

NA Area August 2008

Begin time 1400

Readings of the Service and other stuffs pre meeting.

Do we have any new GSR's five in total

Anniversaries four total

Approval of minutes: Passed

Chair Alan Read his agenda.

Vice Chair No report.

Secretary: Read Agenda

Treasurer : Sammie agenda read by proxy Mack.

There is a need for the committee less the secretary to show

Treasurer Opening Balance: \$1,575.22; Emergency Reserve: \$1,170

RCM Read Report

RCM Two Report

Roll Call GSR's Present: 18

Group Reports

Labor Day Picnic is noon on September 1<sup>st</sup>. 2008 at Progress Park hosted by Ain't Dead Yet.

Activities Report

CRCNA Report

Host Hotel for CRCNA rooms are all sold out.

H&I Report

Lit Report

Out Reach Report

Phone Line Report

## PI Report

### Website Report

1,500 Meeting Lists Delivered

Area Planning Tool ad-hoc report

Logo Winners: The vote on the final five designs is on September 7<sup>th</sup> at 1400 hours. All designs are on the website [www.nadenver.com](http://www.nadenver.com) under events.

Nomination Training Chair Torri nominated. Accepted and voted in.

Nomination for Assistant Treasurer Pat possible wave of clean time requirement of four years to two; NA has this guide line and two addicts concur with this wave. Mack stated that there is a clean time requirement and they are accountable for the money but willingness and ability can be an over-riding factor for the lack of clean time; Pat has the experience in this area. Torri: Some things just aren't negotiable like our traditions some things are hear-say some are factual, we are dealing with our money; willingness or not is just not enough, a warm body when is that just not enough for us anymore? We need to grow up and stop filling it with warm bodies and someone that has the time and the experience to fill the position; recovery is based on recovery and based on spiritual principles that not on our disease, let's not fill our positions like this.

Sammie spoke about things doing the position as primary she explained how she came up short and after to make everything better, but at the time she was in a panic but it was a bank error not her own. Pat declined the nomination no vote was made.

### New business

Lindsay B and Spence – Pay for CRCNA registration for the winning design: passes

Lindsay and Bob P: donate 10 solutions T-Shirts for raffle

Torri: How many do we have and what is their worth and why have they not been made available for the area before.

Lindsey states that they are worth \$5.00 each but yes we have X of each size just not sure how, Torri wants an official count by next area and maybe we can sell them for \$10.00. Lindsay thinks as an area we should not decide, but as activities we can and there will be an inventory next month.

Joann D and Bob D: proposal to change the guidelines under budget article X, to read as follows: the deletion of the emergency fund and must be adjusted to the needs of the next three months, budgeted contractual obligations have to be set up in quarters. This requires a 2/3 vote and it means we have our phone line and it costs \$400.00 and the contractual obligation to them is \$100.00. Also to remove more verbiage from the emergency fund and it cannot be used only for contractual obligations and nothing else only when there is no other money available to pay for them.

Keegan is not comfortable voting on this without taking this back to his group; he also feels that there is too much on a full plate that does not need to be here.

Joann pulled the motion and is going to give it to the ad-hoc.

Ron T and Daryl M: Donate the group pamphlet to outreach so that we can take some literature and material to groups that are not represented at the area. The intent is to use this and other pamphlets as a welcoming format to new groups that are not part of or familiar with the areas ability to support groups in being more efficient. Tabled by Ron

Motion by Joann D and Spence: H&I change the guidelines that members that serve to carry a clear message while using prescribed narcotic and or under an extreme traumatic life circumstance has changed.

Pro: Michelle W. how can you be the best you can be if on narcotics? Michelle is in favor of this vote.

Torri: Being a part of P&I She understands being under the influence and doing a presentation can put NA in harm's way; the same applies for H&I. As far as the life circumstance personally I think that is a very wrong perception of this problem. There is a testament after her son had a bad medical issue this did not affect her ability to serve NA, and maybe NA could have helped her in the end like most service work tends to; she was still able to perform to her abilities. No on traumatic life event.

Robby: Agrees on the narcotics end disagree 100% on the traumatic life event.

Joann agrees on the Narcotic part, not the traumatic life event as the creator of this motion I will withdrawal the traumatic life experience, after which Torri and Robby are 100% behind it.

Mike H. I have a few technical problems with this, does this mean admin or sub-committees but does this imply that activities can't have any one that is using a narcotic medication. Does this mean opiates? What exactly does this mean? Are we going to define this or not?

