

# Mile High Area Service Committee Monthly Meeting Minutes Sunday, March 2, 2014

#### Draft #1

# Proposed Agenda for the Mile High Area Service Committee, March 2, 2014

- 1. Opening Prayer/ Reading of 12 Traditions and 12 Concepts of Service
- 2. Please submit literature orders now as they are only accepted until the break.( New Order Forms Only )
- 3. Welcome new GSR's, GSRA's and Visitors. If you are new, please tell us your name and group. Request for mentors. Anniversaries.
- 4. All in ascent of Feb. Minutes.
- 5. Administrative Reports
  - Chair
  - Vice Chair
  - Secretary

- Treasurer Opening Report; Opening Balance: \$1,682.94
- RCM 2 ( Open )
- RCM 1
- 6. Roll Call: Quorum = 12 (Dec. 20, Jan. 25, Feb. 26)
- 7. Old Business: \* Nominations for RCM 2
  - \* Motion for Literature to raise inventory to \$5,000.00
  - \* MHASC Budgets for Sub Committee's
- 8. Group Reports (Must Submit In Writing or Emailed To Be Added To Minutes)
- 9. Sub-Committee Reports
  - Activities
  - H&I
  - Literature
  - Outreach
  - Phone Line
- 10. Ten Minute Break
- 11. Reading of Service Prayer
- 12. Treasurer Report of Funds
- 12. Treasurer Report of Funds
- 13. New Business-Motions: \* C.A.R report and presentation by Chuck C. and Jamie.
- 14. Disbursement of Funds (Outside Of Approved Budgets)
- 15. Sharing Session
- 16. Action Items for next month
- 17. Closing Treasurer's Balance \$\_\_\_\_\_
- 18. Announcements / Reminders for next Month
- 19. 5:00pm Adjournment or Motion to Extend Business

Please be courteous and wait to end of meeting to pack up

- Public Information
- Training
- Website
- PR Coordinator
- CRCNA Liaison

# 1. Opening

Chairperson Dennis C. calls us to order at 2:04 pm.

We have a moment of silence followed by the Serenity Prayer.

Jerry reads our Twelve Traditions.

Darrin, a self-described alcoholic-addict, reads our Twelve Concepts.

#### 2. Monthly Announcements

- 1. Next MHASC Meeting: Sunday, March 2, 2013, 2:00 pm at 1212 Mariposa St., Denver, CO 80204.
- 2. Please submit your group donations to the Treasurer within the first hour of this meeting.
- 3. Please submit literature orders at your earliest convenience: **They are only taken until the break of the meeting.** If you are not sure of the amount, do not estimate; wait until you get the exact total before completing the check.
- 4. Here is the MHASC meeting schedule for the next five months.

Apr 6<sup>th</sup>, 2014 – Easter is Sunday, April 20<sup>th</sup>.

May 4<sup>th</sup>, 2014.

June 1<sup>st</sup>, 2014 – Memorial Day is Monday, May 26.

July 6th or 13th? – The Fourth of July is on Friday, creating a 3-day weekend.

August 3<sup>rd</sup>, 2014

5. When submitting group donations, please write the name of your group on checks.

Please use new literature forms, updated January 26, 2014.

Lit closes at 3pm.

#### 3. Welcome New GSRs, GSRAs, and Visitors

Darrin	Visiting	
Davey		Aurora Southside Survivors
Jeff		9 <sup>th</sup> & Emerson
Jennifer J.	GSR	Living Proof
Jerry L.	GSR	Clean n Crazy in Cas Rk
Joe R.	GSR	Natl High
Leena		Surrender To Win
Marian K.		Together We Can
Marion and two others	Visiting	Steamboat Spgs
Melissa M.	GSR	Spiritual Awakenings
Paige O.	GSRA	Living Proof
Reece F.	GSR	Together We Can
Rose	Ish	Sun Even o/t Hill
Sally P.		Together We Can
William		Still Awake Still Dreaming

#### **Anniversaries**

Bill L. 25 yrs

Krys G. 27 yrs

Joe S. 2 years on Feb. 24<sup>th</sup> Kevin 1 yr on Feb. 9<sup>th</sup> Terra 1 year on Feb. 27<sup>th</sup>

Tiffany S. 24 yrs Nellie H. 18 months

Marian K. 1 year on Feb 20<sup>th</sup>

#### 4. Approval of February minutes

Dennis: Does everyone approve the February minutes?

Silence give consent, minutes approved.

#### 5. Administrative Reports, part 1.

MHASC Chair Report, Dennis C. March 2, 2014

I have just a couple of things to cover this month . . .

I would like to thank Pat G., new Area Vice Chair and Tiffany S., new CRCNA Liaison, for stepping up to be of service to this this body. Thank you!

<Applause from floor.>

However we still have a lot of service positions that are still open for H&I and other various Subcommittees.

We will be having Chuck C. coming in and giving us the CAR presentation today for you to take back to your groups and to bring back to Area in April . . .

Want to mention that the Valentine's Day Event went well, thanks to those who attended. We also have the Unity Day event that will be coming up March 29<sup>th</sup>, and this is a must-attend event and it is a blast. Then on April 26th NA's Got Talent will take place right here at 1212 Mariposa . . .

There is one thing that never stops surprising me, and that is the Dedication and Devotion that all the Subcommittee members of the Mile High Area perform and display . . . And as always I would like to thank all Mile High Area subcommittees for helping us to fulfill our primary purpose to carry the message to the addict who still suffers . . .

Freakin N. A. ROCKS Thanks so much for allowing me to serve!!

MHASC Chair Dennis C.

Spoken report:

Krys G.: New biz to be conducted after or before CAR report?

Dennis: Do that before new business.

#### Vice-Chairperson report, Pat G. 3/2/14

Spoken report: I got nothing.

From the floor: All the reports should be like that.

#### Secretary report, Karl S. 2014 03

If you are a new GSR, GSRA, or visitor, and wish to get our meeting minutes by email, there's a sheet going around for you to sign up on.

If you currently receive the minutes you do not need to sign up again.

If you signed up at a past area to get the minutes by email and have not gotten them, please see me at the break.

