

# 4TH YEAR MILESTONES





### **PHYSICAL MILESTONES**

- Improved Coordination and Balance
- Riding a Tricycle
- Drawing and Handwriting Skills
- Using Scissors and Manipulating Small Objects



### **COGNITIVE MILESTONES**

- Conceptual Understanding and Counting
- Understanding Time and Sequences
- Language Development
- Understanding and Following Complex Instructions





## **SOCIAL MILESTONES**

- Improved Social Interactions
- Understanding Social Norms and Empathy
- Sharing and Turn-Taking
- Increasing Autonomy



#### **EMOTIONAL MILESTONES**

- Better emotional Regulation
- Temper Tantrums Decrease
- Self-Concept and Self-Esteem
- Fear and Imaginative Concerns







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