Brian: Having attended the world work shop last year as this was being formulated, but the temp was rising fast it had to stop. Is this now approved literature? If someone is unstable can they may be unsuitable for service. I am not pro someone high on a script but there are some non-narcotic meds that can be just as bad.

George: This rubs me the wrong way in every way and it is just a suggestion that the member stay away from this until this is over. I do not want to be a part of this if it is in black and white, this is a slippery slope and it should lie between the sponsor and sponsee.

Joann: The back ground as to why I am a pro the area wanted to go in as a representative of NA that was on methadone and H&I started to look for some direction on what to do in this case. The reason that it is stated as a narcotic med, we are not doctors or anything of the sort but we were looking for a direction in how to deal with this, and they may in fact be the most mind altering of all drugs. When we do service work and wither we like it or not we are representing NA and what if you're an addict and you are on xyz pain med and someone asks are you taking meds? Are you to lie or do you tell the truth?

2 for 10 against motion failed.

Scott H. and Bob D. Surplus of books to give to activities to sell at events. Motion passes.

Brian S. and Keegan: Motion to reimburse RCM's \$200 for travel expenses. Passes.

Sharing Session

Michelle: archives

Spence: shorter area time

Marika: missing meetings

Brian Donations

Archives:

Printing budget for secretary to print off things.

Archives: Michelle she stepped up with John R and there has not been not one communication whatsoever with John R. Is this committee taking ownership? Is John selecting on this and if he is alone I request that he be removed.

Torri: Does not like the idea of a one person ad-hoc and does not like the idea of us doing these things in people's houses, unless you are a friend of you are canceled out, I would not go to John's house.

Bob D: This may be the best solution for this but no one will bring a scanner to do this here.

Torri: Get bids from outside companies that way it is not in a house.

Scott: The purpose was to remove the hard copy.

Michelle Is going to look into bids from and if John is not here with info then we will discuss it.

Spence: This is really hard to streamline this; maybe we can do reports every other month.

Keegan: To generate discussion around getting reports but sub-committee reports are done a week before so all GSR's can access them and then they can bring it to the reports to their groups and then we only entertain questions.

Torri: We should not require that people have a computer to serve, and we have to depend on the integrity of communications and it was vital to get the information from region, world, sub-committees and all the groups. We are here to fellowship and this area is around four hours and that is the average meeting per month.

Mike: Maybe we can be more forcefulness about not letting chairs finish before interjecting and maybe there is too much back and forth, maybe we need to just cut this off and tell them to talk at the break. There is too much red tape.

Mack: the time we spend here is not a lot compared but one of the things that we can do is not read every word of the reports, slim down to just what is vital.

Marika: The chairs can streamline their reports, and then we can bring this back to this groups and a lot of questions can be answered. The sub-committee reports get bogged down with why this or that? They might need to hold a separate meeting.

Defunct meetings: There is a new meeting on the list called New Meeting on Saturday at 2000 hours and that meeting is no longer there 15210 east 6<sup>th</sup>. Ave Aurora. We need to be more vigilant about the updates of the meetings.

Mack and Bob P: reimbursement to donut hole for \$15.00 that Mack paid out for rent. Passes.

Carl S. and Don P. \$25.00 purchase literature from world services to send to inmates in the month of august.

Bob D. are there any rules that these places have before we send. Passes

Lit balance: \$1347.44

Treasurer: \$159.77.

In grateful service to NA

Robby Lake

## **AREA PLANNING TOOL AD – HOC REPORT**

The Area Planning Tool Ad Hoc met on July 16<sup>th</sup>. We completed Step 5 Creating Approaches (actions to reach goals) “An approach describes how to reach a specific goal – what steps an area has to take to achieve its identified and prioritized goals. The plan to reach a goal takes into consideration all current area efforts, the information that was gathered from the groups and area inventory sessions, and new ideas, In the interest of simplicity, members may want to limit the number of steps to achieve each goal to two or three.” – Area Planning Tool

Based on Step 4 these are our findings.

### **1) Guidelines – (Review and Rewrite)**

A) Articles I-VI and VIII-X will be the responsibility of the Administration and Ad-Hoc Committee.

B) Articles VII and Subcommittee Separates will be the responsibility of the Subcommittee.

C) Include overlapping terms for trusted servants as described in the PR Handbook pg.26 Communication and Effective Services

D) Decide on a single method of voting for specifics.

Roberts Rule of Order VS Consensus Based Decision Making

E) Housecleaning – to include all changes that have been made recently and delete those that are no longer valid.

