

Context:	
Date:	

		Task
A	E	Progress
<input type="checkbox"/>		
<input type="checkbox"/>		
<input type="checkbox"/>		
<input type="checkbox"/>		
<input type="checkbox"/>		
<input type="checkbox"/>		
<input type="checkbox"/>		
<input type="checkbox"/>		
<input type="checkbox"/>		
<input type="checkbox"/>		
<input type="checkbox"/>		
<input type="checkbox"/>		
<input type="checkbox"/>		

Metric	Value
Pomodoros (%)	
- Completed	
- Goal	
Tasks Completed	
- Planned	
- Unplanned	
Effort (%)	
- Actual	
- Estimated	
Interruptions	
- Internal	
- External	

Notes: