



<p>Service Committee Meeting Minutes</p> <p>December 7, 2008 – Amendment to</p> <p>Minutes</p>

Please see attachment - Youth In Recovery Committee - which was noted in minutes as attached but inadvertently left out.

Motion for Disbursement:

Outreach Subcommittee:

- Motion passed for disbursement of \$200.00 for pre-stamped envelopes

Current Events in Narcotics Anonymous

What's happening today with Youth in Recovery?

First, I would like to thank the Regional Service Committee for allowing us the opportunity to address the Regional body. I found some useful information in doing some research at the Narcotics Anonymous World Service Office with some of our special workers. Your time and attention in this matter is greatly appreciated.

At the 2004 and 2006 World Service Conference (WSC) there was increasing discussion in regards to the growing youth population in Narcotics Anonymous meetings. The 2004 WSC, **"Moving forward... toward our vision"**, showed clips from the Public Relations round table discussions with professionals in the fields of criminal justice, medical, treatment, and public policy. There was a common thread throughout all of the groups of professionals: **a growing need for approaches to specific populations (teens, women), an increase in adolescent clients in treatment, younger addicts and the coming of age of the 'crack babies' from the 80s.** The above mentioned items were pulled directly from the notes from the PR roundtables done by NAWS between 2003 and 2004.

One of the general goals of the WSC is to assess who we are not reaching in today's population when it comes to our primary purpose, to help the still suffering addict. Also, how can we better serve the current members in our fellowship?

One of the more passionate discussions at the 2006 WSC, **"It's all about carrying the message"**, was in regards to "common needs" workshops and the increasing youth population in Narcotics Anonymous meetings in the last 4 to 6 years. In this increasing population of young people there is a high rate of relapse, a lack of continuous recovery, and a lack of involvement in the fellowship (particularly service work). The question was posed: **How can we reach the populations that are not being reached within the Narcotics Anonymous community?** Targeted literature was discussed at great length with reference to IP# 13 Youth in Recovery, which was created 20 years ago. The World Board made the recommendation to move forward with creating targeted literature based on the PR roundtable discussions and the IDT input from the last 3 years. The conference participants were asked to prioritize which areas were most important to focus on first. They decided that youth literature was very high on the list of priorities and this is where the charge for the Targeted Youth Literature Workgroup was formed.

There are currently drafts of 2 new youth IP's: one general piece for younger addicts, and a piece for parents of younger members. **"We've known for a long time that we've needed new tools to reach younger addicts and the Youth Workgroup is finding creative ways to speak to these addicts. Targeting literature to a specific population, in this case younger addicts, means that these pieces will be created so that they speak directly to this population. As a result, we expect these new IPs to look and sound different. We're confident that this project is another step in expanding the ways we reach addicts in our growing worldwide fellowship."** – NAWS News November 2006. The new youth IPs will be out for review and input sometime in March 2007.

In light of recent events, there are several members in the Southern California Region who thought that now would be the ideal time to create the Regional Youth Committee that was introduced about 6 years ago. In response to the discussion and activity at the past WSC, and the apparent need in the community, the West End Area has recently formed a Narcotics Anonymous Youth Committee which is currently working with the ASC and integrating youth in service.

I wanted to provide some background information and history on the topic of youth in recovery. I hope that this information will be helpful to you.

In fellowship & service,
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Narcotics Anonymous Youth Committee Guidelines

It Works: How and Why Pg. 129

"Today's decisions may affect tomorrows members. When we think of solutions to our current problems, it's not hard to consider the needs of our group, our area, our region, or even the worldwide fellowship. But it's also important to remember the "unseen members" in our discussions-the members yet to come. When we work to ensure the vitality of NA we're not working just for ourselves but for those yet to join us."

