

## *Chapter 10: Seduction*



## IN THIS CHAPTER

Seduction within the model

Why women (sometimes) resist sex

Pacing

Logistics

Arousal

Reassurance

## Seduction within the model

What we call the Seduction phase begins when she is comfortable enough to engage in sexual behavior (beyond kissing) with you, in a place where sex could realistically happen. Both elements are important here. No matter how sexual you are both being, if you're out in public, you're not in Seduction... unless you are both exhibitionists. Or if she's in your bedroom but won't let anything happen other than kissing, you're still in Comfort.

The Seduction phase ends the first time you have sex. If you want there to be a second time, you move to the Relationship phase. As you will see, "relationship" refers to the context for ongoing sexual encounters and does not necessarily imply commitment or monogamy.

All of this makes Seduction one of the more straightforward phases to understand. You start when she is ready to engage you sexually, and end when you have sex with her.

## Why women (sometimes) resist sex

The good news here is that Seduction is not usually where most men have their biggest problems. If you've done a good job in Attraction, Qualification, and Comfort and you're not in a rush, then you will usually succeed at this one eventually. Women want and enjoy sex as much as men. Sexual arousal (as opposed to sexual decision-making) happens as quickly for women as it does for men<sup>6</sup>.

The bad news is that, from a logical perspective, she probably shouldn't have sex with you. Nothing personal, but you're a new man. Sex with someone new might make her feel that she is easy or make her emotionally vulnerable or scare her that things are moving too far in case you're not right for her. She also risks your losing interest because she let things move too fast, or your telling her friends. All of this comes in addition to risking pregnancy or disease.

It can be difficult for a woman to admit, even to herself, that she wants to add a new name to the list of men she's slept with. Society tends to be pretty judgmental about female sexual behavior and few women want to be thought of – by themselves or others – as “easy” or a “slut” or “whore.” This isn't something easy for men to relate to. There are no male equivalents for these words or for the societal judgments that give them such power. Yes, some women are very comfortable and confident with their sexuality and sexual decision-making. These women are often great catches, but are not the majority.

The Seduction phase is a woman's last chance to “speak now or forever hold her peace.” There are two consequences to this. First, lingering issues from previous phases will often surface here. For example, if you're in bed with her and she asks “Why do you like me?” or “Am I just another girl to you?” it may mean that you did an incomplete job of guiding her through

the necessary emotions for her to feel special to you. Likely, you didn't give her the feeling that she won your interest through unique aspects of her personality in the Qualification phase and/or you did not connect deeply with her in the Comfort phase. You can fix some of these kinds of issues when in Seduction, but it's not ideal to have to do so. Second, your margin for error is smaller. A woman may give you a "free pass" with a bad Opener, because all she risks is that you'll bore her for a couple of minutes in a Transition or in Attraction. She's not going to give you a free pass in Seduction, where the stakes are higher.

Alright, enough talking about seduction. Let's go over how to do it.

## Pacing

Make the journey feel natural.

A good analogy for Seduction done properly is being on a car trip where you were enjoying the ride and talking to your friend in the driver's seat, and weren't consciously thinking about being on a journey until you arrived at your destination. This is how Seduction should feel for a woman.

The key element here is to avoid jarring interruptions. If the driver had stopped to ask for directions, appeared nervous about the trip, started acting differently all of sudden, drove too fast or too slow, or did anything dangerous, you would fall out of your comfort zone. Your mental pattern switches from enjoying your friend's company to focusing on the journey. You'll start thinking about what is going on, and how, and why.

This is not helpful for you because it tends to focus a woman's logical mind on whether she should have sex. As we just saw in the previous section, there are many reasons for her to say no. In addition, many women find it a turnoff to have to actively participate in their own seduction. Consider romance novels, which are pretty much entirely directed at women. He wants her, she's reluctant, he wants her more, she accedes, and then finally they couple up in a fit of passion. He takes 100% of the responsibility for leading her to sex in a way that is exciting and comfortable for her.

In a sexual context, we use the term "state break" to describe the jarring interruptions that force a woman to logically and consciously address whether she is on the road to having sex with you. Examples of state breaks include: coming home with you, taking off clothes or talking about sex, or getting a condom.

Our best tools to deal with state breaks are avoidance, blurring, and distraction. This leads us to the “ABD model of seduction.”

**Avoidance** bypasses the state break altogether. In the driving analogy, planning your route to avoid red lights or adjusting your speed so that the light isn't red by the time you hit the intersection are examples of avoidance.

**Blurring** reduces the intensity of the state break. You minimize the state break by mixing the old, comfortable activity with the new, potential uncomfortable, activity. For a red light, this means putting on the breaks to come to a very gradual stop at the intersection instead of slamming them at the last second.

**Distraction** does not attempt to mitigate the state break but introduces something new that is an even stronger stimulus so she focuses on that instead. For example, if you turn up the volume on her favorite song playing on the radio or point out a celebrity in the next lane, this may distract her from the state break of hitting the red light.

As a final note in this section, I want to be clear that when I talk about minimizing jarring interruptions that force her to engage her logical mind, this is not the same as hypnotizing or befuddling her so she's not capable of making a rational decision. Sex has to be consensual, and that consent has to be meaningful.

Let's proceed with some examples on how to use avoidance, blurring, and distraction to deal with major state breaks in Seduction:

## **State Break #1: Bringing her home**

Avoidance: Don't get sexual until you get home. There is no point. In fact, if you try to arouse her before you try to get her to your house, she will know what your agenda is. You may not even get another date if she thinks that a successful date with you has to end in sex.

Avoidance: Plan to do activities in or near your house. It's much easier to get into Seduction if the two of you are already in your living room or around the corner than if you're in two separate cars at the other end of town. This is a great strategy for dates (Chapter 16).

Avoidance: Don't ask her if she'd like to come home with you. Lead her home. Hold her hand and walk her to your car. Don't ask; assume that she's getting in. Don't volunteer that you're taking her home.

Avoidance: Make her comfortable being in your house well before you're in the Seduction phase. If she's learned that she's safe and can have fun in private with you during Comfort without your trying to sleep with her, taking her home in the future will be less likely to induce a state break.

Blurring: Bring her home for a reason other than to have sex with her. Saying to a woman "would you like to come back to my house" will often be interpreted as an invitation to have sex. You can blur this a bit by inviting her home to check out your photographs, or to lend her a book, or whatever. You can blur it even more by being out with her in your neighborhood and leading her to your house "for a second" while you get your wallet or use the bathroom.

