
It is easier to build strong children
than to repair broken men
- Frederick Douglass

Young Mens Sex Awareness



Rape Culture &
Toxic Masculinity



Communication



Sexual Health



Advocating for Bodily
Autonomy



Joy & Crisis



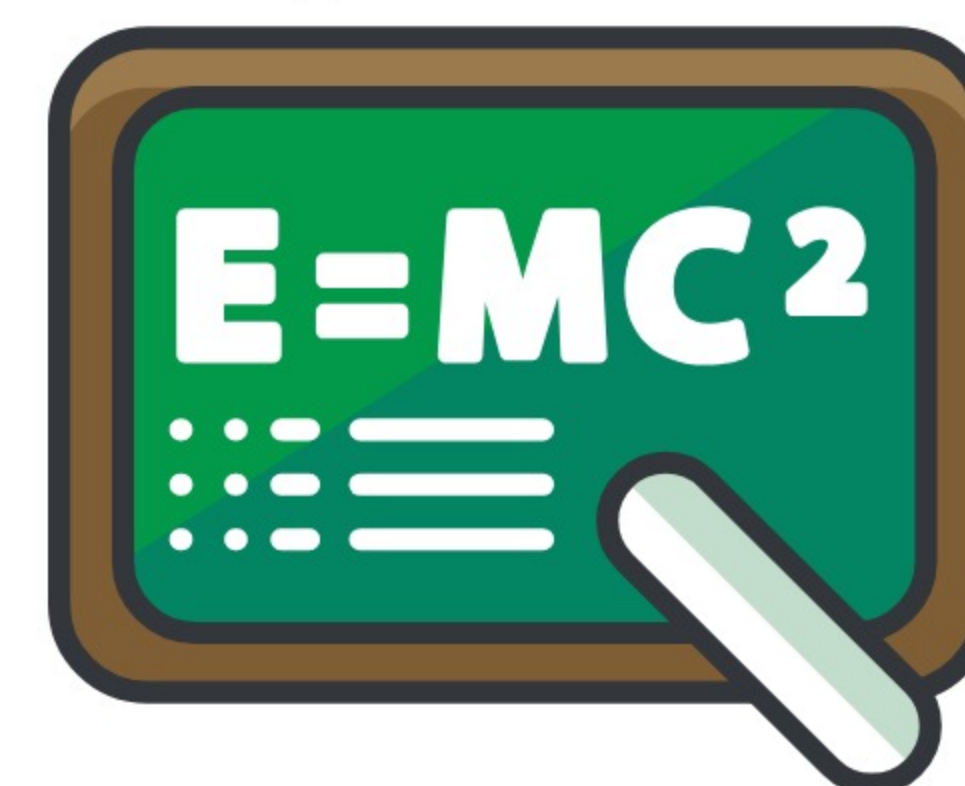
Communication to
External Parties



This proposal provides insight to the services provided by Doula for Dad in schools. All courses are provided to enrich the lives of young men and male identified individuals from a respect based, male centric perspective, with a culturally relevant pedagogy.

Young Mens Sexual Awareness Workshop

Doula for Dad brings a course to young men and male identified high school students that discusses the physical and emotional aspects of sex, which is why the course is called sexual awareness. The Doula for Dad interactive course runs in either a 3 day or 5 day course that covers the topic listed below. 3 day courses address each topic in the form of discussion, digital learning, question and answer sessions. 5 day courses include those teaching forms and include role playing and in some cases a guest speaker.



Rape Culture & Toxic Masculinity

Rape culture is generally defined as a sociological concept used to describe a setting in which rape is pervasive and normalized through societal attitudes about gender and sexuality.

Doula for Dad approaches this from identifying how this presents itself in the larger society as well as in the school setting. The education centers around how young men contribute to rape culture and how they can combat it.

Communication

Communication is key to any relationship and what Doula for Dad acknowledges is that the ways in which people communicate is in a state of constant change through the use of technology.

Doula for Dad focuses the discussion of sexual awareness and technology around effective communication with anyone around safe sexual interaction, responsible and abusive use of technology related to sexual interaction.

Sexual Health

The Sexual Health section of the course is focused on several key points: Sexual organs and anatomy, what happens in the body during sex, how drugs impact sexual intercourse, and basic STI fact based learning.

In this section Doula for Dad will utilize BioDigital's patented 3D Modeling technology to demonstrate and highlight bodily functions for participants.

Advocating for Bodily Autonomy

Doula for Dad acknowledges that sex is a touchy subject it also acknowledges that one of the reasons humans have sex is because it feels good. Doula for Dad will utilize this section to explain to participants what sex looks like when they effective, respectfully, and consciously ask for what they want before sex happens.

Joy & Crisis

A key component of sexual awareness is understanding that sex of any kind has the possibility for unintended actions or consequences.

In the Joy & Crisis section the goal is to make participants aware of what an appropriate response looks like based on a variety of factors.

Communication to External Parties

In the communication section participants will learn about what it means to communicate to a partners in this section we will discuss what communication to external parties looks like.

We will discuss when & what things are appropriate things to communicate, how to respect a partners communication wishes, and how to discuss sex in uncomfortable settings.