel_24052\2352893511.py:2: FutureWarning:

Passing `palette` without assigning `hue` is deprecated and will be removed in v0.14.0. Assign the `x` variable to `hue` and set `legend=False` for the same effect.

C:\Users\Rvdeekshitha\AppData\Local\Programs\Python\Python311\Lib\site-packages\seaborn\categorical.py:3399: UserWarning:

6.7% of the points cannot be placed; you may want to decrease the size of the markers or use stripplot.

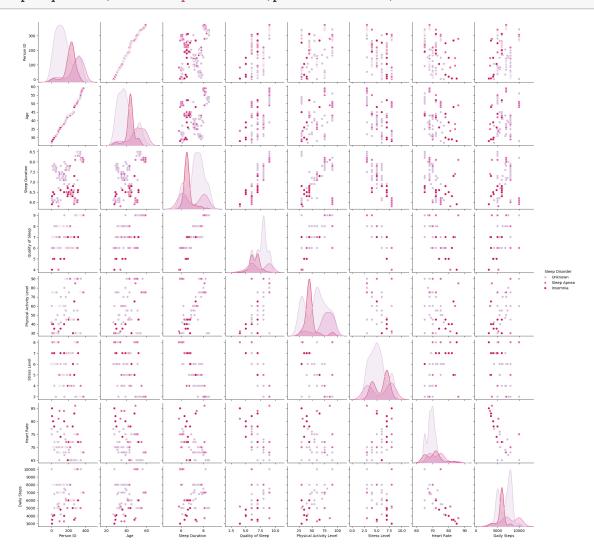
- C:\Users\Rvdeekshitha\AppData\Local\Programs\Python\Python311\Lib\site-packages\seaborn\categorical.py:3399: UserWarning:
- 9.2% of the points cannot be placed; you may want to decrease the size of the markers or use stripplot.



The effect of sleep quality on sleep



[60]: sns.pairplot(df,hue="Sleep Disorder",palette="PuRd");



```
[5]: import pandas as pd
     from scipy import stats
     def detect_outliers_iqr(df, column):
         Q1 = df[column].quantile(0.25)
         Q3 = df[column].quantile(0.75)
         IQR = Q3 - Q1
         lower_bound = Q1 - 1.5 * IQR
         upper_bound = Q3 + 1.5 * IQR
         outliers = df[(df[column] < lower_bound) | (df[column] > upper_bound)]
         return outliers
     df = pd.read csv(r"C:\Users\Rvdeekshitha\Desktop\ML__
      →Project\Sleep_health_and_lifestyle_dataset.csv")
     numeric_columns = df.select_dtypes(include=['int64', 'float64']).columns
     for column in numeric_columns:
         outliers_iqr = detect_outliers_iqr(df, column)
         if not outliers_iqr.empty:
             outlier percentage igr = len(outliers igr) / len(df) * 100
             print(f"There are outliers in the {column} column. Outlier percentage:
      →{outlier_percentage_iqr:.2f}%")
```

There are outliers in the Heart Rate column. Outlier percentage: 4.01%

```
[7]: import pandas as pd
     import matplotlib.pyplot as plt
     import seaborn as sns
     #Calculating the outliers
     Q1 = df['Heart Rate'].quantile(0.25)
     print("Q1:", Q1)
     Q3 = df['Heart Rate'].quantile(0.75)
     print("Q3:", Q3)
     IQR = Q3 - Q1
     print("IQR: ", IQR)
     lower bound = Q1 - 1.5 * IQR
     print("Lower Bound: ", lower_bound)
     upper bound = Q3 + 1.5 * IQR
     print("Upper Bound: ", upper_bound)
     #Identifying outliers
     outliers = df[(df['Heart Rate'] < lower bound) | (df['Heart Rate'] > |
      →upper_bound)]
     outlier_percentage = len(outliers) / len(df) * 100
     #Creating the boxplot
     plt.figure(figsize=(10, 6))
     sns.boxplot(x=df['Heart Rate'], palette="PuRd")
     #Title with outlier percentage
     plt.title(f'Heart Rate Distribution (Outliers: {outlier_percentage:.2f}%)', u

¬fontsize=14, fontweight='bold')

     #Highlighting outliers
```

```
for outlier in outliers['Heart Rate']:
   plt.plot(outlier, 0, 'ro', markersize=8)
plt.show()
```

Q1: 68.0 Q3: 72.0 IQR: 4.0

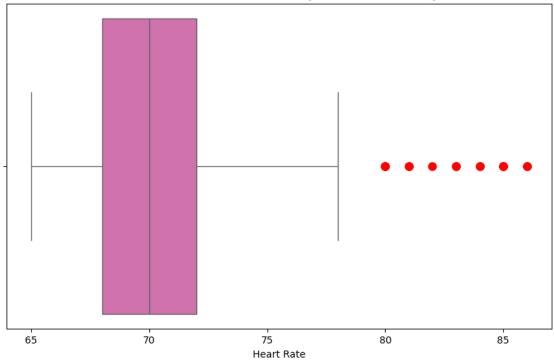
Lower Bound: 62.0 Upper Bound: 78.0

 $\begin{tabular}{ll} $C:\Wsers\Rvdeekshitha\AppData\Local\Temp\ipykernel_6132\1238621586.py:20: Future\Warning: \end{tabular}$

Passing `palette` without assigning `hue` is deprecated and will be removed in v0.14.0. Assign the `y` variable to `hue` and set `legend=False` for the same effect.

sns.boxplot(x=df['Heart Rate'], palette="PuRd")





```
[9]: import numpy as np
df['Heart Rate'] = np.where(df['Heart Rate'] < lower_bound, lower_bound,

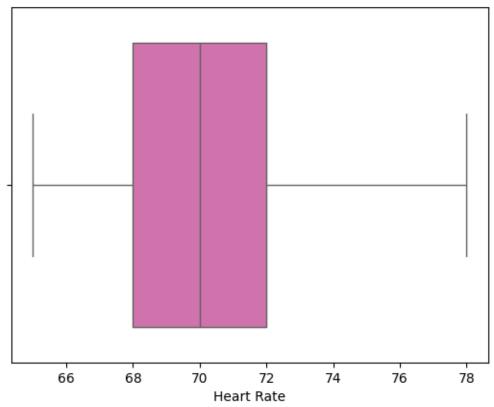
□df['Heart Rate'])
```

 $\begin{tabular}{ll} $C:\Users\Rvdeekshitha\AppData\Local\Temp\ipykernel_6132\4124537699.py:4: Future\Warning: \end{tabular}$

Passing `palette` without assigning `hue` is deprecated and will be removed in v0.14.0. Assign the `y` variable to `hue` and set `legend=False` for the same effect.

sns.boxplot(x=df['Heart Rate'], palette="PuRd")

