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# Posture and Technique



## Left Hand

Thumb always behind, in the centre of the neck. Midway between your fingers.

## Right Hand

Not too much motion, fairly close to the bridge.

Economy of motion, efficiency.

Pick between thumb and first finger. Not too tight, just enough that you don't drop it.

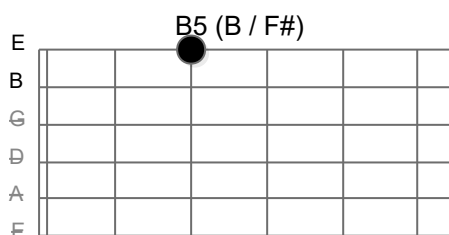
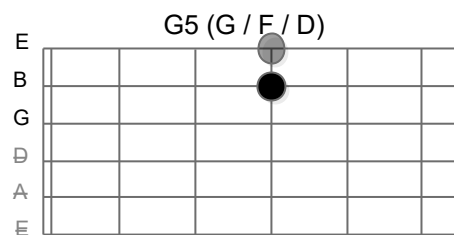
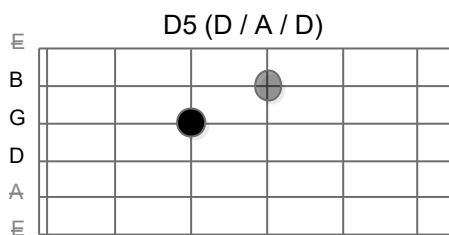
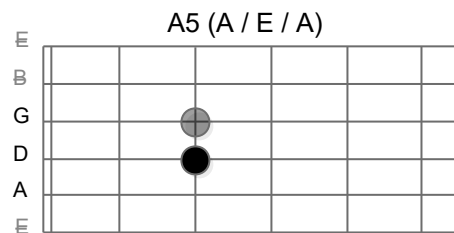
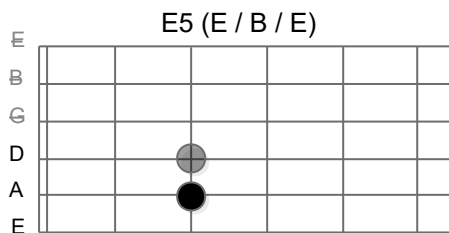
Any movement or power should come from the wrist - not your fingers.

# Open String Power Chords

A Power Chord is basically a root and 5th - otherwise known as c5, d5 etc. An Open String Power Chord utilizes an open string - not clamped down.

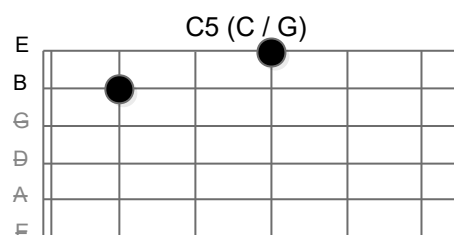
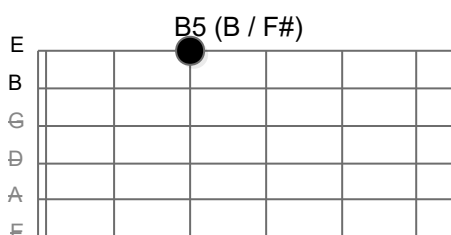
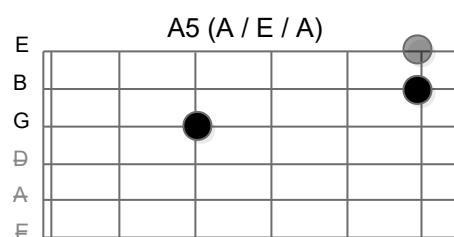
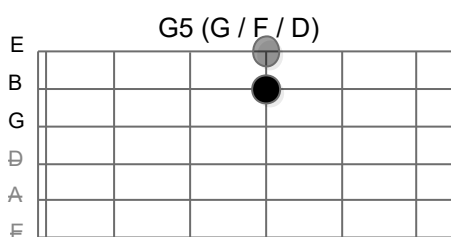
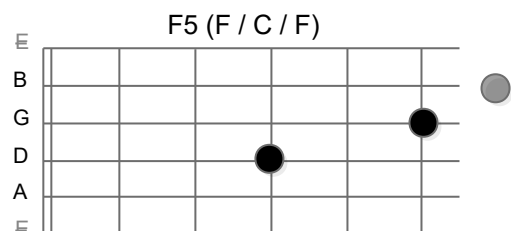
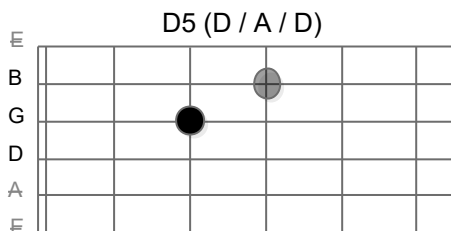
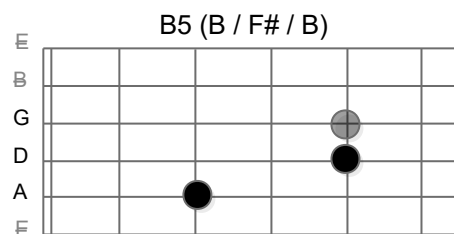
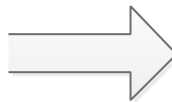
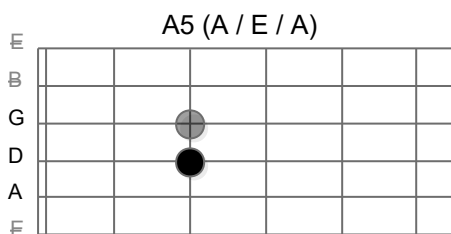
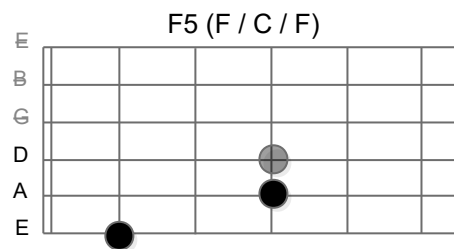
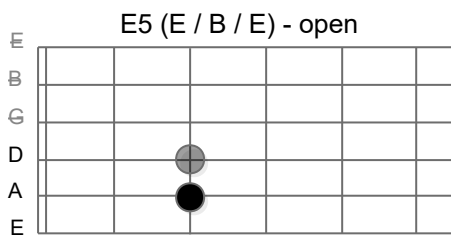
So in the key of C: C, D, E, F, G, A, B. The root is C, the 5th is G. So a C5 is C/G.