NAYC Definition of Purpose

What is most important to us as a sub-committee is that we support the groups in the West End Area to further our fellowships primary purpose, to carry the message to the still suffering addict. We believe that the NAYC will promote unity within the fellowship by giving the young people a voice in service and a sense of belonging within the community of Narcotics Anonymous as a whole. The NAYC will serve to encourage young addicts to get involved in their recovery enough to care about others and themselves by providing services to the fellowship. By setting an example, the trusted servants of the NAYC will show new young addicts that being of service and giving back is part of how we stay clean. This sub-committee will give young recovering addicts an opportunity to be introduced to area level service by mentors that are their peers, giving them a foundation for future service positions. So rather than seeing the young people out in the parking lot of your home group, you will see us at the next ASC meeting or at one of the sub-committee meetings. We would also strive to make all Narcotics Anonymous meetings a safe and friendly environment for parents to drop off their addict teenager. Making recovery available to underage youth that may need parental consent to go to a meeting with an adult in the fellowship or on his or her own. Participating in outreach work within our community to plant the seed of recovery in young addicts and let them know that you are never too young to enter the rooms of Narcotics Anonymous. The NAYC was started in the spirit of unity and to help all addicts lose the desire to use and find a new way to live.

1. RESPONSIBILITIES AND FUNCTIONS

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Our membership is richly varied, made up of many addicts from widely differing backgrounds. These members bring with them a variety of ideas and talents. That diversity enriches the fellowship and gives rise to new and creative ways to reach addicts who need our help.

- A. To support Narcotics Anonymous by encouraging involvement at all levels of service including, but not limited to, H&I, P.I./Phonelines, Activities, etc.
- B. To hold regular committee meetings that welcome all addicts but remain focused on both youth in recovery and new ways to reach them but most importantly our primary purpose, carrying the message to the addict who still suffers.
- C. To maintain a close working relationship with the West End Area Service Committee (W.E.A.S.C.) and be supported emotionally, spiritually, and traditionally by the West End Area Service Committee (W.E.A.S.C.).
- D. To conduct all business in accordance with the Twelve Traditions of Narcotics Anonymous and Twelve Concepts of N.A. service.

2. VOTING PROCEDURES

- A. All meetings are open to and welcome all interested members of Narcotics Anonymous. However, only elected members of the West End N.A.Y.C. (excluding the Chairperson) are eligible to vote. Elected members who are absent may lose their eligibility to vote at the West End N.A.Y.C. meetings (see below for details).
 - 1.) Six month commitments: if a trusted servant misses one meeting and does not show up the next month with a reason for their absence, they will automatically be relieved of their commitment.
 - 2.) One year commitments: if a trusted servant misses two consecutive meetings and does not show up on the third consecutive meeting with a reason for their absence, they will automatically be relieved of their commitment.
- B. Non elected members who have attended two consecutive meetings at the West End N.A.Y.C. are eligible to vote at their third meeting.
- C. Voting procedures shall require a simple majority of eligible participating members (when voting on guideline changes, money matters, or voting members in or out we will use a two-thirds majority vote)
 - 1.) Urgent business may be conducted with a simple majority of eligible participating members. Urgent business is defined as any New Business that requires a resolution before the next regular meeting.
 - 2.) Any additional responsibilities or decisions are appointed are to be acknowledged by the Chairperson.
- D. Any inactive trusted servant may be removed from office by a two-thirds majority vote. An inactive trusted servant is defined as any trusted servant with at least two consecutive absences from the West End N.A.Y.C. Sub-Committee and/or other service committee responsibilities.
- E. The chairperson may only vote in the case of a tie.

3. TRUSTED SERVANT DESCRIPTIONS

- A. This committee shall consist of the following elected positions: Chairperson, Vice-Chairperson, Treasurer, Secretary, Committee Service Representative (C.S.R.), Regional N.A.Y.C. representative, Hospitals and Institutions (H&I) representative, Public Information (P.I.) Representative, Phonelines Representative, Activities Representative, Ad-Hoc Representative, Clean Up and Set Up Representative, and Refreshments Representative.
- B. All trusted servants are suggested to have a working knowledge of the Twelve Traditions of N.A., the Twelve Concepts of N.A. service, and other Narcotics Anonymous-sponsored literature in regards to NA service.

4. TRUSTED SERVANT POSITIONS

A. Chairperson

Suggested for this position is three years of continuous clean-time, one-year commitment to the position, and at least one year of previous NAYC experience.

