

Sunday	
9:30 am	A Wake Up Call • O,D, 60-90 min • 121 Acoma St (treatment facility)
10:00 am	No Matter What • O,D • 1510 Glen Ayr Dr, #12, Lakewood (8800 West)
10:30 am	Living Clean, The Journey Continues • O,LS • 2465 S. Downing St
11:00 am	Living Proof • O,D • 3601 S Sherman St, Englewood (bookstore)
5:00 pm	NA Matinee • O,D • 3000 S Wadsworth (church)
5:00 pm	New Ways of Living • C,D, Rotating Format • 3315 N Gilpin St
5:30 pm	Together We Can • O,D • 437 Oak St, Steamboat Springs (upstairs)
5:30 pm	Razor's Edge • O,D,WA • 12795 Hwy 285, Conifer
6:15 pm	Keeping It Clean • O,D,WA,SP last Sun • 1693 N. Quentin St, Aurora
6:45 pm	Sunday Evening on the Hill • O,WA, meditation • 1400 Lafayette St.
7:00 pm	Clean & Serene • O,D,WA,SPPR, 90 min • 2100 N Wadsworth Blvd
7:30 pm	Ground Zero • O,D • 191 E Orchard Rd Littleton (SE corner trtmnt ctr)
8:00 pm	Ain't Dead Yet! • O,D,WA • 8085 E Hampden
9:30 pm	Blues Breakers • O,D • 1510 Glen Ayr Dr, #12, Lakewood (8800 West)
Monday	
Noon	Bring Your Own Lunch • O,D,WA • 5400 S Yosemite
Noon	No Matter What • O,D • 1510 Glen Ayr Dr, #12, Lakewood (8800 West)
Noon	This Ain't Therapy • O,D,LS,WA • 1660 N Sherman St
Noon	TAT 2 • O,D • 126 W 2nd Ave
5:30 pm	No Matter What • O,D • 1510 Glen Ayr Dr, #12, Lakewood (8800 West)
5:30 pm	Together We Can • O,D • 437 Oak St, Steamboat Springs (upstairs)
6:00 pm	Continued Deflation • O,D,TR 1st Mon • 809 S Washington
6:00 pm	Take The Highway • 2290 S Clayton St
6:30 pm	Free Today • O,D,WA • 1750 Egbert St, Brighton (ambulance bldg)
6:30 pm	Primary Purpose • O,D,WA • 4097 Main St., Westminster (basement)
6:30 pm	Aurora Southside Survivors • O,D,WA • 4210 S Chambers Rd, Aurora
6:30 pm	Spiritual Awakenings • O,D,WA,SPPR,Candlelight, 75 min, first 10 minutes meditation • 3900 E Arapahoe Rd, Centennial
6:30 pm	Here & Now • O,D • 15404 CO-9, Breckenridge, CO 80424
7:30 pm	Together We Can • O,D,WA • 8817 S Broadway, Highlands Ranch
7:30 pm	Southern Serenity • LS,O,D,WA, 75 min • 11805 S Pine Dr, Parker (SW corner of church, room #144)
7:30 pm	Golden Group • C,D,WA, 90 min • 1320 Arapahoe, Golden (SW corner)
8:00 pm	Surrender To Win • O,D,BK,IP • 3315 N Gilpin St (treatment facility)
8:00 pm	Ain't Dead Yet! • ST,WA,TR last Monday • 8085 E Hampden
9:30 pm	Blues Breakers • O,D • 1510 Glen Ayr Dr, #12, Lakewood (8800 West)
Tuesday	
Noon	Bring Your Own Lunch • O,D,WA • 5400 S Yosemite
Noon	No Matter What • O,D • 1510 Glen Ayr Dr, #12, Lakewood (8800 West)
Noon	This Ain't Therapy • O,D,LS,WA • 1660 N Sherman St
Noon	TAT 2 • O,D • 126 W 2nd Ave
5:30 pm	No Matter What • O,D • 1510 Glen Ayr Dr, #12, Lakewood (8800 West)
5:30 pm	Together We Can • O,LS • 437 Oak St, Steamboat Springs (upstairs)
5:45 pm	Don't Know Diddley • O,D • 1100 Fillmore
6:30 pm	Humble Lights • O,D,WA,CC, 75 min • 3000 S. Wadsworth, Lakewood (enter South side, downstairs)
6:30 pm	Free Today • O,D,WA,LS • 1750 Egbert St, Brighton (ambulance bldg)
7:00 pm	Peace Out West • O,D,WA,Women • 2100 N Wadsworth, Lakewood
7:00pm	Tuesday Night Fix • O,D,WA (rotating format) • 390 E. Garnet Ave, Granby 80446 (church - in basement)
7:30 pm	Free At Last • O,D • 3585 W 76th (76th & Lowell)
7:30 pm	Chair's Choice • O,D • 1450 Airport Blvd, Aurora (enter south side)

Tuesday (cont)							
7:30 pm	Back to Basics • C,ST,TR,WA, 90 min • 5524 E 60th Ave (community ctr)						
8:00 pm	9th and Emerson • O,D,LS,WA • 915 E 9th Ave (West entrance)						
8:00 pm	Ain't Dead Yet! • O,D,BEG,WA • 8085 E Hampden						
9:30 pm	Blues Breakers • O,D • 1510 Glen Ayr Dr, #12, Lakewood (8800 West)						
Wednesday							
10:30 am	Together We Can • O,LS • 437 Oak St, Steamboat Springs (upstairs)						
Noon	Bring Your Own Lunch • O,D,WA • 5400 S Yosemite						
Noon	No Matter What • O,D • 1510 Glen Ayr Dr, #12, Lakewood (8800 West)						
Noon	This Ain't Therapy • O,D,LS,WA • 1660 N Sherman St						
Noon	TAT 2 • O,D • 126 W 2nd Ave						
Noon	Freedom Group • O,D • 9998 Havekost Rd, Conifer (Church)						
5:30 pm	No Matter What • O,D • 1510 Glen Ayr Dr, #12, Lakewood (8800 West)						
6:30 pm	Breckenridge Here & Now • O,D • 310 Wellington, Breckenridge						
6:30 pm	Aurora Southside Survivors • O,D,WA • 4210 S Chambers Rd, Aurora (church, park & enter on west side)						
6:45 pm	Writing To Freedom • O,D,Writing, 90 min • 3500 S Logan St, Englewood						
7:00 pm	Just Can't Miss It • O,D,WA • 6750 Carr, Arvada (rm# bulletin board)						
7:30 pm	Hope Without Dope • O,D,WA,SP • 3000 S Wadsworth (enter South side, downstairs)						
7:30 pm	LLC-Living Life Clean • O,D, Candlelight, Beg Welcome, WA • 14700 E Mississippi at Elkhart Street, Aurora						
7:30 pm	No Matter What • O,D,TS,SS • 1510 Glen Ayr Dr, #12, Lakewood						
8:00 pm	Ain't Dead Yet! • O,D,WA • 8085 E Hampden						
8:00 pm	Surrender To Win • O,D • 3315 N Gilpin St (treatment facility)						
8:00 pm	9th and Emerson • O,D,ST,WA • 915 E 9th Ave (West entrance)						
9:30 pm	Blues Breakers • O,D • 1510 Glen Ayr Dr, #12, Lakewood (8800 West)						
Thursday							
Noon	Bring Your Own Lunch • O,D,WA • 5400 S Yosemite (3rd Thurs spkr mtg)						
Noon	No Matter What • O,D • 1510 Glen Ayr Dr, #12, Lakewood (8800 West)						
Noon	This Ain't Therapy • O,D,LS,WA • 1660 N Sherman St						
Noon	TAT 2 • O,D • 126 W 2nd Ave						
4:00 pm	Less Talk, More Action • C,D • 126 W 2nd Ave (writing then discussion)						
5:30 pm	No Matter What • O,D • 1510 Glen Ayr Dr, #12, Lakewood (8800 West)						
5:45 pm	BYOG • O,D,WA • 3601 S Sherman St, Englewood (bookstore)						
6:30 pm	Free Today • O,D,WA • 1750 Egbert St, Brighton (ambulance bldg)						
6:30 pm	Razor's Edge • O,D,WA • 12795 Hwy 285, Conifer						
6:45 pm	Together We Can • O,D • 437 Oak St, Steamboat Springs (upstairs)						
7:30 pm	Southern Serenity • LS,O,D,WA, 75 min • 11805 S Pine Dr, Parker (SW corner of church, room #144)						
7:30 pm	Natural High • O,D,WA • 8817 S Broadway, Highlands Ranch (room 128)						
7:30 pm	Welcome Home • O,D, 75 min • 2025 Kipling (basement)						
7:30 pm	Chair's Choice • O,D,Candlelight • 1450 Airport Blvd, Aurora (south entry)						
7:30 pm	Young At Heart • O,D,WA,Y, 75 min • 1630 E 14th Ave (east courtyard)						
7:30 pm	Meet'n Up North • O,D,WA • 3101 E 100th Ave (100th & Steele, back door downstairs, WA use front)						
8:00 pm	Ain't Dead Yet! • O,D,WA,LS,SPPR • 8085 E Hampden						
8:00 pm	Rindase para Ganar • O,D, Español • 3315 Gilpin (use side entrance)						
9:30 pm	Blues Breakers- O,D • 1510 Glen Ayr Dr, #12, Lakewood (8800 West)						
<table><tr><td>BEG = Beginners Meeting</td><td>D = Discussion</td></tr><tr><td>C = Closed Meeting Addicts Only</td><td>LS = Literature Study</td></tr><tr><td>CC = Child Care</td><td>NHB = No Handicap Bathroom</td></tr></table>		BEG = Beginners Meeting	D = Discussion	C = Closed Meeting Addicts Only	LS = Literature Study	CC = Child Care	NHB = No Handicap Bathroom
BEG = Beginners Meeting	D = Discussion						
C = Closed Meeting Addicts Only	LS = Literature Study						
CC = Child Care	NHB = No Handicap Bathroom						

Friday

Noon	Bring Your Own Lunch • O,D,WA • 5400 S Yosemite
Noon	No Matter What • O,D • 1510 Glen Ayr Dr, #12, Lakewood (8800 West)
Noon	This Ain't Therapy • O,D,LS,WA • 1660 N Sherman St
Noon	TAT 2 • O,D • 126 W 2nd Ave
5:30 pm	No Matter What • O,D • 1510 Glen Ayr Dr, #12, Lakewood (8800 West)
5:30 pm	Together We Can • O,D • 437 Oak St, Steamboat Springs (upstairs)
5:45 pm	T.G.I.F. • O,D,WA • 1630 E 14th Ave, Denver, CO
5:45 pm	Unconscious Meeting • O,D • 1100 Fillmore
6:30 pm	Aurora Southside Survivors • O,LS,WA • 4210 S Chambers Rd, Aurora (church, park & enter on west side, last Friday speaker and pot luck)
6:30 pm	Spiritual Awakenings • O,D,WA,SPPR • 3900 E Arapahoe Rd, Centennial
6:30 pm	You Me and HP • O,D,LS • 5707 S. Simms St., Littleton
6:30 pm	The Ties That Bind • O,LS • 640 Main St., Broomfield
6:30 pm	Here & Now • O,D • 15404 CO-9, Breckenridge, CO 80424
7:00 pm	Straight Fax • O,D • 8720 E. Colfax Ave (park and enter rear Bldg)
7:30 pm	Clean and Crazy in Castle Rock • O,D,WA • 3737 New Hope Way, Castle Rock (Meadows Pkwy and Prairie Hawk Dr)
7:30 pm	Finding The Way • O,D,BEG,WA • 3400 Lutheran Pkwy (treatment facility)
7:30 pm	Southern Serenity • Candlelight,O,D,WA • 11805 S Pine Dr, Parker (SW corner of church, rm #144)
8:00 pm	Ain't Dead Yet! • O,D,WA • 8085 E Hampden
8:00 pm	Surrender To Win • O,D,SP last Fri, 75 min • 3315 N Gilpin St (treatment facility)
8:00 pm	NAFL • O,D,Candlelight • 3500 S Logan, Englewood (East entrance)
8:00 pm	5th Tradition Group • O,WA,BEG • 2162 Lawrence St (treatment facility)
9:30 pm	Blues Breakers • O,D, 90 min • 1510 Glen Ayr Dr, #12, Lakewood (8800 West)

Saturday

7:00 am	Earlybirds • O,D • 1510 Glen Ayr Dr, #12, Lakewood (8800 West)
10:00 am	No Matter What • O,D,Women-1510 Glen Ayr Dr, #12, Lakewood
10:30 am	Primary Purpose • O,D • 1100 Fillmore
Noon	No Matter What • O,D • 1510 Glen Ayr Dr, #12, Lakewood (8800 West)
5:00pm	NA Matinee • O,D • 3000 S Wadsworth (church)
5:30 pm	Together We Can • O,D • 437 Oak St, Steamboat Springs (upstairs)
6:30 pm	No Matter What • O,D • 1510 Glen Ayr Dr,#12,Lkwood
7:00 pm	Ray of Light • O,D,WA,Gay Friendly • 915 E 9th Ave (West entrance)
7:00 pm	12 Alarm Recovery • O,D,SP 1st Sat, 90 min • 1959 N Hwy 83, Franktown (Parker Rd @ Franktown Firehouse board room)
7:15 pm	Uptown Steppers • O,D • 3315 Gilpin (use side entrance)
8:00 pm	Saturday Night Live • O,D,WA • 3500 S Logan (NW entrance)
8:00 pm	Ain't Dead Yet! • O,D,WA,SP 3rd Sat • 8085 E Hampden
9:30 pm	Blues Breakers • O,D, 90 min • 1510 Glen Ayr Dr, Unit 12, Lakewood
10:30 pm	Still Awake, Still Dreaming • O,SP,D,WA • 1630 E 14th Ave (enter Gilpin St. courtyard)

en Meeting	SPPR = Spiritual Principles	TS = Text Study
= Spanish Speaking	ST = Step Study	WA = Wheelchair Accessible
peaker Meeting	TR = Tradition Study	Y = Young People

THE TWELVE STEPS OF NARCOTICS ANONYMOUS

If you want what we have to offer, and are willing to make the effort to get it, then you are ready to take certain steps. These are the principles that made our recovery possible.

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a Power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed, and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

"NA has no opinion on outside issues; hence the NA name ought never be drawn into public controversy." *Tradition 10*

Narcotics Anonymous is NOT affiliated with any outside organizations or enterprises, and has no connection whatsoever to the locations where N.A. meetings are held including but not limited to: religious or political organizations, hospitals, institutions, treatment programs, correctional facilities, private clubs and/or individual enterprises.

NARCOTICS ANONYMOUS, Chapter Five "What Can I Do" • pages 55-56

A meeting a day for at least the first ninety days of recovery is a good idea. There is a special feeling for addicts when they discover that there are other people who share their difficulties, past and present. At first we can do little more than attend meetings. Probably we cannot remember a single word, person or thought from our first meeting. In time, we can relax and enjoy the atmosphere of recovery. Meetings strengthen our recovery. We may be scared at first because we don't know anyone. Some of us think that we don't need meetings. However, when we hurt, we go to a meeting and find relief. Meetings keep us in touch with where we've been, but more importantly with where we could go in our recovery. As we go to meetings regularly, we learn the value of talking with other addicts who share our problems and goals. We have to open up and accept the love and understanding that we need in order to change. When we become acquainted with the Fellowship and its principles and begin to put them into action, we start to grow. We apply effort to our most obvious problems and let go of the rest. We do the job at hand, and as we progress, new opportunity for improvement present themselves.

Our new friends in the Fellowship will help us. Our common effort is recovery. Clean, we face the world together. We no longer have to feel backed into a corner, at the mercy of events and circumstances. It makes a difference to have friends who care if we hurt. We find our place in the Fellowship, and we join a group whose meetings help us in our recovery. We have been untrustworthy for so long that most of our friends and families will doubt our recovery. At meetings we can share with other addicts, ask questions and learn about our disease. We learn new ways to live. We are no longer limited to our old ideas.

Gradually, we replace old habits with new ways of living. We become willing to change. We go to meetings regularly, get and use telephone numbers, read literature, and most importantly, we don't use. We learn to share with others. If we don't tell someone we are hurting, they will seldom see it. When we reach out for help, we can receive it.



Mile High Area Service Committee
Narcotics Anonymous

Mile High Area Meeting List

Last Updated: May 2016

To Talk To a Recovering Addict

Denver Metro Help & Info:

(303) 832-DRUG (3784)

www.nadenver.org

Event, Area Service, and Meeting Schedules online

Boulder Help & Info:

(303) 412-2884

Colorado Springs Help & Info:

(719) 637-1580

Ft. Collins, Estes Park, & Loveland:

(970) 282-8079

Grand Junction and Western Slope:

(970) 201-1133

For Meeting Lists outside Denver Metro:

www.nacolorado.org/meetings

Mile High Area Service Committee & Sub Committee Meetings

MHASC Meeting1st Sunday of each month 2:00p 1212 Mariposa
Activities.....1st Sunday of each month 12:00p 1212 Mariposa
H&I1st Sunday of each month 11:00a 1212 Mariposa
Intro to Service.....1st Sunday of each month 11:00a 1212 Mariposa
Outreach1st Sunday of each month 12:00p 1212 Mariposa
Phone Line.....1st Sunday of each month 12:00p 1212 Mariposa
PI.....1st Sunday of each month 12:00p 1212 Mariposa
PR.....1st Sunday of each month 1:00p 1212 Mariposa
New GSR Training..1st Sunday of each month 1:00p 1212 Mariposa

Mail: MHASC • P. O. Box 140100 • Edgewater, CO 80214-0100