Heart Rate Distribution without Outliers



```
[8]: import pandas as pd
    def detect_rare_categories(df, column, threshold=0.05):
        category_counts = df[column].value_counts(normalize=True)
        rare_categories = category_counts[category_counts < threshold]
        return rare_categories</pre>
```

```
df = pd.read_csv(r"C:\Users\Rvdeekshitha\Desktop\ML__
 →Project\Sleep_health_and_lifestyle_dataset.csv")
categorical_columns = df.select_dtypes(include=['object']).columns
for column in categorical columns:
    df[column] = df[column].astype('category')
for column in df.columns:
    if df[column].dtype == 'category':
        rare_categories = detect_rare_categories(df, column)
        if not rare_categories.empty:
            print(f"Rare categories in the {column} column:")
            print(rare_categories)
            print("")
Rare categories in the Occupation column:
Occupation
Scientist
                        0.010695
Software Engineer
                        0.010695
Sales Representative
                        0.005348
Manager
                        0.002674
Name: proportion, dtype: float64
Rare categories in the BMI Category column:
BMI Category
        0.026738
Obese
Name: proportion, dtype: float64
Rare categories in the Blood Pressure column:
Blood Pressure
125/82
          0.010695
140/90
          0.010695
132/87
          0.008021
128/85
          0.008021
130/86
          0.005348
126/83
          0.005348
129/84
          0.005348
117/76
          0.005348
118/75
          0.005348
115/78
          0.005348
119/77
          0.005348
135/88
          0.005348
131/86
          0.005348
139/91
          0.005348
128/84
          0.005348
142/92
          0.005348
122/80
          0.002674
118/76
          0.002674
121/79
          0.002674
Name: proportion, dtype: float64
```

```
[5]: import pandas as pd
     from sklearn.preprocessing import LabelEncoder
     df = pd.read_csv(r"C:\Users\Rvdeekshitha\Desktop\ML__
      →Project\Sleep_health_and_lifestyle_dataset.csv")
     #Checking for categorical columns
     categorical_columns = df.select_dtypes(include=['object']).columns
     #Performing the label encoding
     le = LabelEncoder()
     for col in categorical_columns:
         df[col] = le.fit_transform(df[col])
     #Printing the encoded DataFrame
     print(df.head())
     #Printing the mapping between original categories and encoded values
     for col in categorical_columns:
         print(f"Column: {col}")
         print(le.classes_)
         print()
       Person ID Gender
                           Age
                                Occupation Sleep Duration Quality of Sleep \
    0
                            27
                                                        6.1
               1
                        1
                                         9
    1
               2
                        1
                            28
                                         1
                                                        6.2
                                                                             6
    2
               3
                            28
                                         1
                                                        6.2
                                                                             6
                        1
    3
               4
                                         6
                                                                             4
                            28
                                                        5.9
                        1
    4
               5
                            28
                                         6
                                                        5.9
                                                                             4
       Physical Activity Level Stress Level BMI Category
                                                              Blood Pressure \
    0
                             42
                                            6
                                                                           11
                             60
                                            8
                                                           0
                                                                           9
    1
    2
                                            8
                                                           0
                                                                           9
                             60
                                            8
                                                           2
                                                                          22
    3
                             30
    4
                             30
                                            8
                                                           2
                                                                           22
       Heart Rate Daily Steps Sleep Disorder
    0
               77
                           4200
                                              2
    1
               75
                          10000
    2
               75
                          10000
                                              2
    3
               85
                           3000
                                              1
    4
               85
                           3000
                                              1
    Column: Gender
    ['Insomnia' 'Sleep Apnea' nan]
    Column: Occupation
    ['Insomnia' 'Sleep Apnea' nan]
    Column: BMI Category
    ['Insomnia' 'Sleep Apnea' nan]
```

```
Column: Blood Pressure
```

['Insomnia' 'Sleep Apnea' nan]

Column: Sleep Disorder

['Insomnia' 'Sleep Apnea' nan]

```
[6]: from sklearn.preprocessing import LabelEncoder
     le = LabelEncoder()
     for col in df:
         df[col] = le.fit_transform(df[col])
     df
[6]:
          Person ID
                      Gender
                               Age
                                    Occupation
                                                 Sleep Duration Quality of Sleep \
                   0
                                 0
                                              9
                                                                                   2
     0
                            1
                                                                3
                                                                                   2
     1
                   1
                            1
                                 1
                                              1
     2
                   2
                            1
                                 1
                                              1
                                                                4
                                                                                   2
                   3
     3
                            1
                                 1
                                              6
                                                                                   0
                                                                1
     4
                   4
                            1
                                                                                   0
                                 1
                                              6
                                                                1
     369
                            0
                                30
                                              5
                                                               22
                                                                                   5
                 369
     370
                 370
                            0
                                30
                                              5
                                                               21
                                                                                   5
     371
                            0
                                              5
                                                               22
                                                                                   5
                 371
                                30
                                              5
     372
                            0
                                                               22
                                                                                   5
                 372
                                30
                                              5
     373
                 373
                                30
                                                               22
                                                                                   5
          Physical Activity Level
                                     Stress Level
                                                     BMI Category
                                                                    Blood Pressure \
     0
                                                                 3
                                                  3
                                                                                 11
                                                  5
     1
                                  9
                                                                 0
                                                                                  9
     2
                                  9
                                                  5
                                                                 0
                                                                                  9
     3
                                  0
                                                  5
                                                                 2
                                                                                 22
                                                  5
                                                                 2
                                                                                 22
     4
                                  0
                                                  0
                                                                 3
                                                                                 23
     369
                                 12
     370
                                 12
                                                  0
                                                                 3
                                                                                 23
     371
                                 12
                                                  0
                                                                 3
                                                                                 23
     372
                                 12
                                                                 3
                                                                                 23
                                                  0
     373
                                 12
                                                  0
                                                                 3
                                                                                 23
          Heart Rate Daily Steps
                                     Sleep Disorder
     0
                   10
                                  6
                                                    2
     1
                    8
                                 19
                                                    2
                                                    2
     2
                    8
                                 19
     3
                   17
                                  0
                                                    1
     4
                   17
                                  0
                                                    1
```

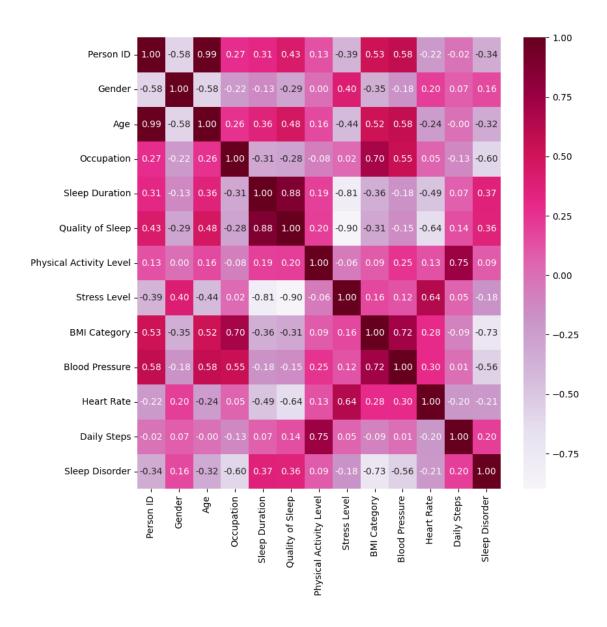
```
369
               2
                            15
                                              1
370
               2
                            15
                                              1
371
               2
                                              1
                            15
               2
372
                            15
                                              1
373
               2
                            15
                                              1
```

[374 rows x 13 columns]

```
[7]: df_corr = df.corr()
df_corr["Sleep Duration"].sort_values(ascending = False)
```

```
[7]: Sleep Duration
                                1.000000
    Quality of Sleep
                                0.879352
    Sleep Disorder
                                0.367677
    Age
                                0.356898
    Person ID
                                0.311105
    Physical Activity Level
                                0.192503
    Daily Steps
                                0.072468
    Gender
                               -0.129468
    Blood Pressure
                               -0.179067
     Occupation
                               -0.312653
    BMI Category
                               -0.360772
    Heart Rate
                               -0.488306
     Stress Level
                               -0.810712
     Name: Sleep Duration, dtype: float64
```

```
[10]: import matplotlib.pyplot as plt
import seaborn as sns
plt.figure(figsize = (9, 9))
sns.heatmap(df.corr(numeric_only=True),fmt = ".2f",annot=True,cmap="PuRd");
plt.show()
```



