# This is a heading!

# This is a subtitle!

There are two ways, one is through cmd,the other is pycharm

## First: Open pycharm

Caution: Font-size-20: Caution: Font-size-20

Here to set English font: hello world

Here to set Chinese font: 你好，中国

Here to set Italic: *Set to italic*

Here to set Bold: **Set to Bold**

Here to set Underline: Set to Underline

Here to set Color: Set color

Here to set a quote:

* Apple
* Banan
* Orange
* Pear
* Strawberry
* Tomato

**2021 practice plan!**

1. Yoga on monday
2. Running 5 miles on tuesday
3. Swimming 30 miniutes on wednesday
4. Climbing 30 miniutes on thursday
5. Reading 30 miniutes on friday
6. Table tennis 30 miniutes on saturday
7. Football 30 miniutes on sunday

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| --- | --- | --- |
| 0 | 1 | 2 |
| 1 | 2 | 3 |
| 2 | 3 | 4 |