

Southwest Regional Medical Center

Provider: Dr. Sarah Johnson, MD

Date of Service: 03/15/2024

Patient: John Smith

Chief Complaint:

Patient presents with lower back pain radiating to left leg following motor vehicle accident on 03/01/2024.

History of Present Illness:

45-year-old male involved in rear-end collision on 03/01/2024. Reports onset of low back pain immediately after accident. Pain rated 7/10.

Physical Exam:

Vital Signs: BP 130/85, HR 78, Temp 98.6F. Lumbar spine: tenderness at L4-L5. Straight leg raise positive on left.

Assessment:

1. Lumbar disc herniation, L4-L5 2. Left-sided radiculopathy 3. Cervical strain

Plan:

1. Order MRI lumbar spine 2. Prescribe Naproxen 500mg BID 3. Refer to physical therapy 2-3x/week 4. Follow up in 2 weeks

Work Status:

Restrictions: No lifting over 10 lbs, no prolonged sitting. Light duty only.

Southwest Radiology Associates

Radiology Report

Exam Date: 03/18/2024

Study: MRI Lumbar Spine without contrast

Referring Provider: Dr. Sarah Johnson

Technique:

Standard MRI protocol for lumbar spine was performed without IV contrast.

Findings:

L4-L5: Posterior disc herniation measuring 5mm, causing mild left foraminal narrowing and impingement of the left L5 nerve root. No spinal canal stenosis.

Impression:

1. L4-L5 disc herniation with left foraminal narrowing and L5 nerve root impingement. 2. No fracture or significant stenosis identified. 3. Recommend clinical correlation.

Pinnacle Physical Therapy & Rehabilitation

Physical Therapy Daily Note

Visit Date: 03/22/2024

Visit #1

Plan of Care: Lumbar stabilization

Subjective:

Patient reports continued low back pain 6/10, with radiating left leg symptoms.

Exercise:

Therapeutic exercise: core stabilization, nerve glides, gentle ROM. 20 minutes total.

Progress:

Patient tolerated treatment well. Goals: reduce pain to 3/10 by week 6.

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Patient Statement of Charges

Statement Date: 04/01/2024

Patient: John Smith

Office Visit 03/15/2024 — CPT 99214 — \$250.00

X-Ray Cervical Spine — CPT 72040 — \$175.00

Total Due: \$425.00

Balance Due: \$425.00