Distraction: Say you are leaving a party with a woman. You each live 20 minutes away, in opposite directions. Bringing her home will be a state break that is tough to avoid or blur. So distract her. Use avoidance or blurring to get her into your car and then don't stop talking. Tell her interesting stories to engage her logical mind so she's not left alone with her thoughts. You can go through extended monologues to entertain and distract



women's logical mind at moments that would otherwise be sure to cause a state break, like waiting in line to check into a hotel.

## **State Break #2: Moving her to the bedroom**

Avoidance: Use your living room couch the first time you have sex with her, or at least until she is sufficiently aroused (distraction) that the state break doesn't hurt you. Or put something non-sexual and interesting to do in the bedroom so it's not a state break to be in there and so you won't have to move her later.

Blurring: Same idea as in the "bringing her home" state break above.

Distraction: Arousal is a good all-purpose distraction. Most people will ignore some of the less important interruptions from their logical brains if they are turned on enough. Picking a woman up and carrying her into the bedroom is another distraction technique, and may arouse her at the same time.

## **State Break #3: Removing clothes**

Avoidance: Don't remove anything that isn't necessary. If she's wearing a skirt, you don't need to remove anything at all. This causes fewer state breaks. If you enjoy the process of undressing a woman, save it for the second time you sleep with her if you anticipate any resistance the first time.

Blurring: Don't suddenly move from one sexual activity to another. Say you're touching her breasts and she's comfortable with that but not with you touching her genitals. Don't suddenly shift all of your attention from above to below her waist. Keep touching her breasts but also touch closer and closer to her genitals without stopping what you are doing with her chest. As long as she remains comfortable, you can steadily intensify your sexual touching this way.

Distraction: Once you're home, distraction is usually physical. An excellent time to remove clothes is when she is getting a lot of physical pleasure from you, by doing anything from kissing her neck to oral sex.

Bonus: This doesn't really fit in any of the three categories, but I'm not going to hide good information to make the model seem more elegant. Every man knows – or should know – that when you remove a woman's skirt or pants, take her underwear off at the same time in the same motion (i.e., grab both). If you leave her underwear on, taking it off later is a major state break.

## **State Break #4: Condoms**

Avoidance: Uh, no. It's not that uncommon for a woman to be completely willing to have unprotected sex with you while aroused and "in the moment" but to have a state break triggered by your getting a condom. You don't need a safe sex warning, but it's amazing how many guys will skip the condom to avoid the state break. Plan for this scenario, and Blur or Distract instead (see below).

Blurring: Avoid this problem by keeping condoms near the bed, where you can get to them easily and unobtrusively. Or keep one in the pocket of your pants, and remember when you take your pants off not to throw them too far out of reach.

Distraction: Performing oral sex is an excellent time to put a condom on. After she has an orgasm or has had enough, she will inevitably pull you up to kiss her or to have her face near yours. If you have a condom on, penetration should follow naturally, especially with the added lubrication from oral sex.

## **State Break #5: Penetration**

Avoidance: Why? You must have the wrong book.

Blurring: With a condom on, you have a lot of freedom for rubbing, “teasing,” and otherwise intensifying genital-genital contact (usually while kissing her lips or neck, sometimes ears). If she questions this, tell her you believe in safety even for just rubbing up together. She’ll know that this isn’t the full story, but it should satisfy her logical mind. At that point, arousal and increased wetness can make penetrative sex “just happen.”

Distraction: If you come up with a way to distract a woman from the fact that you are having sex with her, I’d be very curious to know how you do this. I’d be even more curious to know why you’d want to.

## Logistics

No matter how good you are at avoiding state breaks, bad logistics can kill your chances:

- Use your house instead of hers for the first time you have sex with someone. A woman's bedroom is full of state breaks waiting to happen. Roommates or family could be at home and break her mood. Her pet could be sick. She could have left her bedroom in a mess and be too embarrassed to show it to you. Neighbors could drop by. In addition, she's reminded more of her daily routine – how much sleep she needs, what she needs to do the next day, etc. You sometimes lose the romantic or party atmosphere at a woman's house.
- Make sure our house is set up for seduction. At a bare minimum, it should be clean, especially the bathroom. Not necessarily spotless, but clean enough for a woman to be comfortable. Have fun things to do if you still need to build comfort. Interactive fun is better than cool DVDs. Use fun truth-or-dare-type games, an easy 3D jigsaw puzzle, whatever.
- The living room (or wherever you plan to bring her first) should be laid out so there is no obvious way for you both to sit down except side-by-side together on a couch. If you have chairs, pile stuff on them or get rid of them before she comes over so she can't sit there.
- Some romance and implied sexuality never hurt. Have champagne, strawberries, and whipped cream around. Don't turn into some nightmarish sleazy gigolo with them, but realize you

have them and can break them out when needed. Be fun, not seductive.

- Ensure that your house reflects and supports your identity. If you've been communicating that you are creative and imaginative, but your house is undecorated and full of piles of video games, she'll wonder if you're just an act. I don't need to tell you that that's a bad thing for her to be thinking about when she's trying to decide whether to have sex with you.

- Remove elements of your décor that a woman would find particularly offensive. Most women aren't impressed with public displays of pornography or graphic violence.

- Alcohol can build comfort and also let a woman feel less responsible ("I can justify this to myself because I'm drunk and it just happened, even though in reality I only had two drinks"). Have drinks at home that women like. Many women prefer wine to beer, shooters to shots, vodka to rum, and sweet mixers to bitter ones. Learn the basic differences between wines. You don't need to know specific vineyards or brands, but you should know the basic types of wine (beyond red vs. white) and the difference between good and bad wine. Learn how to make drinks women order when they are having fun. Cosmopolitans and Margaritas are good places to start. And you'll never go wrong with champagne (which need not be expensive). IMPORTANT: We're talking about one or two drinks for her to feel comfortable. Don't get a woman drunk to have sex with her. Ethics aside, in many jurisdictions a drunk person cannot legally give consent for sex. The techniques in this book will get you success with many women without having to risk this.

- There is literally an almost endless list of things you can do to improve your house to make it ideal for Seduction, but there's no

need to overdo it. Do a good job on your living quarters and then leave it alone; the rest of your time is best spent on other things.

# Arousal

There is an incredible amount of information – much of it bad – available on how to arouse women. Techniques for arousal are not covered in detail in this book.

An aroused woman is less likely to be affected by state breaks.

