

PATIENT MEDICAL RECORD

Name: Michail Antonio

Date of Birth: 01/01/1975

Date of record: 12/06/2023

Gender: Male

Address: 101 Hospital Drive, Dallas, Texas 91126

Contact Number: (545) 555-1111

Emergency Contact: (677) 234-8873

Chief Complaint: Persistent upper abdominal pain and heartburn since May 2023.

HISTORY OF PRESENT ILLNESS

Mr. Doe, a 48-year-old male, reports a 6-month history of upper abdominal pain, heartburn, and occasional nausea beginning around May 2023. Symptoms worsen post-meal, especially after consuming spicy foods. He denies vomiting, weight loss, or changes in bowel habits. Over-the-counter antacids, started in June 2023, provide minimal relief. No history of gastrointestinal bleeding.

PAST MEDICAL HISTORY

- Hypertension diagnosed in 2015, controlled with medication.
- Previous medical procedures:
 - Cholecystectomy on 08/15/2018 (CPT Code 47562 - Laparoscopic cholecystectomy).
 - Colonoscopy on 07/22/2020 (CPT Code 45378 - Colonoscopy, diagnostic). Abnormal findings identified, and further treatment pending as of 12/06/2023.
- No prior surgeries.

MEDICATIONS

- Lisinopril 10mg daily since 2015
- Antacids as needed since June 2023

ALLERGIES

- No known drug allergies

SOCIAL HISTORY

- Non-smoker
- Occasional alcohol use
- No recreational drug use

FAMILY HISTORY

- Father had gastric ulcer
- No family history of gastrointestinal cancers

PHYSICAL EXAMINATION

- General: Alert and oriented, no acute distress
- Abdomen: Soft, non-tender, no palpable masses or hepatosplenomegaly
- Other systems examination was unremarkable

LABORATORY RESULTS

- CBC, CMP within normal limits
- H. pylori stool antigen test: Negative

ASSESSMENT AND PLAN

- Differential diagnosis includes gastroesophageal reflux disease (GERD), peptic ulcer, and other potential gastrointestinal conditions.
- Esophagogastroduodenoscopy (EGD) scheduled for 12/20/2023 to further evaluate the condition of the esophagus, stomach, and duodenum. Biopsies will be obtained as necessary.
- Pending results from the EGD and the planned treatment for the abnormal findings from the 07/22/2020 colonoscopy, additional information is required to finalize the diagnosis and formulate a comprehensive treatment plan.
- Continue current medication (antacids) and start proton pump inhibitor (PPI) once daily for symptom management as of 12/06/2023.
- Advised dietary modifications: avoid spicy foods, and adopt smaller, more frequent meals to ease gastrointestinal discomfort.
- Close monitoring of symptoms is recommended. The patient is advised to report any exacerbation of symptoms or new symptoms immediately.
- A follow-up appointment scheduled for 01/03/2024 to discuss the results and next steps in management, including addressing the pending treatment from the colonoscopy.

Requested procedure: 43235, 43239