

AWICS - Documentation

Data Back-up

How often to back-up your data?

It is recommended that administrators back-up data at least once every month. This is to ensure that in an event of a crash, data can be recovered and would require little alteration.

Back-up and restoring data using Heroku functionality

Heroku provides functionality to manually create back-up that could be downloaded. Follow the steps below to create a back-up for your application database:

1. Navigate to your application dashboard on Heroku.
2. Under the “Install add-ons” section, click on “Heroku Postgres”

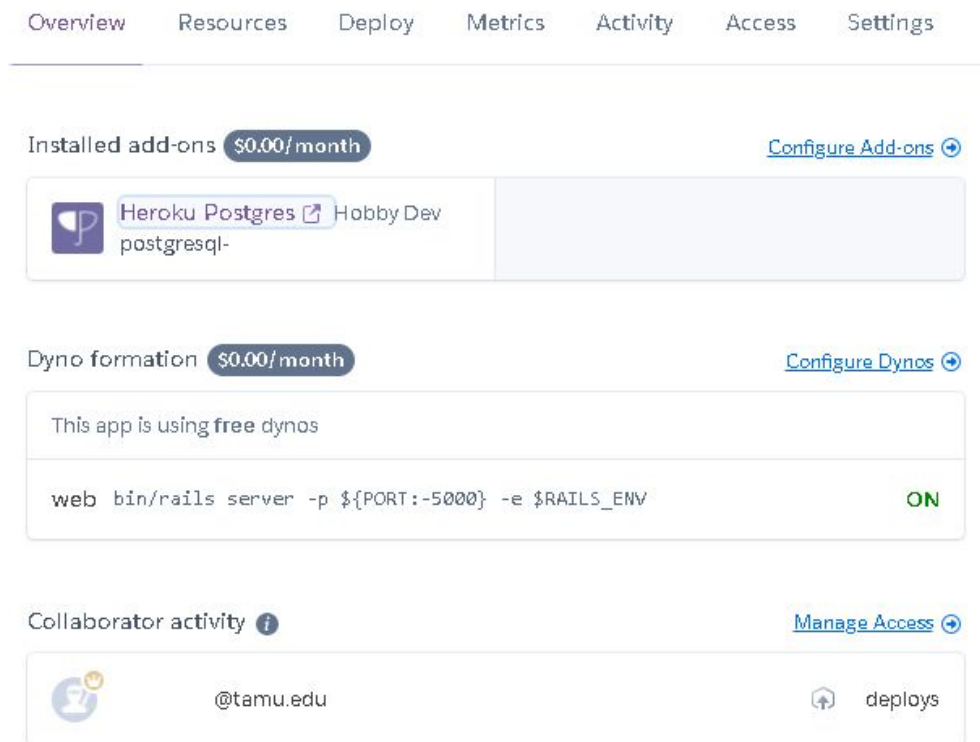


Figure 1: Heroku dashboard

3. A new tab will open with information about the database. Click on the “Durability” tab:

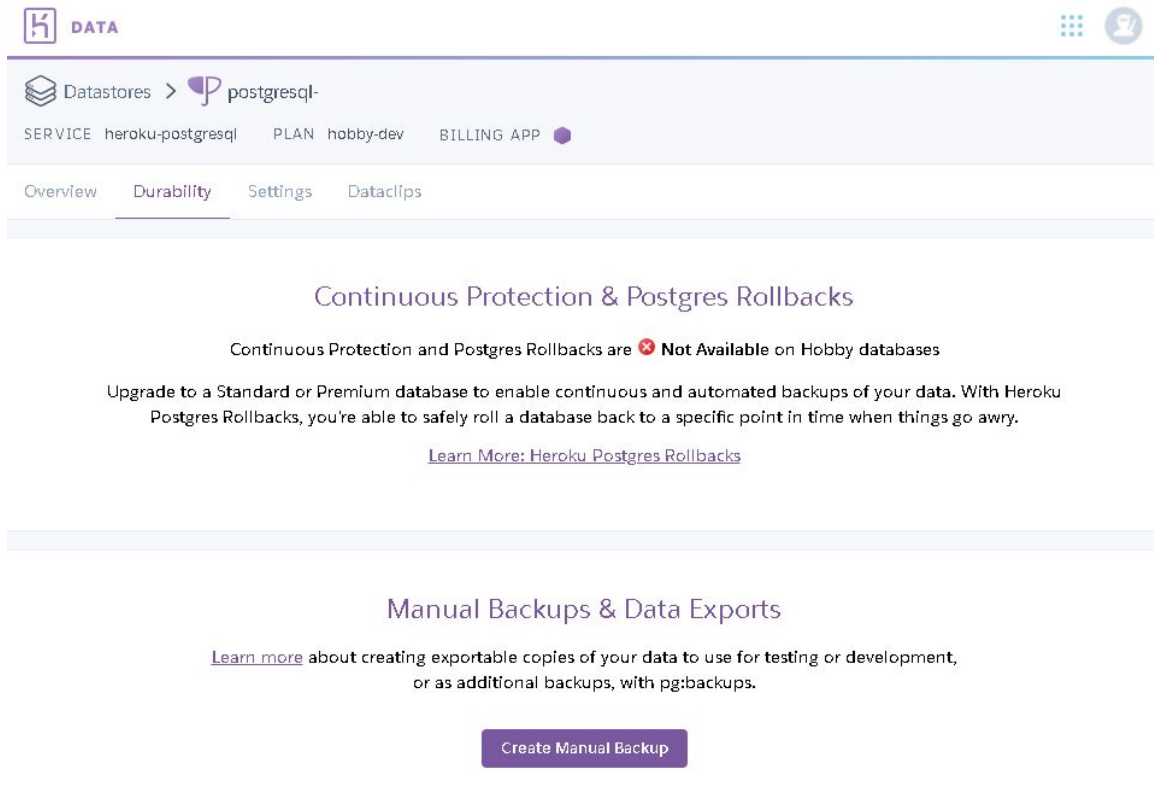


Figure 2: Datastore window

4. In the “Durability” tab, click on “Create Manual Backup”:

MANUAL BACKUPS & DATA EXPORTS

[Learn more](#) about data exports and backups.

Name	Size	Database	Created	Finished	Create Manual Backup	
b002	N/A	DATABASE	a few seconds ago	in a few seconds	Download	Delete

Figure 3: Data Download

5. This will generate a downloadable back-up of your database.