# **Introduction to Crypto**

Before diving into trading, it is essential to understand what crypto is and why it matters.

## **History of Money**

Humanity has always sought better ways to exchange value from barter systems, to precious metals, to paper money, and now to digital assets. Cryptocurrencies represent the next evolution: programmable money.

- **Bitcoin** The pioneer of cryptocurrency, designed as decentralized digital cash that removes the need for intermediaries.
- Altcoins & Stablecoins beyond Bitcoin, thousands of alternative cryptocurrencies exist. Stablecoins are unique as they are pegged to traditional currencies like USD, reducing volatility and making them more practical for daily transactions.

### **Use Cases**

- ✓ **Payments** Enabling fast, borderless transfers.
- ✓ **DeFi (Decentralized Finance)** Offering services like lending, borrowing, and yield generation without banks.
- ✓ **NFTs** Creating digital ownership over art, collectibles, and media.
- ✓ **Remittances** Reducing costs and increasing speed in cross-border transfers.

### • Why Blockchain Matters

- ✓ **Decentralization** No central authority controls the system.
- ✓ **Transparency** Public ledgers give anyone the ability to audit transactions.
- ✓ **Immutability** Once data is recorded, it cannot be changed, ensuring trust.

# **Blockchain Mechanics & Security**

Understanding how Blockchain works is key to appreciating its value and using it safely.

### • How Transactions Work

- ✓ **Ledgers** Distributed records storing transaction history.
- ✓ **Consensus** The mechanism that allows participants to agree on the state of the ledger, preventing fraud.

- ✓ **Gas Fees** Small costs associated with processing transactions, ensuring efficiency and preventing spam.
- Stellar as a Case Study Stellar is designed for fast and affordable payments. It allows for tokenization of assets and near-instant global transfers, making it especially useful for remittances and financial inclusion.

#### Wallets

- ✓ **Hot Wallets** Connected to the internet; convenient but more vulnerable to hacks.
- ✓ **Cold Wallets** Offline storage; highly secure but less accessible for frequent transactions.

## • Security Best Practices

- ✓ Keep your private keys safe and never share them.
- ✓ Use hardware wallets for significant funds.
- ✓ Enable two-factor authentication (2FA) for extra account security.

# **Exchanges & Navigating the Crypto Market**

To buy, sell, or trade cryptocurrencies, you'll interact with exchanges.

- **Centralized Exchanges (CEXs)** Platforms run by companies. They provide user-friendly interfaces and customer support but require you to trust them with your funds.
- **Decentralized Exchanges (DEXs)** Peer-to-peer platforms where users trade directly from their wallets, maintaining full control of their assets.
- **Trading Pairs** Cryptocurrencies are often exchanged in pairs (e.g., BTC/USDT, ETH/USDC). Understanding these pairs is essential for navigating markets.

## Getting Started

- ✓ Setting up an account on an exchange.
- ✓ Depositing and withdrawing assets safely.

### Crypto Jargon

- Market Cap The total value of a cryptocurrency, calculated as price × supply.
- **Liquidity** How easily an asset can be bought or sold without affecting its price.
- Alt Season Periods when alternative cryptocurrencies outperform Bitcoin.

# **Key Takeaways**

By understanding the basics of crypto, Blockchain mechanics, security practices, and exchanges, you establish a solid foundation for exploring more advanced topics such as market literacy, risk management, and trading strategies. This knowledge helps you navigate the space with confidence and avoid common mistakes, setting the stage for deeper engagement with digital assets.