At the end of the Rewrite the guidelines will be distributed to all homegroups for approval. Any addicts willing to participate in any part of the review or rewrite process are welcome.

### **2) Training and Mentoring**

A) Elect a Training Chair

a)GSR Trainings prior to ASCs

b) Regularly scheduled learning days

c) Teambuilding Exercises during ASCs

d) Overlapping term to train next chair

B) Keep with established Mentoring project

C) Area support available for train group level trusted servants

D) Have feedback for groups to bring back to Area. Pose a question each month or every other month and discuss during Open Forum

3) Willingness and Humility to ask Region and NAWs for help/suggestions

A) Also other areas for experience, strength and hope

B) Region's experience with CBDM

C) Stay current with literature and workshops

Our next meeting will be August 6<sup>th</sup> at 6pm. We will be completing Step 6 Prioritizing Approaches (a second look). This is the last step before we solidify our plan. This has been an insightful and amazing process.

It is a privilege to serve Narcotics Anonymous.

3 August 2008

MHASC Literature report

It seems like just a couple weeks ago when we were last here. With being out of town and only a few weeks between area meetings, time got away from me. Therefore, I placed this month's order with less than ten business days to arrive, so as a result, I have not received it yet. I am sorry if I do not have some things people need. I am completely out of two of the I.P.s, but should have sufficient numbers of most other things.

Special thanks to Kyle and Vale, who helped me do a complete inventory of all items in the stockpile. The only items not counted by the piece are key tags. My committee will hopefully take care of this today. I took every box of literature out of the storage unit for this inventory, not realizing that one box belonged to the activities committee. When Lindsay gives me a list of the items that were in their box, I will remove those items from the inventory, and have a very accurate count of all that we have.

I believe all old back-orders will be filled after today. Hopefully I will not have too many new back-orders. I am trying to illuminate this problem without ordering too many excessive extras. At this point I have more booklets of "The Group" than I know what to do with. I would like to send one home with each GSR present today so I can replace these items with more of the I.P.s people really need. I will be sending a motion up accordingly. I also found many service manuals, so if committee chairs need them for their members, please let me know. I believe I have many of the items that H&I, PI and Outreach usually need, so these chairs should not be shy in their orders.

I have only received a couple of email orders at this point. And Chris has not told me he received any, so I assume people are not sending them. Please let me know if you sent an order and it has not been filled. Let's make sure you've got the right email address.

In service,

Scott H.



## **Group Reports August 2008**

Homegroup: Sisters in Recovery

GSR: Denise H. (rep not the GSR)

Email Address: [hy.rn@hotmail.com](mailto:hy.rn@hotmail.com)

Meeting Time and Location: 14-2 Pearl St. 1930 hours Thursday (Backdoor)

Average Attendance: 7

Average Number of Newcomers: 1

Group Conscious: Last Thursday of the Month

Report: Women's group: group is doing very well first week is a book study; second week is open discussion. Third week is a speaker meeting and last week is an open discussion. If you plan to attend this meeting you have to enter from the back door as per our rental agreement.

How can the MHASC assist your group? We would like to see more people from the area check our meeting out (I assume females sorry guys).

Homegroup: Ain't Dead Yet!

GSR: Bob P.

Email Address: [rmpage10@yahoo.com](mailto:rmpage10@yahoo.com)

Meeting Time and Location: 8085 E. Hampton Ave. 7 days a week from 2000 to 2100 hours, (W-F from 1930 to 2100 hours)

Average Attendance: 35

Average Number of Newcomers: 5

Group Conscious: Last Sunday of the Month

Report: Ain't Dead Yet is holding our annual Labor Day picnic on Monday September 1<sup>st</sup>. 2008 at 1200 hours until 1700 hours at Progress Park shelter where we have for the past few years. Good strong Attendance and we have a tradition study on the last Monday of the month.

How can the MHASC Assist your Group? No comment left.

Homegroup: Clean with an Altitude

GSR: George D.

Email Address: na@mayadog.com

Meeting Time and Location: Coal Creek Canyon Coffee & Book Store 1900 hours on Tuesdays

Average Attendance: 10

Average Number of Newcomers: 1-2

Group Conscious: Last Tuesday of the month as needed

Report: Our group has been in existence for eight months. We have four members who are residence of the canyon/foothills. We have 2-4 members from the flatlands. We would like to see more support from the MHASC before Winter sets in (not too long for us). We are hoping to put together a BBQ this month to show our gratitude for the support we have received so far. Stay tuned; in loving service George D.