from sklearn.model_selection import train_test_split

```
#Assuming your DataFrame is named 'df' and 'Sleep Disorder' is the target column
X = df.drop('Sleep Disorder', axis=1) # Features
y = df['Sleep Disorder'] # Target variable
#Split data into training and testing sets
X_train, X_test, y_train, y_test = train_test_split(X, y, test_size=0.2, __
 →random_state=42)
print("X train:")
print(X_train.head())
print("\nX_test:")
print(X_test.head())
print("\ny_train:")
print(y_train.head())
print("\ny_test:")
print(y_test.head())
X train:
     Person ID
               Gender
                           Age
                                       Occupation Sleep Duration \
                                                          0.259259
      0.514745
                  Male 0.5000
                                      Salesperson
192
75
      0.201072
                  Male 0.1875
                                            Doctor
                                                          0.074074
                                Software Engineer
84
      0.225201
                  Male 0.2500
                                                          0.629630
362
      0.970509 Female 1.0000
                                            Nurse
                                                          0.888889
16
      0.042895
               Female 0.0625
                                            Nurse
                                                          0.259259
     Quality of Sleep Physical Activity Level Stress Level
                                                                BMI Category \
192
                  0.4
                                      0.250000
                                                          0.8
                                                                  Overweight
75
                  0.4
                                                          1.0
                                      0.000000
                                                                      Normal
84
                  0.8
                                      0.500000
                                                          0.4
                                                              Normal Weight
362
                  1.0
                                      0.750000
                                                          0.0
                                                                  Overweight
                  0.2
16
                                      0.166667
                                                          0.8 Normal Weight
    Blood Pressure Heart Rate Daily Steps
192
            130/85
                      0.333333
                                   0.428571
75
                                   0.285714
            125/80
                      0.333333
84
            120/80
                      0.238095
                                   0.714286
362
            140/95
                      0.142857
                                   0.571429
            132/87
                      0.714286
                                   0.142857
16
X test:
     Person ID
                Gender
                            Age Occupation Sleep Duration
                                                             Quality of Sleep \
329
      0.882038
                Female 0.81250
                                  Engineer
                                                   1.000000
                                                                          1.0
33
                  Male 0.12500
                                    Doctor
                                                                          0.4
      0.088472
                                                   0.111111
15
      0.040214
                  Male 0.06250
                                    Doctor
                                                   0.074074
                                                                          0.4
325
      0.871314 Female 0.81250
                                  Engineer
                                                   1.000000
                                                                          1.0
      0.152815
57
                  Male 0.15625
                                    Doctor
                                                   0.074074
                                                                          0.4
     Physical Activity Level Stress Level BMI Category Blood Pressure \
329
                         0.0
                                       0.0
                                                  Normal
                                                                 125/80
33
                         0.0
                                       1.0
                                                  Normal
                                                                 125/80
```

```
325
                               0.0
                                              0.0
                                                        Normal
                                                                        125/80
     57
                               0.0
                                              1.0
                                                        Normal
                                                                        125/80
          Heart Rate Daily Steps
     329
            0.000000
                          0.285714
     33
            0.333333
                          0.285714
     15
            0.238095
                          0.714286
     325
            0.000000
                          0.285714
            0.333333
                          0.285714
     57
     y_train:
     192
               Insomnia
     75
                     NaN
     84
                     NaN
     362
            Sleep Apnea
     16
            Sleep Apnea
     Name: Sleep Disorder, dtype: object
     y_test:
     329
            NaN
     33
            NaN
            NaN
     15
     325
            NaN
     57
            NaN
     Name: Sleep Disorder, dtype: object
[19]: import pandas as pd
      from sklearn.preprocessing import StandardScaler, LabelEncoder
      from sklearn.model_selection import train_test_split
      #Load your data
      df = pd.read_csv(r"C:\Users\Rvdeekshitha\Desktop\ML_
       →Project\Sleep_health_and_lifestyle_dataset.csv")
      #Identify numerical and categorical columns
      numeric_cols = df.select_dtypes(include=['int64', 'float64']).columns
      categorical_cols = df.select_dtypes(include=['object']).columns
      #Handle categorical features
      le = LabelEncoder()
      for col in categorical cols:
          df[col] = le.fit_transform(df[col])
      #Split data into features and target
      X = df.drop('Sleep Disorder', axis=1) # Assuming 'Sleep Disorder' is your
       \hookrightarrow target
      y = df['Sleep Disorder']
      #Split data into training and testing sets
      X_train, X_test, y_train, y_test = train_test_split(X, y, test_size=0.2,_
       →random state=42)
```

1.0

Normal

120/80

0.0

15

```
#Create a scaler object
scaler = StandardScaler()
#Fit the scaler to the training data on numerical columns only
scaler.fit(X_train[numeric_cols])
#Transform both training and testing data on numerical columns only
X_train_scaled = scaler.transform(X_train[numeric_cols])
X_test_scaled = scaler.transform(X_test[numeric_cols])
#Combine scaled numerical features with original categorical features
X_train_scaled_with_categorical = pd.concat([pd.DataFrame(X_train_scaled,__
 ⇔columns=numeric_cols), df[categorical_cols]], axis=1)
X_test_scaled_with_categorical = pd.concat([pd.DataFrame(X_test_scaled,_

¬columns=numeric_cols), df[categorical_cols]], axis=1)

#Print the scaled data (optional)
print("Scaled Training Data:")
print(X_train_scaled_with_categorical.head())
print("Scaled Testing Data:")
print(X_test_scaled_with_categorical.head())
Scaled Training Data:
  Person ID
                   Age Sleep Duration
                                        Quality of Sleep \
  0.013228 0.055811
                             -0.833457
                                               -1.155098
1 -1.083373 -1.111141
                             -1.468533
                                               -1.155098
2 -0.999019 -0.877751
                              0.436694
                                                0.537913
  1.606580 1.922934
                              1.325801
                                                1.384419
3
4 -1.636359 -1.577922
                             -0.833457
                                               -2.001604
  Physical Activity Level Stress Level Heart Rate Daily Steps
                                                                   Gender
0
                 -0.728644
                                0.956601
                                            0.481081
                                                        -0.554643
                                                                        1
1
                 -1.450369
                                1.522984
                                            0.481081
                                                        -1.180447
                                                                        1
2
                 -0.006920
                                          -0.014076
                                                         0.696966
                               -0.176166
                                                                        1
3
                  0.714805
                               -1.308933
                                           -0.509234
                                                         0.071162
                                                                        1
4
                                0.956601
                                            2.461710
                                                                        1
                 -0.969219
                                                        -1.806251
  Occupation BMI Category Blood Pressure Sleep Disorder
0
                                                          2
            9
                          3
                                         11
                                                          2
1
            1
                          0
                                          9
                                          9
                                                          2
2
            1
                          0
                          2
                                         22
3
            6
                                                          1
            6
                          2
                                         22
                                                          1
Scaled Testing Data:
  Person ID
                   Age Sleep Duration Quality of Sleep \
  1.297282 1.222763
                              1.706846
                                                1.384419
1 -1.477024 -1.344532
                             -1.341518
                                               -1.155098
2 -1.645732 -1.577922
                             -1.468533
                                               -1.155098
  1.259792 1.222763
                              1.706846
                                                1.384419
4 -1.252080 -1.227836
                             -1.468533
                                               -1.155098
```

```
Physical Activity Level Stress Level Heart Rate Daily Steps Gender \
                                     -1.308933
     0
                      -1.450369
                                                              -1.180447
                                               -1.251970
                                                                              1
     1
                      -1.450369
                                     1.522984
                                                 0.481081
                                                              -1.180447
                                                                              1
     2
                      -1.450369
                                     1.522984 -0.014076
                                                               0.696966
                                                                              1
     3
                                                                              1
                      -1.450369
                                    -1.308933 -1.251970
                                                              -1.180447
                      -1.450369
     4
                                     1.522984
                                                 0.481081
                                                              -1.180447
        Occupation BMI Category Blood Pressure Sleep Disorder
     0
                               3
                                               11
                 1
                               0
                                                                2
     1
                                                9
     2
                 1
                               0
                                                9
                                                                2
     3
                 6
                               2
                                               22
                                                                1
     4
                               2
                                               22
                                                                1
[27]: from sklearn.model_selection import train_test_split
      from sklearn.preprocessing import LabelEncoder
      from sklearn.tree import DecisionTreeClassifier
      from sklearn.metrics import accuracy_score, precision_score, recall_score,_

→f1_score

      #Load your data
      df = pd.read_csv(r"C:\Users\Rvdeekshitha\Desktop\ML__
       →Project\Sleep_health_and_lifestyle_dataset.csv")
      \#Identify categorical features (assuming the Sleep Disorder column is not \sqcup
       ⇔categorical)
      categorical columns = df.select dtypes(include=['object']).columns
      #Encode categorical features using LabelEncoder
      le = LabelEncoder()
      for col in categorical columns:
          df[col] = le.fit_transform(df[col])
      #Split data into features and target
      X = df.drop('Sleep Disorder', axis=1)
      y = df['Sleep Disorder']
      #Split data into training and testing sets
      X_train, X_test, y_train, y_test = train_test_split(X, y, test_size=0.2, __
       →random_state=42)
      #Create a Decision Tree classifier
      dt_model = DecisionTreeClassifier()
      #Train the model
      dt_model.fit(X_train, y_train)
      #Make predictions on the testing set
      y_pred = dt_model.predict(X_test)
      #Evaluate the model
      accuracy = accuracy_score(y_test, y_pred)
      precision = precision_score(y_test, y_pred, average='macro')
      recall = recall_score(y_test, y_pred, average='macro')
      f1_score = f1_score(y_test, y_pred, average='macro')
      print("Decision Tree Model:")
```

```
print("Accuracy:", accuracy)
      print("Precision:", precision)
      print("Recall:", recall)
      print("F1-score:", f1_score)
     Decision Tree Model:
     Accuracy: 0.906666666666666
     Precision: 0.8750661375661376
     Recall: 0.854166666666666
     F1-score: 0.8632575757575758
[30]: from sklearn.ensemble import RandomForestClassifier
      from sklearn.metrics import accuracy_score, precision_score, recall_score,
       ⊶f1 score
      #Load your data
      df = pd.read_csv(r"C:\Users\Rvdeekshitha\Desktop\ML__
       →Project\Sleep_health_and_lifestyle_dataset.csv")
      #Create a Random Forest classifier
      rf_model = RandomForestClassifier()
      #Train the model
      rf_model.fit(X_train, y_train)
      #Make predictions on the testing set
      y_pred = rf_model.predict(X_test)
      #Evaluate the model
      accuracy = accuracy_score(y_test, y_pred)
      precision = precision_score(y_test, y_pred, average='macro')
      recall = recall_score(y_test, y_pred, average='macro')
      f1_score = f1_score(y_test, y_pred, average='macro') # Corrected call
      print("Random Forest Model:")
      print("Accuracy:", accuracy)
      print("Precision:", precision)
      print("Recall:", recall)
      print("F1-score:", f1 score)
     Random Forest Model:
     Accuracy: 0.88
     Precision: 0.8409738409738411
     Recall: 0.8255813953488372
     F1-score: 0.8296146044624746
[33]: from sklearn.svm import SVC
      from sklearn.metrics import accuracy_score, precision_score, recall_score,
       ⊶f1_score
      #Load your data
      df = pd.read_csv(r"C:\Users\Rvdeekshitha\Desktop\ML__
       →Project\Sleep_health_and_lifestyle_dataset.csv")
      #Create an SVM classifier
      svm model = SVC()
```

```
#Train the model
svm_model.fit(X_train, y_train)
#Make predictions on the testing set
y_pred = svm_model.predict(X_test)
#Evaluate the model
accuracy = accuracy_score(y_test, y_pred)
precision = precision_score(y_test, y_pred, average='macro')
recall = recall_score(y_test, y_pred, average='macro')
f1_score = f1_score(y_test, y_pred, average='macro') # Corrected call
print("SVM Model:")
print("Accuracy:", accuracy)
print("Precision:", precision)
print("Recall:", recall)
print("F1-score:", f1_score)
```

SVM Model:

Accuracy: 0.64

Precision: 0.6441176470588236

Recall: 0.4375

F1-score: 0.4222794222794222

```
[34]: from sklearn.naive_bayes import GaussianNB
      from sklearn.metrics import accuracy_score, precision_score, recall_score,
       ⊶f1 score
      #Load your data
      df = pd.read_csv(r"C:\Users\Rvdeekshitha\Desktop\ML__
       ⇔Project\Sleep_health_and_lifestyle_dataset.csv")
      #Create a Naive Bayes classifier
      nb model = GaussianNB()
      #Train the model
      nb_model.fit(X_train, y_train)
      #Make predictions on the testing set
      y_pred = nb_model.predict(X_test)
      #Evaluate the model
      accuracy = accuracy_score(y_test, y_pred)
      precision = precision_score(y_test, y_pred, average='macro')
      recall = recall_score(y_test, y_pred, average='macro')
      f1_score = f1_score(y_test, y_pred, average='macro')
      print("Naive Bayes Model:")
      print("Accuracy:", accuracy)
      print("Precision:", precision)
      print("Recall:", recall)
      print("F1-score:", f1_score)
```

Naive Bayes Model:

Accuracy: 0.866666666666667 Precision: 0.8312447786131996 Recall: 0.8309108527131782 F1-score: 0.8280112044817928

```
[35]: from sklearn.linear_model import LogisticRegression
      from sklearn.metrics import accuracy_score, precision_score, recall_score,
       ⊸f1 score
      #Load your data
      df = pd.read_csv(r"C:\Users\Rvdeekshitha\Desktop\ML__
       →Project\Sleep_health_and_lifestyle_dataset.csv")
      #Create a Logistic Regression classifier
      lr_model = LogisticRegression()
      #Train the model
      lr_model.fit(X_train, y_train)
      #Make predictions on the testing set
      y_pred = lr_model.predict(X_test)
      #Evaluate the model
      accuracy = accuracy_score(y_test, y_pred)
      precision = precision_score(y_test, y_pred, average='macro')
      recall = recall_score(y_test, y_pred, average='macro')
      f1_score = f1_score(y_test, y_pred, average='macro')
      print("Logistic Regression Model:")
      print("Accuracy:", accuracy)
      print("Precision:", precision)
      print("Recall:", recall)
      print("F1-score:", f1_score)
     Logistic Regression Model:
     Accuracy: 0.84
     Precision: 0.8194570287593543
     Recall: 0.7892441860465116
     F1-score: 0.7912253338609928
     C:\Users\Rvdeekshitha\AppData\Local\Programs\Python\Python311\Lib\site-
     packages\sklearn\linear model\ logistic.py:469: ConvergenceWarning: lbfgs failed
     to converge (status=1):
     STOP: TOTAL NO. of ITERATIONS REACHED LIMIT.
     Increase the number of iterations (max_iter) or scale the data as shown in:
         https://scikit-learn.org/stable/modules/preprocessing.html
     Please also refer to the documentation for alternative solver options:
         https://scikit-learn.org/stable/modules/linear model.html#logistic-
     regression
       n_iter_i = _check_optimize_result(
 [2]: import pandas as pd
      from sklearn.model_selection import train_test_split
      from sklearn.preprocessing import LabelEncoder
      from sklearn.linear_model import LogisticRegression # Adjust max_iter if needed
      from sklearn.tree import DecisionTreeClassifier
```

```
from sklearn.ensemble import RandomForestClassifier
from sklearn.svm import SVC
from sklearn.metrics import accuracy_score, precision_score, recall_score,_
 ⊶f1_score
#Load your data
df = pd.read csv(r"C:\Users\Rvdeekshitha\Desktop\ML__
 →Project\Sleep_health_and_lifestyle_dataset.csv")
#Encode categorical features
categorical_columns = df.select_dtypes(include=['object']).columns
le = LabelEncoder()
for col in categorical_columns:
    df[col] = le.fit transform(df[col])
#Split data into features and target
X = df.drop('Sleep Disorder', axis=1)
y = df['Sleep Disorder']
#Split data into training and testing sets
X_train, X_test, y_train, y_test = train_test_split(X, y, test_size=0.2,_
→random_state=42)
#Create and train models
models = {
    'Logistic Regression': LogisticRegression(max_iter=1000), # Increase_
 \hookrightarrow iterations if needed
    'Decision Tree': DecisionTreeClassifier(),
    'Random Forest': RandomForestClassifier(),
    'SVM': SVC(),
}
for model_name, model in models.items():
    model.fit(X_train, y_train)
    y_pred = model.predict(X_test)
    accuracy = accuracy_score(y_test, y_pred)
    precision = precision_score(y_test, y_pred, average='macro')
    recall = recall_score(y_test, y_pred, average='macro')
    f1_score = f1_score(y_test, y_pred, average='macro')
    print(f"{model name}:")
    print(f"Accuracy: {accuracy:.2f}")
    print(f"Precision: {precision:.2f}")
    print(f"Recall: {recall:.2f}")
    print(f"F1-score: {f1_score:.2f}")
    print()
```