In the meantime, here are a few tips to get you going that correct some common mistakes. These won't make you a good lover by themselves, but they will at least help you avoid being bad in bed:

- Most women can orgasm. Not all the time and not always the first time with someone, but you should be fairly confident of your ability to give a woman an orgasm before penetration. Other men can and will. If you currently have a regular sex partner, swallow your pride and ask her to help you.
- A woman's body is more than two breasts and a vagina. Touch her everywhere. Pay attention to the little spots you like, or she likes.
- Slow it down. You're not in a hurry. Take your time moving from one activity to another.
- Tease her a bit. Most women love to be teased in bed.
- Most women love their hair being pulled and neck kissed and lightly bitten. Learn to do these properly.

- Don't forget the power of language. If you are fingering her, for example, this is a great time to be whispering in her ear how sexy she is, how much you want her, etc. Some women will be into different sorts of verbal stimulation – find out what she likes.



## Reassurance

Women will often object to increasing sexual contact. Sometimes they want you to stop. Sometimes they want you to slow down. Sometimes they want you to ignore their objections. Sometimes they want to increase the sexual tension. Sometimes they don't know what they want but their instinctive reaction, for reasons we've already explored in this chapter, is to say no.

Guess what? It doesn't really matter what she wants.

“Stop” means stop. “No” means no. You can try again later or you can try something else, but you can't barrel through. You can't know for sure what's in her head. Even if you could, you can't know what she's going to do the next day. Maybe she has fantasies of being overpowered – not that rare, really – and enjoys having sex despite objecting verbally. Then she kisses you goodbye, goes home, and feels badly about herself and wishes she hadn't had sex. She tells her roommate. It comes out that she did tell you no and you ignored it. Her roommate makes her feel better by telling her that if she tried to say no, what happened wasn't really her fault. The word “rape” comes up. The police get involved. Welcome to hell.

The skillset you will have from mastering the material in this book will lead you to have many options, so it's okay if not all of them pan out, or if you have to see her again before she's ready.

OK, now that we've got that out of the way, let's look at how to handle objections, token or otherwise, in a way that makes her feel comfortable and is safe.

## Token objections

The first consideration is verbal. “No,” “stop,” and “I don’t want to do this” are pretty unambiguous. Women who want to make token objections will often say things like “we shouldn’t be doing this.” A good response to this is to agree with her. Respond with “Yes we shouldn’t be doing this... and we definitely shouldn’t be doing THIS... you are so bad.” Now you’ve changed the frame from her resisting you to the two of you sharing a conspiracy over doing something you shouldn’t be doing, or possibly her trying to seduce you. If she says it again, about the same activity (“No, really, we shouldn’t be doing this”), that’s a no and you have to stop.

Another example of a token objection comes if you take her home and she says “I’m not going to have sex with you.” Don’t engage this. You’re not going to argue her into committing to having sex with you before you get home. There’s especially no reason to argue with her, as sex isn’t an imminent option at that point. By the time you and she are on your bed, she might have changed her mind. So either ignore the comment or tease her for being presumptuous. If you argue with her, you risk letting her get locked into a mental position that she’s not going to have sex that night: a position she may feel bound to be consistent with later. There’s a more advanced tactic of playfully pretending to misinterpret what she is saying as arguing over what kind of sex you will be having, but this should be reserved for when your skills are very advanced.

If she says “no” and you sense that she doesn’t mean it, tell her that, to you, no has to mean no. Don’t make it a lecture, just a quick statement and then move back to what you were doing before she said no. Even if you know for sure that she doesn’t mean “no,” reread the paragraph above that ended with “welcome to hell.” If she’s really insistent on having you ignore her when she says no, she’ll know what a safeword is and how to use it. If you don’t know what a safeword is, you’re not ready for this kind of situation.

## **Persistence**

She may want you to be persistent, for the same reason that she gave you token objections: she doesn’t want to feel easy or for you to think she’s easy. When you reach something that she objects to (say, taking off her

shirt), go back a step to something she is comfortable with (like touching her breasts with her shirt on) and try again in a few minutes.

## **Levels of intimacy**

It's not only up to the woman to set limits on how far the two of you will go. Traditionally, the man wants sex and will take it if the woman gives it to him, but if she sets a lower limit (like no touching below the waist) he'll take as much as he can get up to that limit. This essentially means that a woman sets the level of intimacy, and that level will be at the upper limit of her comfort zone.

However, it doesn't have to work this way. You can't insist on sex if she isn't willing, but you don't have to accept her chosen substitute. She may want to lie in bed with you and kiss all night. You may want sex. Neither of you is obligated to give the other what they want. Explain to her, without any resentment, that lying in bed with her all night kissing will make you aroused and frustrated and you'd prefer to wait until she's more comfortable with you. Come across as confident and understanding. You have experience with women and you're not going to rush her into something she doesn't want. On the other hand, you're not desperate for sex. The key here is to show absolutely no resentment or annoyance. She will be looking for it. Don't tell her it's all or nothing because she may feel manipulated.

Don't press her to agree to anything verbally, but see what happens when you start sexual touching again. She may let you past her previous resistance point. If she objects again you may need to take a break.

## **Breaks**

Here we use the word "break" to mean pauses during an activity, not to mean state breaks. When you reach a point that she doesn't want to cross, and persistence didn't work, then stop. Say "I understand" with not even the slightest hint of disappointment or annoyance and remove the romantic/sexual frame. Candles, incense, dim lights, mood music – all gone. You're not punishing her, you're just doing something else. After all, you like her and you enjoy her company. Let her know this. Then do something else – ideally something boring. Check your email. Play "go

fish” with a deck of cards. She will likely re-initiate physical/sexual contact (if she doesn’t, do it yourself in a few minutes). When she does, re-establish the mood with what candles, incense, lights, music, or whatever you were using to begin with. Then proceed slowly to the resistance point, taking your time. If you hit it, or any other resistance point, say “I understand” and repeat the process – wait longer this time if it’s you who re-initiates the physical/sexual contact.



# PHYSICAL PROGRESSION

Physical progression is one of the most puzzling aspects of the Love Systems Triad Model for many men and one of the most difficult to learn. You must escalate physically and make sure the woman you're talking to is comfortable with it.

So many men meet a woman in a bar and have a great conversation and never so much as put a single finger on her in even an innocent or social way. They then go on a date and do the same thing for the whole night and then wonder why it's awkward to suddenly lean in out of nowhere and make the "big move" for a kiss, much less try to sleep with her. The objective of the Love Systems Triad Model is to progress through increasing levels of physicality in the same way we progress emotionally through our conversation.

Physical progression should start from the beginning of the conversation. This breaks the touching "taboo" in the course of conversation and will generally progress through a few stages in the course of an interaction:

- Social
- Friendly
- Romantic
- Sexual

We covered a sample progression step by step from social to sexual in Routines Manual Vol. I. but you can be creative in how you move through them.