How can the MHASC assist your group? Not at this time.

Homegroup: Hope without Dope

GSR: Michelle M.

Email Address: michelleeee696@yahoo.com

Meeting Time and Location: Wadsworth and Hampton Wednesdays 1900 hours

Average Attendance: 15

Average Number of Newcomers: 2

Group Conscious: Last Wednesday of the month

Report: Our speaker meeting and potluck has been a great success. Next month's speaker is Tiffany S. (no mention of when this happens).

How can the MHASC assist your group? No comment.

Homegroup: Surrender & Recovery

GSR: Michelle W.

Email Address: umplet462000@aol.com

Meeting Time and Location: 1422 Colorado Blvd. Wednesday 1900 hours and Saturday at 1600 hours.

Average Attendance: 9

Average Number of Newcomers: 1

Group Conscious: Last Wednesday of the month

Report: Meetings are going good. We made a \$20.00 donation to area this month and we elected a GSRA, treasurer's assistant and an assistant secretary.

How can the MHASC assist your group? No comment.

All proposals and motions are not going to be typed up. I have left notes on all in the minutes if you want to hear them verbatim them please call me at 303-981-3934 and I will either call you back or call you from my home number if I am at home.

In grateful service to NA

Robby Lake

## **Mile High Area H&I Subcommittee Chair Report August 3, 2008**

The H&I Subcommittee met last on July 13<sup>th</sup> with 21 in attendance, which included 10 new volunteers who came for training. All the newly trained volunteers were assigned to a facility by the end of the meeting and are ready to begin service work through H&I.

We currently take H&I meetings into 24 facilities, two of which have asked for additional weekly meetings to the ones we are already holding. There is still a need for male volunteers at Jefferson County Jail and both men & women at ICCS and Denver Cares. There are Panel Coordinator openings at Marvin Foote Boy's in Centennial and Peer One Outpatient in downtown Denver. Additionally, we are currently holding talks with the program directors at Camp George West, the Wright Center, Marvin Foote Girl's Side, and Douglas County Jail to begin new meetings in these locations. Needless to say, we need more volunteers. I appeal to everyone present here today to take back to your home groups and other meetings you attend the need for H&I volunteers. Remember, we can only keep what we have by giving it away, and there are so many suffering addicts who need to hear the NA Message.

If you are interested in H&I service work or want to learn more about what H&I does, please join us next Sunday, August 10th at our subcommittee meeting, right here at 1212 Mariposa at 5pm. If you have six months clean time you are able to go into 17 of the 24 facilities we currently serve. The correctional facilities and jails generally require 1-2 years off paper and a background check. I encourage anyone interested to also consider going in as an observer or guest speaker to one of our non-DOC facilities.

Many members of the Mile High Area H&I Subcommittee along with H&I members from other Colorado areas have applied and been cleared to begin the training process with the State of Colorado Department of Corrections. The first training for these volunteers will be held Sept. 13<sup>th</sup> at the Denver Women's Correctional Facility. This regional effort combines H&I members throughout the state to be able to take the H&I message to the prisons and correctional facilities in Canon City and other outlying areas.

The Mile High Area H&I Subcommittee will be present with our sign, new volunteer sign up sheets and informational packets at the CRCNA XXII Luau & Pig Roast in Boulder on August 2<sup>nd</sup>, the Labor Day Picnic September 1<sup>st</sup>, and at the Chili Cook-Off and Talent Show on September 20<sup>th</sup>.

I'm grateful to be of service!

Valery M.

# Mile High Area Service Committee Web Committee Report - August 2008

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Date: 3 August 2008

Meeting Location & Time: Called by request

## Report:

I delivered 1500 Mile High Area meeting lists at the MHASC meeting.  
I delivered 100 Colorado Region meeting lists to Area Subcommittee chairs.

## Meeting list changes

### Added meetings

- *Monday*  
8:00 pm *Blue Light Special – C, Men's Mtg - 3031 S University (west side next to church, blue light at door)*

### Edited meetings

- *Monday*  
8:00 pm *Ain't Dead Yet! – ST, WA, TR last Monday - 8085 E Hampden, Denver*  
*Note: Added Tradition's Study last Monday of the month*
- *Thursday*  
6:00 pm *NA Matinee – ST, TR - 1395 S Sheridan Blvd Unit G*  
*Note: Added Step Study*
- *Friday*  
6:00 pm *NA Matinee – O, D, BK, WA - 1395 S Sheridan Blvd Unit G*  
*Note: Removed Step Study*  
  