Logistic Regression:

Accuracy: 0.91 Precision: 0.89 Recall: 0.87 F1-score: 0.87

```
[6]: import pandas as pd
     from sklearn.model_selection import train_test_split, GridSearchCV
     from sklearn.preprocessing import LabelEncoder
     from sklearn.ensemble import RandomForestClassifier
     from sklearn.metrics import accuracy_score, precision_score, recall_score, u
      ⊶f1_score
     #Loading the dataset
     df = pd.read_csv(r"C:\Users\Rvdeekshitha\Desktop\ML__
      →Project\Sleep_health_and_lifestyle_dataset.csv")
     #Identify categorical features
     categorical_columns = df.select_dtypes(include=['object']).columns
     #Encode categorical features
     le = LabelEncoder()
     for col in categorical_columns:
         df[col] = le.fit_transform(df[col])
     #Split data into features and target
     X = df.drop('Sleep Disorder', axis=1)
     y = df['Sleep Disorder']
     #Split data into training and testing sets
     X_train, X_test, y_train, y_test = train_test_split(X, y, test_size=0.2,_
      →random_state=42)
     #Define hyperparameter grid
```

```
param_grid = {
         'n estimators': [100, 200, 300],
         'max_depth': [None, 5, 10],
         'min_samples_split': [2, 5, 10]
     #Create a Random Forest classifier
     rf model = RandomForestClassifier()
     #Create a GridSearchCV object
     grid_search = GridSearchCV(rf_model, param_grid, cv=5, scoring='accuracy') #__
      →Adjust scoring metric as needed
     #Fit the grid search to the training data
     grid_search.fit(X_train, y_train)
     #Get the best parameters and model
     best_params = grid_search.best_params_
     best_rf_model = grid_search.best_estimator_
     #Make predictions using the best model
     y pred = best rf model.predict(X test)
     #Evaluate the model
     accuracy = accuracy_score(y_test, y_pred)
     precision = precision_score(y_test, y_pred, average='macro')
     recall = recall_score(y_test, y_pred, average='macro')
     f1_score = f1_score(y_test, y_pred, average='macro')
     print("Random Forest Model (Grid Search):")
     print("Best Parameters:", best_params)
     print("Accuracy:", accuracy)
     print("Precision:", precision)
     print("Recall:", recall)
     print("F1-score:", f1_score)
    Random Forest Model (Grid Search):
    Best Parameters: {'max_depth': None, 'min_samples_split': 5, 'n_estimators':
    300}
    Accuracy: 0.88
    Precision: 0.8409738409738411
    Recall: 0.8255813953488372
    F1-score: 0.8296146044624746
[1]: import pandas as pd
     from sklearn.model_selection import train_test_split, RandomizedSearchCV
     from sklearn.preprocessing import LabelEncoder
     from sklearn.ensemble import RandomForestClassifier
     from sklearn.metrics import accuracy_score, precision_score, recall_score,_

→f1_score

     #Loading the dataset
     df = pd.read_csv(r"C:\Users\Rvdeekshitha\Desktop\ML__
      →Project\Sleep_health_and_lifestyle_dataset.csv")
     #Identify categorical features
```

```
categorical_columns = df.select_dtypes(include=['object']).columns
#Encode categorical features
le = LabelEncoder()
for col in categorical_columns:
    df[col] = le.fit_transform(df[col])
#Split data into features and target
X = df.drop('Sleep Disorder', axis=1)
y = df['Sleep Disorder']
#Split data into training and testing sets
X_train, X_test, y_train, y_test = train_test_split(X, y, test_size=0.2,_
 ⇒random state=42)
#Define hyperparameter distributions
param_distributions = {
    'n_estimators': range(100, 500, 50),
    'max_depth': [None, 5, 10, 20],
    'min_samples_split': range(2, 11)
}
#Create a Random Forest classifier
rf model = RandomForestClassifier()
#Create a RandomizedSearchCV object
random search = RandomizedSearchCV(rf model, param distributions, n iter=100, 11
 ⇔cv=5, scoring='accuracy')
#Fit the random search to the training data
random_search.fit(X_train, y_train)
#Get the best parameters and model
best_params = random_search.best_params_
best rf model = random search.best estimator
#Make predictions using the best model
y_pred = best_rf_model.predict(X_test)
#Evaluate the model
accuracy = accuracy_score(y_test, y_pred)
precision = precision_score(y_test, y_pred, average='macro')
recall = recall_score(y_test, y_pred, average='macro')
f1_score = f1_score(y_test, y_pred, average='macro')
print("Random Forest Model (Random Search):")
print("Best Parameters:", best params)
print("Accuracy:", accuracy)
print("Precision:", precision)
print("Recall:", recall)
print("F1-score:", f1_score)
Random Forest Model (Random Search):
Best Parameters: {'n_estimators': 100, 'min_samples_split': 8, 'max_depth':
None }
Accuracy: 0.88
Precision: 0.8409738409738411
Recall: 0.8255813953488372
```

```
[5]: import pandas as pd
     from sklearn.model_selection import train_test_split, GridSearchCV
     from sklearn.preprocessing import LabelEncoder
     from sklearn.ensemble import RandomForestClassifier
     from sklearn.metrics import accuracy_score, precision_score, recall_score, u
      →f1_score # Import necessary metrics
     from sklearn.model selection import cross val score
     from hyperopt import fmin, tpe, Trials, hp
     #Loading the dataset
     df = pd.read_csv(r"C:\Users\Rvdeekshitha\Desktop\ML_
      →Project\Sleep_health_and_lifestyle_dataset.csv")
     #Identify categorical features
     categorical_columns = df.select_dtypes(include=['object']).columns
     #Encode categorical features
     le = LabelEncoder()
     for col in categorical_columns:
         df[col] = le.fit transform(df[col])
     #Split data into features and target
     X = df.drop('Sleep Disorder', axis=1)
     y = df['Sleep Disorder']
     #Split data into training and testing sets
     X_train, X_test, y_train, y_test = train_test_split(X, y, test_size=0.2, __
      →random_state=42)
     #Define objective function for Bayesian Optimization
     def objective(params):
         model = RandomForestClassifier(**params)
         scores = cross_val_score(model, X_train, y_train, cv=5, scoring='accuracy')
         return -scores.mean() # Minimize negative accuracy
     #Define parameter space
     space = {
         'n_estimators': hp.choice('n_estimators', [100, 200, 300]), # Adjust_
      ⇔choices if needed
         'max_depth': hp.choice('max_depth', [None, 5, 10]),
         'min_samples_split': hp.choice('min_samples_split', [2, 5, 10])
     #Run Bayesian Optimization
     trials = Trials()
     best_params = fmin(objective, space, algo=tpe.suggest, max_evals=10,__
     ⇔trials=trials)
     #Ensure valid hyperparameters
     if 'n_estimators' in best_params:
         best_params['n_estimators'] = int(max(1, best_params['n_estimators']))
     if 'min_samples_split' in best_params:
         best_params['min_samples_split'] = max(2,__
      →int(best_params['min_samples_split']))
```

```
best rf model = RandomForestClassifier(**best params)
     best_rf_model.fit(X_train, y_train)
     #Make predictions and evaluate
     y_pred = best_rf_model.predict(X_test)
     accuracy = accuracy_score(y_test, y_pred)
     precision = precision_score(y_test, y_pred, average='macro')
     recall = recall_score(y_test, y_pred, average='macro')
     f1_score = f1_score(y_test, y_pred, average='macro')
     print("Random Forest Model (Bayesian Optimization):")
     print("Best Parameters:", best_params)
     print("Accuracy:", accuracy)
     print("Precision:", precision)
     print("Recall:", recall)
     print("F1-score:", f1_score)
                                   | 10/10 [00:29<00:00,
    2.91s/trial, best loss: -0.9163841807909605]
    Random Forest Model (Bayesian Optimization):
    Best Parameters: {'max_depth': np.int64(1), 'min_samples_split': 2,
    'n estimators': 1}
    Accuracy: 0.76
    Precision: 0.49393939393939396
    Recall: 0.625
    F1-score: 0.5517762660619804
    C:\Users\Rvdeekshitha\AppData\Local\Programs\Python\Python311\Lib\site-
    packages\sklearn\metrics\ classification.py:1531: UndefinedMetricWarning:
    Precision is ill-defined and being set to 0.0 in labels with no predicted
    samples. Use `zero_division` parameter to control this behavior.
      _warn_prf(average, modifier, f"{metric.capitalize()} is", len(result))
[9]: import pandas as pd
     from sklearn.model_selection import train_test_split
     from sklearn.preprocessing import LabelEncoder
     from sklearn.ensemble import BaggingClassifier
     from sklearn.tree import DecisionTreeClassifier
     from sklearn.metrics import accuracy_score, precision_score, recall_score,
      →f1_score
     #Loading the dataset
     df = pd.read_csv(r"C:\Users\Rvdeekshitha\Desktop\ML__
      →Project\Sleep_health_and_lifestyle_dataset.csv")
     #Identify categorical features
     categorical columns = df.select dtypes(include=['object']).columns
     #Encode categorical features
     le = LabelEncoder()
     for col in categorical columns:
         df[col] = le.fit_transform(df[col])
```

