NET WORTH TRACKING SHEET

		Start	30 Days	60 Days	90 Days
ASSETS (what you own) DATE:		//	//	//	//
CASH & LIQUID ASSETS	Cash & bank accounts				
	Bonds, term deposits and investment certificates				
	Money owed to you				
	Other				
Marketable Assets	Mutual Funds				
	Stocks				
	Real Estate Investments				
	Business interests				
	Other				
Long-Term Assets	Registered Retirement Savings Plan				
	Cash value of life insurance				
	Pension plans & profit sharing				
	Other (Offshore, etc.)				
PERSONAL ASSETS	Personal residence				
	Recreational property				
	Vehicles				
	Recreational equipment				
	Household furnishings & equipment				
	Collectibles (art, stamps, coins, jewelry, etc.)				
	Other				
TOTAL ASSETS					
LIABILITIES (what you owe)					
SHORT-TERM DEBT	Charge accounts & credit cards				
	Line of credit/overdraft				
	Loans (car loan, etc.)				
	Unpaid bills				
	Taxes (Income tax or property tax owing)				
	Other (Charitable pledges, family obligations etc.)				
LONG-TERM DEBT	Home mortgage				
	Other mortgage loans				
	Other				
TOTAL LIABILITIES					
NET WORTH (TOTAL ASSETS minus TOTAL LIABILITIES)					
	(1	