

MEDICAL RECORD

Patient Name: James Freeman

DOB: 06/16/1982

MRN: 456789123

Sex: Male

PRESENTING COMPLAINT

Symptoms: Occasional rectal bleeding and abdominal discomfort for the past 6 months.

Duration: 6 months.

PATIENT INFORMATION

Name: James Freeman

DOB: 06/16/1982

Gender: Male

Address: 4521 Maple Avenue, Dallas, Texas 75219

Contact Number: (214) 555-0123

Emergency Contact: Not provided

MEDICAL HISTORY

- **Family History:** Father had colorectal cancer at age 68.
- **Personal Medical History:** Hypertension, managed with medication.
- **Medications:** Lisinopril 10mg daily.
- **Allergies:** No known drug allergies.

ALLERGIES

- Allergies not reviewed (last reviewed 11/28/2022)
- NKDA

VITALS

Ht: 6ft2

Wt: 165lbs

BMI: 31.2

Pulse: 96bpm

PHYSICAL EXAMINATION

Findings: Mild tenderness in the lower abdomen, no palpable masses.

DIAGNOSTIC TESTS AND RESULTS

Blood Tests: Hemoglobin slightly low at 12.4 g/dL, rest of the complete blood count within normal limits. Normal liver function tests.

Imaging Studies: None conducted.

HISTORY

Appendectomy (44970): Patient underwent an appendectomy due to acute appendicitis in 2015. (Laparoscopy, surgical, appendectomy).

Knee Arthroscopy (29881): Underwent left knee arthroscopy due to meniscal tear in 2018. (Arthroscopy, knee, surgical; with meniscectomy [medial OR lateral, including any meniscal shaving]).

NOTES

Px underwent treatment for abdominal discomfort 1y ago. Rectal bleeding. Tx failed to yield significant improvement. Rpt 6wk ago led to noticeable improvement in symptoms.

CLINICAL IMPRESSION

Possible internal hemorrhoids or polyps; colorectal cancer to be ruled out.

PLAN

1. **Colonoscopy:** Scheduled for 12/15/2023. The purpose is to investigate the cause of symptoms and to screen for colorectal cancer or polyps. This code represents a standard diagnostic colonoscopy.
2. **Pre-Procedure Instructions:** Clear liquid diet 24 hours before the procedure. Bowel preparation with polyethylene glycol solution starting the evening before the procedure. No solid foods, milk, or orange/red colored liquids. Regular medications can be taken with small sips of water.
3. **Post-Procedure Care:** Patient to be observed for any signs of complications such as severe pain, fever, or excessive bleeding. Advised to rest for the remainder of the day. Normal diet can be resumed the following day unless otherwise advised.
4. **Consent:** The patient has been informed about the benefits, risks, and alternatives to the procedure and has given informed consent.

FOLLOW-UP

Appointment scheduled for 12/22/2023 to discuss the results of the colonoscopy and next steps in management.

Requested procedure: 45378