#Create the best model

```
#Split data into features and target
      X = df.drop('Sleep Disorder', axis=1)
      y = df['Sleep Disorder']
      #Split data into training and testing sets
      X_train, X_test, y_train, y_test = train_test_split(X, y, test_size=0.2, __
       →random_state=42)
      #Create a base model (e.g., Decision Tree)
      base model = DecisionTreeClassifier()
      #Create a BaggingClassifier (using 'estimator' argument)
      bagging model = BaggingClassifier(estimator=base model, n_estimators=100)
      #Train the model
      bagging_model.fit(X_train, y_train)
      #Make predictions
      y_pred = bagging_model.predict(X_test)
      #Evaluate the model
      accuracy = accuracy_score(y_test, y_pred)
      precision = precision_score(y_test, y_pred, average='macro')
      recall = recall_score(y_test, y_pred, average='macro')
      f1_score = f1_score(y_test, y_pred, average='macro')
      print("Bagging Model:")
      print("Accuracy:", accuracy)
      print("Precision:", precision)
      print("Recall:", recall)
      print("F1-score:", f1_score)
     Bagging Model:
     Accuracy: 0.8933333333333333
     Precision: 0.8587980646804176
     Recall: 0.8464147286821705
     F1-score: 0.8511320097526994
[12]: import pandas as pd
      from sklearn.model selection import train test split
      from sklearn.preprocessing import LabelEncoder
      from sklearn.ensemble import AdaBoostClassifier
      from sklearn.tree import DecisionTreeClassifier
      from sklearn.metrics import accuracy score, precision score, recall score,
       ⊶f1 score
      #Loading the dataset
      df = pd.read_csv(r"C:\Users\Rvdeekshitha\Desktop\ML__
       →Project\Sleep_health_and_lifestyle_dataset.csv")
      #Identify categorical features
      categorical_columns = df.select_dtypes(include=['object']).columns
      #Encode categorical features
      le = LabelEncoder()
      for col in categorical_columns:
          df[col] = le.fit transform(df[col])
```

```
#Split data into features and target
      X = df.drop('Sleep Disorder', axis=1)
      y = df['Sleep Disorder']
      #Split data into training and testing sets
      X_train, X_test, y_train, y_test = train_test_split(X, y, test_size=0.2, __
       →random_state=42)
      #Create a base model (e.g., Decision Tree)
      base model = DecisionTreeClassifier()
      #Create an AdaBoostClassifier (using 'estimator' argument)
      ada_boost_model = AdaBoostClassifier(estimator=base_model, n_estimators=100)
      #Train the model
      ada_boost_model.fit(X_train, y_train)
      #Make predictions
      y_pred = ada_boost_model.predict(X_test)
      #Evaluate the model
      accuracy = accuracy_score(y_test, y_pred)
      precision = precision_score(y_test, y_pred, average='macro')
      recall = recall_score(y_test, y_pred, average='macro')
      f1_score = f1_score(y_test, y_pred, average='macro')
      print("AdaBoost Model:")
      print("Accuracy:", accuracy)
      print("Precision:", precision)
      print("Recall:", recall)
      print("F1-score:", f1_score)
     AdaBoost Model:
     Accuracy: 0.906666666666666
     Precision: 0.8750661375661376
     Recall: 0.8541666666666666
     F1-score: 0.8632575757575758
     C:\Users\Rvdeekshitha\AppData\Local\Programs\Python\Python311\Lib\site-
     packages\sklearn\ensemble\_weight_boosting.py:527: FutureWarning: The SAMME.R
     algorithm (the default) is deprecated and will be removed in 1.6. Use the SAMME
     algorithm to circumvent this warning.
       warnings.warn(
[15]: import pandas as pd
      from sklearn.model_selection import train_test_split
      from sklearn.preprocessing import LabelEncoder
      from sklearn.ensemble import StackingClassifier, RandomForestClassifier
      from sklearn.linear_model import LogisticRegression # Corrected import
      from sklearn.svm import SVC
      from sklearn.metrics import accuracy_score, precision_score, recall_score,_

→f1_score
```

#Loading the dataset

```
categorical_columns = df.select_dtypes(include=['object']).columns
#Encode categorical features
le = LabelEncoder()
for col in categorical_columns:
    df[col] = le.fit_transform(df[col])
#Split data into features and target
X = df.drop('Sleep Disorder', axis=1)
y = df['Sleep Disorder']
#Split data into training and testing sets
X_train, X_test, y_train, y_test = train_test_split(X, y, test_size=0.2,_
 →random_state=42)
#Create base models
base models = [
    ('rf', RandomForestClassifier()),
    ('lr', LogisticRegression()),
    ('svm', SVC())
#Create a meta-model (e.g., Logistic Regression)
meta_model = LogisticRegression()
#Create a StackingClassifier
stacking_model = StackingClassifier(estimators=base_models,__
 →final_estimator=meta_model)
#Train the model
stacking_model.fit(X_train, y_train)
#Make predictions
y pred = stacking model.predict(X test)
#Evaluate the model
accuracy = accuracy_score(y_test, y_pred)
precision = precision_score(y_test, y_pred, average='macro')
recall = recall_score(y_test, y_pred, average='macro')
f1_score = f1_score(y_test, y_pred, average='macro')
print("Stacking Model:")
print("Accuracy:", accuracy)
print("Precision:", precision)
print("Recall:", recall)
print("F1-score:", f1_score)
C:\Users\Rvdeekshitha\AppData\Local\Programs\Python\Python311\Lib\site-
packages\sklearn\linear_model\_logistic.py:469: ConvergenceWarning: lbfgs failed
to converge (status=1):
STOP: TOTAL NO. of ITERATIONS REACHED LIMIT.
Increase the number of iterations (max_iter) or scale the data as shown in:
   https://scikit-learn.org/stable/modules/preprocessing.html
Please also refer to the documentation for alternative solver options:
   https://scikit-learn.org/stable/modules/linear_model.html#logistic-
```

