# **Yajing Zhou**

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https://yajingzhou.netlify.app/

### **EDUCATION**

# Queen Mary, University of London – School of Medicine and Dentistry

09/2021- Present

MSc Mental Health: Psychological Therapies

Intended Graduation Time: 09/2022

## University of Aberdeen - School of Psychology

09/2020 - 08/2021

MSc Psychological Studies Classification: With Distinction

## University of South China – Chuanshan College

09/2015 - 06/2019

B.E. Electrical Engineering & Automation

## HONORS AND AWARDS

•	3 <sup>rd</sup> Class Scholarship awarded by University of South China	2016 – 2017
•	3 <sup>rd</sup> Class Scholarship awarded by University of South China	2015 – 2016
•	Excellent Cadre of Students awarded by University of South China	2015 – 2016

### RESEARCH EXPERIENCE

## Queen Mary University of London – School of Medicine and Dentistry

12/2021 - present

*Dissertation Project:* Evaluating the effectiveness of neuromodulations in the neuropsychiatric symptoms and cognitive functions of patients with Alzheimer's Disease: a systematic review

### University of Aberdeen - School of Psychology

12/2020 - 08/2022

Dissertation Project: Perspective-taking in social interaction (supervisor: Professor Patric Bach)

# WORK EXPERIENCE

# Tengfei Guo Research Group, Institute of Biomedical Engineering, Shenzhen Bay Laboratory Research Assistant 04/2022- Present

- Project: assisting Professor Guo in conducting Greater-Bay-Area Healthy Aging Brain Study (GHABS)
- Data analysis: data analysis in the database (Alzheimer's Disease Neuroimaging Initiative, ADNI) and combining GHABS cognition data by R programming
- Data collection: collecting cognition data (n=361), blood samples (n=337), stool samples (n=121) imaging data (n=220) with other members of the Guo research group
- Neurocognitive assessment: two-hour-long one-to-one semi-structured interviews with older volunteers (n=46)
- *Cell experiments: assisting* Doctor Liu with cell experiments, refreshing cell culture, cell passaging, cell cryopreservation, and cell recovery (U251, SKBR3, U118)
- Animal experiments: assisting Doctor Liu with animal experiments, passing the examination for animal experiment training in Shenzhen Bay Laboratory
- Communication skills: directly contacting older volunteers (nearly 300 persons) about participating in the GHABS through WeChat
- Organization skills: Scheduling neurocognitive assessment, blood collection, magnetic resonance imaging (MRI), and positron emission tomography–computed tomography (PET-CT) for older volunteers

# Clinical Department, The First Affiliated Hospital of University of South China

09/2021 - 04/2022

Associate Professor Yuan Lu's assistant

- Assisting Dr Lu, Deputy Chief Physician, conducting outpatient service (asking patients about their medical history, writing medical records, etc.), receiving 60-80 initial and follow-up patients daily
- Leading patients through psychological tests (e.g., SCL-90, Eysenck Personality Questionnaire, Minnesota Multiphasic Personality Inventory), explaining the results of psychological tests to patients
- Instructing them how to take their medicine (e.g., Olanzapine, Escitalopram)
- Patients aged between 6 and 95 years old
- Various types of symptoms such as anxiety disorders, obsessive-compulsive disorders, somatoform disorders, depressive disorders, schizophrenia, etc.

# **Hengjiakang Mental Rehabilitation Hospital**

09/2020 - 09/2021

Intern (student)

- Assisting Dr Tang in making the rounds of the wards, writing medical records
- Daily psychological counselling for two female patients under the guidance of Dr Tang
- Accompanying patients to communicate and play (e.g., singing)

#### RELEVANT EXPERIENCE

# Institute of Psychology of the Chinese Academy of Sciences

08/2019 - 01/2020

Basic training for the psychological consultant

- Participating in the basic training for psychological consultants organized by the Institute of Psychology of the Chinese Academy of Sciences and successfully passing the corresponding examination and obtaining the qualification certificate
- Systematically studying basic psychology, social psychology, developmental psychology, abnormal psychology, psychological measurement, and counselling psychology

## **LEADERSHIP**

## Student affairs office in University of South China

09/2015 - 06/2019

Instructor's assistant

- Assisting class Instructor Wang Xuan to manage class affairs and students' mental health issues
- Supervising the dormitory's discipline, environment, and safety
- Coordinating the relationship between teacher and students
- Checking class attendance of 13 classes

## **Student Union in University of South China**

09/2015 - 06/2019

Vice Chairwoman

- Helping teachers to handle students' affairs
- Organizing meetings and various cultural and sports activities on campus
- Managing the social clubs
- Communicating various affairs between teachers and students and different departments

### SKILLS

- Statistical skills: SPSS, R, MATLAB, C (Certificate of Level 2 in National Computer Rank Examination),
   Office
- Languages: Chinese (native), English (fluent), Japanese (beginner)
- Soft skill: Very strong decision-making and time management ability