Happiness Monitoring System iOS Application + Django Backend with Dockerized Deployment

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1. Project Summary

The **Happiness Monitoring System** is a cross-functional project that integrates a modern SwiftUI iOS frontend with a scalable Django REST backend, designed to log and display users' emotional well-being in relation to their daily activities.

It provides an intuitive and delightful user experience with smooth animations, real-time updates, aesthetic UI components, and seamless backend integration using RESTful APIs.

2. Tech Stack

| Layer | Technology Used |
|----------------------|--|
| Frontend | SwiftUI (iOS 17.2 Simulator) |
| Backend | Django 4.x, Django REST Framework |
| Database | PostgreSQL |
| Containerization | Docker, Docker Compose |
| Design Assets | Smiley Background Image (local asset) |
| State Management | @EnvironmentObject, @State, Timer in SwiftUI |

3. System Architecture

User (iOS)

APIManager.swift

Django REST API

PostgreSQL DB

Modules:

Backend:

- models.py: Defines the Survey and UserSubscription models
- views.py: API endpoints for survey submission, fetching recent surveys, and prompt status
- serializers.py: JSON serialization for frontend use
- urls.py: RESTful routing
- Dockerfile, docker-compose.yml: Container setup

Frontend:

- HomeView.swift: Displays recent surveys and UI buttons
- SurveyView.swift: Input view for taking new survey
- SurveyStore.swift: Handles state and triggers API calls
- APIManager.swift: Abstracts REST communication
- ContentView.swift: Entry point, connects all views

4. How to Run (Minimal Setup)

Backend

docker compose up --build

docker compose run web python happiness/manage.py migrate That's it. No token generation or manual user config required.

iOS App

- 1. Open HappinessMonitor.xcodeproj in Xcode
- 2. Run on iPhone 15 Pro iOS 17.2
- 3. All features are integrated and functional, including:
 - Survey submission
 - o Prompt notifications
 - o Real-time survey list refresh

5. Key Features & Functionality

Take a Survey

- Input: Free-text activity name
- Slider: Happiness score (1 to 10)
- Validation: Ensures non-empty activity
- Submit & Cancel buttons styled equally
- Smooth transition and alert feedback

Prompt Notification System

- Timer triggers every 20 seconds
- If subscribed, an alert appears:

"A new survey is available for you."

• User can tap "Take Survey" or dismiss it

Recent Surveys

- Shows 3 latest entries
- Includes:
 - o Activity name
 - o Happiness score (emoji supported)
 - Timestamp (UTC format)
- Displayed with rounded card-style containers

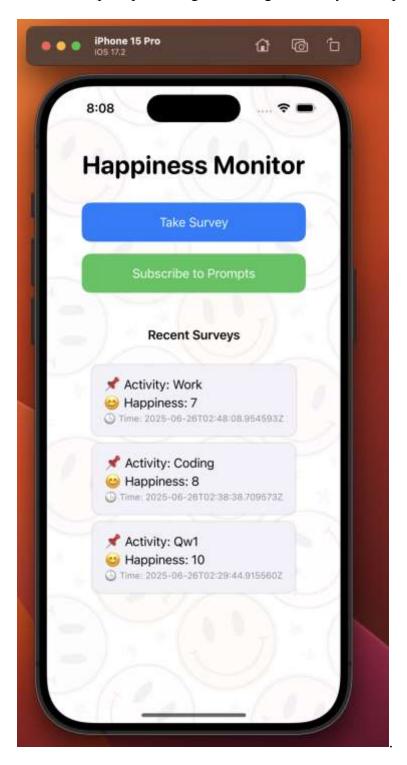
UI/UX Styling

- Background Image: Subtle smiley design with low opacity
- Consistent fonts and padding
- Buttons:
 - o Blue: Primary (Take Survey / Submit)
 - o Green/Red: Subscription toggle
 - o Gray: Cancel

6. Screenshots

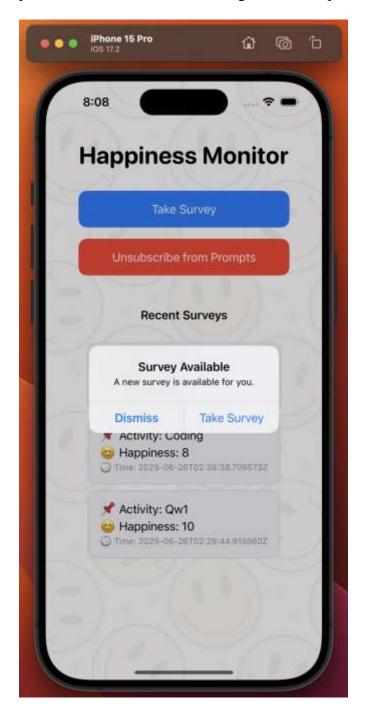
Screenshot 1 – Home Screen (Initial View)

The main dashboard showing the "Happiness Monitor" title, with options to take a survey or subscribe to prompts. Background image of smiley adds a playful aesthetic.