Men run into problems when they feel they have to escalate independently of what they say. They act as if physical progression is separate from emotional progression and the ongoing dialogue. They then force touching on the woman in inappropriate and uncalibrated ways and come off weird.



## TIE THE PHYSICALITY TO THE WORDS.

To quote Shakespeare in the most inappropriate context ever:

“Suit the action to the word, the word to the action.”

If you touch a woman too much randomly and haphazardly, you will eventually creep her out. If it fits what you’re saying, the touching makes sense and will work.

Here are some good examples of tying the word to the action:

“You’re awesome, I’m adopting you as my new little sister.”

(With a hug.)

“We’re breaking up... I want my CDs back.”

(With a little shove.)

A push/pull dynamic is almost always built into any flirtatious conversation. Match the verbal pushes and pulls with comparable physical ones and your physical progression will be much more successful and calibrated. Enjoy.



## IS THIS GOING TO WORK?

This is great to make clear in a playful way that you are sizing her up romantically while ramping up the physical progression.

In the middle of the conversation as things are going well, put your arm over her shoulder and look to your friends, or her friends if yours aren't there, and say as though you're not sure:

“So, what do you think? Is this going to work?”

(Point back and forth between the two of you.)

Regardless of the answer, you quickly release the arm on the shoulder and say:

“Yeah, I don't know yet...”

And continue your conversation normally. It plants the seed that you're interested and maintains a high-value but playful frame that you're still screening.

## NOTHING SPECIAL

When a girl tells you something that isn't really all that special, like “I just got cable” or “These are new shoes,” you can pretend to be overly excited about the news and pick her up and start swinging her around.

“You got cable?! Oh my god! Now your life is complete!”

You have to commit fully to this for it to work. She will play along and have fun with it if you appear to be getting a kick out of it.



You can make it into call-back humor for later by following up with:

“Sorry, I’ve just been trying to work on being a more positive, enthusiastic person.”

And then do it again for different inane things she says throughout the night.

### BETTER INTUITION

This is a fun routine that can be used as an opener or in attraction to escalate touching. As an opener it starts out indirect but ends up obviously playful and somewhat direct. It requires energy and comic timing.

“Who has better intuition, guys or girls?”

(85% of the time they will say girls do.)

“You know, I would have said the same thing. But get this, my friend Mikey was arguing with his girlfriend the other day and they realized that he could tell exactly what she’s thinking... as long as they were touching. It’s totally weird. He showed me how to do it, it’s unreal.”

(Pause.)

“Alright, so which one of you is the best liar? Come here, let me see your hand.”

When she raises her hand to meet you, don’t touch it but just let it come close to your hand.

“So, right now I have no idea what’s going on in your head. But when I do this...”

(Interlock fingers with her.)



“Then I can... Oh my God! You are not thinking that right now! Are you mental? I’m not that kind of guy. Relax!”

Break away from her hand and look at her friends like she’s crazy.

You can use any number of variations here, such as sexual framing, saying “**who has the dirtiest mind,**” or cold reads prior to locking hands with someone. This can be an open-loop game where you can tease playfully (or mercilessly) about what she’s thinking while physically escalating.

Starlight, Love Systems Instructor

### QUICK PHYSICAL PROGRESSION STACK

This is a brilliant quick progression tactic that tests how interested and compliant the girl is through escalating steps that build on one another, culminating in a makeout.

1) First find a way to reward her with a high five for something she says or does.

“That’s awesome, high five!”

High five her and put your fingers through hers when your hands are in the air. If she doesn’t wrap her fingers through yours, release the hand and abort mission. If she does, take the hand and move to #2.

2) Spin her around in a playful twirl. At the end of the spin, if she plays along enthusiastically and doesn’t stiffen up, move to #3.

3) End the spin move by pulling her to your side so she’s facing the same direction as you and your arm is over her shoulder. Hold onto her hand and see if she curls up against you and maintains the hand hold. You are in a fairly intimate spot now. Gauge her comfort with being this close to you. If she seems comfortable with all of it, you



LOVESYSTEMS.ROUTINES.COM

have the option to move to #4.

4) Holding her close to you, look her in the eye and give her a sly smile and see if she looks open to being kissed. If so, go for it.

At any point along the way, if she stiffens up or lacks compliance, you can stop and not overextend yourself. If she is playing along with everything enthusiastically, this is a great accelerated way to get to the kiss. Helicase regularly uses this to kiss close in under five minutes.

Helicase, Love Systems Instructor

### THE GOLDEN RATIO

This is an intrigue-based routine you can use after you've given the woman a compliment on her looks or opened her directly based on her attractiveness.

“There’s a thing called the Golden Ratio that’s considered by many artists, scientists and designers to be a definitive measurement of natural beauty. There have been studies in every field that confirm it... For instance, psychologically people are attracted to the golden ratio on a subconscious level. Da Vinci consciously used it in his artwork, and it can be found in the designs of the pyramids and Parthenon. And women prefer the golden ratio in male physiques. It’s a ratio of 1.6 to one or about three fifths to two fifths... Seashells are patterned after it and crystals form to the ratio. It’s in your heartbeat, your DNA, your face and your hands. Let me see your hand.”

From here on, just use the dialogue as an excuse for physical progression. Emphasis is paid to highly sensitive zones.

“Look at the ratio of your hand and forearm... two fifths and three fifths.”  
(Trace the movements as you describe them.)



“From the top of your head to your eyes is two fifths. From your eyes to your chin is three fifths. People who are attractive have the ratio the closest. People who are ugly have faces that are distorted and out of the ratio oftentimes. Your whole body from head to toe correlates as well. The distance from your head to near your hips is two fifths of the entire body...”

(Light touch on her hip.)

“And again from your neck all the way down to your breast is two fifths of your pelvis.”

(Trace a line.)

“Subconsciously, women look for the ratio when comparing a man’s hips to his shoulder width.”

(Place a hand near your crotch and again up at the shoulders.)

“Here’s another interesting thing, let me see your hand again... See how your pointer finger is longer than your ring finger? Well...”

And go into the Finger Length Routine from Love Systems Routines Manual Vol. I.

You don’t need a profound understanding of the math behind the Golden Ratio to gain her interest, and this opens the door to transition into other interesting topics.

Peanut, Attraction Forums Member

## WORK OUT

If she’s in good shape and has been receptive to your physical progression maneuvers, you can say:

“You’re diesel. What kind of workout do you do?”