#Identify categorical features

```
regression
 n_iter_i = _check_optimize_result(
C:\Users\Rvdeekshitha\AppData\Local\Programs\Python\Python311\Lib\site-
packages\sklearn\linear_model\_logistic.py:469: ConvergenceWarning: lbfgs failed
to converge (status=1):
STOP: TOTAL NO. of ITERATIONS REACHED LIMIT.
Increase the number of iterations (max_iter) or scale the data as shown in:
   https://scikit-learn.org/stable/modules/preprocessing.html
Please also refer to the documentation for alternative solver options:
   https://scikit-learn.org/stable/modules/linear_model.html#logistic-
regression
  n_iter_i = _check_optimize_result(
C:\Users\Rvdeekshitha\AppData\Local\Programs\Python\Python311\Lib\site-
packages\sklearn\linear_model\_logistic.py:469: ConvergenceWarning: lbfgs failed
to converge (status=1):
STOP: TOTAL NO. of ITERATIONS REACHED LIMIT.
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   https://scikit-learn.org/stable/modules/preprocessing.html
Please also refer to the documentation for alternative solver options:
   https://scikit-learn.org/stable/modules/linear_model.html#logistic-
regression
 n_iter_i = _check_optimize_result(
C:\Users\Rvdeekshitha\AppData\Local\Programs\Python\Python311\Lib\site-
packages\sklearn\linear model\ logistic.py:469: ConvergenceWarning: lbfgs failed
to converge (status=1):
STOP: TOTAL NO. of ITERATIONS REACHED LIMIT.
Increase the number of iterations (max_iter) or scale the data as shown in:
   https://scikit-learn.org/stable/modules/preprocessing.html
Please also refer to the documentation for alternative solver options:
   https://scikit-learn.org/stable/modules/linear_model.html#logistic-
regression
 n iter i = check optimize result(
C:\Users\Rvdeekshitha\AppData\Local\Programs\Python\Python311\Lib\site-
packages\sklearn\linear_model\_logistic.py:469: ConvergenceWarning: lbfgs failed
to converge (status=1):
STOP: TOTAL NO. of ITERATIONS REACHED LIMIT.
Increase the number of iterations (max_iter) or scale the data as shown in:
   https://scikit-learn.org/stable/modules/preprocessing.html
Please also refer to the documentation for alternative solver options:
   https://scikit-learn.org/stable/modules/linear_model.html#logistic-
regression
  n_iter_i = _check_optimize_result(
C:\Users\Rvdeekshitha\AppData\Local\Programs\Python\Python311\Lib\site-
packages\sklearn\linear_model\_logistic.py:469: ConvergenceWarning: lbfgs failed
```

```
to converge (status=1):
     STOP: TOTAL NO. of ITERATIONS REACHED LIMIT.
     Increase the number of iterations (max_iter) or scale the data as shown in:
         https://scikit-learn.org/stable/modules/preprocessing.html
     Please also refer to the documentation for alternative solver options:
         https://scikit-learn.org/stable/modules/linear model.html#logistic-
     regression
       n_iter_i = _check_optimize_result(
     Stacking Model:
     Accuracy: 0.88
     Precision: 0.8409738409738411
     Recall: 0.8255813953488372
     F1-score: 0.8296146044624746
[18]: import pandas as pd
      from sklearn.model_selection import train_test_split
      from sklearn.preprocessing import LabelEncoder
      from sklearn.ensemble import RandomForestClassifier
      from sklearn.metrics import accuracy_score, precision_score, recall_score,
       →f1_score, confusion_matrix
      #Loading the dataset
      df = pd.read csv(r"C:\Users\Rvdeekshitha\Desktop\ML__
       →Project\Sleep_health_and_lifestyle_dataset.csv")
      #Identify categorical features
      categorical_columns = df.select_dtypes(include=['object']).columns
      #Encode categorical features
      le = LabelEncoder()
      for col in categorical columns:
          df[col] = le.fit_transform(df[col])
      #Split data into features and target
      X = df.drop('Sleep Disorder', axis=1)
      y = df['Sleep Disorder']
      #Split data into training and testing sets
      X_train, X_test, y_train, y_test = train_test_split(X, y, test_size=0.2,_
       →random_state=42)
      #Create and train a Random Forest model (replace with your desired model)
      model = RandomForestClassifier()
      model.fit(X_train, y_train)
      #Make predictions
      y_pred = model.predict(X_test)
      #Evaluate the model
      accuracy = accuracy_score(y_test, y_pred)
      precision = precision_score(y_test, y_pred, average='macro')
      recall = recall_score(y_test, y_pred, average='macro')
      f1_score = f1_score(y_test, y_pred, average='macro')
      confusion_mat = confusion_matrix(y_test, y_pred)
```

```
#Printing the results
     print("Model Evaluation:")
     print("Accuracy:", accuracy)
     print("Precision:", precision)
     print("Recall:", recall)
     print("F1-score:", f1_score)
     print("Confusion Matrix:\n", confusion_mat)
     Model Evaluation:
     Accuracy: 0.88
     Precision: 0.8409738409738411
     Recall: 0.8255813953488372
     F1-score: 0.8296146044624746
     Confusion Matrix:
      [[13 2 1]
      [ 4 11 1]
     [ 1 0 42]]
[25]: import pandas as pd
     from sklearn.model_selection import train_test_split
     from sklearn.preprocessing import LabelEncoder, StandardScaler
     from sklearn.ensemble import RandomForestClassifier, AdaBoostClassifier,
       →BaggingClassifier
     from sklearn.linear_model import LogisticRegression
     from sklearn.svm import SVC
     from sklearn.tree import DecisionTreeClassifier
     from sklearn.naive_bayes import GaussianNB
     from sklearn.metrics import accuracy_score, precision_score, recall_score,
      →f1_score
     #Loading the dataset
     df = pd.read_csv(r"C:\Users\Rvdeekshitha\Desktop\ML__
      →Project\Sleep_health_and_lifestyle_dataset.csv")
     #Identify categorical features
     categorical_columns = df.select_dtypes(include=['object']).columns
     #Encode categorical features
     le = LabelEncoder()
     for col in categorical columns:
         df[col] = le.fit_transform(df[col])
     #Split data into features and target
     X = df.drop('Sleep Disorder', axis=1)
     y = df['Sleep Disorder']
     #Split data into training and testing sets
     →random_state=42)
     #Scale features (optional, but might help convergence)
     scaler = StandardScaler()
     X_train = scaler.fit_transform(X_train)
```

```
X_test = scaler.transform(X_test)
#Train models
dt_model = DecisionTreeClassifier().fit(X_train, y_train)
rf_model = RandomForestClassifier().fit(X_train, y_train)
svm_model = SVC().fit(X_train, y_train)
nb_model = GaussianNB().fit(X_train, y_train)
lr_model = LogisticRegression(max_iter=1000).fit(X_train, y_train) # Increase__
 \hookrightarrow max_iter
#Evaluate models
models = {
     "Decision Tree": dt_model.predict(X_test),
    "Random Forest": rf_model.predict(X_test),
    "SVM": svm_model.predict(X_test),
    "Naive Bayes": nb_model.predict(X_test),
    "Logistic Regression": lr_model.predict(X_test)
for model_name, y_pred in models.items():
    accuracy = accuracy_score(y_test, y_pred)
    precision = precision_score(y_test, y_pred, average='macro')
    recall = recall_score(y_test, y_pred, average='macro')
    f1_score = f1_score(y_test, y_pred, average='macro') # Use a descriptive_
  \hookrightarrow variable name
    print(f"{model_name}:")
    print(f"Accuracy: {accuracy:.2f}")
    print(f"Precision: {precision:.2f}")
    print(f"Recall: {recall:.2f}")
    print(f"F1-score: {f1_score:.2f}")
    print()
#Selecting the best model based on the evaluation criteria
best_model = None
best score = 0
for model_name, y_pred in models.items():
    score = accuracy_score(y_test, y_pred)
    if score > best_score:
        best_model = model_name
        best_score = score
print("Best Model:", best_model)
Decision Tree:
```

