HomeMeal. Food reheating instructions

Rice and Protein Dishes

To microwave:

Place into a bowl and stir in 1 tbsp of water. Heat for 1.5-2 minutes.

On the hob:

Place in frying pan and stir in 1 tbsp of water. Fry over low heat for 4-5 min. Stir periodically.

Let cool before enjoying.

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