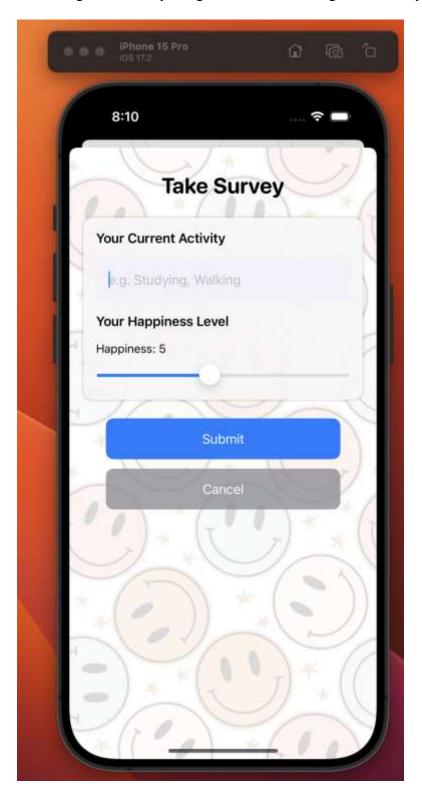
Screenshot 2 – Survey Prompt Alert

Alert triggered by the subscription timer prompting the user to take a survey. This simulates push-like behavior without needing notification permissions.



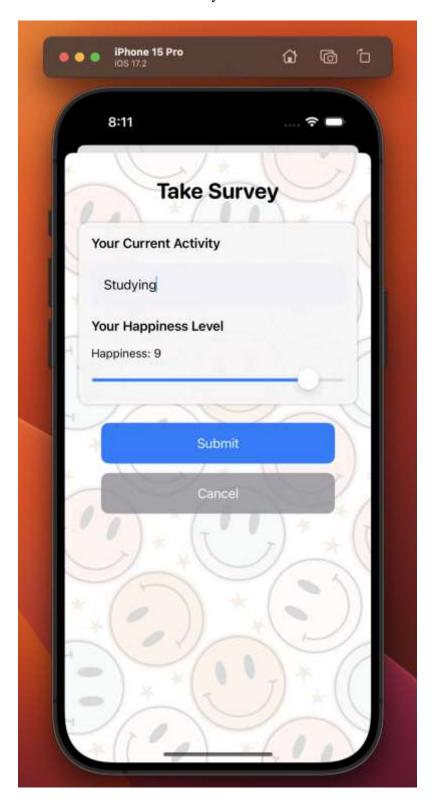
Screenshot 3– Take Survey Screen (Initial State)

Input fields allow the user to type their activity and choose a happiness score using the slider. The background smiley image continues for design consistency.



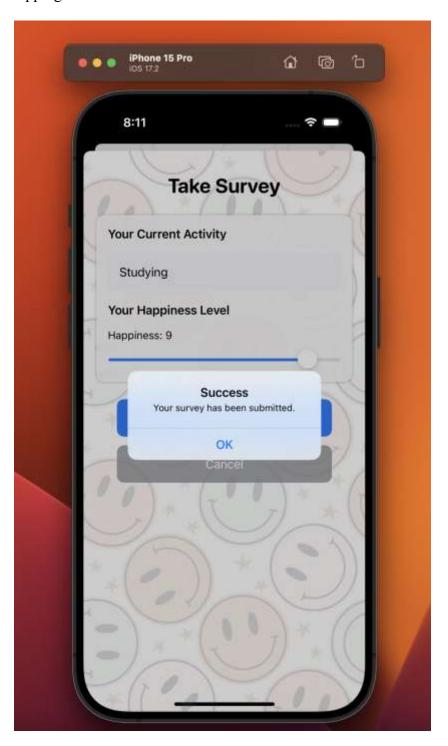
Screenshot 4 – Take Survey In-Progress

The user has typed "Studying" and set happiness to 9. Buttons are styled uniformly, ensuring visual balance and accessibility.



Screenshot 5 – Submission Success Alert

Confirmation alert shown after successfully submitting the survey. User is redirected back after tapping "OK".



Screenshot 6 - Home Screen Refreshed After Submission

Displays the updated survey list including the new "Studying" entry. Button state also reflects current subscription status.