Whatever kind of workout she does, tell her you do a different kind, but you want to know how hers is by checking.

“Let’s see... Make a muscle.”

Have her flex her bicep then squeeze it. Even though she’s making a muscle tease her with:

“No really... Make a muscle.”

Then say “How are your abs?” Put your hands on her waist and push on her abs with your thumbs to check.

Then take one of her hands and put it on your abs. This can work even if you aren’t in shape, just say that you have the hottest abs on the planet, and keep insisting on it even after she’s put her hands on your beer gut and say something along the lines of:

“Yeah my workout is amazing... I found it on the Budweiser website. You should check it out.”

### HAND ACUPRESSURE POINTS

This is a longer acupressure routine to introduce touching and gauge her interest by how well she responds to your pressure-point cues. This is really useful to amp up the touch for a sustained period, especially for guys who don’t apply enough touching or generally need an excuse to start touching women early in the interaction.

Lead in with:

“Hey, my ex-girlfriend showed me something really cool yesterday. She is a



masseuse and told me about these `pressure points` in the palm, kind of like acupuncture really. Here, give me your hand...”

(Take her hand, palm facing upwards.)

“You see, she started to give me a little massage right here...”

(Massage the outer part of her palm, the part facing her body if she has her hand palm up.)

“And the funny thing is that it made my left leg tingle! Can you feel your left leg tingle a bit?”

Of course, this isn't true. You say this because you want to measure the attraction you already have. If she instantly goes “Yes,” “I think so” or giggles, then you know she's attracted, but if she says “No” and looks weird at you, there's more work to do.

“She also told me that this area...”

(Move to another part of the hand. It doesn't matter which one.)

“... is stimulating the heart, so if I do a circular motion like this right here, you should feel a warm sensation in your chest.”

If she says she doesn't:

“You don't? Hmm, that's weird. You know when she did it to me it felt amazing. There must be something wrong with you, because I know I'm doing this shit right... (playfully). Let's try the last area she told me about.”

If she says yes or nods:

“It's really relaxing, isn't it? Makes you feel really good!”



“The last part she told me about was this part right here...”

(Move to a random part of the palm.)

“This one is connected to the lower part of your back, right here...”

(Put your other hand on her lower back and gauge her response.)

“She told me that if you massage this part for about 10 minutes a day, you can get rid of a lot of back problems. Isn’t that sweet? Apparently some Chinese guru showed this to her when she was studying in China, and now you too know the ancient secret of the palm pressure points. You better not reveal it to anyone, this shit is powerful... Pinky swear.”

At this time you’ve got enough indications as to whether she’s attracted and you can proceed within the model accordingly.

You can add as much extra stuff into this routine as you want. If she’s “feeling” all the points working, make up more. Or you can tease her by wiping your hands when you massage hers, indicating her hands are sweaty.

Or, if she’s skeptical about the whole thing, say: “Here, look me in the eyes and try to lie to me that this doesn’t give you a warm feeling in the chest area.” Sustain eye contact in an intimate way.

### TEQUILA SHOT GAME

This is great to rapidly escalate on a woman you have succeeded in attracting already. You can’t do this routine until you receive solid interest or it will come across as very weird.

At some point in the conversation, without inviting her, plant the seed that you’re



going to go do a shot at the bar later. As the interaction improves, decide to do it and invite her along. This is also a great way to isolate and get her away from her friends.

Order two tequila slammers and tell her you're going to teach her how to do it properly. (You should pay for the shots as you're the one inviting her to join you; if she's been showing legitimate interest, you are buying the drinks on your terms so it's okay.) It's important to mention that you don't really like tequila as this will be important for a rapport break, or moment where you show some disinterest in her, later in the routine.

Direct her along, as both of you lick your own hands between your thumb and index finger (as in a normal slammer) and then pour some salt on the area.

Then take the lemon and place it in her teeth, skin side in toward her mouth and fruity side out. Tell her you're going to show her how to do it first; then it's her turn.

Take her hand, lick the salt off it, down the shot, then lean in and bite the lemon slice from her mouth. Leave your lips touching briefly then roll back and grimace at the harshness and bitter taste - this is the rapport break.

It's important that you throw this break in right after the intimate moment to maintain the push/pull vibe. It also helps build the sexual tension. Make sure you're laughing and enjoying the fun factor, then turn back, pick up the other slice, look her deep in the eyes and say: "Your turn."

She now licks the salt from your hand, downs her shot and takes the lemon from your mouth.

After this, you can bounce her straight to the dance floor or get her alone as you will have amped up the sexual tension in a big way.



## BRAIN SURGEON ROUTINE

This is a great routine to see how far she'll allow you to move up the physical progression ladder. Gauge her comfort level and be very playful to make it seem innocent.

“I really believe in giving back to society, so I volunteer my free time at the local hospital. I oscillate between doing janitorial work and brain surgery... you know, wherever they need me on a given day. In fact, I'm out here tonight because we're trying to recruit new brain surgeons. You like helping out your fellow humans, right? Do you have steady hands? Let's see, hold out your hands as steady as you can and don't move them.”

Notice whether she puts her palms up or down, and how enthusiastically she goes along with it. You can even balance a shot glass or two on her hands for extra fun.

“Okay, wow, that's pretty steady. Okay, now I'm going to try to distract you -- just like a real hospital -- and you have to keep your hands as steady as possible. Remember, a human's life depends on this.”

Start by lightly touching your hands to hers and see if she flinches or moves away. If she doesn't, reward her with “**Very good!**” Then lightly grab her wrists and say:

“Sometimes the gloves can get really tight around your wrists, but you still have to plow forward.”

(Shake her elbows a little bit...)

“In California, there are earthquakes.”

(Then, lightly brush back her hair and blow on her neck.)

“The air conditioning vent may cause your hair to blow out of the way and send a breeze down your neck.”



(Then, try to tickle her.)

“Sometimes your orderlies will tickle you to see how good you are...”

You can improvise this routine all the way up to kissing her, all under the pretext of testing her worthiness as a brain surgeon. If she moves her hands too much, tease her that there’s no way she could ever work at the hospital and you’re shocked that she doesn’t value human life.

### BACK TICKLE CONSPIRACY

This works best when her friends are around. It lets you build a little conspiracy with the woman you’re talking to.

Gently tickle her back, either over or under her shirt, depending on how far along the physical progression ladder you are.

Make sure her friends can’t see, so only she knows it is happening. Continue having normal conversation, as though nothing is going on at all.



