

12TH YEAR MILESTONES



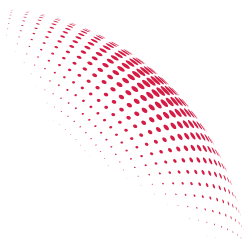
PHYSICAL MILESTONES

- Mastery of more complex tasks, such as advanced writing and crafting
- Increased dexterity in sports and musical instruments.
- Improved coordination in sports and physical activities
- physical changes (e.g., growth spurts, development of secondary sexual characteristics).



COGNITIVE MILESTONES

- Development of higher-order thinking skills, including reasoning and hypothetical thinking.
- Ability to understand and discuss complex subjects, including moral and ethical issues.
- Awareness of one's own thought processes; ability to reflect on how they learn and apply this to new situations.



SOCIAL MILESTONES

- Stronger friendships and deeper emotional connections; influence of peer acceptance becomes significant.
- Growing desire for independence from parents; increased interest in personal interests and hobbies.



EMOTIONAL MILESTONES

- Continued development of self-concept; exploration of personal values and beliefs.
- Greater understanding of one's own emotions and how they affect behavior.
- Improved skills in managing emotions, coping with stress, and handling conflict in constructive ways.