To make a fuller sound - you can include the root from a higher octave - so C/G/C would be ok.



# Moveable Power Chords

Basically the same as Open String - except that you clamp the root note. You use exactly the same patterns - other than that - including the optional additional octave note!



# Palm Muting



Takes a bit of getting used to - basically you don't want to let the note ring out and you don't want to cancel all noise.

You want the note to be made - but to end abruptly.

# Alternate Picking



Basically combining up strokes with down strokes.

More efficient and faster because there is no wasted "plectrum travel".

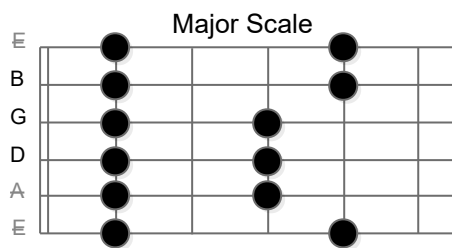
# Major Scales



	Tone	Tone	Semi Tone	Tone	Tone	Tone	Semi Tone
Root/1st	2nd	3rd	4th	5th	6th	7th	
C	D	E	F	G	A	B	
C#	D#	E#	F#	G#	A#	B#	
D	E	F#	G	A	B	C#	
D#	E#	F##	G#	A#	B#	C##	
E	F#	G#	A	B	C#	D#	
F	G	A	Bb	C	D	E	
F#	G#	A#	B	C#	D#	E#	
G	A	B	C	D	E	F#	
G#	A#	B#	C#	D#	E#	F##	
A	B	C#	D	E	F#	G#	
A#	B#	C##	D#	E#	F##	G##	
B	C#	D#	E	F#	G#	A#	

# Exercise 1

- 1 - downstrokes only - up and down - on all frets - starting at fret 1
- 2 - upstrokes only - up and down - on all frets - starting at fret 1
- 3 - up and downstrokes - on all frets - starting at fret 1





# Exercise 2



Downstrokes, upstrokes and palm muting

E open: 4 downstrokes

E 7th: 4 up/down strokes

A 5th: 4 down strokes,

A 7th: palm mute 4 up and down strokes

D open: 4 downstrokes

D 7th: 4 up/down strokes

G 5th: 4 down strokes,

G 7th: palm mute 4 up and down strokes

# Riffs - Sweet Child of Mine



play this through twice

```
e|-----14----13-----14----13-----|
B|-----14-----14-----|
G|-----13-11----13----13-----13-11----13----13-----|
D|---11-----11-----|
A|-----|
E|-----|
```

```
e|-----14----13-----14----13-----|
B|-----14-----14-----|
G|-----13-11----13----13-----13-11----13----13-----|
D|---13-----13-----|
A|-----|
E|-----|
```

```
e|-----14----13-----14----13-----|
B|-----14-----14-----|
G|---11----13-11----13----13--11----13-11----13----13-----|
D|-----|
A|-----|
E|-----|
```

```
e|-----14----13-----14----13-----|
B|-----14-----14-----|
G|-----13-11----13----13-----13-11----13----13-----|
D|---11-----11-----|
A|-----|
E|-----|
```