

MILE HIGH AREA SERVICE COMMITTEE  
OCTOBER 3, 2004  
1212 MARIPOSA

Opening prayer, Reading of Fourth concept of Service/Selection of Outreach.

Roll Call was taken 17 GSR's present.

Welcome of new GSR's and GSRA's

New GSR's Earl Natural High, Casey Free at Last, Carl continued Deflation.

Welcomed visitors. And anniversaries since last Area Meeting.

Approval of minutes for last month.

Treasurers Opening Report. \$597.29. No prudent Reserve.

Administrative Officers Reports.

Chair Report October 3, 2004

Since our last meeting I have spoken with the Denver Inner City Parish concerning access to this building. They have requested a \$75.00 refundable key and code deposit. This is to cover any items that may occur. There is an alarm system for police and fire in this building and if an alarm goes off on our watch we would be charged for the response. I have submitted a proposal to cover this expense.

Over the past couple of months I have heard several concerns about the amount of paper reports and flyers that are left over after our meetings. With this in mind I have placed this topic into our sharing session in hopes of finding a solution that works for everybody.

I hope to see everyone at CRCNA this weekend. Our next meeting will be November 7, 2004 at 2:00 pm at 1212 Mariposa.

In Loving Service,

Joann D. MHASC Chair

Vice Chair Report October 3, 2004

I attended the Service Committee meeting on September 12 at 6750 Carr St. I worked with H&I on the Meetings at Westminster Valley Hope and the possibility of starting a meeting at Parker Valley Hope. I also worked with Activities on their upcoming dance they are proposing for the end of October.

I did meet with the Guidelines Ad-Hoc Subcommittee Saturday, September 25 at 8085 E Hampden Avenue and we reviewed both Activities and Web Servant Guidelines. We have made some minor revisions for both sets of Guidelines and will, upon the Subcommittee Chairs consent, recommend their approval. Upon further review of the Literature Guidelines, we have concluded that they need considerable modification and will be seeking ideas from other Areas to see how their Literature Guidelines have been written. We will also be working with Carl to develop guidelines for the Training Committee.

Thank you for letting me be of service.

Dan A

Report of the Secretary

October 3, 2004

I want to thank everyone here today. Service is the corner stone of recovery. I want to urge all GSR's and Subcommittee chairs, and Members of the executive committee, to have your reports to me by October 9<sup>th</sup> if you want them in the October minutes. I remind all GRS's that you can email your groups reports to me at [scottandlarry@qwest.net](mailto:scottandlarry@qwest.net) will ensure that your reports are in the minutes and helps save a tree.

I remind us all that the 12<sup>th</sup> tradition says principles before personalities. As we conduct our business we need to keep this in mind. We have different views on matters, but we are here for one purpose, that of recovery.

I am honored to be of service and wish you peace in recovery.

Larry D.  
MHASC  
Secretary

Disbursement for \$75.00 for deposit for Center, Voted on and passed.

RCM 1 AND 2 REPORTS October 3, 2004 Brad Gave Report.

Next regional meeting will be 11/14/04 in Arvada at Panera Bread, 7739 Wadsworth Blvd. (77<sup>th</sup> and WADS) AT 10:00 AM.

Treasurer Open with \$5252.92 and closed with \$2485.35.... \$1000 went to World, \$1668 to MHASC. \$37.50 TO Limon Correctional facility.

Boulder—PSA radio announcement should be on the air this month.

Mountain west—Need help with area service falling apart, maybe starting a new area.

Pikes Peak, Learning days 10.23/04 2:00- 5:00pm Academy Christian Church 1635 Old Ranch Road. Colorado Springs.

Serenity Unlimited—Meetings doing well, struggling with travel & ASC service.

Regional Elections PI –open, H&I open, Lit resource open.

Discussion Meet the region at CRCNA 1:30-2:45 Sat. Regional members not showing up for CRCNA Events (F&E)

Discussion about professional statements printed on Forms relating to sickness.

Statements will be removed from registration forms.

Discussion about groups financially supporting hospitality room, this is optional if groups would like to support, but not required. Supporting the hospitality room is up to each group conscience.

Proposals.

1. \$5000 prudent reserve.

2. Percentage going to world. Guideline change—addressed at assembly.

3. Donate 2 basic texts and 2 step working guides to Limon Correctional Facility \$37.50 passed,

4. MHASC half have H&I annual budget \$1668.60 passed.

Adhoc Treasury comm. formed to fully research budgetary needs for region on conference and no conference years and will have report at assembly.

Region in process of compiling a roster region wide for all area and exec. And sub chairs to improve communications.

Ask for email and name for exec. And sub chairs for roster.

Regional outreach will be in contact with the four areas that did not show to see why they didn't show and how the region can help.

Ask what MHASC can do for the groups that didn't show adhoc?

Outreach working on guidelines for the region.

H&I for region brainstorm ideas on how to serve the H&I addicts who are not represented by an area such as Limon, Sterling, Trinidad, Canon City, and Buena Vista.

Region is getting request for Naranon and being directed to the Naranon fellowship.

#### SUBCOMMITTEE REPORTS

Activities N/A

CRCNA LIAISON –

### CRCNA Report for October Mile High Area Service Committee October 3, 2004

**Greetings to all,**

*CRCNA is next week in Vail at the Marriott. I hope that everyone who is going is prepared.*

*If your group is still interested in hosting the hospitality room during the convention, please go to the Website [www.nacolorado.org](http://www.nacolorado.org). And click on the CRCNA link there you will find a signup sheet for the hospitality room. At the beginning of this week, it was almost all filled up. I would like to thank those who have worked hard and participated in this annual event to make it fun for addicts to share their recovery.*

*A quick update (please do not kill me) there is valet parking at the hotel. I've been informed that if you chose to use their service it is 15.00 a night. You can park your car a block away and walk up to the hotel for free. I hope to see you all at the convention next week.*

In loving service,  
Erin A

H & I

October 2004

Allen F. is drafting new language to explain the concept of "adopt a group." Purpose of adopt a group is to connect with newly released addicts and make them feel comfortable about attending a meeting on the outside. We want to direct them to the closest NA meeting location hopefully where they will recognize someone. We encourage home group members to get involved as guest speakers at H & I facilities in proximity to their home groups. The H & I subcommittee has had a group conscience regards to this program and welcome any other ideas on how to best connect with newly released addicts in our area.

Our committee has elected a temporary panel coordinator at Valley Hope - Dan A. We ask that all the GSR's announce at their home groups that Phone line and H & I will be having an orientation/training program Nov 14th, 5:30 -7pm at 6750 Carr St. Due to poor turnouts at our subcommittee meeting, one of our panel members is calling all panel coordinators prior to this months meeting, scheduled for Oct 17th, in order to ensure a stronger turnout. MaryLou has been preparing our committee so that we are successful with our recruiting efforts at CRCNA. We are putting special emphasis on follow up calls to interested volunteers that sign up. Yet, it's important to note that each of us is responsible for our own recovery and service work is part of a successful recovery program. Thus, volunteers must take some initiative to contact panel coordinators for facilities they are interested in. I have submitted a literature order for \$290 and a reimbursement request for \$7.20.

Ed Azar

(home) 303-791-5036

(cell) 303-349-0318

email: [azar@att.net](mailto:azar@att.net)

OUTREACH By Ron

We have received a request.

- 1.Spoke about deaf community and how we could be of assistance.
- 2.Spoke about addressing the facilities we are getting letters from.
- 3.We are starting to receive letters from males that are in facilities.
4. Spoke on getting a piece together for the web site.
- 5.Out reach rescheduled for the 3<sup>rd</sup> week of October.

Ron T.

PHONE LINE

## **MILE HIGH AREA SUB-COMMITTEE REPORT**

**DATE: 08 /01/04**

**SUBCOMMITTEE: Phone line**

**CHAIR: JEFF L.**

**E-MAIL: MAINTELITE @ MSN.COM**

**VICE CHAIR: OPEN**

**MEETING LOCATION AND TIME: 6750 CARR ST. 2<sup>ND</sup> SUNDAY OF EACH MONTH AT 5:30 PM**

**REPORT: We met on Sunday September 12, 2004 all seems to be going well with in our committee. We agreed the best time and location for a workshop / orientation training would be at our next regular committee meeting on November 14, 2004 we have fliers available for the GSR'S to take to meetings. We continue to need support so if all GSR's could please announce that, it would be great we especially need a vice chair to start learning so that when my commitment is up they can step in. At this time we still have available shifts they are Sunday 10:00 am until 2:00 pm, Tuesday 10:00 AM until 2:00 PM, Thursday 2:00 PM until 6:00 PM and Saturday over night 10:00 PM until 6:00 AM if anyone is interested or if GSR'S would please announce it will be greatly appreciated, to serve on phone line doesn't mean that you have to go any where to sign on you can sign on at home or better yet use your mobile phone and continue with your normal activities for your shift, if anyone has further questions you can call me at (303) 478-4252 mobile or at home (303) 932-9221.**

**Thank you for your support, Jeff L. Phone Line Chair**

**PUBLIC INFORMATION N/A**

**TRAINING – CARL**

**They are not meeting yet.**

**WEBSITE**

**Mile High Area Web Committee Report September 3 2004**

**I have provided the 1000 regional meeting lists. Please take only what you think you will need. I have also provided**

I am enclosing a request for \$76.00 for a new toner cartage and a request for and additional \$18.00 for a new box of paper I have enclosed the receipts for a total of \$94.00

Tasks completed in the last month.

- The wed guidelines have been completed.
- I have updated the sample of an area-meeting list. Submitted to the area for approval.
- The budget, at this, time it looks to be \$240 a quarter.

In Loving Service  
Krys G

WE TOOK A BREAK

A REGIONAL MOTION FOR REGION TO COVER 6 MONTHS OF OUR H&I BUDGET WAS PASSED AND DELIVERED TOTAL APPROVED WAS \$1,668.60.

OLD BUSINESS

Area meeting list..

Humble Lights made a motion to approve the New Mile High Area Meeting Lists. Was seconded by Just can't miss it.. Motion passed.

GUIDELINE AD-HOC BY DAN A.

Website guidelines, was suggested that guidelines were important and were to be taken back to the groups. For website and activities

Guidelines were emailed to GSR's.

## Sharing

### 1. Paper Management

- We should cut down on paper. It is the area responsibility to supply the groups with fliers, minutes, reports ECT...

### 2. Micromanagement? (I think this was said if I am incorrect call Ron T.)

- Subcommittees need to listen to GSR's in what their needs are.
- There is a lot of time dealing with guidelines
- Are we as an area not going by the guidelines that have already been established?

### 3. Sexual Predatory behavior.

- Home group responsibility
- We should focus on the recovery that is in NA.
- 13 steps need to be addressed

### 4. Inventory

- Area
  - a. How can we spend our money?
  - b. How can we get other groups to participate at the area level?
  - c. Groups and GSR's study concept 11

- d. Three groups attended the last Regional Assembly in July from the Mile High Area.
- e. How is “area” viewed in the eyes of other recovering addicts? Why?
- f. *Guide to Local Service* page 60 talks about the area inventory and some other questions that can be presented.

#### **5. Cooperation not affiliation**

- Nar-a- non

### **New Business**

Look at the motions, Joanne has one motion from a group, Janet has all the money motions. They will be forwarded this way to be included in the minutes.

1. Website submitted a budget.
2. Next month treasurer is going to do our budget according to the subcommittees who have already submitted their budget.

### **Group Reports**

Please see group reports

1. *Aint Dead Yet*- Movie night has been switched back to Friday night.
2. *Golden Group*- Meeting will still be at the same location but meeting in a different space. They will have someone to direct addicts to the spot at where to be.
3. *Anonymous Group*- Is considering switching areas to the Boulder area.
4. *TGIF*- is child friendly
5. *Spoons are for coffee*- Meeting is now doing well for the first time in a long time they paid rent and bought lit. In addition, even donated to the area.

Disbursements

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Disbursements

### Disbursements

| #Check number | Who☺                   | \$Amount | Why?                                  |
|---------------|------------------------|----------|---------------------------------------|
| 1612          | Denver inner City      | 75.00    | Key and Deposit                       |
| 1613          | Denver inner City      | 50.00    | Rent                                  |
| 1614          | Krys G.                | 94.00    | Paper and toner                       |
| 1615          | Ed A. (H&I)            | 16.05    | Coffee                                |
| 1616          | Larry D. (sec.)        | 31.90    | Copies and postage                    |
| 1617          | Tom C.                 | 41.77    | Express mail<br>(Motion passed)       |
| 1618          | Teresa                 | 46.55    | Copies and postage                    |
| 1619          | Christ Comm.<br>Church | 10.00    | Meeting for ad-hoc<br>(Motion Passed) |
| 1620          | Joanne D.              | 12.44    | Copies                                |

### Treasures Report

See report

### Adjournment @5:45

### Issues that are brought back to the groups

1. To have the subcommittees meetings added to the new Mile Area meeting list.
2. Website guidelines are up for approval.
3. Activities guideline are up for approval



#### 4. Area inventory (in sharing)

### Service positions

#### Regional Level

1. HI, PI the subcommittees are searching for chairs. Lit. Is searching for a resource person

#### Area Level

2. Phone line is looking for a Vice Chair. Someone to train when Chair position is up.

### Events

- October 30, 2004- *MHASC Jail House Rock*  
Place TBD. Ellis said that he would make it his responsibility to make sure that groups get fliers for this event. In addition, if you have access to the web please keep up to date to get the flier.
- November 14, 2004- *Service Extravaganza*  
6750 Carr St. @5:30

|                           |          |
|---------------------------|----------|
| <b>BEGINNING BALANCE:</b> | \$ 82.77 |
|---------------------------|----------|

| <b>INCOME</b>          |           |
|------------------------|-----------|
| <b>GROUP DONATIONS</b> |           |
| AIN'T DEAD YET         | \$ 315.92 |
| ANONYMOUS GROUP        | \$ -      |
| A WAKE UP CALL         | \$ -      |
| BLUES BREAKERS         | \$ 50.00  |
| BRING YOUR OWN GOD     | \$ -      |
| BRING YOUR OWN LUNCH   | \$ 150.00 |
| CHAIRS CHOICE          | \$ -      |
| CLEAN & SERENE         | \$ 113.27 |
| CONTINUED DEFLATION    | \$ -      |
| DON'T KNOW DIDDLEY     | \$ 42.00  |
| EARLY BIRDS            | \$ 50.00  |
| FINDING THE WAY        | \$ 51.00  |
| FREE AT LAST           | \$ -      |
| GOLDEN GROUP           | \$ -      |
| HOPE W/O DOPE          | \$ -      |
| HUMBLE LIGHTS          | \$ -      |
| IT'S YOUR HIGHWAY      | \$ -      |
| JUST CAN'T MISS IT     | \$ 20.00  |
| KEEP IT SIMPLE         | \$ 5.00   |
| NA MATINEE             | \$ 25.00  |
| NAFL                   | \$ -      |
| NATURAL HIGH           | \$ 15.00  |

| <b>EXPENSES</b> |                                    |               |
|-----------------|------------------------------------|---------------|
| <b>CHECK #</b>  | <b>DESCRIPTION</b>                 | <b>AMOUNT</b> |
| 1612            | DENVER INNER CITY PARISH (DEPOSIT) | \$ 75.00      |
| 1613            | DENVER INNER CITY PARISH (RENT)    | \$ 50.00      |
| 1614            | KRYS G. (TONER & PAPER)            | \$ 94.00      |
| 1615            | ED A. (COPIES)                     | \$ 16.00      |
| 1616            | LARRY D. (COPIES & POSTAGE)        | \$ 31.00      |
| 1617            | TOM C. (EXPRESS MAIL)              | \$ 41.00      |
| 1618            | TERESA (COPIES & POSTAGE)          | \$ 46.00      |
| 1619            | CHRIST COMMUNITY CHURCH (RENT)     | \$ 10.00      |
| 1620            | JOANN D. (COPIES)                  | \$ 12.00      |
| 1621            | WSO - SEE LITERATURE REPORT        | \$            |
| 1622            | QWEST                              | \$ 170.00     |
| <b>TOTAL</b>    |                                    | \$ 547.00     |

| <b>TRANSFERS</b> |                |    |
|------------------|----------------|----|
|                  | H & I TRANSFER | \$ |
|                  | P.I.           | \$ |
|                  |                |    |
| <b>TOTAL</b>     |                | \$ |

|                              |                    |
|------------------------------|--------------------|
| PEACE OUT WEST               | \$ -               |
| PRIMARY PURPOSE              | \$ 40.00           |
| RAY OF LIGHT                 | \$ -               |
| SATURDAY NIGHT LIVE          | \$ 20.00           |
| SOUTHERN SERENITY            | \$ 60.00           |
| SPOONS ARE FOR COFFEE        | \$ 5.00            |
| SUNDAY SCHOOL                | \$ 9.00            |
| SURRENDER TO WIN             | \$ 8.00            |
| TURNING POINT                | \$ -               |
| UNCONSCIOUS MEETING          | \$ -               |
| UPTOWN STEPPERS              | \$ 150.00          |
| WELCOME HOME                 | \$ 37.00           |
| WOMENS TOUCH                 | \$ -               |
| YOUNG AT HEART               | \$ 28.06           |
| <b>TOTAL GROUP DONATIONS</b> | <b>\$ 1,194.25</b> |

| MILE HIGH AREA TREASURERS REPORT SUMMARY |                   |          |
|--|-------------------|----------|
|  | BEGINNING BALANCE | \$ 82    |
|  | TOTAL INCOME      | \$ 1,194 |
|  | TOTAL EXPENSES    | \$ (547  |
|  | TOTAL TRANSFERS   | \$       |
|  | PRUDENT RESERVE   | \$       |
|  | ENDING BALANCE    | \$ 729   |

| MISC INCOME              |                    |
|--------------------------|--------------------|
| 4 WSUC T-SHIRTS          | \$ -               |
| ACTIVITIES               |                    |
| <b>TOTAL MISC INCOME</b> | <b>\$ -</b>        |
|                          |                    |
| <b>TOTAL INCOME</b>      | <b>\$ 1,277.02</b> |

| ENDING AREA BALANCE FOR AUGUST 2004 |                            |        |
|-------------------------------------|----------------------------|--------|
|                                     | BEGINNING BALANCE          | \$ 729 |
|                                     |                            | \$     |
|                                     | BANK CHG FOR MONTH OF SEPT | \$ (5  |
|                                     | ENDING BALANCE             | \$ 723 |

IN LOVING SERVICE  
LARRY D.  
SECRETARY

## MINUTES FOR October 17, 2004 GROUP REPORTS

### Natural High

We are an intimate close knit group. Last month we changed our format some having open discussion on week, discussion on 2<sup>nd</sup> IP one week, speaker one week, and discussion on a passage from the basic text. The new format has been well received and our 2<sup>nd</sup> meeting has grown by about one addict. Earl.

### CONTINUED DEFLATION

Meets Monday at 5:45 at 809 Wash.

### SUNDAY SCHOOL

Meets Sunday morning at 9 am.

The Sunday School group continues to be a very good NA step meeting.

#### THE GOLDEN GROUP

The Golden Group is doing well with an average attendance of about 17 addicts and 1 newcomer per week. We are not moving next week or any time in the future that we know of. Our group is going to put together some motions for next month and might make some changes to our business meeting times.

In grateful service,

Roarke p – GSR

#### Wake Up Call Group

Great meeting, large turn out, great food, but we still need recovering addicts who can sponsor or temporarily sponsor newcomers. A dynamite breakfast is served at 8:30 a.m. for the very low cost of \$3.00.

Thank you for my recovery, Deb K

#### PRIMARY PURPOSE

We are donating 40 dollars to Area. Leaving 26 dollars to buy coffee ect. For the group. Attendance has slowly been dropping off. This is consistent with last year about this time. Our door will be open next week during the convention. Meets at 11<sup>th</sup> and Filmore.

#### BRING YOUR OWN GOD

Meets thurs at 5:30 pm at Sherman and Hampden, Rolling right along.

#### UPTOWN STEPPERS

Meets at 3315 Gilpin, Sat. at 7:15pm/ Steppers will be hosting 810pm Sat. morning at the convention.

#### HUMBLE LIGHTS

A big concern in our group has been death with death recently being ground, it's made it very clear that this disease is designed to destroy and kill us. The group; discussions have been revolved around the means we are taking to stay clean. s this is so important in our recovery. We have been sharing about the choices we make in our life to stay clean.

#### ANONYMOUS GROUP

Meets at hwy 287 and 10<sup>th</sup> ave. at 8pm. Attendance is down. Group is discussing time change/format and area change.

#### WOMENS TOUCH

Meets at airport and Colfax , Aurora, 3pm sat. Attendance is down, maybe due to summertime. Everything is going well. Having problems getting service positions filled.

#### SURRENDER TO WIN

Meets at 3315 Gilpin MWF 8:-9PM Meeting is doing very well is growing.

#### CHAIRS CHOICE

Meets at 1450 airport road. Things are going good, attendance is steady.

#### KEEP IT SIMPLE

Meets 1395 Sherman thurs at 7:30pm. Attendance is steady. All is well.

#### YOUNG AT HEART

Meets at 1630 E.14<sup>th</sup> ave, Denver at 7:30. Group is doing well in attendance. We have 1 open position (GSRA) we will be giving a donation to area this month.

#### SPOONS ARE FOR COFFEE

Meets at JFT 1395 S. Sheridan tues. at 7:30pm Spoons expressed concerns regarding budget and the possibility of requesting funds from region to restore prudent reserve. Spoons would like to thank outreach for all their support. We are happy to report that our meeting is doing much better and are receiving more support from willing party's to fill our open service positions.

#### CLEAN & SERENE

Meets at 6750 Carr St. Friday at 7:15 and Sundays at 7:00, The meetings continue to do well. The group is concerned about the region having a large sum of money. We continue to educate ourselves on concenses based decision making.

#### FINDING THE WAY

Meets Friday at 7:30pm at west pines, This is a great meeting! This month we purchased 68.20 in lit. and made an area MHASC donation of \$51.00.

#### RAY OF LIGHT

Meets Wed. and Sat. at 1050 Broadway at 7:00pm. This is the only gay based NA group in the state and we welcome all. Group voted to support the new meeting list.