8:00 pm *NAFL – O, D, Candlelight - 3500 S Logan (use East entr)*  
*Notes: Added Candlelight*

### Removed meetings

- *Wednesday*  
8:00 pm *NA Tag and Topic – O, D, SP - 12755 W Cedar Dr, Lakewood*
- *Thursday*  
8:00 pm *NA Free On The Outside – O, D - 1740 Williams St, Denver*

### Other meeting list changes

- *Mile High Areas service Committee & Sub Committee Meetings*  
*Removed: Phone Line ..... 2nd Sunday of each month 5:00pm 1212 Mariposa*  
*Added: Phone Line ..... email DenverNAPhoneLine@hotmail.com*

There is a meeting list update sheet going around, please return it to me.

The events page had flyers posted for the CRCNA Luau in Boulder, the dance in boulder, a request for phone line volunteers, the Standing on Higher Ground retreat, and the 5 Logo contest entries. I have not received any speaker meeting updates for August.

The issue with email forwarding from the [milehina@nacolorado.org](mailto:milehina@nacolorado.org) address has been resolved.

If any MHASC Subcommittee chairs or administrative committee members need a change made on the website, please talk to me at the break.

This report was forwarded to the Regional web servant and the MHASC members.

Thank you for allowing me to serve,

Mike H. - MHA Web Chair

**RCM  
REPORT  
Mile High Area – August 2008**

I attended the Regional Learning Day and Assembly in Grand Junction held on July 19<sup>th</sup> & 20<sup>th</sup>.

At the learning day on Saturday, it was nice to hear several addicts from our region share their experience, strength and hope in regards to the 12 Traditions.

The assembly on Sunday was well run and very productive; several proposals were discussed and voted on. There was some dialogue in reference to the overall participation level by GSR's and the host area in particular. It was helpful to hear from the few addicts from the western slope that were in attendance.

The report from the World Service Conference presented by our Regional Delegate (Don T.) was very thorough, and I encourage everyone to review it on the Regional Website ([WWW.nacolorado.org](http://WWW.nacolorado.org)) I am grateful for Don's service to our region and our fellowship.

Brian S.

# Mile High Area of Narcotics Anonymous

## Regional Committee Member Report

August 3, 2008

The Regional Assembly went well. On Saturday we had a good turnout for the Learning Day activities. Experience was shared on the topics of Traditions 1 – 7 at the Group level and Tradition 6 – 12 at the Area level in the morning session. Our RD & RDA were able to present a partial workshop on Leadership in Narcotics Anonymous.

On Sunday the Regional meeting was attended by 19 GSR's and GSRA'S with 5 being from the Mile High Area. The Vice Chair reported on the options available currently for phone services within the region. The proposal from the previous meeting was addressed again in old business; asking to provide an information line and phone service to Area's that currently do not have service if it is requested by the Area. This proposal was tabled once again in order to present the cost to the Areas for consideration. There is a one time set up fee of \$100.00 and \$15.00 per month for maintenance. Some discussion that transpired was information being vague, there are no guidelines, and it was pointed out that this proposal was just to make the line available to an Area if they decided to use this service. The Vice Chair also brought up discussion concerning the possible formation or use of a Public Relations subcommittee. This brought about the same discussion points from the April assembly. As a result the Chair has appointed another ad-hoc committee to reinvestigate this tool.

Public Information presented a nomination for a new chair of Tawni C. She was not present therefore could not be voted in. One proposal presented by this committee is to make Outreach a standing subcommittee of the region.

H & I is making strides on getting DOC clearance for members to go into Sterling and Canyon City. The committee is in need of male volunteers. There was discussion about using JPal to do correspondence with inmates from some of the Federal prisons.

Brenda E. is now our Regional Delegate and will be attending the Rocky Mountain Zonal Forum. The RDA position remains open. We created a new CRSC Budget standing subcommittee. CRCNA guideline changes have been approved. Colorado Springs brought a bid to host CRCNA next year and was awarded the bid. We will have more information soon as they already have three bids to choose from.

Other areas are doing well. The Pikes Peak Area has begun an Outreach subcommittee and has begun to do some letter writing to inmates in the institutions in their area. I received a name and phone number that I will be passing onto our Outreach subcommittee.

I would like to thank the Area once again for making it possible for me to attend the Regional Assembly and I have returned 22.81 to the treasure, along with my receipts. Many who were in attendance went to a Saturday night meeting and we had great fellowship.

In Loving Service, Joann D