## **CHAPTER IV**

# FINDINGS, SUGGESTIONS, SCOPE, CONCLUSION AND

## **BIBLIOGRAPHY**

#### 4.1. INTRODUCTION:

This chapter has the findings of our current research, suggestions to improve the women's social class, Scope for further research, Conclusion of our research and the list of references we used for the research.

#### 4.2. FINDINGS:

The findings from our research are as follows:

- i. 60% of the respondents like to be working women.
- ii. 1% of the respondents have faced/witnessed sexual harassment in their workplace.
- iii. 40% of the respondents have answered that they were not embarrassed by their superiors in the workplace.
- iv. Almost 50% of the respondents were not ready to change their profession if given a chance.
- v. 25% of the respondents don't have adequate time to hangout with their friends and colleagues due to their workload.
- vi. 52% of the respondents get enough support from their family for their profession.
- vii. More than 70% of the respondents have answered that they have firm balance between their profession and personal life.

# RATINGS (majority):

- I. Higher official 32% of the respondents have given 4/5.
- II. Colleagues -29% of the respondents have given 3/5.
- III. Transport facilities -23% of the respondents have given 5/5.
- IV. Ambiance -27% of the respondents have given 3/5.
- V. Furniture -29% of the respondents have given 4/5.
- VI. Food or drinking water -25% of the respondents have given 3/5.
- VII. Washroom facilities -37% of the respondents have given 5/5.
- VIII. Working hours -29% of the respondents have given 2/5.
  - IX. Provided Salary -27% of the respondents have given 4/5.
  - X. Safety -57% of the respondents have given 5/5.

#### **4.3. SUGGESTIONS:**

## 1. Empower women to boost her self-esteem:

Encourage women around you and make them feel special and strong. Encourage your friends speak up and make sure they know the value of their opinions so that they are never scared to use their voice.

## 2. Lift up women by taking up a stand against negative comments:

Women are constantly exposed to negativity as they are often held to unrealistic standards of beauty displayed in magazines, on television, and more recently on social media. While are near constant presents on the web has created a vulture were and men can more easily express themselves, negativity online has a big problem, especially among teen age girls.

3. Combat negativity by promoting body positivity, intelligence and authenticity.

### 4. Lead by example:

This is one of the most important ways you can empower women. Young women are deeply influenced by their role models, so make sure you're a good one. Celebrate different types of beauty, empower women with kindness and strength, and encourage women to make their aspirations a reality.

#### 5. Become a mentor:

Being a mentor is a great way to inspire young women. Gather a group of gals and encourage them to participate in an empowerment activity.

## 6. Show your appreciation for the women in your life:

Say thank you, give and accept compliments, and help out the women around you. Show the women in your life how much you appreciate them by sending a thank you card, giving them a compliment, or simply telling them what they mean to you.

### 4.4. SCOPE FOR FURTHER RESEARCH:

There is scope for further research in extension of the present research in the following areas:

- Issues faced by women in their environmental surrounding.
- Challenges faced by women in their working environment.
- Financial impacts on Women empowerment, poverty and inequality.

#### 4.5. **CONCLUSION:**

Even though the standard of the women has raised from being inside the kitchen to doing all the works equal to men, the environment around them is still in the stage to curve them and control them. Women are still dependent on someone irrespective of their position or work they do. The assaults they face have not reduced and the same situation is still continuing and has raised these days. Even though the government has taken steps to improve women's living, the assaults or the gender discrimination their face didn't reduce. "More powerful the woman, the stronger will be the nation", "Make a women empowered, and she can face any coward". So, lets join together and make a peaceful and happy environment for the women.

### 4.6. **BIBLIOGRAPHY:**

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