# LOGISTICAL PROGRESSION

An important element of seduction is moving a woman through several locations to ultimately get her to a place you can be intimate. It doesn't matter how great your "game" is in the bar if she won't meet you outside the bar.

Keep in mind three main location movements in the Triad Model.

- 1) Getting Her Alone – Getting her away from her friends so you can get to know her on a genuine one-on-one level is crucial for building comfort.
- 2) Another Venue – This may be either the same night where you go for food or to another club or it might be later for a date. Either way, you need to be together outside the original venue.
- 3) Private Location – Ultimately to be intimate with a woman you need to get her alone and back to your home or hers or something of the like.



## GETTING A DRINK APPROVAL

Perhaps the easiest and most effective way to get a woman alone is to ask her to come with you to get a drink. Something like:

- “I need a drink. Come keep me company.”
- “I’m thirsty, let’s grab a drink.”
- “What are you drinking?” (She answers.) “Cool, let’s go.”

This can be perfectly effective if she is sufficiently attracted to you and you’re reading the signs right.

Sometimes, though, her friends may act weird when you try to take her away. Here’s a good way around this if you have a wing:

Look at the group and ask everyone, but end up looking at your wing:

You: “Hey, we’re going to go grab a drink, cool?”

(Then your wing jumps in and “answers” for the whole group.)

Wing: “Sure, go ahead.”

This creates the illusion that the group has approved. You then lead the woman away to get a drink.

## FUCK/MARRY/KILL

This routine was part of the first volume of the Love Systems Routines Manual, but



we decided to include it in this section because it can creatively move a woman away from her friends and get her alone under the guise of playing the game. It functions not only as an attraction routine, but also as a tool for getting her alone.

“Okay, we’re going to play a game called murder/marry/shag. I will point out three guys in the crowd. You have to tell me which one you would murder, which one you would marry, and which one you would shag – and then you have to tell me why... And you can’t kill them all.”

Pick the three dorkiest guys you can find. She will want to kill all of them, but tell her she has to play by the rules and then tease her a bit for her answers and say she has a crush on the one she said she’d marry. Offer to introduce them.

It is now her turn to pick three girls for you. You now use the game to get her alone. Put her on your arm and walk her away from her friends to find three girls to use for the game.

Continue walking around the venue together as she picks out three women. Then tell her which one you would murder, which one you would marry, and which one you would shag... and why. And enjoy the fact that the two of you are now alone.



# CHAPTER 11

## SEDUCTION

After Attraction, Qualification and Comfort comes Seduction: the final phase of the Triad's Emotional Progression Model. A lot of people think it's clear sailing once you get to this phase.

Ideally it is, but that isn't always true. If you've done the other phases correctly, then it can be straightforward. But sometimes lots of issues crop up. Some will stem from not having built enough attraction or comfort, and some materialize for other reasons such as the woman having arbitrary limits on how sexually active she will be.

A lot of seduction comes down to simply leading and physically escalating. What you say while doing this can make a big difference in your success so the following routines will help you use effective language while physically leading the woman into the Seduction phase.



## SEXUAL SEEDING

Often you don't want to physically escalate too much on a girl until you are in the bedroom or other seduction location. Although on some emotional level she should feel sex is a possibility with you, she shouldn't be forced to make a logical decision about it early in the night – which is what will happen if you start touching her too sexually in the nightclub/bar/on your date.

The best way to convey this emotional possibility without setting off her logical alarm system is to plant a seed of sexuality. A seed like the following routine can start turning her on and making her want sex with you, while reassuring her it's still just a possibility, not an obligation.

“Baby, you look so hot in that dress... I love the way your neck feels on my lips. I'm curious what your legs feel like too. I'm going to have to explore there later on with lots of kisses. I bet your whole body is as luscious as this patch of skin right here.”

(Stroke a bit of her neck.)

After using a sexual seed like that, PULL AWAY and keep talking about something else. Don't let things get too heated or dwell on it too long because that gives her a chance to rationalize what just happened. Talk about something else, and then logistically escalate with a location movement, for example, “Let's get out of here and grab some coffee.”

## VERBAL AGREEMENT

Any time you're observing a woman, watch closely for her actions and tonality rather than her words. A lot of times a woman will say things like, “We shouldn't be doing this,” or, “I'm not going to sleep with you,” but she'll let you keep kissing her and



getting sexual.

Most of the time this is her logical mind trying to interrupt her emotional flow. In these instances, simply agree with her and continue.

“You’re right baby, we should totally slow down.”

If you then slow down for a few seconds, chances are she will grab you and kiss you more voraciously.

You can also pre-empt a logical response from her by saying:

“This is so crazy. I can’t believe we met just a few hours ago at X. I just feel so comfortable with you.”

Important: The concept of “no means no” is undoubtedly self-evident to almost all readers. Still, better safe than sorry. So, with apologies to the overwhelming majority of readers for whom this is beyond obvious, allow us to clarify: No means no. “Stop,” is very different from a playful, “We should stop.” If she resists at all or you even have any doubts where her mindset is, stop immediately. Communication is your friend.

## COMPLIMENTS

You should always compliment a woman’s body when she gets naked with you. It really doesn’t matter whether she is just averagely cute or a supermodel -- ALL women are insecure about their bodies in some way, so you should reassure them how sexy they are when you are getting intimate.

Make them comfortable and they will open up much more to you sexually. You want her to feel sexy, comfortable and empowered in bed so that you both have the best



time possible.

Here are some great examples of compliments for seduction:

“Your breasts are beautiful.”

“Your skin is so soft.”

“I love the feel of your neck in my hand.”

“You smell incredible.”

“You have the most incredible X.”

“You have the sexiest X.”

### AD HOC COMFORT

If a girl says to you, “But I don’t even know you! This is too soon,” and won’t let you physically escalate, then you probably haven’t built enough comfort with her.

This is not a problem. The great thing about comfort is that you can usually build it on an ad hoc basis. Here is my normal routine in these cases.

“That’s okay. I totally understand... Listen, I really enjoy your company – you’re sexy and everything but you’re also a really cool girl. I like talking to you too... Come here, lie down with me and we’ll chat.”

Then, talk with her for a while, and try escalating again. Chances are things will be different and go smoothly after this.



The key is to not disagree with her and keep pushing. Simply agree with her, confidently divert the energy to getting to know one another and later steer things back to sexuality once the comfort is better established.

### WILLINGNESS TO WALK AWAY

Sometimes a woman may say something like: “I’m not going to have sex with you,” even though she seems very attracted to you.

You can often bypass this just by saying, “Cool,” and carrying on by talking and building ad hoc comfort as discussed above and eventually physically escalating again.

But if you get to a point where you are both together on the bed and she keeps saying she won’t have sex with you (even though she is still there with you and NOT saying that she has to leave), then you need to show her that even though you want to have sex with her, you don’t NEED to.

This willingness to walk away is critical, and will typically give the attraction spike she needs to jump you. You can demonstrate this by saying:

“I really don’t care if we have sex tonight or not. I’d like to, but baby I don’t need it.”

The important thing after that is to turn very slightly away from her. Create a physical vacuum, which she will then be inclined to fill.

The willingness to walk away makes her feel less pressure and makes her feel like sex is her choice and isn’t imposed on her.



## WHAT-ARE-WE GIRL

This is a way to set a sexual frame for the future that the relationship is going to be casual and both of you are perfectly cool with that.

At some point as things are heating up and you are making out, stop and say in a playful teasing way:

“You’re like the ‘What-are-we?’ girl, aren’t you? We’re going to wake up tomorrow and you’re going to be like, ‘What are we?’ ‘Where do you see this going?’ ‘Should I get your initials tattooed on my ass?’”

She will laugh and deny it and then you should seem satisfied and proceed.

Then the next morning when you wake up, spoon her in a silly, needy way and say:

“Wow. That was amazing last night. You’re awesome... So, what are we now? Where do you see this going? Can I be like, your boyfriend now?”

She will laugh and you have now set the frame that you are keeping things casual.

You can also proceed with the “Creepy Needy Guy” role-play from Routines Manual Vol. I.



# PALM READING

Opinions about using palm reading in the seduction process range from thinking it's priceless to thinking it's cheesy, but one thing is certain -- a large number of experienced guys swear by it.

For those not interested in palm reading, try this:

## FAKE PALM READ

Set up that you read palms in a semi-serious, believable way and do the following "reading."

"Interesting... this line says you'll have a long life... This says you'll marry rich... And this says you like to give hand jobs."

(She'll feign shock of some sort.)

"Oh, it's not one of the lines... It's just that your hand is sticky."

(Then wipe your hand on your shirt...)

For those interested in learning more about how to properly use palm reading in seduction we've included the Guide to Palm Reading by BadBoy, a European based seduction coach.



# BADBOY'S GUIDE TO PALM READING



Why use palm reading?

- Palm reading can be used to create attraction.
- It can be used to create comfort.
- It can be used to get a woman away from her group.
- It can be a direct approach.



## PALM READING FOR ATTRACTION

Astrology and palm reading are designed for women. It can drive them crazy. It would never exist if there were no women on this planet.

They always want to know more about their love, their life, when will they meet their soul-mate, etc.

A good palm reading can attract women. It's alluring because you, unlike most guys, talk about her and not about yourself. You are exploring her personality. Most women love to talk about themselves and learn more about deeper aspects of their personalities and desires.

You can attract both party girls and emotional girls with it:

For party girls: Use readings that express her sexuality and readings with a lot of humor. Don't try to connect and create comfort, use it to show her a fun time and make lots of physical contact.

Find the "dick" line on her palm, and tell her what kind of penis she likes...

Don't go directly into sexual stuff. Do a few cold-reading lines, then go for it. Make it fun and not too serious.

For emotional girls: Go into emotional stuff and explore their personality traits, their dreams and the way they think. They love to hear about their relationships, about previous emotional experiences and their aspirations.

## PALM READING FOR COMFORT

To create comfort, you must cover several topics and build a sense of familiarity. Palm reading gives you this opportunity by making it easy to jump through several topics



that help you to get to know her.

When you take a girl's hand, you see one line and tell her, "I see you like music, so what's your favorite type of music?"

Just use the lines on her hand to open topics and go deeper into them. Then you initiate stories to exchange with her answers.

For example:

- Open a topic with the line on her hand - "So you're ambitious..."
- Then find out more about that topic from her - "What is it you dream about doing so strongly?"
- Story (either about you or her) - She answers with a story and you tell her a story of your own about your ambitions.

### PALM READ FOR GETTING HER ALONE

Getting a woman alone is a very important part of the seduction process. Using a palm read to do that is really easy, unless you screw up the timing.

You start a palm reading with two to three basic cold-reading sentences, then pretend you can't see something (a small detail on her palm) and take her to a place with more light, "I can't see it, come here, there is more light."

Then simply lead her there.

As you are already holding her hand, it's easy to move her. You just start moving yourself. Do it without force. Leading by itself shows dominance. But when you use force, you become aggressive, which is bad. There's a difference.



Once you've moved her to a new place, continue the palm reading for the next one to two minutes then drop it. You don't want her to see your conversation as just a palm reading session or she could return to her group when it's finished.

Instead, when you move her, continue doing it for just a minute or two to make her feel more comfortable in the new place with you alone. Once she is comfortable, transition into something new and you now have her to yourself.

### PALM READING AS A DIRECT APPROACH

Palm reading can be a great direct approach that transitions from attraction to comfort. Also, it's congruent with the screening frame that you set with an, "I want to get to know you," sort of direct approach.

Use the palm read to get to know her better and continue to screen her.

A structure I like to use is:

Direct Opener: "I like you and I want to get to know you."

After she is a little shocked by the opener I say:

"So tell me something about yourself..."

(I don't expect much of an answer here at all.)

"What do you want to know?" is a common answer.

Me: "Let's see... What hand do you write with?"

Here I choose a topic I think fits the type of girl I am talking to and go right into a palm read. After a few minutes you can normally forget about the palm reading and



create comfort by sharing stories and continuing the conversation normally.

## DELIVERY

As every good palm read has something special about it, I've found a few important details that make the subject believe more in what are you are saying.

When you have the subject's palm in your hand, take a good look at it, then look into the subject's eyes and say what you wanted to say, keeping eye contact for a second or so after you finish your sentence, then look into the palm again.

It's important that you REALLY seem to be looking at the palm for information. A mistake a lot of guys make is that they know what they want to say so they barely look at the palm or do it so quick that it's not believable. Make sure it's a good, believable performance and really seem to be seeking information in her hand and her eyes. Do everything in slow motion. The more relaxed and slowly you do it, the more powerful it's going to look and sound. It should feel important, even if you are having some fun with it.

## COLD READING

Cold reading is the skill of telling strangers things that sound true about themselves. Psychics and astrologers are master cold readers. They do this by saying things that people can't really disagree with, like: "Sometimes the people around you piss you off."

Palm reading is basically a cold reading. All the lines I've given you below are cold readings and are true for 85 percent of people. They can be used for palm reading or any sort of cold read you do on a girl.

I like mixing cold reading with observations of their outer behavior. Small clues from



her body language or fashion allow me to create more things to say about her. The outer cues help determine the cold reading line, so it appears to come from something “real.”

For example, when I see a girl who has clearly put a lot of work into how she looks I will say, “For you it’s important what other people think about you.”

### ESTABLISHING RESPECT AND TRUST

Establishing authority and earning the subject’s respect and trust is crucial. You can do it by initially doing a cold read based on things you picked up about her from her first impression and things she said. The more accurate these are about her, the deeper rapport you’ll have and the more the subject will believe you when you launch into the deeper, more elaborate palm read.

A few good initial cold reads are:

“You are spontaneous.”

“You tend to be very critical of yourself. You hold yourself to a high standard.”

“Maybe you appear cold from the outside, but you are really emotional inside. Actually, you are probably way more emotional than you want to let people know.”

“I bet you have lots of friends because you are open-minded and friendly to everybody.”

“You are a good problem solver and you learn from your mistakes. That probably makes you an optimist.”



“You’re a social person. You’d rather be around people all the time. Sometimes you feel lonely and want to be alone though, but that goes away usually, because you have lots of friends.”

“You’re a daydreamer... I bet you love to lay in bed and think about everything.”  
(Future/past/perfect lover/etc...)

### THE CLOWN FRAME

Palm reading can be really powerful, but done badly it can come off cheesy and disingenuous. You don’t want to appear to be doing the palm read to entertain her or get on her good side. It should appear that you’re gathering information to screen her and entertain yourself.

Doing a palm read for too long can actually hurt your success. Doing it for too long, generally more than five to seven minutes, means you are entering the frame of a clown entertaining her. You are there for her amusement now. This isn’t to say that some palm readings can’t go longer, but it’s important to avoid entertaining her simply for entertainment’s sake. It should be to learn and assess information about her while staying in the seducer frame... This is KEY!

### “SOMETIMES”

“Sometimes” is a crucial word in cold-reading. It works well because everybody does some things “sometimes.” It allows you to hedge your bets a bit and again, it’s really hard for her to disagree that she does these things sometimes, versus all the time.

“Sometimes you feel lonely without any reason.”

“Sometimes, you just like drinking a lot.”



“Sometimes you want to run off to some other part of the world and do something crazy and spontaneous to break the routine.”

### THE ACTUAL PALM READ

Once you get into the palm read, use the cold reads below in relation to each of the major lines of the hand.

Gear the read to what you sense about the girl. If she is introverted and reserved, certain reads will land better than if she is a crazy party girl and vice-versa.

### THE HEART LINE

The heart line represents your emotional make-up. Your ability to feel, love, be loved and be social with other people in a real and intimate way.

“You had one relationship in the past that didn’t work out, and you learned a lot in particular from that one.”

“You test guys sometimes too much.”

“You have an image of your ideal lover in your mind.”

“Searching for your soul-mate is really important to you.”

“Maybe you are attracted sometimes to a man’s looks, but what’s more important to you is his personality.”

“You love dominant guys. You secretly always wish to be taken and don’t respect weakness in men.”



“You don’t like to have to decide things when you are with a guy. You love when he is leading, when he decides everything.”

“Until now, all your past romantic interests were maybe 50 to 80 percent true love, but you can’t wait until the time when you’ll meet your 100 percent true love.”

“You enjoy kissing.”

“You notice the details in relationships. You love the small things from your partner and sometimes those small things are more important to you than a gift or obvious gesture.”

“In a relationship, you give your partner some cute nickname.”

“You never take the first step when you meet somebody new. You wait for the man to take the first step.”

“Sometimes it’s really easy to hurt you. But you don’t let people know that.”

“You love to hang out with your friends. You are gifted socially.”

“You have to date a really confident man, who is in full control of himself.”

“When you go out you often meet a lot of new interesting people. You draw them to you.”

“You are happy with your life now, but still something is missing.”

“First impressions are really important to you.”



“You tend to believe in love at first sight but you have never experienced it before.”

“You tend to become more passive and feminine and girly in long relationships.”

“From time to time you want your man to be a little bit more aggressive... just enough to show you he’s the man in the relationship.”

### THE HEAD LINE

The head line represents your intellectual and mental life – your beliefs and philosophies, your curiosities and intellectual capacity.

“Your parents try to correct mistakes they’ve made in their lives through you.”

“As a kid, you were good at school and your parents always pushed you for more and more but they were never satisfied.”

“You were really ‘trouble’ as a child.”

“Your communication skills are really good, you can chat with everybody easily and make people around you comfortable.”

“You used to be shy, not as outgoing as you are now.”

“You were always a good team player and you enjoy working with other people.”

“You have a unique sense of humor and like to make people enjoy being around you.”

“You have a lot of different interests and you enjoy exploring new things. It’s



hard to learn as much as you would like.”

“You have a really big place in your heart for children. You love them a lot...”

“Sometimes you feel like nobody can understand you.”

“Sometimes you wake up on the wrong side of the bed and on those days you hate everybody for no reason really. Those days it feels like it would be better to stay in bed.”

“People would describe you as a (creative/playful/adventurous/intelligent) woman.”

“You have unrealistic dreams. Sometimes it seems crazy to have them.”

“From time to time you think about your past and have deep feelings about your experiences. You’re reflective and nostalgic but you have learned a lot from them.”

“You tend to see a lot of details that other people miss.”

“You can tell a lot about a person just based on a first impression... And you are usually right.”

### THE LIFE LINE

The life line represents your vitality, energy and evolution as a person over the course of your life.

“You love to travel. See how this line has small curves? That means you love to be challenged, to travel and to see as much as you can.”



“You hate authoritarian people. You hate when people try to command you.”

“Sometimes you wish you could change some things from your past.”

“Something happened when you were younger that made you have to grow up fast.”

“You have a vision of yourself five years from now, and a specific vision of the things you must accomplish.”

“You have a natural gift for understanding other people’s problems and issues and you love to help others.”

### THE MOUNT OF VENUS

The Mount of Venus measures your creativity and the size of your emotional drives towards love and creation.

“In bed, you only enjoy it with an experienced guy who can take control and please you. You don’t want to have to take the lead but you will if you have to.”

“Your ideal lover must be creative and have a good imagination. He needs to be spontaneous and not too predictable.”

“You are a really good seducer. Most of the time you can get the guy you want.”

“You know what you want in love, but you find it really difficult to find the right person who will give you exactly what you need.”

“Sometimes you love to be the center of attention.”