



McDonald's Unhealthiest Items

MENU FILTERS

Serving Size
All

Health Label
☒ Healthy
☒ Medium
☒ Unhealthy

Category
☒ Beef & Pork
☒ Beverages
☒ Breakfast
☒ Chicken & Fish
☒ Coffee & Tea
☒ Desserts
☒ Salads
☒ Smoothies & Shakes
☒ Snacks & Sides



AVG Calories from Fat

127.1



AVG Cholesterol

54.94



AVG Sugar

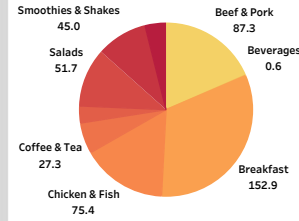
29.42



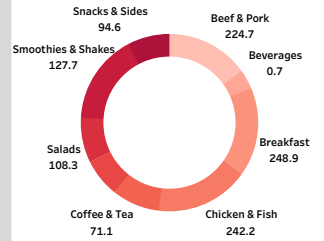
Top 10 Unhealthiest

Item	
Cinnamon Melts	
FrappÃ© Caramel (Medium)	
FrappÃ© Caramel (Small)	
FrappÃ© Chocolate Chip (Large)	
FrappÃ© Chocolate Chip (Medium)	
FrappÃ© Mocha (Medium)	
FrappÃ© Mocha (Small)	
Bacon Clubhouse Burger	
Bacon Clubhouse Crispy Chicken	
Bacon Clubhouse Grilled Chicken	

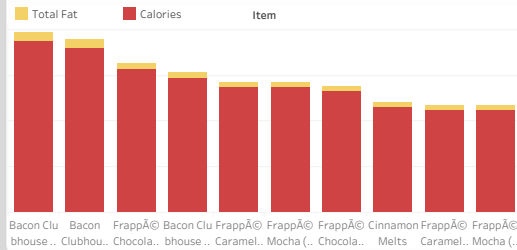
Cholesterol per Category



Calories from Fat per Category



Total Fats per Calories on Unhealthiest Items



Items with most sugar

McFlurry with M&M's Candies (Medium)	Chocolate Shake (Large)	McFlurry with Reese's Peanut Butter Cups (Medium)	FrappÃ© Chocolate Chip (Large)	Chocolate Shake (Medium)
		Vanilla Shake (Large)		
Strawberry Shake (Large)	Shamrock Shake (Large)	Strawberry Shake (Medium)	Shamrock Shake (Medium)	