Accuracy: 0.89 Precision: 0.86 Recall: 0.85 F1-score: 0.85

```
TypeError

Traceback (most recent call last)

Cell In[25], line 45

43 precision = precision_score(y_test, y_pred, average='macro')

44 recall = recall_score(y_test, y_pred, average='macro')

---> 45 f1_score = f1_score(y_test, y_pred, average='macro') # Use a__

descriptive variable name

47 print(f"{model_name}:")

48 print(f"Accuracy: {accuracy:.2f}")

TypeError: 'numpy.float64' object is not callable
```

```
[1]: import streamlit as st
     import pandas as pd
     from sklearn.model_selection import train_test_split
     from sklearn.ensemble import RandomForestClassifier
     from sklearn.metrics import accuracy_score
     from sklearn.impute import SimpleImputer
     #1.Loading the dataset
     @st.cache_data
     def load_data():
         data = pd.read_csv(r"C:\Users\Rvdeekshitha\Desktop\ML_
      → Project\Sleep_health_and_lifestyle_dataset.csv") # Replace with your_
      ⇔dataset file path
         return data
     #2. Preprocess data (encoding, handling missing values, and splitting)
     def preprocess_data(df):
         # Handle missing values
         # For numerical columns, we use median filling
         num_cols = df.select_dtypes(include=['float64', 'int64']).columns
         cat_cols = df.select_dtypes(include=['object']).columns
         #Impute numerical columns with median
         num_imputer = SimpleImputer(strategy='median')
         df[num_cols] = num_imputer.fit_transform(df[num_cols])
         #Impute categorical columns with the most frequent value
         cat_imputer = SimpleImputer(strategy='most_frequent')
         df[cat_cols] = cat_imputer.fit_transform(df[cat_cols])
         #Set target as 'Sleep Disorder'
         y = df['Sleep Disorder']
         #Drop the target column from features
         X = df.drop(columns=['Sleep Disorder'])
         #One-hot encode categorical variables
```

```
X_encoded = pd.get_dummies(X, drop_first=True)
   #Split into training and test sets
   X_train, X_test, y_train, y_test = train_test_split(X_encoded, y,_
 →test_size=0.3, random_state=42)
   return X_train, X_test, y_train, y_test, X_encoded.columns
#3. Train Random Forest Model
def train_model(X_train, y_train):
   model = RandomForestClassifier(random_state=42)
   model.fit(X_train, y_train)
   return model
#4. Take user input from Streamlit
def user_input_features():
   gender = st.selectbox('Gender', ('Male', 'Female'))
   age = st.slider('Age', 1, 100, 25)
   occupation = st.selectbox('Occupation', ('Student', 'Professional', __
 sleep_duration = st.slider('Sleep_Duration (hours)', 1, 12, 7)
   quality_of_sleep = st.slider('Quality of Sleep (1-5)', 1, 5, 3)
   physical_activity_level = st.slider('Physical Activity Level (1-5)', 1, 5, ...
 ⇒3)
   stress level = st.slider('Stress Level (1-5)', 1, 5, 3)
   blood_pressure = st.slider('Blood Pressure', 60, 200, 120)
   heart_rate = st.slider('Heart Rate', 40, 200, 70)
   daily_steps = st.slider('Daily Steps', 0, 30000, 5000)
   #User input dictionary
   user data = {
       'Gender': gender,
       'Age': age,
       'Occupation': occupation,
       'Sleep Duration': sleep_duration,
       'Quality of Sleep': quality_of_sleep,
       'Physical Activity Level': physical_activity_level,
       'Stress Level': stress_level,
       'BMI Category': bmi_category,
       'Blood Pressure': blood_pressure,
       'Heart Rate': heart_rate,
       'Daily Steps': daily_steps
   }
   #Convert to DataFrame for consistency
```

```
user_input_df = pd.DataFrame(user_data, index=[0])
   return user_input_df
#5. Preprocess user input to match model features
def preprocess_user_input(user_input, feature_columns):
    #One-hot encode the user input
   user_input_encoded = pd.get_dummies(user_input, drop_first=True)
   #Align the columns of user input to match the columns from the training data
   #Add missing columns and set them to O
   aligned_user_input = user_input_encoded.reindex(columns=feature_columns,_u
 →fill value=0)
   return aligned_user_input
#6.Main function to run the Streamlit app
def main():
   st.title('Sleep Disorder Prediction App')
   #Loading the dataset
   df = load data()
   st.write("Dataset Overview:", df.head())
   #Get user input
   user_input = user_input_features()
   st.write("User Input:", user_input)
   #Preprocess data and split into train/test sets
   X_train, X_test, y_train, y_test, feature_columns = preprocess_data(df)
    #Train the Random Forest model
   model = train_model(X_train, y_train)
   #Preprocess user input to match model features
    input_encoded = preprocess_user_input(user_input, feature_columns)
    #Make prediction
   prediction = model.predict(input_encoded)
   #Display prediction
   st.write(f"Prediction: {'Sleep Disorder Detected' if prediction[0] == 1
 →else 'No Sleep Disorder Detected'}")
   #Test model accuracy
   y_pred = model.predict(X_test)
   accuracy = accuracy_score(y_test, y_pred)
   st.write(f"Model Accuracy: {accuracy * 100:.2f}%")
```

```
if __name__ == '__main__':
    main()
2024-09-22 10:37:55.504 WARNING streamlit.runtime.caching.cache_data_api: No
runtime found, using MemoryCacheStorageManager
2024-09-22 10:37:55.512 WARNING
streamlit.runtime.scriptrunner utils.script run context: Thread 'MainThread':
missing ScriptRunContext! This warning can be ignored when running in bare mode.
2024-09-22 10:37:56.442
  Warning: to view this Streamlit app on a browser, run it with the
following
  command:
    streamlit run
C:\Users\Rvdeekshitha\AppData\Local\Programs\Python\Python311\Lib\site-
packages\ipykernel_launcher.py [ARGUMENTS]
2024-09-22 10:37:56.443 Thread 'MainThread': missing ScriptRunContext! This
warning can be ignored when running in bare mode.
2024-09-22 10:37:56.443 Thread 'MainThread': missing ScriptRunContext! This
warning can be ignored when running in bare mode.
2024-09-22 10:37:56.444 Thread 'MainThread': missing ScriptRunContext! This
warning can be ignored when running in bare mode.
2024-09-22 10:37:56.445 Thread 'MainThread': missing ScriptRunContext! This
warning can be ignored when running in bare mode.
2024-09-22 10:37:56.448 No runtime found, using MemoryCacheStorageManager
2024-09-22 10:37:56.471 Thread 'MainThread': missing ScriptRunContext! This
warning can be ignored when running in bare mode.
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warning can be ignored when running in bare mode.
2024-09-22 10:37:56.542 Thread 'MainThread': missing ScriptRunContext! This
```

warning can be ignored when running in bare mode.

- 2024-09-22 10:37:56.547 Session state does not function when running a script without `streamlit run`
- 2024-09-22 10:37:56.548 Thread 'MainThread': missing ScriptRunContext! This warning can be ignored when running in bare mode.
- 2024-09-22 10:37:56.551 Thread 'MainThread': missing ScriptRunContext! This warning can be ignored when running in bare mode.
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- 2024-09-22 10:37:56.586 Thread 'MainThread': missing ScriptRunContext! This warning can be ignored when running in bare mode.

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- 2024-09-22 10:37:56.587 Thread 'MainThread': missing ScriptRunContext! This warning can be ignored when running in bare mode.
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- 2024-09-22 10:37:56.619 Thread 'MainThread': missing ScriptRunContext! This warning can be ignored when running in bare mode.
- 2024-09-22 10:37:56.620 Thread 'MainThread': missing ScriptRunContext! This warning can be ignored when running in bare mode.
- 2024-09-22 10:37:56.621 Thread 'MainThread': missing ScriptRunContext! This warning can be ignored when running in bare mode.

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2024-09-22 10:37:56.626 Thread 'MainThread': missing ScriptRunContext! This warning can be ignored when running in bare mode.

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[]: