October 2015 Mile High Area Minutes

1. Opening Prayer/ Serenity Prayer – Kerry W

Reading of 12 Traditions –

and 12 Concepts of Narcotics Anonymous -

- 2. Please submit literature orders now as they are only accepted until the break. (Please use current order forms)
- 3. Welcome new **GSRs**, GSRAs and visitors. If you are new, please tell us your name and group. Request mentors for new GSRs. Recognize anniversaries.

New GSR/GSRA's:

Danny R - STW

Chuck – Finding the Way

Anniversaries:

No list returned

- 4. Approval of September Minutes APPROVED
- 5. Administrative Reports

Chair – Kerry W

Thanks for letting me serve. You all should be very proud of yourself. This is as smooth running area as I have seen in my years of service and it is a direct result of you all being prepared and committed to serve again. That is all. In loving Service

Vice Chair – NONE

Secretary - Lena

Just received an update in NAWS newsletter. **Bronze** coins are now available for 31-40 years for \$3.20.

Thank you for letting me be of service.

Treasurer Opening Report – See Below

RCM/Service System Design – Brendan

RCM Oct.

- 1. Attendance
 - 1. 6 GSRs from Mile High Area present, good turnout
- 2. Area Reports

- 1. Serenity Unlimited looking at CRCNA 2017 bid
- 2. Off-the-Wall unhappy with turnout for Western Dance fundraiser (regional event?)

3. Admin Reports

- Vice Chair consolidating all changes into various older documents to have a single Regional Guidelines document
 - 1. How Rotation of Regional Events Works
 - CAR Assembly is always in Denver (April 2016) should know facility by Jan 2016
 - 2. Otherwise Regional meetings rotating alphabetical by Area (Boulder -- BFE -- Mile High -- Mountains West -- Off the Wall -- Pikes Peak -- Serenity Unlimited -- Southern)
 - 3. September 2016 Assembly to be in Southern
- 2. RD attended Zonal Forum in July in Idaho to discuss future of zones (may do GSR workshop in future to clarify zones before get to voting on new measures down the road)
 - 1. CAR Report release on Nov 25, CAT Report release on Jan 25
 **plan for RD Workshops around Colorado on these in Feb 2016
 - 2. World Service Conference April 24-30, 2016
- CNAC -- description of what it is (corporation mainly for liability protection financially and legally, especially around CRCNA)
 - 1. Steve K and Coy P from Mile High elected to CNAC board
- 4. CRCNA XXIX
 - 1. Planning going well -- all fundraisers have been in the black
- 4. Subcommittees
 - 1. PI
- 1. State fair went well, some talk of effectiveness of event though
- 2. H&I
 - 1. CRCNA Sunday Regional Broadcast -- will have all 9 correctional facilities online with us
 - *Denver Women's Correctional have 1 or 2 inmates to share at event
 - 2. Increasing online presence and clarification for volunteers and facility statewide
- 3. PR
- 1. State fair went well and learning ropes of new position
- 4. Website
 - 1. Important to keep Area Meeting Lists updated -- especially meetings no longer happening
 - 2. Updates needed for regional website to nacolorado.org
- 5. Presentations
 - 1. RD & RDA

- Workshop on Planning for Issue Discussion Topic of Reaching Our Common Goals (IDT for 2014-2016)
- Future of NA -- talk around how zones are split up, creating a smaller WSC from 115 people in a room to 12 people in a room
- 3. Discussion on Consensus-Based Decision Making -- some argument around what we do at Region vs what CBDM traditionally does

6. Elections

1. CRCNA Elections

1. Chair: Bruce B (Pikes Peak)

2. Vice-Chair: Jim M (Off the Wall)

3. Treasurer: Don O (Mile High)

4. Vice-Treasurer: OPEN POSITION (4 yrs clean time, acctg experience)

5. Secretary: Jennifer M (Mile High)

- 2. Ratified Dan B (Southern) for PR Chair
- 3. Ratified Gene S (Mile High) for H&I Chair

7. New Business

- 1. Campout Seed Money Increased
- Proposal to Change Guidelines to Allow Only RCMs, RDs, GSRs at Assembly to have vote (remove board and subcommittee from ability to vote)
 **withdrawn and ad hoc formed to discuss clearer suggestions
- 3. Subcommittee Budgets approved -- Tier 3 budget
 - 1. PR Admin Total = \$550
 - 2. HI Total = \$1,450
 - 3. Web = \$300
 - 4. PI = \$2,850

Next Meeting Nov 15, 2015 in Denver (1212 Mariposa) 10am

CRCNA Liaison – Joanne D

CRCNA Liaison Report to Mile High Area 10/04/15
Joann D.

Greetings,

CRCNA has not met since our last meeting. CRCNA XXIX is now one month away and takes place November 4-6. As a reminder, your home group can sign up online for a time slot in the hospitality room online. No crock pots or hot plates are allowed. It is suggested that you bring ready-made foods, prepackaged, or order in pizza. Thank you to all of the home groups that signed up. There are just a few slots remaining as of today.

As of today, there are 11 rooms available for Friday night and 12 rooms available for Saturday night at the convention rate. It was decided to extend the Early Bird Registration to

October 24, 2015, due to having a final event in October. Full price registration will be available online from 10/24 - 11/02/15. After 11/02/15, all registrations will be accepted on site. CRCNA is still in need of dinner and breakfast registrations. Marathon meetings and hospitality room sign up schedules are available on www.nacolorado.org/crcna.

The Silent Disco will be on Saturday night and does require a \$2.00 deposit for your headset. This event will feature several different DJ's that you can choose from to "tune into" with your headset. Please go to www.nacolorado.org/crcna to reserve your headset today. Our order of headsets will rely on the amount reserved and there will be a limited amount available onsite.

Upcoming Events:

October

10/24/15 Mexican Dinner/Bingo – Pikes Peak

The following subcommittees need assistance at CRCNA; Registration, Hotel, H & I, and Merchandise. Most of these committees do not require a minimum amount of clean time. Please let me know if you our any one in your home groups would like to volunteer. It is a great way to meet a lot of people, have fun, and to be of service to your convention.

The next CRCNA meeting will be 10/10/15 at 11:00 am at The Englewood Public Library.

In Loving Service, Joann D.

- 6. Roll Call: Quorum = 14 (July, August, September) See doc below for details.
- 7. Elections NONE
- 8. Old Business NONE
- 9. Group Reports (MUST submit to the secretary in writing or email to be added to minutes.)
- 10. Ten Minute Break WAIVED
- 11. Sharing Session WAIVED
- 12. Reading of Service Prayer Tracy
- 13. Subcommittee ReportsActivities Clayton NO REPORT

H & I - Jenette

Literature – Kevin NO REPORT

Phone Line – Jordan

Phone Line Report Mile High Area October 4, 2015

The following slots need to be filled:

Tuesday 6am-10am, 10am-2pm (2 slots) Thursday 2pm-6pm Friday 6am-10am, 10am-2pm

Please announce this at your meetings. We still need a volunteer coordinator- 1 year clean time, information line coordinator to return missed calls- 1 year clean time, and a secretary- 6 months clean time. Please talk to me if you're interested.

We had 5 missed calls and 272 total incoming calls. I'd like to add a fifth volunteer to every time slot so that we can really have as much support and as few missed calls as possible, so that's really my current goal for the phone line right now. Please announce at your meetings that any and all times are available to be filled.

Phone Line Missed Calls for September:

Wednesday 10:36 AM

Thursday 2:59 PM,

Sunday: 3:46 PM, 1:17 PM, 10:33 AM,

Thank you for letting me be of service!

Jordan B.

phoneline.mhasc@gmail.com

Public Info – Travis

Hello Lena,

All guide lines are up to date and did not need any revision.

Thanks,

Travis H

Date: Sunday, October 4th, 2015

Subcommittee: Public Information Committee

Chair: Travis H.

Email address: napidenver@hotmail.com

Meeting Location & Time: 1212 Mariposa, 12noon before Area Sundays

October 4th, 2015 Report:

Hello from your Public Information sub-committee! My name is Travis and I'm an addict.

David B. has become our new PI vice chair.

Advocates for Recovery was held at civic center park on Saturday Sept. 19th from 12-4 PM. Myself and one other addict attended this event. It had a medium turnout with visitors but overall was good.

Our Literature Rack program was recently expanded to a new site in steamboat at the Yampa Valley Medical Center. More Literature and Racks were ordered today to expand to at least two more locations.

Library literature donation program is still going well. 4 it works: how and why were added to Jeffco Library system.

I would like to have more options and ideas for cost effective advertising, and we are discussing ways to modify the literature rack program to make it more cost effective.

Please seriously consider recommending Public Information service work to recovering addicts you may know that are looking for service work.

In humble service.

Travis H. (personal cell for any inquiries -->720-612-1061 or napidenver@hotmail.com

Training – Sarah L

Good afternoon,

Today there was one addict at the introduction to services training. For GSR training there were no addicts who attended. Thank you to Kathy K., Dan M., and Bob D. for substituting for me at last area while I was out of town. I looked at the training subcommittee guidelines and noticed that it states vice-chair and subcommittee members as part of this subcommittee. As of now I am the only person who is doing this. I would like to invite anyone who may be interested to join me for a subcommittee meeting the day of area on **November 1st** at around 12:30, and if someone is interested in being vice-chair and eventually taking over as chair please come see me next month at area as well.

I have received a request to look at the possibility of revamping the introduction to service training powerpoint as it has been brought to my attention that the training is a little too lengthy and some of the information is repetitive and out dated. As for the powerpoint I have been working on for GSR training, I am still working on it and hope to have it completed in the next two areas.

Thank you for allowing me to be of service, Sarah L.

Introduction to service chair

WEBSERVANT - Scott B NO REPORT

LITERATURE – Kevin NO REPORT

Current inventory amount is \$

PR Coordinator – Dan

Hello from your Public Relations committee! My name is Dan and I'm an addict.

We are taking names and kicking ass at our 1pm Public Relations meeting, figuratively speaking of course!

We achieved our October 4th goal of having all sub-committees create uniform nomenclature email addresses. Old/legacy email accounts will remain open for the unforeseen future so that no communication is missed no matter what email account is contacted. Our nadenver.org website now reflects all these new addresses.

Most of the sub-committees are still working on reviewing and updating their own sub-committees guidelines. We need more time to fulfill this task due to the volumes we are all handling in our sub-committees. Please be patient and we will accomplish this task in the near future for the health of our Area.

Collectively, all sub-committees continue to work on the complex task of creating a "chair rotation" checklist to assist incoming chairs with helpful duties, tasks and tribal knowledge that might be lost otherwise.

The Google Calendar on the Events page of <u>nadenver.org</u> has been up and running since mid-September 2015. It's a calendar called "MILEHINA events" and for simplicity sake all Mile High Area sub-committees each have access to post upcoming events to it. Updating the events page to a calendar will also help folks to see at a quick glance what, and when, upcoming events are listed, hopefully to prevent multiple NA events occurring at the same time on the same day. This simplicity of viewing will only work if events are posted though.

As a friendly reminder, all sub-committees need folks to show up and jump into service at each of our Area Sunday monthly meetings.

One last thing to mention is a new motion that will be discussed later today at Area. Brendan, our RCM, attended our Public Relations meeting today and the chairs all learned about some optional service structure changes that may help reduce effort and redundancy while also streamlining effective communication from the sub-committees of the Mile High Area at the monthly area meeting. In a nutshell, we will pose a motion later today to suspend some of each sub-committees guidelines related to making individual verbal reports to the Area body for the next 2 months and see if implementing one verbal report to the Area body from the Public Relations chair will be more efficient/effective.

In humble service,

Dan M. (personal cell for any inquiries --> 720.569.7746 or publicrelations.mhasc@gmail.com)

- 14. New Business Motions **NONE**
- 15. Disbursement of Funds (Outside of approved budgets.) **NONE**
- 16. Action Items for next month
- 17. Closing Treasurer's Balance \$__SEE Below
- 18. Announcements / Reminders for next Month NONE
- 19. Adjournment

GROUP NAME	8/2/2015	09/13/15	10/4/2015
The 5th Tradition Group	2	\$20	1
Out and Emerson	1	1	. 1
12 Alarm Recovery			
A Wake Up Call		1	a a
Ain't Dead Yet	1		1
Nurora South Side Survivors	1	1	11
Addicts in the Attic			
Back to Basics	3 3	1	1
Blues Breakers	2	. 1	1
Bring Your Own God			
Bring Your Own Lunch	1	1	1
Castle Rock Group (Clean & Crazy in CR)			
Chair's Choice	1	1	4
Clean and Serene	1	1	9
Continued Deflation	9	P .	
2	8	1	Υ.
Don't Know Diddly / Unconscious Meeting	. 4	1	. 1
Early Birds			
inding the Way	4	1	্ল
ree At Last	-	1	4
Solden Group:	1	1	1
Hope Fiends	5	*	830
Hope Without Dope			
Homble Lights	. 4	1	54
Just Can't Miss IL	-		1
A STATE OF THE STA	1	S T	
Keeping It Clean	3	1	্ল
Less Talk, More Action			
Living Clean, The Journey Continues	1	68 7	:1
living Proof	1	1	00.1
Meet'n Up North		10	1
Living Life Clean	1		8
NA Matinee	1		
NAFL			
Natural High			
New Ways of Living		vo.	1
No Matter What	1	1	1
Peace Out West	1	10	, and a second
Primary Purpose	Š	(0)	Š.
Ray of Light	5	1	
Razor's Edge			
Saturday Night Live			
Southern Serenity	31	1	1
Spiritual Awakenings	1	1	24
Still Awake, Still Dreaming	1	1	9
Straight Fax	g	1	4
Sunday Evening on the Hill	1		
Surrender To Win	<u> </u>	1	4
Take the Highway	- 3	11	
This Ain't Therapy 2 (TAT2)	*	+	
IGIE			
The Later Control of the Control	32	925	85.1
This Ain't Therapy	1	1	1
Fogether We Can, Highlands Ranch	1	1	1
Fogether We Can, Steamboat Spgs	1	1	
Uptown Steppers		1	1
Welcome Home	1	1	1
Writing to Freedom			
You Me and HP	1		4
Young At Heart	1	1	9
	-5	1	7
Number of Groups Called	58	59	59
Total in Attendance	30	31	31
Attendance Necessary for Quorum	14	14	14

October 2015						
AREA			LITERATURE			
Opening Balance	\$ 2.24 Opening Balance		\$ 997.23			
	·		Income	\$ 2,086.12		
Income			Expenses	\$ -		
7th Tradition	\$	1,102.21	Closing Balance	\$3,083.35		
Fraud Funds Rtrn	\$	1,871.45				
Training Balance from Q1	\$	25.58				
Total Income		2,999.24	ACTIVITIES			
			Opening Balance	\$ 400.00		
Contractual Expenses			Income	\$ 533.74		
Century Link			Expenses	\$ 633.30		
OneBox			Closing Balance	\$ 300.44		
Brendan C.	\$	104.00	Kiddy Limit	\$ 1,000.00		
OneBox Storage (Sept)						
Street Media			Closing Balance Area	\$ 2,090.13		
	\$ 104.	104.00	Contractual Reserve	\$ 1,782.09		
			Literature			
Budgeted Expenses			Activities	\$ 300.44		
Lindsay B. (Postage x 4)	\$	15.76	Opening Balance Nov	\$7,256.01		
Sarah L (Outreach Q2)	\$	50.00				
H&I Lit	\$	200.65	This Opening Bala	ance for		
Outreach Lit	\$	7.20	November will change	as there are		
Activities		533.74	further bills due this r	nonth. The		
		807.35	true opening balance a	and monthly		
			summary will be avail	summary will be available at Area		
Out of Budget Expenses	\$	-				
T-4-1 F		044.35				
Total Expenses	\$	911.35				
Opening	\$	2.24				
Income	\$	2,999.24				
Expenses	\$	911.35				
Closing	\$	2,090.13				

Q2 Approved Budget							
October, November, December, 2015							
				ОСТ		Remainir	
H&I							
Literature	\$750.00			\$	200.65		
Supplies	\$ 25.00						
Outreach	\$100.00			\$	7.20		
		\$	875.00	\$	207.85	\$6	67.15
PI							
Literature	\$600.00						
(Expanding Literature Rack Program)							
Misc.	\$100.00						
(Photocopying, supplies, mailing expenses)		\$	700.00	\$	-	\$7	00.00
Training							
Photocopies & General Supplies	\$ 50.00			\$	50.00		
		\$	50.00	\$	50.00	\$	-
Admin							
Photocopies & General Supplies	\$ 25.00						
Postage	\$ 15.00			\$	15.76		
		\$	40.00	\$	15.76	\$	24.24
Phoneline							
none submitted							
		\$	-	\$	-	\$	-
Literature							
	\$170.00						
		\$	170.00	\$	-	\$1	70.00
Total I	Requested	\$1	L,835.00				
То	Total Income		2,016.86				
	Difference		181.86				
Re	gion (60%)		109.11				
	World (%)	\$	72.74				

If you would like a copy of the full, detailed spreadsheet, please email the treasurer: mhasctreasurer@gmail.com