Duties of the chair include, but are not limited to the following:

- 1.) Fulfills all pertinent responsibilities as stated in the WEASC guidelines.
- 2.) Directs all aspects of the meeting, on time, smoothly, and efficiently.
- 3.) Calls on members with pro and con questions and discussions of a motion.
- 4.) Is responsible to keep all positions through appointment or election.
- 5.) Is responsible for keeping and maintaining a copy of NAYC archives on disc.
- 6.) Is to remain neutral on all issues, except in the case of a tie vote.
- 7.) Is responsible to attend W.E.A.S.C. monthly.

B. Vice-chairperson

Suggested for this position is two year of continuous clean time, a one-year commitment to the position, and at least 6-months of previous NAYC experience. (The Vice-Chair will *not* automatically be appointed Chairperson upon expiration of the Chairperson's position.)

Duties of the Vice-Chairperson include, but are not limited to, the following:

- 1.) Attends other A.S.C. Sub-Committees.
- 2.) Shall be Acting-Chairperson in the absence of the Chairperson, being responsible for all duties of the Chairperson.
- 3.) Performs all other duties designated by the group.
- 4.) Is responsible to attend W.E.A.S.C. in the Chairs absence.

C. Treasurer

Suggested for this position is three year of continuous clean time, one-year of previous group or area level treasurer experience, and one-year commitment to the position.

Duties of the Treasurer include, but are not limited to, the following:

- 1.) Collects the 7th Tradition and secures it for the group.
- 2.) Is responsible for all finances, both incoming and outgoing.
- 3.) Works directly with the West End Area Activities sub-committee treasurer or the ASC treasurer to assist them with any money handling needs and to gain experience as a treasurer.
- 4.) Makes a monthly written report of all financial activities including all budgetary financial expenditures and availabilities and reports them to the group.
- 5.) Makes a monthly written report of all financial activities, which is to be given to the C.S.R. to take to the A.S.C. and reported upon.
- 6.) Shall utilize the "Group Treasure's Workbook" in recording all financial matters.
- 7.) Shall turn over any receipts to the C.S.R. for reimbursement from the A.S.C. within 30 days.
- 8.) Shall receive any A.S.C. reimbursements from the C.S.R. to be distributed to all those from whom receipts and originated.
- 9.) Any and all funds from any potential NAYC events, which would be held in conjunction with the West End Area Activities sub-committee, would be donated directly back to the West End ASC. This includes any money provided for the event costs as well as all proceeds.

D. Secretary

Suggested for this position is one year of continuous clean time and a one-year Commitment to this position.

Duties of the secretary include, bur are not limited to, the following:

- 1.) Records the meetings in minutes and distributes them by mail to all NAYC members and current visitors within 10 days of the latest NAYC meeting.
- 2.) Keeps a record of attendance of all voting members, as well as a current phone and address list.
- 3.) Keeps track of when all NAYC commitments have expired.
- 4.) Is responsible for maintaining and distributing NAYC literature.
- 5.) Is responsible for keeping NAYC Guidelines current and available to all interested N.A. members.
- 6.) Will keep and maintain a log of "Motions of Long-Term Affect".
- 7.) Will provide to all new members a copy of Guidelines, a copy of "Motions of Long-Term Affect", and a copy of Motion Table.
- 8.) Creates a meeting agenda for each meeting and distributes them to all in attendance before the beginning of each meeting.

E. Regional NAYC Representative

Suggested for this position is one year of continuous clean time, a one-year commitment to the position, and at least one year of previous experience within the West End Narcotics Anonymous Youth committee

Duties of the Regional NAYC Rep. include, but are not limited to, the following:

- 1.) Attends NAYC regularly.
- 2.) Attends other-area NAYC meetings regularly.
- 3.) Brings a report of any information regarding West End NAYC meetings.
- 4.) Brings a written report back from other-area NAYC as a whole to be further discussed with the group.

F. Committee Service Representative

Suggested for this position is one year of continuous clean-time and one-year commitment to the position.

Duties of the CSR include, but are not limited to, the following:

- 1.) Attends NAYC regularly
- 2.) Attends the A.S.C. regularly.
- 3.) Brings a written report of any information regarding NAYC to the regular A.S.C. meeting.
- 4.) Brings a written report back from the regular A.S.C. meeting to NAYC, of any pertinent information regarding NAYC and N.A., to be further discussed with the group.
- 5.) Receives any receipts from the Treasurer and bring them to the A.S.C. for reimbursement.
- 6.) Shall turn over any A.S.C. reimbursement to the Treasurer for distribution.
- 7.) Is responsible to attend H&I and P.I. sub-committees in the H&I and P.I. representatives' absence.

G. Hospitals and Institutions Representative

Suggest for this position is six months of continuous clean time and a six-month commitment to the position.

Duties of the H&I Rep. include, but are not limited to, the following:

- 1.) Attends NAYC regularly.
- 2.) Attends the H&I Sub-Committee regularly.
- 3.) Brings a written report of any information from NAYC regarding hospitals and institution to the regular H&I Sub-Committee.
- 4.) Brings a written report back from the regular H&I Sub-Committee meeting to NAYC, of any pertinent information regarding NAYC and H&I, to be further discussed with the group.

H. Public Information Representative

Suggested for this position is six months of continuous clean time and a six-month commitment to the position.

Duties of the P.I. Rep. include, but are not limited to, the following:

- 1.) Attends NAYC regularly.
- 2.) Attends the P.I./Phonelines Sub-Committee regularly.
- 3.) Brings a written report of any information from NAYC regarding public information to the regular P.I./Phonelines Sub-Committee meeting.
- 4.) Brings a written report back from the regular P.I. Sub-Committee meeting to NAYC, of any pertinent information regarding NAYC and P.I./Phonelines, to be further discussed with the group.

I. Phonelines Representative

Suggested for this position is six months of continuous clean time and a six-month commitment to the position.

Duties of the Phonelines Rep. include, but are not limited to, the following:

- 1.) Attends NAYC regularly.
- 2.) Attends the P.I./Phonelines Sub-Committee regularly.

- 3.) Brings a written report of any information from NAYC regarding public information to the regular P.I. Sub-Committee meeting.
- 4.) Brings a written report back from the regular P.I. Sub-Committee meeting to NAYC, of any pertinent information regarding NAYC and P.I./Phonelines, to be further discussed with the group.
- 5.) Is responsible for signing up for a Phonelines upon attending their first P.I./Phonelines Sub-Committee meeting.

J. Activities Representative

Suggested for this position is six months of continuous clean time and a six-month commitment to the position.

Duties of the Activities Rep. include, but are not limited to, the following:

- 1.) Attends NAYC regularly.
- 2.) Attends Activities Sub-Committee regularly.
- 3.) Brings a written report of any information from NAYC regarding any activities to the regular Activities Sub-Committee meeting.
- 4.) Brings a written report back from the regular Activities Sub-Committee meeting to NAYC, of any pertinent information regarding NAYC and Activities, to be further discussed with the group.

K. Ad-Hoc Representative

Suggested for this position is six months of continuous clean time and a commitment to the position for the duration of the Ad-Hoc Committee's existence

Duties of the Ad-Hoc Rep. include, but are not limited to, the following:

- 1.) Attends NAYC regularly.
- 2.) Attends any and all Ad-Hoc Committee meetings, when in existence.
- 3.) Brings a written report of any information from NAYC regarding the Ad-Hoc Committee to the regular Ad-Hoc committee meeting.
- 4.) Brings a written report back from the regular Ad-Hoc Committee meeting to NAYC, of any pertinent information regarding NAYC and the Ad-Hoc Committee, to be further discussed with the group.

L. Set-Up/Clean-Up Representative

Suggested for this position is a desire to stop using, a desire to be of service, and a six month commitment to the position.

Duties of the Set-Up/Clean-Up Rep. include, but are not limited to, the following:

- 1.) Attends NAYC regularly.
- 2.) Sets up all chairs and tables needed to conduct the meeting.
- 3.) Cleans up the meeting room after the meeting has ended.