Steps:-

1. Create a basic react app (Frontend)
2. Create a ASP.Net Core Web API (Backend)
3. Create database and tables on sql server
4. Create a Model Folder and create Model Classes same as SQL server table
5. Also create a class for Response to pass to the frontend
6. Create a new Controller
7. Create HTTP get and HTTP post method
8. Create a Dal class in Model folder
9. Write all the APIs first
10. Now Come to Visual Studio Code, and Write Frontend
11. Install npm router dom for routing at frontend

Frontend

1. Create a folder
2. Create Js file and write react code
3. Remove the code from App.js and add your page tag
4. Write the hooks/states
5. Use axios for post api