There is also a sheet going around for clean-time anniversaries to be announced in the minutes.

There are group report forms on the back table, if you have any group news you want included in the minutes.

You can also email your report to me at <a href="maileometa">mhascsecretary@gmail.com</a>. We would like to get the minutes emailed out in ten days as per our guidelines, so please try to get your reports to me by Tuesday the 11th.

#### RCM 2 report

Position is vacant.

Dennis: No RCM 2. We'd like to get that position filled.

#### RCM report, Al G. March 2nd, 2014

The Colorado Region did not meet in the month of February so not much to report this month.

The Colorado Regional Delegate (Chuck C.) will be here today to present the CAR to us.

There are still a few copies of the CAR workshop flyer that I brought to area last month on the back table. The flyer explains a bit what the CAR is and about the procedure that will take place in getting votes forwarded on.

Again I would like to remind everyone about the Tradition Workbook that NAWS is currently in the process of developing. Individuals and home groups can participate in the Traditions Book project. Find out more on this at <a href="https://www.na.org/traditions">www.na.org/traditions</a>.

Thanks for letting me be of service

Al G.

RCM 1 – Mile High Area

#### 6. Roll Call

Karl takes roll call: 28 GSRs and GSRAs present. Twelve are needed for a quorum. (For roll call details see pp. 21-22 below.)

#### 7. Old Business / Nominations, part 1.

1. Are there any nominations for RCM 2?

No nominations.

Dennis: 90 % of our service is performed by 10% of our membership. Please step up.

The description of the Regional Committee Member's requirements and duties from the Area Guidelines, Article 6:

( http://nacolorado.org/denver/forms\_guidelines/guidelines/mhasc\_guidelines.pdf )

#### Regional Committee Member

It is suggested that the MAHASC RCM have a minimum of four (4) years continuous clean time, have demonstrated a working knowledge of the Twelve Traditions of Narcotics Anonymous and Twelve Concepts for NA Service and presents a history of completed NA service positions.

Regional Committee Member's Responsibilities

1. Attend all MHASC meetings, Colorado Regional Service Committee (CRSC) meetings and CRSC Assemblies.

- 2. The longest serving Regional Committee Member serves as the MHASC Chair in the absence of the MHASC Chair and MHASC Vice Chair.
- 3. Represents the interests of the MHASC at the CRSC and carries the MHASC's groups' consciences.
- 4. Submits a written report of monthly activities and a copy of information submitted to the CRSC at each MHASC meeting. Also submits a written report to the CRSC of MHASC activities.
- 5. Attends quarterly budget planning meeting.

Some qualities to consider when electing a RCM are: consistency, effective communication skills, decision-making skills and open-mindedness. (See 4<sup>th</sup> Concept.)

#### 5. Administrative Reports, part 2.

Treasurer's Opening Report, George W.

(Detailed Treasurer's Spreadsheet, see page 99 below.

Closing Treasurer's Report, see page 99 below.)

Starting balance: \$1,682.94 Literature opening inventory: \$

George: I found a check that was left in the bag for \$150. I deposited that.

## 7. Old Business / Nominations, part 2.

2. Proposal: To raise the Literature Subcommittee's inventory maximum to \$5,000 [from \$4,600].

Date first proposed: Feb. 2, 2014

Maker: Steve P., Literature Subcommittee Chairperson

Intent: NAWS raised their prices, so we must follow accordingly.

#### Discussion:

Dennis: Steve P. wants to raise the literature inventory to \$5,000 because of cost.

Steve: The literature we keep in stock as per the guidelines says we can keep \$4,600 but it's more expensive.

Krys in support: This is the pile of literature we keep. We keep a certain amount in order to cover what our groups need. We're not laying out a check for \$5,000. The reason we cap that is so we don't have too much literature around. That way it's not a financial burden on the area.

Dennis: Each GSR can vote one of four ways:

From the CBDM [Consensus-Based Decision Making] flowchart:

(A full explanation of the CBDM and the CBDM flowchart can be admired at http://www.nacolorado.org/denver/forms\_guidelines/NA%20Consensus%20Flow.pdf.)

**Ascent** – We members are in full agreement with the item as presented, or only have minor concerns with the item as presented that may be addressed at some later time. We member feel that this item should move to action and/or adoption.

**Reservation** – We members, while still having some issues/concerns about the item as presented, it is not felt the issues/concerns should prevent the item from moving towards action. We members however feel that any of our remaining issues/concerns on the item should be addressed as quickly as possible.

**Stand Aside** – We members have major concerns and/or misgivings about the proposal and feel that these concerns and/or misgivings must be addressed before the proposal moves towards action.

**Block** – We members believe the proposal is in principle a violation of the core values of NA in that it violates traditions and/or concepts or is incompatible with the mission of NA.

Dennis:

Blocks? None

Stand asides? None

Ascents with Reservation? None

Full Ascents? Show of hands passes the Literature Subcommittee's Max Inventory from \$4,600 to \$5,000.

Dennis: Put that in the change log. It's a policy change.

#### 3. Quarterly Budget

Proposed budget for 4<sup>th</sup> Qtr of 2013 fiscal year (April-May-June 2014):

Admin	Treasury Supplies	50	
	Printing	30	
	Admin Total:		80
PI	Literature	818	
	Administrative Supplies Copies	50	
	Booth Supplies	<u>50</u>	
	PI Total:		918
Outreach	Coupons	45	
	<b>Books for Inmates</b>	55	
	Copies	60	
	Mail Supplies	250	
	Outreach Total:		390
Literature	Supplies	_40	
	Literature Total:		40
H&I	Literature	1,200	
	Supplies	150	
	H&I Total:		1,350
<b>Base Total</b>			2,778
Budgetable T Difference	arget ( See below for how we got this	s number. )	2,167.35 <610.65>

George: We need to pare down \$600.

[What's at issue springs from a clause on p. 13 of our Area Guidelines:

ARTICLE – 10 BUDGETS

- 2. Quarterly Budgets
- b. A quarterly budget cannot exceed the average income of the three previous full quarters minus funds

necessary to cover our contractual obligations for the next 3 months.

So Treasurer George goes back to the three most recent quarters for which there are 7th Tradition figures and gets the quarterly average income:

	Apr	948.04
	May	721.44
	Jun	831.33
	Jul	1,229.13
	Aug	1,741.93
	Sep	1,946.67
	Oct	1,534.24
	Nov	1,253.76
	Dec	372.50
	Total:	10,579.04
Average per Qtr		3,526.35
Less our prudent	<1,359.00>	
Budgetable Targe	2,167.35	

So since our average 7th Tradition for the past 3 qtrs—less our prudent reserve—has been 2,167.35, but our subcommittees are asking for a total budget of 2,778, we now open a discussion to lower our requested budget by \$600 to get it down to that 2,167.35:

So PI Chair Dan M. agrees to a \$300 cut from the PI budget.

Treasurer George lower supplies by \$25.

\$100 is cut from Outreach.

\$200 is cut from H&I.

George: With those cuts, we are within range. \$14 beyond the amount.

Dennis: Everybody votes. Each GSR can vote one of four ways:

**Ascent:** You are in full agreement.

**Reservation** – You have some concerns about the item as presented, but the concerns don't prevent the item from passing.

Stand Aside – You have major concerns and want those concerns to be addressed before the proposal moves towards action.

**Block** – You believe the proposal is in violation of NA traditions or concepts, or is incompatible with the mission of NA.

Blocks? None

Stand asides? None

Ascents with Reservation? None

Ascents: Many hands go up.

Dennis: Yeah, we're good.

Budget is approved.

[ With that \$14.35 overage we have a \$5.00 donation to NA World Services and \$8.00 to the Colorado Region.]

# 8. Group Reports

**Home Group: New Ways Of Living** 3/2/14

Meeting Time and Place: 5:00 pm Sundays, 3315 N. Gilpin St., Denver

Report: We are having our 1st Anniversary Celebration. Noon to 7:00 pm, Sunday, June 15th.

Speaker jam. Old school recovery.

GSR: Mustafa G.

#### **Home Group: Blues Breakers** 3/2/14

Meeting Time and Place: 10:30 pm 7 nights per week, 1510 Glen Ayr Dr., Unit 12, Lakewood 80215 Report: We are having a potluck dinner on April 1<sup>st</sup> at 9:00 pm. Big changes on the horizon for Blues . . .

Our group needs support.

GSR: Aaron R.

#### **Home Group: Peace Out West** 3/2/14

Meeting Time and Place: Tuesdays 7:00 pm, 2100 N. Wadsworth, Lakewood

Report: Our group has grown to a regular attendance of six to ten women, including an average of three to four newcomers per month.

The women attending this meeting as their first ever NA meeting have stated, it made them feel safe to come in and find our message and the courage to attend other meetings. In our last group conscience we decided to rotate our meeting format. **The second Tuesday is going to include a literature discussion**.

GSR: Polly G.

#### **Home Group: Continued Deflation** 3/2/14

Meeting Time and Place: Mondays 6:00 PM; 809 S. Washington St., Denver 80309-4313, community center. Cross street: Ohio St.

Report: Continued Deflation is sponsoring Unity Day 9. We would appreciate your support for this event. It takes place on Saturday, March 29th. There are event fliers on the back table, please take some. (Flier available at: <a href="http://www.nacolorado.org/denver/events/UD9%20Flyer.pdf">http://www.nacolorado.org/denver/events/UD9%20Flyer.pdf</a>.) This year's theme will be Tradition 9. There will be three primary speakers, as well as four 20-minute, back-to-back speakers. An entire day of fun. Pre-registration is \$20—that gets you the souvenir tee-shirt. Tickets are on sale now. I have tickets for sale today!

GSR: Jennette W.

Questions and Comments:

Dan M.: No addict will be turned away. Tickets help defray costs like rent, food, etc. Pre-registration saves you \$5, and it gives us an idea of how many are showing.

Aaron: What's a group report? Krys: We try to keep it simple.

#### 9. Subcommittee Reports

Activities Subcommittee, Chairperson Anna B., March 2, 2014

(Activities Spreadsheet, see p. 99 below.)

*Spoken report:* 

Anna B.: The St. Valentine's Dance was quite successful. We got very positive feedback.

Our NA's Got Talent night is April  $26^{th}$ : We'll have an open sharing meeting and the talent show.

That's from 6:00 pm till Midnight. There's a suggested \$5 donation.

Our next Activities Subcommittee meeting will be at Noon, Sunday, April 6th. There's a sign-up sheet

going around for getting stuff on the Activities Calendar.

If your home group wants support form the Activities Subcommittee just contact us.

**Ouestions:** 

Leena: I want to understand: Activities is an avenue for updating the website . . .

Anna: Yes. And Mike H. is. Tamra does it for phone line announcements.

Tamra: Dan M.

#### H&I Subcommittee report, Chairperson Terry C. 3/2/14

First of all we are in need of an H&I Vice Chair immediately, as our Vice Chair recently took a job offer that will prohibit her from stepping up to the Chair position in May, and this is her last area meeting. So therefore the H&I chair position will be available for election in May, and so is the H&I Volunteer Coordinator ,position and the H&I Literature Chair position. We need your help to carry the lifesaving message of Narcotics Anonymous.

We are still in need more volunteers for the Jefferson County Jail, as we no longer have a panel coordinator for the men or the women's side. We are now starting to have consistent meetings every Thursday and we will be back on track as soon as we have panel coordinators for the facility. We have applications here today which requires five years off paper and three years clean.

We now have a new application for Denver County and are looking for volunteers with a year off paper and a year clean. We are starting to take a meeting into the Douglas County Jail on the women's side. This facility requires five years off paper and at least six months clean. So if anyone here is willing to carry our message to the addicts that are incarcerated--we need your service!!!

We are having a Service Training at Unity Day so that we can expose many more addicts to the wonderful world of service! This training is sponsored by all the subcommittees including PR, PI, H&I, Phone Line, Activities, Training, Outreach, and Web. Please attend on March 29<sup>th</sup> By becoming involved in service you will ensure and protect your personal recovery.

We need help at the following youth facilities:

- Synergy Boy's Youth Facility needs more volunteers- Background Check.
- Marvin Foote Adolescent needs more volunteers- Background Check.
- Excelsior Girls Youth Facility Volunteers with no criminal background.

The next Mile High Area H&I Service training is next month on Sunday, April 6, 2014 at 11:00 am. Please announce at your home group that we need your help, as service will help keep you clean!!!!

#### ILS, Terry C.

Questions:

Rose: When is training at Unity Day?

Pat G.: We haven't decided yet.

Terry: 3 or 4 o'clock?

Pat: We'll get back to you. Historically around 4:00. Krys: As long as it doesn't conflict with speakers.

Literature Subcommittee report, Chairperson Steve P., March 2<sup>nd</sup>, 2014

(Detailed Literature Spreadsheet, see page 99 below. Literature Totals Report, see page 99 below.)

Current value of physical literature inventory, prior to today's sales is \$4,999.

In case anyone hasn't heard, NAWS has increased prices on pretty much everything. The price increase averages out to about 10%. As a result, it is imperative that all orders be submitted on the current order form. Any orders on old forms will be rejected.

Since we did not have quorum after the break at last month's meeting, there is a still a pending request for a motion to increase the maximum literature inventory limit to \$5,000. This is due to the recent increase in prices. [See motion #99 on p. 99 above.]

Thanks to all those who help with literature sales.

Thanks for allowing me to be of service, Steve P.

#### Outreach Subcommittee report, Chairperson Tuesday V., March 2, 2014

Hello Everyone,

I apologize for my absence today but it couldn't be avoided. I am having conflicting scheduling with my employer.

This month we have continued to announce several meetings that have voiced needing support. The feedback that I have received is that several meetings have had increased attendance!! This is awesome news!

# The Meetings are:

Day / Time	Meeting	Location	Looking for:
Sun 2:30 PM	Message of Hope	1290 S. Potomac St., Aurora Jefferson Hills treatment center (No affiliation)	Attendance, Clear Message, Home Group Members
Sun 6:15 pm	Keeping It Clean	1693 N. Quentin St., Aurora, CeDAR (No affiliation)	Attendance, Home Group Members, Clear Message, Speakers
Weds 8:30 pm	Hope Fiends Speaker meeting 1st Wednesdays.	3360 W. 38 <sup>th</sup> Ave.	Attendance, Speakers.
Thurs 5:45 pm	Bring Your Own God	3601 S. Sherman St., Englewood – bookstore	Clear Message, Home Group Members, Trusted Servants
Fri 6:00 PM	Kickin It Clean in the Castle. Youth Meeting	3737 New Hope Way, Castle Rock Meadows Pkwy and Prairie Hawk Dr.	Attendance, Clear Message, Home Group Members, Trusted Servants
Fri 7:30 PM	Clean and Crazy in Castle Rock	3737 New Hope Way, Castle Rock Meadows Pkwy and Prairie Hawk Dr.	Attendance, Home Group Members, Trusted Servants
Fri 7:30 pm	Southern Serenity	11805 S. Pine Dr., Parker – enter at SW corner of church	Attendance especially Members with Time and a Strong Message.

We are also still in need of a Vice-Chair.

For our Correspondence Program, we received 25 letters this month. 6% were from within Colo.

Thank you for letting me be of service.

Tuesday V.

#### Mile High Area Phone Line Subcommittee Report, Chairperson Tamra L., March 2, 2014

Phone Line Subcommittee met today at 12:00 & participated in the PR group meeting at 11:00-We had 1 newly trained volunteer's this month. Really appreciate the folks in the Mile High Area for their efforts and time on the phone-line, please know how much everyone on the subcommittee values your service! "Together WE Can."

We had 8 volunteer positions open before the PR training today. We filled 1 more volunteer position, leaving us with only 7 positions available. If you've been thinking about it, please jump on it now. We would love to have you! Incredibly close to having a totally filled PHONE LINE VOLUNTEER SCHEDULE!!!! Very exciting!!! So simple and can be done just about anywhere--remember the average phone line call is 6 minutes . . .

The Help Line received 566 phone calls this period. This month we had 5 missed calls. All your efforts are shining and again we thank you so very much for your invaluable service!

Phone Line's mission is to direct that potential newcomer to a meeting or direct questions about our fellowship to the appropriate subcommittee(s).

We are looking to going back to an actual person's voice on the Phone Line to help make it more personable. This is a huge task and will have all lines hopefully updated before the next Area meeting.

We updated all contact names, numbers, addresses, meetings & events excluding the Talent Show, if we could please get the info on this, we will put it on the Help Line so to help with better attendance.

Please remember to give info for an Area or Group event to myself or Subcommittee Chair Paul A. We sometimes miss announcements during the meeting and truly want to help any way we can to improve attendance.

Once again thank you so much to anyone & everyone that has a hand in the help-line, your service is never taken for granted.

#### \*LET'S KEEP ON KEEPIN' ON THE PHONE\*

Thank you for letting me serve, it is a pleasure!!!! Tamra 720.296.9580

"You and I have been given through illness, through suffering and through disease a talent for helping other human beings like ourselves – let's never forget that." -Jimmy K. 1974

#### Public Information Subcommittee, Chairperson Dan M., Sunday, March 2, 2014

Email address: napidenver@hotmail.com

Meeting Location & Time: 1212 Mariposa, 12noon before Area Sundays

Hello from your Public Information committee! My name is Dan and I'm an addict.

I'm excited to announce the recently posted "Drug Problem?" bus kiosk ad on the south side of Colfax at the 7<sup>th</sup> Ave/Osage intersection.

[Applause.]

Our Area treasurer, George, is able to show us the ad on the projector now. This location receives roughly 14,000 views DAILY! Our 1-year contract formally begins tomorrow, February 3, 2014 and

runs through February 2, 2015.

Starting on Saturday, March 29<sup>th</sup> at the annual Unity Day speaker jam, Public Information will start signing up folks willing to staff the People's Fair booth on June 7<sup>th</sup> and 8<sup>th</sup>, as well as the PrideFest booth on Saturday June 21<sup>st</sup> and 22<sup>nd</sup>.

[More applause.]

We'll need a small army of folks to be of service working in 3-hour time slots to staff both these booths. After Unity Day sign-ups, P.I. Vice-Chair Travis and I will continue to sign up people until all time slots are filled.

Please pass along an invitation to anyone in our Fellowship, with any length of clean time, to attend our monthly Public Information meeting on Area Sundays at 12 noon. The more folks we have involved, the more we can carry the N.A. message to the still-suffering addict. Please spread the word that every N.A. member has a place in the Public Information Subcommittee, and we would be delighted to serve along with you; carrying our primary purpose to those that may not be aware of our life-saving Fellowship.

A variety of rewarding service opportunities await you as Public Information fulfills our primary purpose of carrying the message to addicts who still suffer.

In humble, loving service,

Dan M. (personal cell for any inquiries -->720.569.7746 or <u>napidenver@hotmail.com</u>)

Comments & Questions:

Krys: I've got a stick.

#### Training Subcommittee report, Chairperson Patty P. 2014 March

No report.

# Website Subcommittee report Chairperson Mike H., Mile High Area Service Committee – Web Committee Report – March 2014

Meeting Location & Time: Called by request

I have place printed meeting lists on the back table. Please take what you need and later take all that are left as I will be printing new lists next month.

The website email (<u>milehina@nacolorado.org</u>) received 2 requests from addicts seeking help and looking for meetings or rides to meetings. I believe some addicts from Steamboat Springs may attend today to see if it is possible for them to join our Area.

There is a meeting list update sheet going around. There is also a sheet for listing open service positions at the Area and subcommittee levels as well as for specific events or groups. Please return both of these to me after they have gone around.

Please submit requests for changes to the website or event fliers by email to <a href="milehina@nacolorado.org">milehina@nacolorado.org</a>
Thank you for allowing me to serve, Mike H. - MHASC Website

*Spoken:* We secured domain for names for the next two years. We're going to try to get those in future budgets.

I haven't updated the events page.

#### Public Relations Committee report, Coordinator Krys G. March 2, 2014

My job is to coordinate the subcommittee chairs so we're all working on the same page.

The PR group is moving forward with the Book Drive. We will provide a book drop box at Unity Day.

If you have extra Basic Texts etc., please bring them to the drop-off location at UD--not Anne Rice. They can get those on their own. We'll try to get that at future events. We'll need to get a coordinator for that.

I received a request for a new H and I facility, Arapaho Community Residential Center (ACRC) for women at Santa Fe & Belleview. Unfortunately at this time we do not have the resources to add this facility. I will be dropping off some literature and meeting lists this week.

The not-so-new-and-improved Introduction To Service training is going well. We will be on the program at Unity Day, so show up and get the latest and greatest training.

We have more opportunities to carry the message than we have people who are willing to help. We need you. We need human bodies desperately. Little Marie [Marie Ad.] would say get into the life boat. If you want what we have to offer then get into the service lifeboat.

We can take up an whole hour with our training. We had 7 or 8 people who went through it today. Every Sunday we have training. It 'll either get you reinvigorated or it will get you trained up. It's the greatest thing since sliced bread or Twinkies. This training is necessary to volunteer for the Phone Line or to go into facilities or to staff booths at festivals. What better thing than to swin up for a three-hour slot. It's a lotta fun. The best time is right after the parade. It'll curl your hair. With that I'll shut up. Thanks in loving service,

Krys G.

Questions: The book drive is for NA-approved literature?

Krys: Not from Hazelton. It doesn't matter if it is used. Just needs to be halfway decent.

#### CRCNA XXVIII Liason rpt, Liaison Tiffany S. 3/02/2014

CRCNA XXVIII website: nacolorado.org/crcna

We all met and all chair positions have been filled except for a few liaisons in outlying areas.

Your CRCNA XXVIII will be held at the:

Best Western Hotel in Longmont 10/24-10/26/2014

Flyers on back table: For the Pancake Breakfast -4/26 @ 3000 S. Wadsworth Blvd., Lakewood Logo Submission Programs.

Wanna get involved in CRCNA committees?

# **Programs**

Last Thursday of the month, 7:00 pm Coffee shop at 1427 Denver Avenue, Loveland, CO

# H&I

First Saturday of each month, so next mtg April 5<sup>th</sup>, 11am.

Red Rock Coffee House, 3325 28<sup>th</sup> St, Boulder, CO (28<sup>th</sup> & Iris)

FREE COFFEE!

# Registration

Every Month: 2<sup>nd</sup> Thursday of each month, 6:00 pm, 8085 E Hampden Ave, Denver, CO (Church where ADY! meets)

# Merchandise

Every Month: 3<sup>rd</sup> Monday of each month, 6:30 pm, at the restaurant (VIllage Inn, *no affiliation*) at 9050 E Hampden Ave, Denver

# **Hotel & Hospitality**

Next Meeting: Tuesday, March 18<sup>th</sup>, 7:00 pm, Methodist Church at 1255 Centaur Village Drive in Lafayette.

Schedule – 3<sup>rd</sup> Tuesday of each month

# **Fundraising & Entertainment**

Every Month: 1st Saturday, 2:00 pm diner (Village Inn, no affiliation) 921 S. Havana (cross street: Kentucky), Aurora

Programs—See flyers . . Drop box will be available soon.

Spoken report:

Lots of stuff happening. Get involved in CRCNA committees. Pancake breakfast is Saturday, April 26<sup>th</sup>. Go home, take a nap, then go to the NA's Got Talent Show.

People said we ran out of pancakes last year; that the food wasn't hot. They're taking that into account.

Concerning the Theme and Logo Contest. We wanna roll it out at the pancake breakfast. Some folks wanna do a logo for 30<sup>th</sup> CRCNA. But we need one now.

The Program Committee is doing something: Speaker tapes are online. You can get permission from the committee chair to go online; then there's a drop-down box. You rate the speakers from 1 to 5. This is for the main speakers.

Vice Chair Mike P. woulda been here but he had a prior commitment. He's willing to be part of an ad hoc committee. Does our Mile High Area we wanna turn in a bid for next year's CRCNA? I don't know where to proceed from here except to direct it to Mr. Chair.

Jennette: Date theme and logo drawings are due?

Tiffany: April 7<sup>th</sup>. Email seen by someone on committee.

Dennis: Everybody remembers how great CRCNA 25 was. Mike P., he needs to come next month or May and let us know what's up.

\* \*

Terry C.: Write this down for women. Retreat 22<sup>nd</sup> thru 24<sup>th</sup> of August. Buena Vista. \$150 includes everything: Lodging, meals. web <a href="https://www.wrcna.org">www.wrcna.org</a>

Q: Who sponsors?

Terry: Two home groups. It's noted on line.

Krys: We have discouraged special meetings like this.

Somebody: No kids, no pets.

Krys: Our only requirement for membership is a desire to stop using.

Terry: I love you. I love you.

\* \* \*

#### 10. 10 minute break

We break at 3:18 pm.

# 11. Service Prayer

3:31, back in session.

Carmen M. reads our Service Prayer.

God.

Grant us the knowledge that we may act according to your divine precepts. Instill in us a sense of your purpose, make us servants of your will and grant us a bond of selflessness that this may truly be your work, not ours, so that no addict, anywhere, need die from the horrors of addiction.

Basic Text, p. xvi

# 13. New Business / Motions. 14. Disbursement of Funds ( Outside Of Approved Budgets )

There is a motion in two parts before the body:

1. a. Proposal: To include domain registration costs--estimated at \$44 per year--in contractual expenses.

Date first proposed: March 2, 2014

Maker: Krys G.

Intent: For the Mile High Area to take responsibility for this expense long term.

1. b. Proposal: To reimburse Krys \$88 for her most recent purchasing of the four alias domain names associated with our nacolorado.org/denver website URL. Purchase is good for two years.

Date first proposed: March 2, 2014

Maker: Krys G.

Intent: For the Mile High Area to reimburse Krys for this expense.

Discussion:

Dennis: Real quick.

Krys: Mike H. briefly mentioned I have been personally responsible for handling the aliases **nadenver.org**, **nadenver.com**, **denverna.com**, **and denverna.org**. It costs us \$88 for 2 years. I've been paying that and owning them myself. A person shouldn't own them. I want to be reimbursed for the \$88.

So the motion is: That amount of \$44 per year should be a contractual expense for the Mile High Area. So we don't have to vote on it every year.

Al G.: So if we didn't make it obligatory, would it lapse and we'd lose it?

Krys: Yeah, so that's why I've been a control freak about it. It can be part of Website's budget. We might forget about it.

Al: We could lose those.

Krys: If we lost it, it wouldn't resolve.

You wanna call it to a vote. Two things.

Dennis: One: Vote money to Krys for the most recent expenditure. And two: Make it a permanent contractual expenditure.

If you need an explanation of the CDBM, ask. First: Vote \$88 to reimburse Krys's recent expenditure.

Block: 0

Stand aside: 0

Ascent with reservations: 0

Ascent: Many hands. Disbursement of \$88 to Krys is enacted.

Tamra: Who votes?

Dennis: Everybody. Secondly: Costs for domain registration make it a Website Subcommittee contractual obligation, not a budgeted part of subcommittee.

Block: 0

Stand aside: 0

Ascent with reservation: 0

Ascent: Many hands. Buying the four URLs is now a contractual obligation.

Dennis: Chuck for CAR has floor.

You need to take this back to your home group so you can get feed back.

Chuck: I'm the regional delegate, and Jamie is the RDA [Alternate].

If I mumble tell me.

Everybody knows about the Conference Agenda Report. Jamie and I are like GSRs from Colorado to the World Service Conference every two years. CAR is all the issues that we're voting on--old business.

The sheet being handed around gets voted from your group and comes to assembly at 1400 Lafayette. We'll discuss things that come up. I carry the region's conscience just like you carry your groups' conscience. Every region in the world votes to the summary sheets. You can bring that to keep track of how your group votes.

Concerning the Conference Agenda vote.

Motion 1: The World Board is proposing that it [the Introduction to NA Meetings literature] become an IP. An IP goes in the rack. Now it's service literature. It's published in six languages, and intended for professionals, it explains when you get out what you should expect when you go to an NA meeting.

IP 29: That's on your sheet.

Motion 2:

The conference pays for one representative from each of the 123 regions in the world. The Colorado Region pays for an alternate to go.

So about alternate delegate attendance at the conference. Only 1 rep from every region. Right now you can have two. A lot of countries can't afford to send two.

WS restructured. Board over office. Fellowship spent \$168,000 to send Alternates. That covers airfare, food, hotel. That's covered by their regions. Right now at the conference there're a lot of tables with ten people.

Krys: Is the alternate supposed to go to learn what is going on, so next time you've got a clue?

Chuck: It's intense. There's a lot of personalities at world.

They're hoping to get more consensus based, instead of strictly Robert's Rules instead. 51%

There're a lot of ADs who don't become RDs.

Terry: It amazes me that 50% don't step up.

Chuck: It's a big commitment. Some people are like, Fuck this I'm not coming back. When you're a delegate, you've really gotta participate.

Carolyn: Who put the motion forward?

Chuck: The World Board.

Jamie: One other point is *space*. I'm glad I'm the alternate now. If this passes, my alternate won't be able to go. World is looking at cost savings, space savings. As regions split, the conference gets bigger and bigger. Do we need to find a new place to meet? That is one proposal for a solution to these growing pains. It seems like a scary answer.

Chuck: There's a lotta regions waiting to be seated.

Krys: Is there a proposal for breaking this into zonal groups?

Chuck: That's something folks are afraid to discuss.

There were new regions who were sitting on the floor because they ran out of room in the Marriot. We get a good deal from them. Logistically the people from the office need the conference to be near the office. Logistically it'd be difficult to do the conference away from the office.

Krys: There're offices all over the world: Asia, etc.

Chuck: Iran is up to 18-19,000 meetings per week. the U.S. has 24,000. They're catching up to us, and they're just one region.

NAWS has funds for every region. They have all my costs are covered: Airfare, hotel, food. They pay everything. I get a check for my expenses ahead of the conference. It does pay to recover. I fill out an expense report. If I don't spend as much--which I usually don't--I give the money back.

It was intended to equalize attendance at the conference. They figured they would donate it to World since they're not spending it on [?].

It costs \$3,000 to send somebody to the World Conference.

Motion #3. Makes it so delegates are not automatically funded. If you can't make it, you can request funds.

Pat: The fellowship is paying one way or the other.

Terry: I am stunned by 10% increase in literature costs.

Jamie: NAWS does not really have funding except for literature. Donations yes, but a lot of online literature is taking money out of NAWS pocket. They've cut their budget, staffing. They continue to seek ways how to fund things.

Pat: They make money about one out of every three conventions.

Chuck: They were losing money shipping literature out.

Pat: They are not meeting their obligations. If you ask for a World Services individual to attend, they'll probably say 'no,' because they can't afford it.

Dennis: It was our funding.

Chuck: 11% of NAWS funding comes from the 7<sup>th</sup> Tradition. The rest is literature.

Carolyn: I've attended several groups, many groups do a third by three or a quarter by three split, so GSRs when you are deciding what to do with your group's excess 7<sup>th</sup> Tradition money, think about that. I was just teaching my sponsee about that.

Krys: We used to put a dollar in the basket. Gas was a \$1, coffee was a nickel a cup, pack o' smokes were a \$1. When your group takes that money. It's meant to take our message to the still-suffering addict. Or that money is split between region and world. It's important that your group sends money to area. This area takes that seriously. We send money to Region and World. Next time you put money in the basket, put in \$2. I put my clean time in the basket every time I have a birthday.

Carmen: The Basic Text: Did it go up 10%?

Chuck: Shipping costs went up.

Chuck: Regarding the proposed service system. It's been out 5 or 6 years.

Jamie: There is a pilot project which has received a lot of positive feedback. When we did a zonal forum in July the World Board came, mocked what GSF what the new service system looks like. There are people who don't ever want to come to area. Group Service Forums are about that--building strong groups.

Chuck: Picking different rural areas such as Passaic, New Jersey; San Francisco Bay Area for tests, they got good results. One guy sat at our table. There was a woman's meeting. They needed phone numbers. They took their need to the GSF. Folks said, we've got a lot of women at **our** meeting, so we'll print up meeting lists with our phone numbers.

I don't want to get into a lot of details. It's a lot of discussion. We can do a mock of what a GSF and LSC are.

Dennis: Please stay. We need a consensus about this.

Rose: Why *not* do this? Chuck: That's up to you.

Jamie: We don't want to move your group to a specific decision. Let Chuck and I know. We can put on some kind of mock for you. Do we want to change the service structure? The World said, 'Yes, we do.' So the World has been building GSF and LSC (Local Service Committees). They're focused on groups and local service committees. Now they are saying, are we going to agree in principle that we change our service structure in this way? The only reason to vote 'no' is if you don't want to change the service structure.

Chuck: The first idea and the general idea were approved. Service system, there's all sorts of different tools.

The GSF is group focused. You talk about what is going on in the groups. How do we carry the message to the addict who still suffers? Regarding GSF participants: Anyone can attend. Newer members can attend. Maybe you can do workshops. Again a couple more details. A couple ways of doing it. The group sends someone to the GSF (not called 'unit' anymore). Local Service Conference. Kind of like areas, just a little bigger.

We do a lot of this at region. LSC is a more local level. It'll be quarterly and annually. SSC provides like your make decisions by consensus. Their suggestion is along geographically boundaries. Change is difficult. Make it slow.

Motion 4: Move in principle.

Motion 5: Move in principle some of the characteristics.

Motion 6: Agree in principle local service boards.

There'll be more discussions at the Conference. http://www.na.org/?ID=servsys.

Region proposals. These are proposals not motions. we did. some regions must have got together

Krys: Does that mean you have 2 to 4 years to get it through or it dies?

Chuck: I 'm not touching that. It's not clear what's covered by the forum. It'd be really muddy. What does it mean "put a moratorium?"

Again, Proposal B: Put the whole thing, put that before SSP, the Service System Project. Your group would decide how you're going to vote on these motions.

Krys: You can read about it. You can get it in a bunch of different languages.

Chuck: They should decide at 2014. Something came up at the 2012 Conference.

Chuck: 'Cause people will want to talk.

You can't offer it for the first time. The conference already approved it three times. It's just not really clear. Proposal C: Save seat forever.

Carolyn: What if a region folds?

Chuck: It's like saying Mile High Area will exist forever. It originated the whole service system tried to do things geographically. There's 5 or 6 regions in New York right now.

Proposal D: reduce So they operate within a budget. some of the traditions book that 's coming out, they would have \$250,000 work book per cycle. that's 2 years. the one that says alternate delegates should not attend.

Pat: The CAT is new business. Some of the things in the CAT. Fellowship issue topics. A lot of issues. Suboxone, people showing up on medication. They have discussion.

There's a transition plan for the service system. \$7,000 maybe. The work group meets once or twice in CA. Printing costs.

George: If for a region or area or group things are working well, do they have to change.?

Chuck: No

Krys: You can't rewrite the 4<sup>th</sup> Tradition.

Jamie: Like with CBDM [Consensus-Based Decision Making], everybody decided when they wanted to jump.

Chuck: Like when the Guide to Local Services came out. There were arguments.

There's a lot of strong support in the literature survey. They came to the Conference and said that's a priority.

They're looking for input.

Chuck: You can input directly like they did with Living Clean.

Krys: This is the way we've written all our literature.

Chuck: Well, not with the web.

Pat: We didn't always write our own literature. Once we demanded it, we had a responsibility. We were obliged to participate. A piece of literature got written by the office and people didn't like that. They liked the literature but not the process by which it got produced.

Krys: Which one?

Pat: I'll leave that aside.

Chuck: The cost is \$38,000. We're asking if you guys would approve that. That money can't leave Iran and get here. That money is stuck in Iran. They use it to print literature; translate our literature into Farsi. Cant' they put it in a suitcase and bring it to the conference?

Because we're an American entity. The Iranian government really loves NA. It's recognized as a viable tool of recovery.

Guide to World Service, a lot of motions like 2 and 3 will affect that. SSC seating the conference made a motion that no regions resulting from a split will be seated. Conference is just getting too big. We'd like to continue the one made in 2008. No regions resulting from a split. Just new regions. So seven requests were received: Five resulting from a split. Take Mexico and Brazil. Brazil is one region. It's huge. They've got a lot of addicts. Right now they are proposing to split into four. If they split, the World Board recommends not seating anybody right now. Support them yes, seat them no.

Terry: The U.S. probably has a freakin million.

Chuck: Yeah, like 65%.

Pat: Even with these cuts, there's not a big enough meeting space. If we lose that meeting space at the Mariott, the guy who does that will say, I have no idea where to hold this.

Chuck: We're almost done. We're going to bring this up at Regional Assembly. What do you think about regional vs. zonal representation? Right now we 're part of the Rocky Mountain Regional Forum. We need to know how about you. *My* term's almost up, so I don't give a shit about it—no.

The groups come to Regional Assembly April 1400 Lafayette. For Motions 4 to 6, what percentage do we need to pass them? Do you want us to vote strictly how you tell us? Or do you want us to make decisions

What they'll do at Conference is: Can we have a voice vote? Yea's and nay's. Yellow and purple cards, for example 30 cards go up. Why are we talking about something that already passed?

I got elected in 2009, then I went to the Conference as an RD. It's a six year commitment.

#### 16. Action Items for next month

Dennis: Remember next month, an action item. Krys presents the Social Media Guidelines.

Krys: So if you want to have any input, get ahold of me.

## 17. Closing Treasurer's Balance

(Detailed Treasurer's Spreadsheet, see page 99 below. Closing Treasurer's Report, see page 99 below.)

7<sup>th</sup> Tradition today: \$

Expenses: \$

Operational balance: \$

## 19. Adjournment

We adjourn at 4:54 pm.

We circle up and Mike H. leads us in a moment of silence and the Serenity Prayer.

**Spreadsheets Below.** 

# Roll Call page 1

GROUP NAME	7/7/2013	8/4/2013	9/8/2013	10/13/2013	11/3/2013	12/01/13	1/5/2014	2/2/2014	3/2/2014
The 5 <sup>th</sup> Tradition Group									
9 <sup>th</sup> and Emerson	1	1	1	1	1		1	1	1
12 Alarm Recovery		1					1		
A Wake Up Call		1	1	1	1		1	1	1
Ain't Dead Yet!	1	1	1	1	1	1	1	1	1
Aurora Southside Survivors							1	1	1
Awesome, Totally Fun, You Gotta									
Come!									
Blues Breakers		1	1	1	1	1	1		1
Bring Your Own God									1
Bring Your Own Lunch	1	1			1	1	1	1	1
Castle Rock Group (Clean & Crazy in CR,									
Kickin it Clean in The Castle)				1			1		1
Chair's Choice			1						
Clean and Serene	1	1	1	1	1	1	1	1	1
Clean Today, Here Tomorrow									
Continued Deflation	1	1	1	1	1	1	1	1	1
Don't Know Diddly / Unconscious									
Meeting	1	1	1	1	1		1	1	1
Early Birds									
Finding the Way		1		1	1	1		1	
Free At Last	1	1	1			1		1	
Gateway to Serenity	1	1	1	1	1		1	1	1
Golden Group	1	1	1	1	1	1	1		1
Hope Fiends: New on roll as of Dec. 1,	2013					1		1	
Hope Without Dope	1	1	1	1	1				
Humble Lights	1	1	1	1	1	1	1	1	1
Just Can't Miss It	1	1	1	1		1	1	1	
Keeping It Clean					1	1	1	1	
Less Talk, More Action: New on roll as	of Jan. 5, 2	014							
Living Clean, The Journey Continues	1						1		
Living Proof	1							1	1
Message Of Hope				1				1	
Meet'n Up North	1	1				1			1
NA Matinee	1	1	1	1	1	1	1	1	1
NAFL									
Natural High		1		1	1				1
New Ways of Living				1	1	1		1	1
No Matter What	1	1	1	1	1	1	1	1	1
On The Way Home									
Peace Out West	1		1	1				1	1

# Roll Call page 2

GROUP NAME	7/7/2013	8/4/2013	9/8/2013	10/13/2013	11/3/2013	12/01/13	1/5/2014	2/2/2014	3/2/2014
Primary Purpose									
Ray of Light									
Razor's Edge									
Saturday Night Live			1	1					
Sisters in Recovery: Closed Jan 2014	1			1			Closed	Closed	Closed
Solo Por Hoy: Closed Nov 2013				1	1	Closed	Closed	Closed	Closed
Southern Serenity	1	1	1	1	1		1	1	1
Spiritual Awakenings	1	1	1	1	1		1		1
Still Awake, Still Dreaming		1	1	1		1	1	1	1
Sunday Evening on the Hill!		1							1
Surrender To Win	1			1		1	1	1	1
Take the Highway		1	1			1			
TGIF									
This Ain't Therapy			1	1					
Together We Can									1
Uptown Steppers		1			1		1	1	1
Welcome Home									
Writing To Freedom!									
You Me and HP					1				1
Young At Heart			1	1	1	1	1	1	
Total in Attendance	22	26	24	29	24	20	25	26	28
Attendance Necessary for Quorum	15	14	13	12	14	13	13	12	12

#### March 2014

Activities – Anna B.
CRCNA 28 Liaison – Tiffany S.
Chairperson – Dennis C.
Hospitals & Institutions – Terry C.
Literature - Steve P.
Outreach – Tuesday V. / absent
Public Information – Dan M.
Public Relations – Krys G.
Phone Line – Tamra L.
RCM I – Al G.
RCM II – <b>Position is Open</b> .
Secretary – Karl S.
Training – Patty P. / absent
Treasurer – George W.
Treasurer's Ass't– Lindsay S. / absent
Vice Chairperson – Pat G.
Website – Mike H.