

FALL TRAINING CONFERENCE 2017

Packing List

Reminders

- Try to pack lightly so that you have enough space in the car for everyone's things! You will be spending two days, two nights at Sonora, so bring just enough outfits and travel-sized toiletries if possible!
- Print a copy of the route/driving directions! It is VERY LIKELY that you will lose signal as you go up the mountain, so stay safe and come prepared!

DO NOT BRING:

- Alcohol
- Any prescription drug without a label showing the prescription is for you
- Marijuana
- Weapons

BE SURE TO BRING:

Clothing

- Warm Clothes (morning/night: around 40°-50°, afternoon: around 60°-70°)
 - i.e. sweatshirts, jackets, pants, scarves, gloves, fuzzy socks, hats
- Club / Divisional Shirts
- Pajamas (there is no heating in the cabins – it will be cold!)
- Underwear, Socks
- Comfortable Closed-Toed Shoes (the ground is concrete, dirt, and grass)

Personal

- Shower Sandals, Bath Towel
- Toiletries
 - i.e. toothbrush, toothpaste, floss, face wash, lotion, etc.
- Shower Essentials (enough for 2-3 days!)
 - i.e. body wash, shampoo, conditioner
- Hair Comb / Brush
- Contacts + Contacts Solution, Glasses
- Chapstick (we will be at a relatively high altitude, so it will be dry!!)



Supplies

- Phone Chargers, Portable Battery, Power Strip (limited outlets available)
- Sleeping Bag and/or Blankets (mattresses are provided on bunk beds)
- Pillow
- Flashlight (it gets a bit dark)
- Homework / Study Materials
- Cough Drops (you'll be cheering and bursting with spirit all weekend!!)
- Prescribed Medication (if needed)
- Money (for fundraisers - Penny Wars, late night snacks, merchandise sales)
- Pen (for taking notes during all the amazing workshops)
- Spirit Gear (signs, divisional attire, etc.)

Most importantly, don't forget to bring...

YOUR ENTHUSIASM AND SPIRIT!!! We can't wait to see you soon!!

